



**49TH ANNUAL INTERNATIONAL  
LEADERSHIP CONFERENCE**

# GUIDE

**CHAMPIONS OF CHANGE**

JUNE 17–20, 2026 INDIANAPOLIS, IN

**hosa**  
future health professionals

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# U.S. PUBLIC HEALTH SERVICE COMMISSIONED CORPS

## Who We Are

The USPHS Commissioned Corps is one of the eight uniformed services and is composed of over 6,000 full-time public health professionals.



Americas  
Health  
Responders



Over 800  
Locations  
in the U.S.



11  
Service  
Categories

## What We Do



Provide essential healthcare services to underserved and vulnerable populations.



Serve at the forefront of public health emergencies including natural disasters and disease outbreaks.



Lead public health programs and policy development within the Department of Health and Human Services and throughout the federal government.



Advance innovation and science to address our nation's most challenging public health crises, such as COVID-19, Ebola, cancer, food safety, mental health and more.

## Where We Work

800 locations, all 50 states and numerous foreign assignments with duty stations in over 20 federal departments or agencies across the nation, Public Health Services officers pursue exciting and fulfilling careers as part of the Regular Corps.

## Service Categories



MEDICAL



DENTIST



VETERINARIAN



NURSE



THERAPIST



PHARMACIST



HEALTH  
SERVICE



ENVIRONMENTAL  
HEALTH



DIETICIAN



ENGINEER



SCIENTIST

For more information visit [www.usphs.gov](http://www.usphs.gov) or call 1-888-225-3302.



# 50TH ANNIVERSARY CELEBRATION CONFERENCE OVERVIEW

The 2026 HOSA International Leadership Conference marks a historic milestone as we celebrate HOSA's 50th Anniversary. More than 15,000 HOSA members, Chapter Advisors, State Advisors, alumni, partners, and health professionals from around the world will gather for this four-day experience – the pinnacle of the HOSA year and a defining moment in our legacy.

At its core is the International Competitive Events Program, where top-performing HOSA members demonstrate excellence in health science knowledge and skills, evaluated by more than 750 industry professionals. Beyond competition, ILC offers powerful opportunities for college and career readiness through dynamic workshops, keynote speakers, a robust expo, and HOSA University leadership development sessions. Additionally, Voting Delegates will conduct official business and elect the next International Executive Council, shaping HOSA's future direction.

In honor of our 50th Anniversary, special experiences are woven throughout the conference – exclusive commemorative merchandise, opportunities to connect with former national and international officers and HOSA dignitaries, and the chance to purchase *THE FIRST FIFTY* commemorative book for only \$10. Each state will contribute to a HOSA Time Capsule to be opened at our 100th Anniversary, and the inaugural HOSA Hub in the expo will showcase research, historical artifacts, expert panels, and interactive experiences.

From the energizing Opening Session to inspiring Awards Sessions, ILC 2026 is where we celebrate five decades of impact and boldly step into the future of healthcare together.

## ILC Statistics

# 15,000

members from 55 chartered associations competing to become an international champion in the HOSA Competitive Events Program



# 14,000

future health professionals engaging in leadership development activities to enhance their future career paths



# 750

volunteer judges including industry partners and HOSA alumni evaluating competitors for the international competitive events



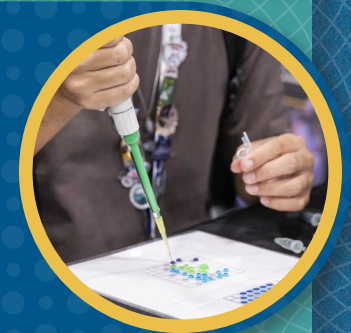
# 200

exhibitors from the health industry, health associations, publishers, universities, and a diverse range of health career fields



# 175

hands-on workshops led by health industry experts, HOSA alumni, and other experts offering future health professionals valuable opportunities to expand their knowledge and skills



# ILC 2026 KEY DATES

## April 1

- Deadline for Chartered Associations to submit Special Awards Recognition Nominations

## April 15

- Deadline for HOSA Scholarship Application

## May 1

- Deadline for Chartered Association Leadership to submit names for their Competitive Event Personnel Volunteers, Event Managers, Judge Managers, Bus Coordinators, and Testing Room Shift Lead for assigned events due
- International Executive Council Candidate and HOSA, Inc. Board of Directors Application Due

## May 15

### ILC Deadlines:

- To submit conference registration in the HOSA Conference Management System
- Remaining event personnel due
- To upload competitive event submissions to HOSA's Digital Upload System
- HATS deadline: American Red Cross, Barbara James Service Award, and Health Literacy Ambassadors
- Hotel Cancellation Fee – **NEW THIS YEAR.** Hotel rooms cancelled after May 15, 2026 will be subject to a penalty equal to one night's room charge (per room cancelled).
- Complete all submissions to NMDP for the HOSA Service Project

## May 20

- Deadline for Chartered Associations to validate conference registration to HOSA Headquarters

## May 29–June 3

- Pre-judging window

## June 10

- Competitor Appointment Times posted for the ILC

## June 19: Juneteenth

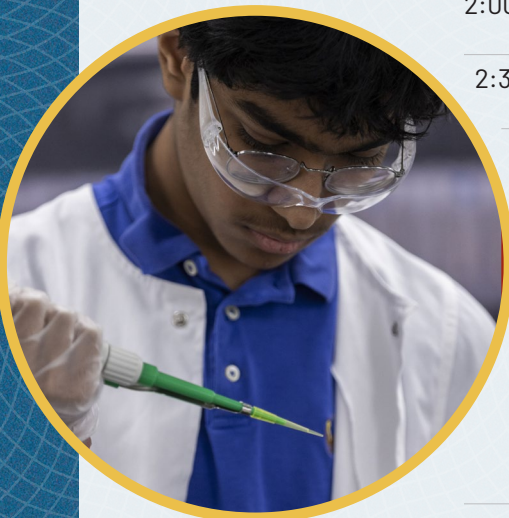
- HOSA recognizes and celebrates Juneteenth National Independence Day as the anniversary of the final enforcement of the Emancipation Proclamation on June 19, 1865. We realize that our annual International Leadership Conference falls over this federal holiday in 2026. In the future, we will endeavor to avoid holding the ILC during Juneteenth. Yet, as HOSA believes "The Best is Yet to Be", join us this year in exercising the freedoms all enjoy to pursue the academic and professional opportunities to become Future Health Professionals.



# TENTATIVE CONFERENCE AGENDA



Check this link after  
March 1 for agenda  
updates [hosa.org/ilc](https://hosa.org/ilc)



## Tuesday, June 16

8:00 AM – 5:00 PM	Competitive Events Headquarters
9:00 AM – 5:00 PM	HOSA Headquarters
9:30 AM – 11:00 AM	State Advisor Registration
10:00 AM – 4:00 PM	HOSA Exhibitor Registration and Set-up
1:00 PM – 4:00 PM	HOSA University 301: State Officers
2:00 PM – 4:00 PM	Early Bird Conference Registration <i>Check with state advisor for participation</i>
6:00 PM – 8:00 PM	State Advisor Dinner
6:00 PM – 8:00 PM	International Executive Council Applicant Orientation and Exam
8:00 PM – 10:00 PM	Nominating Committee Meeting
11:00 PM	Executive Council Interview Posted
12:00 AM	Curfew

## Wednesday, June 17

8:00 AM – 4:00 PM	CE Testing Room and Academic Testing Center
8:00 AM – 6:00 PM	HOSA Headquarters
9:00 AM – 6:00 PM	Competitive Events Headquarters
7:00 AM – 12:00 PM	International Executive Council Applicant Interviews
7:00 AM – 9:00 AM	HOSA Exhibitor Registration
8:00 AM – 1:00 PM	Conference Registration
8:00 AM – 9:00 AM	New Advisor Coffee Talk
9:00 AM – 10:00 AM	Research Forum Set-Up
9:00 AM – 5:00 PM	HOSA Expo
11:00 AM – 1:00 PM	VIP Luncheon <i>By Invitation Only</i>
12:00 PM – 2:00 PM	Nominating Committee Orientation and Meeting
12:30 PM – 1:30 PM	Current State Officers and Former IEC Alumni Reception
1:00 PM – 2:00 PM	Advisor, Chaperone and Parent Orientation
2:00 PM – 3:30 PM	HOSA-100 International Advisory Council <i>By Invitation Only</i>
2:30 PM – 5:00 PM	Voting Delegate Orientation <i>Voting Delegates Only— arrive as a group by state to check-in</i>
3:00 PM – 4:00 PM	Courtesy Corps Orientation
3:30 PM	Alumni Opening Session
4:00 PM – 5:00 PM	Workshop Ambassador Orientation
5:00 PM – 6:00 PM	Scholarship Recipient Event <i>By Invitation Only</i>
5:15 PM	Alumni Reception and Photos
7:30 PM – 9:30 PM	Opening Session <i>Doors Open at 6:40 PM</i> <i>Indiana Welcome</i> <i>Keynote Speaker</i>
9:30 PM	Alumni Social
10:00 PM – 12:00 AM	Committee Meetings
12:30 AM	Curfew



# TENTATIVE CONFERENCE AGENDA



## Thursday, June 18

8:00 AM – 5:00 PM	HOSA Headquarters
7:00 AM – 8:00 PM	Competitive Events Headquarters
7:00 AM – 8:00 AM	Zumba
8:00 AM – 7:00 PM	CE Testing Room and NGL Academic Testing Center
8:00 AM – 4:00 PM	Educational Symposiums
8:00 AM – 11:00 AM	HOSA U 101: Members
8:00 AM – 11:00 AM	HOSA U 201: Chapter Officers
9:00 AM – 12:00 PM	Meet the Candidates Breakfast and Forum
9:00 AM – 10:00 AM	America's Blood Centers Recognition Reception
9:00 AM – 5:00 PM	HOSA Expo
10:30 AM – 12:00 PM	State Advisor Networking Meeting <i>State Advisors Only</i>
11:00 AM – 11:45 AM	HOSA Happenings Recognition Reception
12:30 PM – 1:30 PM	Barbara James Service Award Recognition Reception
1:00 PM – 4:00 PM	HOSA U 102: Advanced Leadership
1:00 PM – 4:00 PM	HOSA U 100: Middle School Members
2:00 PM – 3:00 PM	HOSA Service Project - NMDP Recognition Reception
3:30 PM – 4:30 PM	Conversations in Health HOSA Research Forum
3:30 PM – 4:30 PM	Health Literacy Ambassador and Emotional Well-Being Challenge Recognition Reception
4:30 PM – 5:30 PM	HOSA, Inc. Board of Directors Reception
4:30 PM – 6:00 PM	International Executive Council Candidate Speech Forum
6:00 PM – 9:00 PM	HOSA, Inc. Corporate Meeting
10:00 PM – 12:00 AM	Class of 2026 Alumni Party <i>For Graduating High School Seniors Only</i>
10:00 PM – 12:00 AM	Committee Meetings
12:30 AM	Curfew

## Friday, June 19

8:00 AM – 5:00 PM	HOSA Headquarters
7:00 AM – 5:00 PM	Competitive Events Headquarters
7:00 AM – 8:00 AM	Zumba
8:00 AM – 12:00 PM	CE Testing Room
8:00 AM – 4:00 PM	Educational Workshops
8:00 AM – 11:00 AM	HOSA U 100: Middle School
8:00 AM – 11:00 AM	HOSA U 102: Advanced Leaders
8:00 AM – 11:00 AM	HOSA U 401: New Advisors
8:30 AM – 9:30 AM	Hilarity for Charity Recognition Reception
8:30 AM – 11:30 AM	Business Session
9:00 AM – 2:00 PM	HOSA Expo
10:00 AM – 11:00 AM	American Red Cross Recognition Reception
1:00 PM – 2:00 PM	Health Care Issues Exam Recognition Reception
1:00 PM – 4:00 PM	HOSA U 101: Members
1:00 PM – 4:00 PM	HOSA U 201: Chapter Officers



# TENTATIVE CONFERENCE AGENDA

1:00 PM – 4:00 PM	HOSA U 501: Advanced Advisors
3:00 PM – 4:00 PM	State Advisor Networking Meeting <i>State Advisors Only</i>
3:00 PM – 4:00 PM	Body Interact Recognition Reception
7:30 PM – 9:30 PM	Recognition Session <i>Doors Open at 6:45 PM</i> ATC + HCIE Honorary Life Member 2026–2027 International Executive Council Promo ILC 2027
10:00 PM – 12:00 AM	Committee Meetings
10:00 PM – 12:00 AM	Student Entertainment
12:30 AM	Curfew

## Saturday, June 20

8:00 AM – 9:30 AM	Executive Council Transition Breakfast
5:00 PM	Awards Session 1 <i>Health Science, Health Professions</i>
<b>Intermission</b>	
8:00 PM	Awards Session 2 <i>Leadership, Emergency Preparedness &amp; Teamwork</i>
10:00 PM – 12:00 AM	Awards Dance
1:00 AM	Curfew



# Conference Experiences

The ILC offers a unique opportunity to expand your knowledge and network within the ever-evolving health industry.

## Educational Workshops

Engage in dynamic, hands-on workshops designed to expand your understanding and explore fresh ideas in health. These sessions encourage active participation, practical application, and collaboration through discussions and activities. Workshops will be held all day on Thursday and Friday during the conference.



## HOSA Expo

Connect with health professionals, explore diverse healthcare careers, and interact with college and university representatives to gain insights on admissions, funding, and educational paths. The Expo serves as a knowledge-sharing and networking hub for academic and career exploration. It will be open all day Wednesday through Friday during the conference.



## Candidate Speech Forum

Get a firsthand look at the future leaders of HOSA! Join us on Thursday for the Candidate Speech Forum, where the 2026-2027 International Executive Council candidates will deliver their campaign speeches. Expect energy, inspiration, and a glimpse into the vision of these remarkable individuals!



## Alumni Reception

HOSA Alumni are warmly invited to the Alumni Reception—an event for reconnecting, reminiscing, and celebrating the incredible impact of our alumni community. Network with fellow alumni, learn how you can help shape HOSA's future, and enjoy the unique bond that unites our alumni family. Membership in the HOSA International Alumni Association (HIAA) is free for life! Join today at [hosa.org/alumni](https://hosa.org/alumni). Don't miss the opportunity to be part of history with the election of the first-ever HIAA President!



## HOSA Business Session

Join us at the annual HOSA Business Session to make history and shape the future! Together, we'll celebrate accomplishments, address challenges, and set the organization's direction. The Voting Delegate Assembly will bring the room to life as we elect the inspiring 2026-2027 International Executive Council.



# General Sessions



## Opening Session: Wednesday, June 17 7:30 PM – 9:30 PM

Get ready to launch into the ultimate conference experience at our Opening Sessions! This year is extra special as we celebrate HOSA's 50th Anniversary—a milestone honoring five decades of leadership, learning, and innovation in future health professions. Join us for a vibrant spectacle featuring the parade of flags, star-studded recognition, and a dynamic celebration of HOSA's incredible legacy. And brace yourselves for an inspiring keynote address that will ignite your passion and mark this defining moment in our 50th Anniversary celebration. You won't want to miss being part of history—come celebrate with us!

## Recognition Session: Friday June 19 at 7:30 PM

The Recognition Session is where dreams take center stage as we honor the exceptional achievements of HOSA members—from showcasing knowledge in the NGL Academic Testing Events to celebrating excellence in the Health Care Issues Exam. Be sure to stay until the very end for two unforgettable moments: the announcement of our 2026-2027 International Executive Council and the exciting reveal of the 2027 ILC Theme!



## Awards Sessions: Saturday, June 20 at 5:00 PM & 8:00 PM

The stage is set, the anticipation is high – get ready for the showdown! Discover the best of the best at our Awards Sessions as we unveil the top 10 Finalists and crown the International Champions from our Competitive Events Program. With two electrifying sessions divided by competition divisions, it's the ultimate stage for champions to shine and supporters to cheer their hearts out.

## Important Reminders for General Sessions

- There is assigned seating by Chartered Association for the Opening Session.
- Doors open 45 minutes prior to showtime for all General Sessions.
- HOSA members **MUST** dress according to the [HOSA Official Dress Code Policy](#) to be admitted to any General Session and to go onstage!
- HOSA Advisors, chaperones, parents, and guests are encouraged to dress professionally.
- A name badge for entry is required. All individuals must be registered for the conference to attend any of the General Sessions.

# Educational Experiences

HOSA's Exhibit Hall will feature five interactive tournaments and experiences for HOSA members! Registration information will be shared when available.



## Anatamage

The Anatamage Tournament is a team-based competition that focuses on knowledge of anatomical structures. Anatamage develops innovative 3D medical imaging technology solutions for the healthcare and education industries. There are 4 real cadavers to visualize all human body systems and a pathology case library to dissect real patients. Come by to participate in the tournament or watch live competitions!



## Toltech

Toltech is hosting its fourth annual VR Anatomy tournament in the HOSA Exhibit Hall. Student groups will compete to answer questions that test their knowledge and reasoning. Competitions are Wednesday and Thursday. Top teams will compete in a championship round Friday.



## Body Interact

The Virtual Patient Challenge is an exciting competition for students! It challenges them to act as healthcare professionals and interact with a virtual patient that needs their help. Gather a team of HOSA members, bring your Advisor, and join us for an exciting learning experience. You'll have the chance to win a free Body Interact license for your school!



## GoBabyGo

HOSA-Future Health Professionals is delighted to be partnering with the American Physical Therapy Association (APTA) and GoBabyGo for an event at the 2026 ILC. HOSA members, who are interested, will join teams to modify children's electric toy vehicles so they can be used for children with a special need in the HOSA Expo. There will be space for spectators to watch the building portion and the race after the cars have been modified!



## Carolina Science

The Carolina Science exhibit booth offers engaging, hands-on learning experiences that allow delegates to explore health science in a meaningful and interactive way. Guided by experts from the Carolina team, HOSA members will participate in a variety of hands-on lab activities including organ dissections, synthetic blood typing, extracting DNA, and much more, sparking curiosity, reinforcing classroom learning and providing insight into real-world clinical applications for members considering careers in health and medical sciences.



CELEBRATING FIFTY YEARS OF HOSA  
FUTURE HEALTH PROFESSIONALS

Get ready for the  
**HOSA-HUB!**

THE ULTIMATE EXPO ADVENTURE

**Experience the Excitement of  
15,000 Delegates and 200 Exhibitors!**

Hey, HOSA members, alumni, advisors, and partners—  
are you ready for something unforgettable?  
The HOSA-HUB at the International Leadership  
Conference is where the action happens!

From 9:00 AM to 5:00 PM, the HOSA-HUB lights  
up the giant EXPO floor, buzzing with energy  
and excitement at the heart of our  
50th Anniversary Celebration.

**Why Visit the HOSA-HUB?**

The HOSA-HUB is your launchpad for connecting,  
learning, and celebrating! Whether you're a  
middle school, secondary, collegiate, or alumni  
member, you'll find unique experiences to make  
your ILC journey amazing. Meet new friends,  
score exclusive opportunities, and get inspired  
by the leaders shaping the future of HOSA and  
preparing to lead the health industry in the future!

# HOSA-HUB HIGHLIGHTS

## **ILC Alumni Registration**

Start your adventure at the HOSA-HUB Registration. Alumni, you're VIP for the 50th Anniversary—skip the ILC registration fee and focus on celebrating!

## **Digital Social Wall — #HOSA50**

Snap pics, record videos, and share your HOSA pride! The giant Digital Social Wall puts you and your friends in the spotlight. Invite your squad for a group photo—let's celebrate the 50th together! There are six booths to capture your photos and record your videos. Tag your posts with #HOSA50 to be featured on the Social Wall. The best photos will be posted at the 50th Anniversary and the 2026 ILC.

## **HOSA-HUB Stage**

Catch live introductions from IEC officers, HOSA leaders, and alumni. Be part of the celebration, the stage hosts big moments and inspiring leaders!

## **HOSA-HUB Screen**

Watch awesome videos and see 50th Anniversary photos roll across the massive screen. Alumni stories and chapter highlights will inspire you to make your mark!

## **Special Presentation—THE FIRST FIFTY**

Pick up 92 pages of history in the commemorative 50th Anniversary book at the HOSA-HUB for just \$10! Post-ILC price is \$15, so don't wait! This book is a superb way to show that HOSA is the best preparation to become a future health professional and we have the alumni to prove it.

## **50th Anniversary Recognition Events**

Watch as the Top Five award recipients take the HOSA-HUB stage for special awards and cash prizes! Celebrate their achievements and cheer them on!

## **HOSA-100th Anniversary Time Capsule**

HOSA Chartered Associations should bring memorabilia in a transparent bag to the Time Capsule display table by 10 am on June 19. One-minute Time Capsule presentations will begin at 2 pm. Bags will be placed in an engraved stainless-steel Time Capsule to be on display at HOSA Headquarters until it's opened at the 2026 ILC. Awards will be presented to the Top 5 Chartered Associations.

## **HOSA Museum**

Step into the HOSA Museum and experience the incredible journey of HOSA! Explore amazing artifacts like the 1976 Constitutional Convention Framed Proclamation, original HOSA Blazer patch, classic and modern blazers, the handmade HOSA Quilt, and a 30-year fun collection of HOSA Tee-shirts. Dive into decades of HOSA newsletters, check out the first-ever slide show, and browse through historical and modern photos that capture the spirit of HOSA.

## **HOSA Research Forum**

Forty research posters will be displayed, highlighting the exciting studies and discoveries made by HOSA's collegiate members. Whether you're curious about health topics or just love seeing cool projects, this is a must-see!

## **Feedback Walls**

Share your thoughts on the Feedback Walls you'll find in the HOSA-HUB, EXPO, Workshops, Food Courts, HOSA Headquarters, and CE Headquarters. Post snaps of your responses and see them featured on the Social Wall. Your voice matters—let's make this event interactive and memorable!

## **ILC Photo & Video Opportunity Props Galore**

Celebrate the 2026 ILC and 50th Anniversary with awesome props designed for unforgettable pics and videos! Gather your friends, grab a prop, and capture your ILC memories.

## **Explore 200 Amazing EXPO Exhibitor Booths**

Discover something new. You'll find innovative products, network with health industry leaders, and learn about opportunities that could shape your future. The EXPO is packed with inspiration, and cool giveaways. You just might connect with a future employer. The best is yet to be!

## **Make the Most of Your ILC Experience**

Don't just walk by—jump in! The HOSA-HUB is the hotspot from 9:00 AM to 5:00 PM, and it's your chance to be part of something big. Meet new people, get creative, and celebrate the best of HOSA. Capture the fun, share your moments, and make history together at the first HOSA-HUB!

# New for PS/C Members at the 2026 ILC: HOSA Research Forum

Curious about exploring questions in healthcare, medicine, and science? The HOSA Research Forum is a new innovative opportunity at the 2026 International Leadership Conference designed to spotlight student-led research beyond competitive events!

Open exclusively to Post-secondary/Collegiate (PSC) members this year, the HOSA Research Forum provides a professional, conference-style platform for members to share original research and explore scholarly interests at the international level!

Participants whose abstracts are accepted will present a research poster displayed in the ILC Expo throughout the conference, offering opportunities for conversation with HOSA members and attendees. Research can come from coursework, independent projects, labs, community initiatives, or personal interests. Participation in the HOSA Research Forum is open to all PSC members and is completely separate from Competitive Events. Members may participate regardless of CE involvement.

Abstract submissions are due April 1, 2026. All eligible abstracts will be accepted for review, and 40 participants will be selected to present posters at ILC. Whether this is your first time sharing research or the next step in your academic journey, the HOSA Research Forum is your space to be heard, to learn from others, and to help shape a new tradition within HOSA. HOSA looks forward to seeing how your curiosity takes shape at this year's Research Forum!

Visit this link to submit your abstract and learn more about this forum.

Below, past examples of Research Posters. We look forward to your unique solution.

## The Impact of Self-Control On Adolescents

Castle Sun | Missouri HOSA | Chapter #34061 | Marquette High School | Missouri

**Abstract**

**Purpose:** During adolescence, emotions are heightened, and impulsation is more difficult to resist. This leads to self-regulation that is higher risk for emotional reactivity of childhood and adolescent mortality. Impulsivity, depression, and substance use are common during this time. The purpose of this study was to determine if self-control can be improved by taking the self-regulation of how one's emotions impacted by their ability to self-regulate.

**Methods:** 70 adolescents were recruited to perform two tasks. 1) Participants filled out a survey asking them to rate how their self-control they showed in different situations. 2) Participants were then asked to complete a self-regulation task where they would receive immediate or a larger reward that they could receive by completing a difficult task. 3) Participants then completed the survey again.

**Results:** An analysis of the survey responses revealed that the majority of participants showed a higher level of self-control when they were given an immediate reward compared to when they were given a larger reward. Results also indicated that there was no significant correlation between self-report scores and the participant's decision. Conversely, there was a significant correlation between self-report scores and the participant's perception of their self-control.

**Conclusions:** Impulsivity and self-control among adolescents is critical in the long run to their success in life. This study shows that self-control is a skill that can be taught and that adolescents may be able to identify themselves as individuals who are at higher risk for self-control. This study also shows that self-control is a skill that can be taught and that adolescents may be able to identify themselves as individuals who are at higher risk for self-control.

**Methodology**

**Target Population:** A convenience sample of 70 participants with ages ranging from 15-19 years participated in the study.

**Data Collection:** A survey was administered to 70 participants who were given two tasks. The first task was to complete a self-regulation task where they would receive immediate or a larger reward that they could receive by completing a difficult task. The second task was to complete a self-regulation task where they would receive immediate or a larger reward that they could receive by completing a difficult task.

**Statistical Analysis:** The data was analyzed using Pearson's correlation coefficient to determine the relationship between self-report scores and the participant's decision. Results showed a significant correlation between self-report scores and the participant's perception of their self-control.

**Acknowledgments**

Thank you to Dr. Cathy Furrer of Marquette High School for guidance and assistance throughout this research project.

**Abstract**

The population of ethnic groups is constantly increasing and research suggests that "the knowledge of the growing ethnic diversity proportion of the US population underscores the need for a vigorous assessment of medical education to ensure that all students are prepared to provide quality care to patients of diverse racial and ethnic backgrounds." (Baker & Elms, 2016). Accounting for the growing diversity of the population, medical education must prepare students to provide quality care to patients of diverse racial and ethnic backgrounds. (Baker & Elms, 2016). Accounting for the growing diversity of the population, medical education must prepare students to provide quality care to patients of diverse racial and ethnic backgrounds.

**Results**

In the textbooks being analyzed, it was found that an average of merely 13.6% of the images presented in the textbooks showcased images of black individuals. The MIR for White individuals was found to be 4% per 100,000 individuals from 2009-2018. The estimated number of melanoma cases to occur in 2021 accounting for all races is estimated to be 1,500. There was a strong negative correlation between the representation in textbooks and MIR.

Textbook	Total Images	Number of Images of Light Skin	Number of Images of Dark Skin	Number of Images of Intermediate Skin	Percent of Images of Dark Skin (%)
Andrew's Diseases of the Skin, 10th edition	372	295	74	3	19.9
Fitzpatrick's Dermatology, 9th edition	748	634	99	15	13.2
Fitzpatrick's Color Atlas and Synopsis of Clinical Dermatology, 8th edition	426	395	26	5	6.1

**Correlations**

Representation	Correlation	Representation	AL MIR
AL MIR	-0.991**	AL MIR	4
White Individual MIR	-0.991**	White Individual MIR	0.12
Black Individual MIR	-0.991**	Black Individual MIR	0.45

**Conclusions**

Even though this study only analyzed one region, studies have revealed that many other regions of the United States also have a lower representation of black individuals and have a significant representation in textbooks. Furthermore, finding specific survival rates and diagnosis times of melanoma and would have made this study stronger. However, they were not available for this study. Black individuals have been found to have a higher risk of developing melanoma compared to lighter-skinned individuals. Based on the results, White individuals had a lower MIR, indicating a better chance of survival while Black individuals had a high MIR. Furthermore, representation in textbook increases the MIR decreases (a higher chance of survival). Therefore as representation increases, so does the likelihood for a better chance of survival in a cancer. A contribution to this result because physicians may diagnose melanoma at a later stage because physicians may diagnose melanoma at a later stage because physicians may not be exposed to the presentation as much, making the melanoma more difficult to treat. Therefore, it is necessary to increase the representation of black individuals to aid physicians in providing an earlier diagnosis. The increased representation may help physicians understand how melanoma affects black individuals.

# HOSA University

Get ready to embark on a journey of learning, laughter, and leadership at HOSA University because leadership should be as fun as it is informative!

HOSA University is dedicated to empowering its members at every stage, fostering the development of HOSA leaders and inspiring them to maximize their potential as aspiring health professionals. Our tailored sessions are meticulously crafted to enable members to enhance their foundation of leadership knowledge, ensuring a transformative experience for each participant

**The fee is \$25 per member session**, and members are encouraged to participate in multiple sessions as long as the sessions are consecutive by level.

## HOSA 100 – Middle School Members

**Thursday, June 18, 1:00 PM – 4:00 PM or Friday, June 19, 8:00 AM – 11:00 AM**

HOSA 100 is your passport to discovering the fundamentals of leadership in a dynamic and engaging way. Packed with high-energy activities, this course is not just about learning but also about building confidence and unleashing the leader within you. Get ready for an experience that goes beyond the ordinary, setting the stage for your journey as a future health professional!

### Learning Objectives:

- 1. Basic Leadership Fundamentals:** Gain a solid understanding of the essentials of leadership.
- 2. Experiential Learning Model:** Immerse yourself in hands-on activities that make learning leadership concepts an exciting experience.
- 3. Overview of HOSA:** Get the lowdown on HOSA-Future Health Professionals and what makes it extraordinary.
- 4. Teamwork and Communication:** Foster a collaborative environment, honing your communication and listening skills.
- 5. Building Confidence and Trust:** Walk away not just informed but with newfound self-confidence and trust among your fellow members.

## HOSA 101 – Local Members

**Thursday, June 18, 8:00 AM – 11:00 AM or  
Friday, June 19, 1:00 PM – 4:00 PM**

HOSA 101 is the essential course for HOSA members aspiring to deepen their understanding without holding a chapter officer position! Build a robust foundation of HOSA knowledge, providing you with insights to become the best possible HOSA member. This course is tailor-made for those eager to define HOSA, communicate its mission, and discover their unique leadership qualities – a perfect initiation into the world of future health professionals.

### Learning Objectives:

- 1. Mission, Purpose, and Values:** Grasp the core mission, purpose, and values that drive HOSA-Future Health Professionals.
- 2. Definition of HOSA:** Articulate what HOSA-Future Health Professionals truly stands for and understand its significance to a HOSA member.
- 3. Interactive Leadership Discovery:** Engage with fellow HOSA members to uncover personal leadership characteristics and explore how they align with the values of HOSA-Future Health Professionals.
- 4. Goal Setting for Contribution:** Set meaningful goals on how you can actively contribute to the success of your HOSA chapter.





## HOSA 102 – Advanced Leadership

Thursday, June 18, 1:00 PM – 4:00 PM or  
Friday, June 19, 8:00 AM – 11:00 AM

HOSA 102 is a dynamic course designed for ambitious HOSA members with aspirations to lead their local chapters! Building upon the foundation laid in HOSA 101, HOSA 102 delves deeper into the leadership realm, helping members identify and hone their specific strengths. This course serves as a crucial stepping stone for those eyeing leadership roles within HOSA. Learn how to refine your HOSA story, recognize your leadership potential, and establish goals that will propel you toward chapter leadership success. Your journey to leadership excellence begins here!

### Learning Objectives:

- 1. Comprehensive Understanding of HOSA:** Gain an in-depth understanding of HOSA, including knowledge of chapter protocol at the state and international levels.
- 2. Networking Proficiency:** Embrace the importance of networking and learn how to effectively connect with others in the HOSA community.
- 3. Leadership Strength Identification:** Identify and understand your unique leadership strengths, recognizing areas for improvement and pinpointing where your strengths can be an asset within the local chapter.
- 4. Goal Setting:** Craft well-defined SMART goals with actionable steps, setting you on a clear path for your leadership journey.

## HOSA 201 – Chapter Officers

Thursday, June 18, 8:00 AM – 11:00 AM or Friday, June 19, 1:00 PM – 4:00 PM

Join us in HOSA 201 as we equip you with the knowledge and skills necessary to elevate your role as a local chapter officer, fostering a thriving and successful HOSA community. Your journey to leadership excellence continues here! For those who have served or plan to continue as local chapter officers, the course delves into the intricacies of officer roles, focusing on defining responsibilities, mastering recruitment and retention strategies, and refining chapter meeting management. This course places a spotlight on identifying specific leadership styles that contribute to the formation of productive committees, efficient task delegation, and conflict resolution, all vital elements for a high-performing local HOSA chapter.

### Learning Objectives:

- 1. Roles and Responsibilities Mastery:** Understand the nuanced roles and responsibilities of a local HOSA chapter officer and leader.
- 2. Recruitment and Retention Strategies:** Grasp the significance of recruiting and retaining chapter members to ensure a vibrant and engaged HOSA community.
- 3. Effective Meeting Management:** Practice the art of conducting productive and enjoyable chapter meetings.
- 4. Personal Leadership Style Discovery:** Gain insights into your personal leadership style and how it aligns with effective chapter leadership.
- 5. Conflict Resolution and Task Delegation:** Learn essential skills in managing conflicts, providing constructive feedback, and delegating tasks effectively to chapter members.

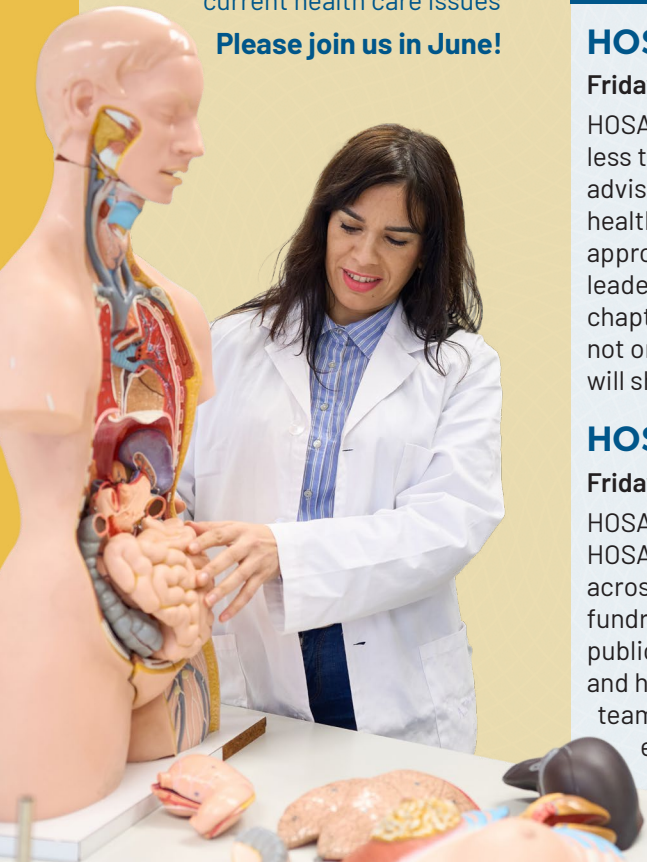


## HOSA Invites Health Science State Supervisors and Directors

The 2026 International Leadership Conference is an opportunity for you to join other state leaders from across the country to form networks and build collaboration to enhance health science programming for your state.

- Unique learning opportunities with current and relevant trends and ideas
- Educational and classroom instruction resources with a large presence of publishers, associations, and corporate sponsors at the HOSA Expo
- Networking with health science state leaders from across the country; and
- Educational seminars and workshops presented by professional partners that provide information about current health care issues

**Please join us in June!**



# HOSA University

## HOSA 301 – State Officers

Tuesday, June 16, 1:00 PM – 4:00 PM

HOSA 301 is an exclusive opportunity crafted specifically for State Officers! This unique experience is a hands-on exploration into designing and facilitating educational experiences for HOSA members across chapters, regions, and the state. State Officers will immerse themselves in a distinctive learning model that empowers them to create and design experiential learning activities for workshops at chapter visits, events, and conferences throughout their state. The focus is on honing expert facilitation techniques to elevate workshops to the next level.

### Learning Objectives:

**Experiential Learning Model Mastery:** Understand how workshop participants comprehend and process information through the exploration of the experiential learning model.

**Hands-On Activity Development:** Participate in and develop hands-on activities that complement and reinforce specific workshop learning objectives.

**Advanced Facilitation Techniques:** Draw upon existing knowledge of workshop facilitation while learning new techniques to engage audiences of all sizes and adapt to various room configurations.

**Collaborative Networking:** Network and collaborate with fellow HOSA members to generate innovative ideas and creative delivery techniques for educational workshops tailored to HOSA members.

## Advisor Leadership Development

Advisor Sessions are provided complimentary thanks to G-W Publisher. The number of attendees is limited, so be among the first to sign up.



## HOSA 401 – New Chapter Advisors

Friday, June 19, 8:00 AM – 11:00 AM

HOSA 401 is an essential resource tailored for new HOSA chapter advisors with less than three years of experience. This course is meticulously crafted to equip advisors with the tools necessary to seamlessly integrate HOSA activities into the health science curriculum. HOSA 401 empowers advisors to cultivate a holistic approach, providing a balanced blend of academic prowess, technical expertise, leadership, and teamwork skills through effective HOSA strategies and successful chapter activities. HOSA 401 is your guide to becoming an advisor who not only imparts knowledge but also instills the essential qualities that will shape successful future health professionals.

## HOSA 501 – Experienced Chapter Advisors

Friday, June 19, 1:00 PM – 4:00 PM

HOSA 501 is a comprehensive program meticulously crafted to empower HOSA advisors with an arsenal of tools to cultivate, practice, and refine skills across various essential domains. Dive into the realms of advocacy, creativity, fundraising, community involvement, ethical behavior, project management, and public relations. This course is your gateway to acquiring cutting-edge strategies and honing skills that will propel your HOSA chapter to new heights of individual, team, and overall chapter performance. Unlock the potential for excellence as you embark on a journey of continuous improvement and innovation. HOSA 501 is not just a course; it's your opportunity to elevate your advisory skills and take your HOSA chapter to unparalleled levels of success.



**International Leadership Conference Opportunity!**

# National Geographic Learning Academic Testing Center for Future Health Professionals (NGL ATC)



## Who is eligible?

HOSA members and alumni may test.

## Do you have to qualify at your State Conference?

No. State Conference qualification is not required.

## Can you take an NGL ATC test and compete in another competitive event?

Yes. Competitive events are open to NGL ATC participants.

## Test options include:

- AAFP Family Medicine Career Test
- Allied Health Statistics
- Anatomy and Physiology
- Biochemistry
- Biology
- Career Development
- Environmental Health
- General Chemistry
- Genetics
- Human Heredity
- Leadership
- Math for Health Professionals
- Microbiology
- Occupational Health and Safety
- Organic Chemistry
- Physics College

Delegates must be registered for HOSA's ILC to be eligible to take an ATC test.

One test is included for every HOSA delegate in secondary, postsecondary/collegiate, and alumni divisions with the \$125 ILC registration fee. Additional tests are available for \$20 per test.

There is no maximum to the number of NGL ATC tests that can be taken at ILC, as long as the competitor can logistically sit to test in all events for which they are registered.

The NGL ATC will be open at ILC on Wednesday from 8:00 am – 4:00 pm, and Thursday from 8:00 am – 7:00 pm.

Competitors can test any time at their availability during these times. NO WALK-UP registrations will be taken.

NGL ATC registrations can be made until May 15. Registrations after May 15 should be emailed to [hosa@hosa.org](mailto:hosa@hosa.org). Again, no WALK-UP registrations will be accepted on-site during NGL ATC testing.

*Please see the Competitive Events Guidelines for more information on each test:*  
[hosa.org/guidelines/](https://hosa.org/guidelines/)

# Member Volunteer Opportunities

At the ILC, volunteering isn't just about lending a hand—it's about creating unforgettable memories while making a real difference. Whether you're guiding guests with enthusiasm or helping conference operations run seamlessly, volunteering at the ILC is your chance to give back and have fun doing it! Are you ready to join a team of vibrant, passionate HOSA members dedicated to making the conference an extraordinary experience for all?

## Courtesy Corps

Join the Courtesy Corps and become the face of exceptional service at our conference! As a member, you'll help ensure every delegate's experience is top-notch. Assignments are made at the Courtesy Corps Orientation on Wednesday, June 17. You must be in HOSA Uniform to participate. Reach out to your state advisor to be a part of this essential team!

## Workshop Ambassadors

Calling all enthusiastic souls to be Workshop Ambassadors at the heart of HOSA's Educational Symposium during the ILC! Your role is crucial - from welcoming presenters with a warm smile to ensuring workshops run smoothly by guiding attendees and tidying up between sessions. Assignments are made at the Workshop Ambassador Orientation on Wednesday, June 17. You must be in HOSA Uniform to participate. Contact your state advisor to grab this chance to make a direct impact!

## Competitive Event Runners

Experience behind the scenes of competitive events by serving as an event timer, runner, or even mock patient! Every state is assigned to help staff one or more events at ILC, reach out to your state advisor to be part of helping make the competitions a success!



## Seeking talented performers!

Singers, musicians, and unique acts are needed at our General Sessions during the International Leadership Conference. Submit your audition video or YouTube link to [hosa@hosa.org](mailto:hosa@hosa.org) by March 15!



**TURN YOUR  
HOSA EXPERIENCE  
INTO MONEY**



## APPLY FOR THE HOSA SCHOLARSHIP!

Applying for the HOSA Scholarship is an exciting opportunity to showcase your achievements and aspirations, while earning money for your education journey!

Access the HOSA Scholarship application at [hosa.org/scholarships](https://hosa.org/scholarships). Ensure your application is submitted by April 15, for consideration.



# Competitive Events

HOSA—Future Health Professionals is pleased to offer an expanding selection of competitive events that provide members with opportunities to showcase their training, skills, and knowledge. The Competitive Events Program recognizes members' professional growth through their participation in health and biomedical science coursework, relevant workforce training, and HOSA-related activities.

## Competitive Events at the International Leadership Conference

Comprehensive information regarding the Competitive Events Program for ILC 2026 is available at [hosa.org/ilccompet](http://hosa.org/ilccompet). All updates will be posted at this link. Regularly reviewing the website is essential to ensure you have the most current information and to support your success.

### Health Science Events

- Behavioral Health
- Biomedical Equipment Technician
- Dental Terminology
- Foundations of Medical Reading **M**
- Foundations of Medical Terminology **M**
- Foundations of Nutrition **M**
- Health Informatics
- Health Career Exploration **M**
- Healthcare Administration
- Human Growth & Development
- Medical Law and Ethics
- Math for Health Careers **M**
- Medical Law & Ethics
- Medical Math
- Medical Reading
- Medical Spelling
- Medical Terminology
- Nutrition
- Pathophysiology
- Pharmacology
- World Health & Disparities

### Health Professions Events

- Biotechnology
- Clinical Laboratory Science
- Clinical Nursing
- Clinical Specialty
- Dental Science
- Family Medicine Physician
- Foundations of Veterinary Science **M**
- Home Health Aide
- Medical Assisting
- Nursing Assisting
- Occupational Therapy
- Patient Care Technician
- Personal Care \*
- Pharmacy Science
- Phlebotomy
- Physical Therapy
- Respiratory Therapy
- Sports Medicine
- Surgical Technologist
- Veterinary Science

"**M**" denotes special event ONLY open to Middle School members

"**m**" denotes events open to middle school members with the same content and requirements as Secondary and Postsecondary/Collegiate

\* Denotes events for students under IDEA

### Emergency Preparedness Events

- CERT Skills
- CPR/First Aid
- Emergency Medical Technician
- Epidemiology
- Life Support Skills \*
- Life Threatening Situations **M**
- Mental Health Promotion
- MRC Partnership
- Public Health **m**

### Leadership Events

- Extemporaneous Writing—Health Policy
- Extemporaneous Health Poster **M**
- Foundations of Healthy Living **M**
- Health Career Photography
- Health Career Preparation **M**
- Healthy Living
- Interviewing Skills \*
- Job Seeking Skills
- Prepared Speaking **m**
- Researched Persuasive Writing & Speaking
- Research Poster
- Speaking Skills \***m**

### Teamwork Events

- Biomedical Debate
- Community Awareness
- Creative Problem Solving
- Dynamic Decisions **M**
- Exploring Medical Innovations **m**
- First Step Career Skills **M**
- Foundations of HOSA Bowl **M**
- Forensic Science
- Health Career Display **m**
- Health Education **m**
- HOSA Bowl
- Medical Innovation
- Parliamentary Procedure
- Public Service Announcement

## Thank You to HOSA's Competition Partners:



# Eligibility for International Participation

Listed below are the general requirements for eligibility to compete and participate at the ILC. These are abridged from the General Rules and Regulations (GRR). Please review the additional details listed in the complete GRR at [hosa.org/GRR](http://hosa.org/GRR).

1. All HOSA competitors must be affiliated members of HOSA in good standing as established by HOSA-Future Health Professionals. In good standing means that they must have a minimum of five (5) members in their chapter, an advisor, and their affiliation fees paid in full.
2. All participants must adhere to the eligibility requirements determined by their chartered association's eligibility deadlines; as well as the requirements specified in the individual Competitive Event Guidelines.
3. Competitive event participants must be registered for HOSA's International Leadership Conference by May 15. (Substitutions are allowed)
4. Individual and team participants must have competed in the same competitive event at the chartered association level for which they are entered at the international level.
5. HOSA members may enter only ONE regular competitive event at the ILC.
6. Competitors may participate in as many National Geographic Learning Academic Testing Center (NGL ATC) events at ILC as they wish, if the tests are paid for, and if the competitor can logistically sit to test in all events for which they are registered.
7. Competitors may participate in as many Recognition Category Events as they wish as long as there are no scheduling conflicts with testing.
  8. Students registered as a Voting Delegate or Executive Council Candidate may not compete in a regular competitive event; they can participate in the NGL ATC, or Recognition Events.
  9. Chartered associations may submit a maximum of three (3) competitors/teams per event per division, with the exception of Recognition events and the National Geographic Learning Academic Testing Center.
  10. For Recognition events, each chartered association may register the following number of competitors:
    - Unlimited
      - Healthcare Issue Exam
      - Barbara James Service Award
      - Outstanding HOSA Alumni
      - Emotional Well-Being Challenge
      - Hilarity for Charity Recognition
      - Health Literacy Ambassador
    - One per chapter
      - HOSA Service Project
      - HOSA Happenings
      - American Red Cross
      - America's Blood Centers and HOSA Blood Drive
    - One per chartered association
      - Outstanding HOSA Leader
      - Outstanding HOSA Achievement
      - American Red Cross
      - Volunteer Recognition





# Important Competition Reminders

Preparation and understanding are the keys to success in HOSA competitive events. Our goal is for every competitor to have a positive event experience, and we believe that happens when competitors know what to expect and prepare to the best of their ability.

## Event Guidelines and General Rules and Regulations

To be successful, you must follow the rules! Read the guidelines multiple times and do not forget to read the General Rules and Regulations. Understanding all details of your event is vital [hosa.org/guidelines](https://hosa.org/guidelines).

## Equipment, Supplies and Skills

Double-check the Event guidelines for the “Competitor Must Provide” box to see a listing of all the equipment you are required to bring to your event. Any skill listed in the guidelines can be a part of the event scenario. Be sure you have mastered *every skill* in the guidelines.

## Scantrons and Pencils

Testing events require use of Scantron forms and #2 pencils. Pencils are not provided, so don't forget to bring two (or more!) sharpened #2 pencils.

## Competitor Orientation

Look for competitor orientation videos at [hosa.org/ilccompetite](https://hosa.org/ilccompetite). Regularly visit the webpage and read the guidelines.

## Attire

Review the Dress Code Policy and Appendix at [hosa.org/appendices](https://hosa.org/appendices) for differences between the Competitive Event Dress Code and ILC Dress Code.

## Photo ID

All competitors must have photo identification, as outlined in Appendix D ([hosa.org/appendices](https://hosa.org/appendices)), for each round of competition. If a competitor comes to competition and does not have the proper photo ID with them, then the competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations. For round 2 Biomedical Debate, HOSA Bowl, Foundations of HOSA Bowl, and Medical Spelling, which require a paired matchup or live spell-down, if a competitor does not provide a valid photo ID, they forfeit their right to compete.

## Personal Articles

Competitors will be asked to place personal articles (purses, bags) under their chair during a test or an event. They may not obtain anything from their personal article until the test/event is complete. Event personnel will NOT collect or hold competitors' personal articles during an event. NO Study Materials are allowed in testing rooms but are allowed in holding rooms and on event buses to skill sites, unless otherwise specified in guidelines.

## Observers

There will be no observers allowed for any events except the Physician's Assistant—Medical Case Challenge. The conference photographer is allowed in event rooms.

## Be Flexible

There may be small or significant differences in the competitive event environment at the ILC when compared to your state competition because the ILC is a larger event with more competitors. However, it's important to remember, the CE Team and event volunteers are committed to providing the best event experience for all competitors. Don't get caught up on the differences at your state competition, instead, focus on doing your best!

# Competitive Events

At HOSA's 49th International Leadership Conference



## Competitive Events Online Headquarters

All information about Competitive Events for ILC will be available at [hosa.org/ilccompete/](https://hosa.org/ilccompete/). It is vital to check this webpage regularly for updates. To be successful in competition, members will be familiar with the information shared on this page.

## Competitive Events Schedule

All competitive events will occur Wednesday, June 17 – Friday, June 19, 2026. Once available, the tentative schedule for each competitive event can be found online at [hosa.org/ilccompete](https://hosa.org/ilccompete). **NOTE – numerous events begin on Wednesday this year!**



## Competitive Events Important Dates

### May 15, 2026

**Competitive Event HOSA Digital Upload System uploads due**

- Check event guidelines for requirements
- No ILC appointments will be assigned if there is no upload by the published deadline!

### HOSA Activity Tracking System (HATS) entries approved

- All hours/dollars approved by local advisors before May 15
- Used for the Barbara James Service Award, Health Literacy Ambassador, and American Red Cross Chapter Recognition

**National Geographic Learning Academic Testing Center (NGL ATC) registration deadline.**

### June 10, 2026

**Competitor Appointment Times posted online for select events**



## Testing Events

**Teamwork testing events will be assigned a specific testing time in the CE Schedule.** The schedule will tell competitors the EXACT day and time they must report for testing. All team members will test at the same time.

**Individual testing events will be given a testing window of time in the CE Schedule.** The testing window for Competitive Events will be a single day. Some events will only have testing available from Wednesday, June 17th, from 8:00 am until 4:00 pm. We ask that you pay close attention to the CE Schedule to determine when tests are scheduled. Once available, the tentative schedule will be found online at [hosa.org/ilccompete](https://hosa.org/ilccompete).

**Testing will be conducted in a large room with multiple tests happening concurrently.**

Note: The testing environment will have a continuous flow of competitors entering and exiting throughout the day.



**Competitors are responsible for managing their own testing time using the large clocks provided in the room.** Start time will be documented for all tests.

Upon arrival, competitors will check in, receive their testing materials, and find an available seat.

When completed, submit your test booklet and scantron at the designated check-out tables.

Testing room staff will verify that your test completion time adheres to the allotted time plus a 10-minute buffer. Example: A 60-minute test allows a 70-minute completion window from the start time.



### Competitor Appointment Times

**All appointment times for applicable events will be posted online on June 10, 2026.**

Early release of appointment times allows for accurate event registration verification and effective planning of your ILC schedule.

The 3-4 hour time block for your competitive event will be listed in the Competitive Event Schedule, available on the HOSA website at [hosa.org/ilccompete](https://hosa.org/ilccompete) by March 2026. For events without a Round One test, you will be assigned a specific appointment time. Example: Your event is scheduled for 1:00 PM - 5:00 PM. Your appointment time might be 1:30 PM.

Arrive no more than 15 minutes before your designated appointment time. This system minimizes wait times and ensures you see judges promptly.

### Round 2 Appointment Times

For all events with a Round Two, the list of round two finalists will be posted online and in the HOSA app according to the CE Schedule. The list of finalists will also include their specific appointment time with judges.

### Off-Site Skill Locations



Most Round Two Health Professions and Emergency Preparedness skill events will be held off-site. Bus transportation will be provided and must be used by advancing competitors. Check the CE Schedule online for bus departure times and locations. Only competitors are permitted on off-site event buses.

### Competitor Orientations

Once available, competitor orientation videos will be shared at: [hosa.org/ilccompete/](https://hosa.org/ilccompete/). Competitors should look for the orientation video, visit this webpage often, and **read the guidelines!**

### Dress Code

There is a difference between CE Dress Code and General Session Dress Code. Please be sure you review the Dress Code Poster and Appendix found at: [hosa.org/appendices/](https://hosa.org/appendices/).



# Competitive Events

## HOSA Digital Upload System

Numerous ILC events have a required upload to the HOSA Digital Upload System (for all divisions). Please check the event guidelines for the specific requirements for your event.



**Even if competitors uploaded content for the regional or state, you MUST upload again for the ILC conference by May 15, 2026.** Visit [hosa.org/competitive-event-digital-uploads/](https://hosa.org/competitive-event-digital-uploads/) for upload instructions and a list of required CE uploads. Any competitor or team missing a required digital upload by May 15 will not receive appointment times, and cannot compete!

## HOSA Activity Tracking System Reminders

The HOSA Activity Tracking System (HATS) is used for the Barbara James Service Award, Health Literacy Ambassador and American Red Cross tracking.

The deadline is May 15. HOSA members may continue to participate in these events and track data in HATS until May 15. After May 15, HOSA will pull reports of all APPROVED data for ILC recognition. **Local Advisors must login to the system and approve all needed activities by the May 15 deadline** to ensure all eligible HOSA members are recognized.

**ILC Registration Note:** Barbara James Service Award, Health Literacy Ambassador, and American Red Cross Volunteer Recognition will still be listed as competitive event options in the ILC Registration System. However, ONLY those members and chapters with APPROVED activities inside the HOSA Activity Tracking System will be recognized at ILC. HOSA Service will be listed as a competitive event. Only those members who have submitted their hours and funds to NMDP will be recognized.

## National Geographic Learning Academic Testing Center for Future Health Professionals (NGL ATC)

HOSA members and alumni can compete in the National Geographic Learning Academic Testing Center. Delegates must be registered for HOSA's ILC to be eligible to take an ATC test. One test is complementary and included in the \$125 ILC registration fee for every HOSA delegate in secondary, postsecondary/collegiate, and alumni divisions. Additional tests are available for \$20 per test. There is no maximum limit to the number of NGL ATC tests that can be taken at ILC if the competitor can logistically sit to test in all events for which they are registered.

NGL ATC tests can be taken at the times listed in the CE Schedule [hosa.org/ilccompetite/](https://hosa.org/ilccompetite/).

**NO walk-up registrations will be taken.** All NGL ATC test registrations should be completed with regular conference registrations by the deadline of May 15, 2026.



## Arrive On Time

Representing a chartered association as one of only three (3) competitors/teams in an event at the HOSA International Leadership Conference (ILC) is an extraordinary honor. This unique opportunity allows you to showcase your knowledge, hard work, and dedication while connecting with other exceptional students.

To ensure a smooth and successful experience, competitors are responsible for adhering to the ILC agenda, which is readily available in both the ILC Program on the HOSA website and the official HOSA App. Punctual and prepared arrival for all scheduled competitions is expected.

Special accommodations will NOT be made for competitors who fail to arrive to their event on time; therefore, you should remember:

- ILC housing is spread among multiple hotels. Check the travel time from your hotel to the Indianapolis Convention Center.
- Reminder: make-up tests or other accommodations will NOT be given for late arrivals, missed buses, routes, times, locations, reading the agenda wrong, 'someone told me wrong', etc. Case-by-case exceptions will be considered for Acts of God with the competitor, State Advisor, and CE Management Team.



## Recognition Events

HOSA's Recognition Events aim to commend students who exhibit a commitment to excellence through community service, engagement with the HOSA Service Project, knowledge of and spreading awareness for current health issues, and involvement within the HOSA Chapter. Unlike Competitive Events, within the Recognition Event category, members are able to participate in as many events as they like per the event guidelines.

- America's Blood Centers & HOSA Blood Drive (ABC)
- American Red Cross Volunteer Recognition (ARC)
- Barbara James Service Award (BJSA)
- Emotional Well-Being Challenge (EWBC)
- Healthcare Issues Exam (HCIE)
- Health Literacy Ambassador
- Hilarity for Charity (HFC)
- HOSA Happenings (HH)
- HOSA Service Project (NS)
- Outstanding HOSA Achievement (OHA)
- Outstanding HOSA Leader (OHL)

At HOSA's 2026 ILC, participating members will be recognized at a Special Reception hosted by the corporate, association, or government sponsor on Thursday or Friday during the ILC.





# Congratulations on 50 years!

Half a century of inspiring future health professionals.  
We're proud to be your Premier Service Project Partner, HOSA.

## HOSA students help save lives

Since partnering with NMDP<sup>SM</sup>, you've made a life-changing impact for patients and are moving us closer to creating a world where every patient can receive their life-saving cell therapy. Your dedication to our mission has transformed countless lives—and we can't wait to celebrate this milestone with you at the International Leadership Conference (ILC).

## HOSA's impact since 2020\*:

**\$950,000+**  
raised to support patients  
and their families

**11,000+**  
potential donors added  
to the NMDP Registry<sup>SM</sup>

**6,000+**  
people added to the  
pre-registry  
(under 18)

**59**  
registry members recruited  
by HOSA have gone on to  
donate to a patient

\*as of 12/17/2025

## Ready to save more lives?

Visit us at ILC to join the registry, start fundraising and continue your life-saving impact.



[nmdp.org/hosa](https://nmdp.org/hosa)



# Elections, Campaigns & Voting

Each Chartered Association is expected to participate in the HOSA Business Session and the election of the International Executive Council.

## Voting Delegate Assembly

HOSA is member-led; therefore, members are responsible for the governing of the affairs associated with the organization. This select group of individuals has a very important role in guiding HOSA-Future Health Professionals into the future. A voting delegate's purpose is to represent the membership of the chartered association, to conduct business on behalf of the organization, and to elect the International Executive Council.

## Voting Delegate Eligibility

- Must be approved by the State Advisor; interested members should check with their State Advisor for more information
- Must attend all required meetings (Voting Delegate Orientation, Meet the Candidates Session, Candidate Speech Forum, and the HOSA Business Session)
- Must have a smart phone, tablet or computer to vote during the Business Session
- Must wear the official HOSA Uniform, or black or navy-blue suit to designated sessions
- Voting Delegates are ineligible to enter competitive events at the ILC – with the following exceptions:
  1. Voting Delegates can participate in Recognition Events, including Healthcare Issues Exam and the National Geographic Learning Academic Testing Center events, as long as testing does not interfere with Voting Delegate meetings and duties.



## Voting Delegate Allotment

Chartered Associations exercise their voting privileges through Voting Delegates, as determined by membership in the Secondary and Postsecondary/Collegiate divisions of each as follows:

Membership	Voting Delegates	Membership	Voting Delegates
0 - 25	0	17,001 - 19,000	11
26 - 100	1	19,001 - 21,000	12
101 - 1,000	2	21,001 - 23,000	13
1,001 - 3,000	3	23,001 - 25,000	14
3,001 - 5,000	4	25,001 - 27,000	15
5,001 - 7,000	5	27,001 - 29,000	16
7,001 - 9,000	6	29,001 - 31,000	17
9,001 - 11,000	7	31,001 - 33,000	18
11,001 - 13,000	8	33,001 - 35,000	19
13,001 - 15,000	9	35,001 - 37,000	20
15,001 - 17,000	10	37,001 - 39,000	21



## Nominating Committee

The Nominating Committee, appointed by the HOSA, Inc. Board of Directors, is responsible for interviewing qualified applicants and slating candidates for each position of the International Executive Council (IEC). The Nominating Committee is comprised of no less than one member that represents the HOSA, Inc. Board of Directors, two secondary members from non-candidate states, **two postsecondary/collegiate members – one from noncandidate chartered association** and the IEC Postsecondary/Collegiate Vice President, and three Region Vice Presidents.

**Chartered Associations with no IEC Applicants may nominate secondary and postsecondary/collegiate members to serve on the Nominating Committee.** If you are interested in serving as a Nominating Committee member, contact your state advisor by March 23, 2026.

Members selected for the Nominating Committee must arrive on Tuesday, June 16, 2026 for Orientation, scheduled in the evening and be available for interviews early Wednesday morning. Nominating Committee members may not serve as Voting Delegates, but they can compete and participate in all other conference activities once their duties conclude on Wednesday afternoon.

## International Executive Council Applicants

HOSA is seeking highly dedicated members to serve on the International Executive Council.

All applicants must be nominated and approved by the Chartered Association. Interested? Contact your HOSA State Advisor to request the HOSA International Executive Council application process and inquire about any additional state requirements to apply. The application deadline is May 1.

### Qualifications for applicants are:

- GPA of 2.0 or higher on a 4-point scale.
- Junior or Senior in high school (Secondary Division)
- Postsecondary/Collegiate member (PS/C Division)
- Active members of HOSA

### In addition, applicants must:

- Submit a completed IEC application with all requirements by May 1
- Pass the written HOSA information and Parliamentary Procedure Examination
- Participate in an interview with the Nominating Committee
- Participate in required candidate meetings: (Orientation, Meet the Candidates, Candidate Speech Forum, and HOSA Business Session)



## Lead. Serve. Engage. Get the app for that, too.

At the International Leadership Conference, HOSA-Future Health Professionals will have an app to help keep you informed throughout the conference.

### The app will feature:

- ILC Agenda
- Exhibitor Information
- Social Networking Feed
- Educational Symposium Information
- Schedule Building
- Surveys
- Maps
- Scavenger Hunt

Watch for an announcement on Facebook and Twitter when the app will become available for download.

Your International Executive Council believes with the help of technology we will be better prepared to Lead, Serve and Engage HOSA - Future Health Professionals in the future.



# For HOSA Advisors, Chaperones, and Parents

## Adult Chaperones

Attention advisors and adult chaperones! Be the guiding stars for our Friday and Saturday night entertainment events. Your presence as Event Chaperones ensures a safe and enjoyable time for everyone. We encourage all advisors and chaperones to step up and volunteer for this rewarding role. Contact your State Advisor to sign up and be part of creating unforgettable memories for our attendees!

## Event Personnel

Competitive Events could not be a success without the 1000 volunteers from every chartered association who help run the events. Chartered associations are each assigned one or more events to staff – these volunteers serve as Event Managers, Section Leaders, Timers, and Event Assistants. They are the vital heartbeat within the conference to ensure every competitor has a positive experience. Reach out to your State Advisor to be part of this important CE team!

## Judges

Over 750 judges are needed every year to evaluate competitor performance during competition at ILC. We rely on healthcare industry professionals who are dedicated to giving back to the next generation to fill these judge slots. We are looking for those with clinical backgrounds as well as people who have experience interviewing, listening to community presentations or speeches, and even evaluating artwork and photographs. Parents and chaperones can judge events in which they do NOT have a student/child competing. Local advisors can ask to be placed on our “backup judge” list and are called upon to judge only in the case of emergency. For more information on judging opportunities, visit: [hosa.org/judges](http://hosa.org/judges)



**Calling all NEW HOSA advisors!**

**You won't want to miss this caffeinated crash course in all things HOSA!**

**WEDNESDAY, JUNE 17 — 8:00 AM**

New Advisor Coffee Talk is a tailor-made session on Wednesday Morning for first-time advisors, offering a space to ask questions and unlock the secrets to maximizing incredible opportunities at the conference.

# Continuing Education Units

## Offered at HOSA's International Leadership Conference

**HOSA offers Continuing Education Units (CEUs) for educators. If you are interested in learning more, download the CEU Packet at [hosa.org/ilc](https://hosa.org/ilc).**

- CEU certificates will be awarded by HOSA-Future Health Professionals. Chapter advisors should check with their local school administration or State Advisor to determine if these CEUs are recognized for meeting state teaching licensure requirements.
- The CEUs offered are "Education" CEUs and not nursing CEUs.
- The CEU certificate indicates 10 hours = 1 CEU. If your school measures units by the hour, the certificate will show the hours.
- Advisors must complete 10 hours of staff development to earn one (1) CEU or 20 hours to earn two (2) CEUs. A maximum of 20 hours or two (2) CEUs will be awarded per person; partial credit or hours will not be awarded.



### Advisor Staff Development Objectives

Completion of specific learning objectives will result in earned contact hours. Upon completion of the stated objectives and evaluation forms, the advisor will be awarded a certificate of credit before leaving the conference. Objectives for HOSA advisor staff development opportunities at the ILC are:

- Apply rules and procedures for ILC registration.
- Prepare HOSA members for all aspects of conference involvement.
- Network with HOSA advisors from other schools and states.
- Participate in the HOSA ILC Opening Session.
- Discuss products and services with professionals at the HOSA Expo.
- Discuss rules and procedures for a specific competitive event.
- Analyze roles and responsibilities of the competitor, judge, and event personnel.
- Carry out duties of the Event Manager or Section leader for an assigned event.
- Evaluate a competitive event processes, results, and competitor reaction.
- Identify management structure and adult leaders of HOSA.
- Analyze conference activities and opportunities for HOSA members and advisors.
- Discuss roles and responsibilities of the chapter advisor at the ILC.
- Attend and actively participate in two educational workshops.
- Analyze conference rules.
- Identify session components: International Executive Council report, HOSA State of the Association, and committee reports.
- Evaluate candidate speeches.
- Analyze role of the Executive Council in the implementation of the Recognition Session.
- Evaluate HOSA services that are recognized at the international level through the Recognition Session.
- Identify recognition opportunities for HOSA members through Recognition Category events.
- Evaluate results of the HOSA International Executive Council Election process.
- Review guidelines of the event you are selected to judge.
- Evaluate ILC strengths and weaknesses and provide feedback to HOSA Management, thereby, developing an understanding of why certain processes are in place and provide suggestions for improvement.
- Develop a plan for managing a HOSA chapter as an integral part of the health science curriculum.

# Conference Details

Indianapolis, Indiana, is a dynamic city celebrated for its welcoming atmosphere, rich cultural heritage, and world-class attractions. Here are a few reasons why it's so fantastic.

**Racing Capital of the World:** Indianapolis is home to the legendary Indianapolis Motor Speedway and the famed Indy 500—the world's largest single-day sporting event. The city's passion for motorsports is unmatched.

**Vibrant Downtown & Monument Circle:** The heart of the city features Monument Circle, a stunning landmark surrounded by shops, restaurants, and entertainment. It's one of the most recognizable and picturesque public spaces in the Midwest.

**World-Class Museums:** From the Indianapolis Museum of Art at Newfields to the Indiana State Museum and the Eiteljorg Museum of American Indians and Western Art, Indy offers rich educational and cultural experiences for all interests.

**The Indianapolis Zoo & White River State Park:** Located in the heart of downtown, White River State Park blends nature, attractions, and scenic trails—perfect for exploring before or after conference events. The award-winning Indianapolis Zoo is a highlight for visitors of all ages.

**Delicious Local Eats:** Indianapolis boasts an impressive and diverse food scene, from iconic Hoosier tenderloins to farm-to-table restaurants and nationally recognized eateries.

All these elements combine to make Indianapolis an exciting, engaging, and memorable destination for the **2026 HOSA 50th Anniversary International Leadership Conference**.

## Event Location

The 2026 International Leadership Conference will be at:  
**Indianapolis Convention Center and Lucas Oil Stadium**  
100 S. Capitol Avenue, Indianapolis, Indiana 46225

### JW Marriot Indianapolis

10 S. West Street, Indianapolis, Indiana 46204

### Marriot Indianapolis Downtown

350 W. Maryland Street, Indianapolis, Indiana 46225

## Parking Rates

City Parking options can be found at the link below:  
[downtownindy.org/explore/parking](https://downtownindy.org/explore/parking)



# Registration Information

Please review all registration information carefully to avoid any difficulty when registering your delegation for the ILC. All registration policies are set forth and approved by the HOSA, Inc. Board of Directors.

## Registration Fees

Student Members. . . . .	\$125
Professional Members and Advisors. . . . .	\$125
Nonmembers (Chaperones, Guests, Family). . .	\$125

### The registration fee includes:

- Registration Materials
- Conference Program & App
- General Sessions Operations
- Entertainment & Speakers
- Exhibition and Educational Symposium
- Industry Tours & Leadership Training
- Transportation Shuttles (as needed)
- Recognition and Awards
- Media Productions
- Convention Space Rental
- General Conference Operating Expenses

**Registration Deadline: May 15**

## Registration Process

1. Members qualify to attend the HOSA ILC based on their chartered association's eligibility guidelines.
2. Chapter advisors register for the conference for their chapter attendees (including guests, chaperones, and family members) via HOSA's Conference Management System (CMS) at [hosa.org](http://hosa.org). The conference registration deadline is May 15, unless a different date is specified by the chartered association advisor.
3. Chapters should submit payment to the chartered association. The chartered association advisor reviews and verifies the registration information from each chapter advisor and submits the final registration for the chartered association.
4. Any changes in registration are made by the chartered association advisor to HOSA Headquarters.
5. State Advisors will distribute conference registration materials on the first day of the conference, Wednesday, June 17 from 8:00 AM – 1:00 PM. Early bird registration will be available Tuesday, June 16 from 2:00 PM – 4:00 PM.

## Cancellation, Substitution and Refund Policy

- Chapter advisors may edit their conference registration information in HOSA's CMS until the conference registration deadline on May 15 or the registration deadline specified by the State Advisor.
- After May 15, no cancellations will be accepted, and no refunds will be issued.
- After May 15, chapter advisors must submit any changes to names, spelling, competitive events, leadership workshops, etc. through the State Advisor. Only the State Advisor can make any additions or substitutions to registrations after the deadline.
- Substitutions are made by the State Advisor to HOSA Headquarters until the ILC registration officially closes on Tuesday, June 16 at 5:00 PM.

## Payment Information

Chapters will be billed for all delegates in HOSA's CMS at midnight on May 15. Chapters should submit payment to their chartered association.

For technical support with registration, call 800.321.4672 or email [hosa@hosa.org](mailto:hosa@hosa.org) and HOSA will be happy to assist you.

## Alumni Member Registration

Alumni can register to attend the 50th Anniversary celebration at ILC. Login (or create) your alumni account at: <https://apps.hosa.org/#alumni-registration>. Select the ILC 2026 conference, and add any events or receptions you plan to attend. We look forward to seeing you there!

Scan to read HOSA CMS Instructions



# Travel Information

For airport arrival and departure purposes, each delegation is responsible for transportation to and from the conference location and the hotel.



## Indianapolis International Airport (IND)

[www.ind.com](http://www.ind.com)

### ILC Hotels

**New this year:** Hotel blocks will be released to states using a staggered opening schedule. State blocks will open three days after each respective SLC via state access codes provided to State Advisors. More information and details can be found at : <https://hosa.org/travel/>

### Airport Transportation

**Taxi Service:** From Indianapolis International Airport (IND) to Downtown Indianapolis is an estimated cost of \$40, not including gratuity, for one way taxi service.

**Ride Share:** Lyft and Uber operate from IND. Rates vary depending on availability and demand.

**Shuttle:** Shuttle options can be found at [ind.com/transportation-car-rental](http://ind.com/transportation-car-rental)

### Conference Transportation

**Hotel Shuttles:** HOSA offers complimentary shuttles to and from hotels outside of .05 miles walking distance to the Indianapolis Convention Center. The included hotels are listed at [hosa.org/travel](http://hosa.org/travel).

**Competitive Event Busing:** HOSA will provide shuttles for competitors to any offsite round two competition sites from the Indianapolis Convention Center. Competitors advancing to round two will be provided with busing departures and locations when they advance. Competitive event busing is available for competitors and event personnel only. Advisors, chaperones, or guests are not allowed to attend offsite events or use the competitive event busing.

# Standards + Conduct

A good reputation enables members to take pride in their organization. HOSA members have earned an excellent reputation over the years. Your conduct at any HOSA function should make a positive contribution to the reputation that has been established.

A copy of the HOSA Code of Conduct, Medical Liability Release Policy, and Dress Code Policy can be found in this section. The code of conduct and dress code applies to all participants while in the convention center and convention facilities.

The HOSA, Inc. Board of Directors requires every delegate to read and complete these forms as part of the ILC attendance requirements. Chapter Advisors should collect signed copies of each form for each delegate and provide a copy to their chartered association advisor. Chapter and chartered association advisors may wish to bring these forms with them to the conference for reference.

## HOSA Code of Conduct

1. Your behavior at all times should be such that it reflects credit to you, your school/college, your state/country, and HOSA. Members shall refrain from using inappropriate or profane language at all times. Members shall refrain from verbal, physical or sexual harassment, hazing, bullying, or name-calling.
2. Members conduct is the responsibility of the local chapter advisor or chaperone. Members shall keep their advisors informed of their activities and whereabouts at all times.
3. HOSA conference name badges shall be worn at all times at HOSA functions. You are expected to attend all general sessions and other scheduled conference activities. Please be prompt and show respect to those in the audience and on stage.
4. Members are to report any accidents, injuries or illnesses to their local chapter or state advisor immediately.
5. Members are expected to observe the designated curfew. Curfew means that each person must be in their room by the designated hour.
6. If a member is responsible for stealing or vandalism, the member and his/her parents will be expected to pay any and all damages.
7. Members/participants attending the International Leadership Conference may not purchase, consume or be under the influence of alcohol or drugs at any time. Violators will be subject to stringent disciplinary action.
8. The International Leadership Conference is a non-smoking conference.
9. Members who disregard the rules will be subject to disciplinary action and will be sent home at their own expense. Parents will be notified.
10. Any long distance phone calls, charges to the room, etc. will be the responsibility of the individual member and/or parents.
11. Members are to abide by the ILC Dress Code Policy at all business sessions, general sessions, competitive events and other conference activities. Members who do not comply with the dress code will not be allowed onstage at the general sessions.
12. As a delegate to the International Leadership Conference, permission is granted to make photographs, videotapes, broadcasts, and/or sound recordings, separately or in combination, available for reproduction for educational and promotional purposes by HOSA, Inc.
13. For Competitive Events: All work must be your own, created and completed by you alone (or with your event team). Plagiarism, copyright violation, cheating, and falsification of information are prohibited. Any attempt to gain an unfair advantage will not be tolerated. Any time outside sources are used for a project, the required Reference page (as listed in applicable event guidelines) must be completed. Competitors at ILC understand and agree to abide by the HOSA Honor Code.
14. GENERAL SESSION PROTOCOL: The general sessions should be enthusiastic, but delegates must not be rude or obnoxious to those in the audience or on stage. It is important to remain seated until the end of the session. States that do not adhere to general session protocol will be asked to send a representative to a special meeting of the HOSA Executive Council.

## Medical Liability Release

Delegates understand that by signing the release forms, each individual is responsible for their own insurance coverage during this trip, and release the HOSA, Inc. Board of Directors, the HOSA-Future Health Professionals Staff, chartered associations, HOSA Chapters, and any designated individual in charge of the HOSA group or specific activity from any legal or financial responsibility with respect to the delegates' participation in or contact with any known element associated with an activity including competitive events.

Visit [hosa.org/ilcforms](https://hosa.org/ilcforms) to download and submit the Code of Conduct and Medical Liability forms.

# Official HOSA Dress Code Policy

For all ILC Activities, including GENERAL SESSIONS.

## Required: HOSA's Official Uniform Policy

- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon or navy long tie
- Closed-toe blue, black, or brown business shoes or blue, black, or brown sneakers
- Belt (blue, black, or brown)
- Head covers required for religious purposes or to honor cultural traditions are allowed.

## OR, Business Dress Policy

- Black or navy-blue suit
- White, closed-neck, tailored dress shirt (maroon or navy long tie)
- White blouse (can be member's choice) or Accent: maroon HOSA scarf (optional)
- Members may choose to wear knee-length skirts or slacks
- Closed-toe blue, black, or brown business shoes or blue, black, or brown sneakers
- Belt (blue, black, or brown)
- Head covers required for religious purposes or to honor cultural traditions are allowed.

## ILC General Conference Dress Policy

Tennis Shoe / Sneaker Policy: HOSA members may wear business casual footwear, including sneakers, if clean and in good condition throughout the conference. If you wear sneakers to the general sessions, remember they must be blue, black, or brown to be allowed to walk across the stage! Athletic soles are acceptable.

**As a Reminder:** Official functions, including the HOSA Expo, workshops, and HOSA Universities, are held in conjunction with the ILC (unless the Expo or workshop has special dress requirements like exercise, meditation, etc., which are noted in the ILC Program). The official uniform or appropriate business attire is required for official functions.

**Social Activities Dress:** The dress code for social activities includes everything EXCEPT athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops, and clothing with obscene or suggestive printing. Shirt straps must be two inches wide, and shorts and skirts must be at least to the fingertip.

## COMPETITIVE EVENT DRESS:

For HOSA competitors, see competitive event guidelines for proper attire for each competitive event.

**Definition of CE Business Attire:** For Business Attire, competitors can wear the Official HOSA Uniform or Business Dress described above OR any of the following acceptable business dress (shoes and clothing can be of ANY color):

Suit	Dresses	Shirts
Sports Jackets	Jackets	Skirts
Pants	Shoes (closed-toe; open-toe; heeled sandals; and tennis shoes/sneakers are permitted, and can be of any color)	

## Definition of CE Clinical Uniform or Attire Appropriate to the

**Occupational Area:** The following dress is acceptable (can be of any color/design, with or without the HOSA emblem):

- Scrubs, EMS attire, CERT attire
- Khaki-style pants with Polo-style top
- Clinical shoes or tennis shoes / sneakers ARE REQUIRED (MUST be closed toe, no open toe shoes allowed with clinical uniforms)
- Lab coat, worn over scrubs or over appropriate business attire (optional)

## Process for Awarding Competitive Event Dress Bonus Points:

- Five (5) bonus points will be added in Tabulations once per competitor and/or team for appropriate dress for all competitive events. ALL team members must be appropriately dressed to receive the bonus points in team events.
- At the ILC, dress bonus points are awarded unless the Event Manager and a member of the HOSA CE staff agree upon a dress violation. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, they must be indicated on the HOSA Event Section Summary forms and signed by a member of the CE Program staff.
- Judges are NOT responsible for awarding dress bonus points

## Competitive Events Dress Tips:

No policy can cover all contingencies, so HOSA members must exercise some judgment in their choice of clothing for HOSA competition. Members who experience uncertainty about acceptable HOSA attire should ask their HOSA local or state advisor.

## Unacceptable clothing for competition (but not limited to):

- Casual tank, crop, or tube tops
- T-shirts (T-shirts with logos for profession acceptable)
- Sweat or pajama pants/shirts
- Torn, dirty, or frayed clothing
- Revealing clothing (i.e., excessive cleavage, back, chest, stomach, undergarments, etc.)
- Denim clothing of any color or style
- Canvas shoes
- "Shorts," "capri pants," and other short pants (Dress pants are acceptable)
- Beach wear, athletic clothing, swimwear, sheer or mesh clothing
- Clothing that has obscene or suggestive printing or pictures that may be offensive
- Flip flops and thong sandals. The definition is "shoes that are flat, backless, made of rubber or leather, plain or embellished, etc. consisting of a flat sole held loosely on foot by a 'Y' shaped strap, like a thin thong, that passes between the first and second toes and around either side of the foot."

## Note about HOSA's Dress Code Policy:

- Head covers required for religious purposes or to honor cultural traditions are allowed.
- A competitor should dress appropriately based on the dress standards outlined for the gender to which they identify.



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