Healthcare Issues Exam

Event Category: Recogntion

Eligible Divisions: Secondary & Postsecondary/ Collegiate	**Round One:** 50 Q test (60 minutes)	**Digital Upload:** NO
Solo Event: 1 competitor		

New for 2026-2027

The following resources have been retired: CBS News Healthwatch, Medline Plus Magazine, Global Health, and NBC Health. The following resources have been added: Johns Hopkins Public Health, Science Daily, and Healthline. Editorial changes have been made.

Event Summary

The Healthcare Issues Exam provides members with the opportunity to investigate, analyze, and apply their knowledge of current health-related issues. It aims to inspire members to be proactive future health professionals and stay informed about current issues in the healthcare field.

General Event Information

General Rules	Competitors must be familiar with and adhere to the General Rules and Regulations.
Dress Code	Proper business attire or official HOSA uniform. Bonus points will be awarded for proper dress.
Competitors Must Provide	● Photo ID ● Two #2 lead pencils (not mechanical) with an eraser ● Neon colored foam earplugs, NOT earbuds, for noise control (Rd1-optional) HOSA Conference Staff will provide equipment and supplies listed in Appendix I.
Chartered Associations	Chartered Associations have the option of providing a regional and/or state test. Check with your local advisor to determine if a regional and/or state test is being offered to you. a. **If offered,** the regional test will cover information posted from July 1st – October 15th. b. **If offered,** the state test will cover information posted from July 1st - December 1st. c. The ILC test will cover information posted from December 1st - March 15th.
Official References	The references below are used in the development of the test questions. ● MedicalNewsToday: https://www.medicalnewstoday.com/ ● Johns Hopkins Public Health: https://publichealth.jhu.edu/headlines/articles-news-releases ● Science Daily: https://www.sciencedaily.com/news/top/health/ ● Healthline: https://www.healthline.com/health-news

ROUND ONE- Test

Test Instructions	All competitors will be given a test and test answer sheet. The written test will consist of 50 multiple choice questions in a maximum of 60 minutes. See test instructions here. An essay tiebreaker question will be administered with the original test. Essay tiebreakers will be completed on the back of the test answer sheet.

The expectation is that competitors read and are aware of all the content within these guidelines and associated links. Successful competitors will study all links for the detailed information.

Time Remaining Announcements	There will be NO verbal announcements for time remaining during ILC testing. All ILC testing will be completed in the Testing Center, and competitors are responsible for monitoring their own time.
Sample Test Questions	1. What hormone is released during deep sleep to decrease the risk of diabetes and cardiovascular disease? https://a.co/d/0hZlGSvz (Science Daily) A. Cortisol **B. Growth** C. Melatonin D. Insulin 2. Which state had the most cases of cyclosporiasis in July? https://www.healthline.com/health-news/cdc-warns-explosive-diarrhea-parasite-protect-yourself **A. Michigan** B. New York C. California D. Texas 3. What benchmark is Waymo using to determine the safety of its driverless cars?https://publichealth.jhu.edu/2026/the-safety-data-on-autonomous-vehicles A. Teenage drivers B. All drivers who are not impaired C. Attentive drivers under 50 **D. Attentive and non-impaired drivers**

Final Scoring

In the event of a tie, the essay will be judged to break the tie.

Future Opportunities

The HOSA Scholarship program has funding available for HOSA members who have an interest in various health careers! The application process begins January 1, 2027, and can be found here: https://hosa.org/scholarships/.

Graduating from high school or completing your postsecondary/collegiate program does not mean your HOSA journey has to end. As a HOSA member, you are eligible to become a HOSA Lifetime Alumni Member- a free and valuable opportunity to remain connected, give back, and help to shape the future of the organization. Learn more and sign up at hosa.org/alumni.