

## **HOSA Mini Lesson: Social Media Health Influencers**

### **Objectives:**

Upon completion of this lesson, students will have sufficient knowledge of, and be able to:

1. research the pros and cons of social media health influencers.
2. identify their stand on the debate topic regarding social media health influencers.
3. develop key points for their support their position on the topic.

### **Time:**

- Lecture on debate topic (10 min)
- Research the pros and cons of social media health influencers. (45 min)
- Develop key points for pro or con of the topic. (30 min)
- Participate in Biomedical Debate (25 min)

### **Materials:**

- PowerPoint
- internet access
- Guidelines for Biomedical Debate
- Copies of the Biomedical Debate rubrics for grading
- [See HOSA History of Topics for Other Debate Topics](#)

### **Instruction:**

1. Share PowerPoint on Social Media Health Influencers.
2. Research pros and cons.
3. Develop key points for selected side of the debate.
4. Debate

### **Assessment:**

1. Key points identified
2. Debate participation

### **Standards:**

NCHSE

Foundation Standard 6: Ethics

6.1.2 Identify ethical issues and their implications related to healthcare.

- Ethics committee
- Euthanasia
- Gene editing
- Immunizations
- In vitro fertilization
- Organ donation/transplantation
- Scope of practice

Foundation Standard 9: Health Maintenance Practices

9.1.1 Promote self-care behaviors of health and wellness.

- Exercise
- Nutrition
- Relationships
- Sleep habits
- Stress management
- Weight control

For additional Curriculum Crosswalks see [CE Useful Tools](#)