

# HOSA EVENT TOPIC HISTORY LIST

<b>Biomedical Debate</b>	
YEAR	
2026	Social Media Health Influencers Should be Monitored
2025	The government should regulate social media use for people under age 18.
2024	Should Artificial Intelligence in Healthcare be Welcomed or Feared?
2023	Medical Errors Should be Considered Criminal Offenses
2022	COVID-19 Vaccine Should be Required to Attend School (Grades 9+)
2021	Designer Babies: Parents should be allowed to genetically engineer their offspring
2020	Mandatory Vaccinations Will Eradicate Global Disease?
2019	Pain Management: Opioids are the Best Solution!
2018	Teen Use of Social Media Should be Limited
2017	America has the best health care system in the world.
2016	The benefits of genetically modified foods outweigh the harms.
2015	E-cigarettes: More harmful to your health than regular cigarettes
2014	The U.S. Government is Failing War-Injured Service Members
2013	Physician Participation in Lifestyle Rationing
2012	Social Media: Is it Good or Bad for your Health?
2011	Health Professions Online: The BEST Solution to the Healthcare Workforce Shortage
2010	Drug Testing: Should high school students face mandatory drug tests?
2009	Cord Blood for Sale
2008	Family physicians should be trained in the use of alternative (complementary) medicine.
2007	Disaster Preparedness: The U.S. health care system is prepared to effectively respond to widespread biological disasters.
2006	The U.S. should have a National Health Insurance Program where the government finances health care, but keeps the delivery of health care to mostly private control.
2005	Genetic testing should be performed on all infants at birth.
2004	Congress should establish federally mandated malpractice award caps.
2003	Human organ sales should be legalized in the United States.
2002	The federal government should fund embryonic stem cell research
2001	The FDA should regulate experiments involving xenotransplantation
2000	Manage Our Miracles: Fertility-Induced Multiple Births

<b>Biomedical Debate (con't)</b>	
1999	Genetic Engineering
1998	Rationing Health Care

<b>Prepared Speaking/Speaking Skills</b>	
YEAR	
2026	Champions of Change: 50 Years of HOSA-Future Health Professionals
2025	Powered by People
2024	Dare to Create
2023	Beyond All Limits
2022	Shatter Your Expectations
2021	Unlock Your Potential
2020	Towards Tomorrow
2019	Define Your Purpose
2018	Create Your Future
2017	Leadership-Service-Engagement
2016	Innovate – Inspire – Ignite
2015	HOSA: Lead!
2014	The Future Starts Now
2013	HOSA: Build a Better You
2012	HOSA: It's in our Hearts to Keep Yours Beating!
2011	We are Future Health Professionals!
2010	From Simple Scrapes to Healing Hearts, HOSA's Where the Healing Starts!
2009	HOSA: One Person's Passion Becomes Another Person's Hero.
2008	HOSA: Where Dreams are made and Futures Begin!
2007	Healing with our hands, healing with our hearts.
2006	HOSA: Loving the Profession, Living the Dream

<b>Public Health</b>	
YEAR	
2026	Food Wars: Battling Big Soda and Ultra-Processed Food
2025	Our Epidemic of Loneliness and Isolation: Social Disconnection - A Public Health Concern

## Public Health (con't)

2024	Technology Addiction: How To Protect Yourself
2023	Heart Healthy for Life: What You Need to Know Now
2022	Good Oral Health= Good <i>Overall</i> Health
2021	Reducing Health Disparities: Social Determinants of Health Can Help!
2020	Know the Signs: Stop Opioids Before They Stop You
2019	Civilian Readiness
2018	Preventing Teen Dating Violence
2017	Combating Zika & Future Threats - What is the best way to respond to this emerging disease?
2016	Skin Cancer Prevention
2015	Second Hand Stress
2014	Open Pandora's Box: Start the Conversation about Community Mental Health
2013	National Prevention Strategy
2012	Prepare for the Zombie Apocalypse
2011	Be Prepared (state name)
2010	Recent Outbreaks and Incidents
2009	Natural Disasters and Severe Weather

## Public Service Announcement

YEAR	
2026	Brain Health is Public Health
2025	Brain Health - Now is the Time to Start
2024	Fentanyl Will Kill You
2023	How to Talk to Friends and Family About Mental Health
2022	Bone Marrow Donation Saves Lives!
2021	The Future of Healthcare- How HOSA is Making a Difference!
2020	Stop the Bleed!
2019	Be the First...Tobacco-free Generation!
2018	Pre-Diabetes: Stopping a Runaway Train
2017	My Preparedness Story: Staying Healthy and Resilient!
2016	Sitting is Death: All About Physical Activity
2015	Concussions: Prevention, Recognition, and Treatment
2014	Child Hunger Ends Here – Educating Your Community on How to Prevent Child Hunger
2013	No Pressure! Tips for Recognizing and Preventing Hypertension

## Public Service Announcement (con't)

YEAR	
2012	Clean out your Medicine Cabinet
2011	Health Professions Online: The BEST Solution to the Healthcare Workforce Shortage
2010	Let's Get Ready America <a href="http://www.ready.gov">www.ready.gov</a>
2009	Volunteer! Make Your Community Healthier and Safer
2008	Emergency Preparedness on the School Campus

## Researched Persuasive Writing and Speaking

YEAR	
2026	Is the Smartphone Responsible for the Current Youth Mental Health Crisis?
2025	Should GLP-1 Agonists have open access for anyone who wishes to use it?
2024	Youth Sports Specialization: Good or Bad for Athletes?
2023	Virtual Learning: Positive or Negative for Future Health Professionals
2022	Vaping: Safe or Sorry?
2021	Technology Use: Does it Make Us More or Less Connected?
2020	Big Pharmaceuticals – Creating More Cures or Clients?
2019	3D Printing-Based Technology Should be Used to Create Human Organs.
	Police Officers Should Be Required to Carry Naloxone.
2018	Peanut Allergies: Is our world too clean for our children?
	Gene Editing: Cures or Scary Science?
2017	Prescription Painkiller Abuse: Who's At Fault:
	SmartPhone Addiction-A Problem or a Sign of the Times?
2016	Do adolescents have the right to make autonomous medical choices?
	Should the government have a say in our diets?
2015	Childhood Vaccines: Parent Choice?
	Should Children Play Contact Sports?
2014	Vitamin Supplements: Hype or Help?
	Obesity: Disease or choice?
2013	Hospital Hiring Practices: Persons Who Smoke or Have Visible Tattoos Need Not Apply
	Junk Food Ban in Schools
2012	Hospitals: Bigger is Better
	Fat Tax: Fighting obesity by raising the price of fatty and unhealthy foods.
2011	Probiotics: Nature's Miracle Cure?
	Nurseanomics: Should Nurse Practitioners provide primary care without an M.D.'s Supervision?

## Researched Persuasive Writing and Speaking (con't)

2010	America vs. Canada: Who has the best healthcare system?
	Advertising prescription drugs
2009	Obesity: Family vs Society
	Prevent Hearing Loss: The government should regulate volume on personal audio devices.
2008	Vegetarianism: A Healthier Alternative
	Government Regulation of Healthy Living (Banning of trans fats, smoking ban, seat belt law, helmet law, etc.)
2007	The Sale of Junk Food and Soft Drinks in Public Schools
	Stem Cell Research
2006	Therapeutic Cloning
	Antidepressant Drug Use in Children
2005	Dietary supplements and vitamins should be regulated by the FDA.
	Gastric by-pass surgery for extreme weight loss
2004	Cosmetic Surgery for Teens (16 and under)
	Performance Enhancing Supplements for High School Athletes
2003	Advertising Pharmaceuticals Through the Media
	Tattoos and Body Piercing: A Health Risk
2002	The Government Should Regulate the Production of Antibacterial Products
	Herbal Medicine: A Viable Alternative to Health Care
2001	Fetal Tissue Use in Research and E-Commerce
	Pharmacy Government Regulations
2000	A Safe Solution to a Societal Problem: Controlled Distribution of Abusive Drugs
	Legalization of Marijuana for Medical Use
1999	Alternative Medicine – A Complementary Approach to Health Care
	Controlling Behavior with Drugs: Ritalin/Prozac
1998	Make Tobacco a Controlled Substance
	Government Control of Medical Insurance
1997	Animals for Research
	Organs for Sale
	Physician Salaries: Are They Worth It?
1996	Abstinence Education – Helpful or Harmful?
	Is America a World Leader in Health Care?

## Researched Persuasive Writing and Speaking (con't)

1995	Antibiotic Therapy: Use or Abuse?
	Alternative Medical Therapies
	Euthanasia: An Alternative?
1994	Healthcare Reform and the White House
	Homosexuals in Healthcare – Is it an Issue?
	OSHA Standards – On Target or Overboard?

## Barbara James Service Award

YEAR	
2025	1776 awardees (418,644 hours- national economic impact of \$14,020,387)
2024	1374 awardees (270,897 hours – national economic impact of \$9,072,340)
2023	974 awardees (185,596 hours – national economic impact of \$5,901,953)
2022	656 awardees (154,967 hours – national economic impact of 4,244,010)
2021	382 awardees (96,494 hours – national economic impact of \$2,624,637)
2020	1159 awardees (229,559 hours – national economic impact of \$5,837,685)
2019	1218 awardees (252,981 hours – national economic impact of \$6,433,307)
2018	1035 awardees (215,939 hours – national economic impact of \$5,331,534)
2017	941 awardees (191,288 hours – national economic impact of \$4,617,670)
2016	839 awardees (142,035 hours – national economic impact of \$3,275,343)
2015	482 awardees
2014	245 awardees

## MRC Volunteer Recognition

YEAR	
2019	90 awardees (5,365 total hours – national economic impact of \$136,432)
2018	120 awardees (7,131 total hours – national economic impact of \$176,064)
2017	81 awardees (5,265 total hours – national economic impact of \$127,108)
2016	89 awardees (3,201 total hours – national economic impact of \$66,270)
2015	72 awardees (4,299 total hours – national economic impact of \$99,179)
2014	10 awardees

## HOSA Service Project

YEAR	
2025	NMDP (65 Certificates of Recognition, 79 Certificates of Merit) \$174,817 raised and 18,605 hours donated.
2024	NMDP (73 Certificates of Recognition, 87 Certificates of Merit) \$203,217 raised and 14,515 hours donated.
2023	Be The Match (70 Certificates of Recognition, 78 Certificates of Merit ) \$125,876 raised and 12,834 hours donated.
2022	Be The Match (77 Certificates of Recognition, 60 Certificates of Merit) \$104,215 raised and 9,215 hours donated.
2021	Be The Match (51 Certificates of Recognition, 42 Certificates of Merit) \$81,037 raised and 6,257 hours donated.
2020	National Pediatric Cancer Foundation (82 Certificates of Recognition, 130 Certificates of Merit) \$154,024 raised and 14,181 hours donated
2019	National Pediatric Cancer Foundation (112 Certificates of Recognition, 133 Certificates of Merit) \$172,267 raised and 14,312 hours donated
2018	National Alliance on Mental Illness (105 Certificates of Recognition, 68 Certificates of Merit) \$96,505 raised and 11,104 hours donated
2017	National Alliance on Mental Illness (85 Certificates of Recognition, 63 Certificates of Merit) \$91,546 raised and 8,947 hours donated
2016	Leukemia & Lymphoma Society (83 Certificates of Recognitions, 140 Certificates of Merit) \$227,884 raised and 10,753.26 hours donated
2015	Leukemia & Lymphoma Society (92 Certificates of Recognition, 130 Certificates of Merit) \$210,062 raised and 14,546.31 hours donated