



## HOSA Member Development Series - Student Member Worksheet

### Lesson #1 - Locate Critical Information, Resources and Publications

HOSA Website URL: \_\_\_\_\_

Your Chartered Association Website URL: \_\_\_\_\_

Where would you go to find HOSA Competitive Event Guidelines: \_\_\_\_\_

Follow HOSA on these social media platforms: \_\_\_\_\_

### Lesson #2 - Know the Four HOSA Levels

What are the four potential levels of HOSA competition: \_\_\_\_\_

What are some things you can expect at the local level: \_\_\_\_\_

What are some of the benefits of participating in a HOSA competitive event: \_\_\_\_\_

What can you do at the HOSA ILC in addition to competition: \_\_\_\_\_

### Lesson #3 - Be Involved in Chapter Service Projects

How can members explore career opportunities through HOSA: \_\_\_\_\_

Where can you go in HOSA to expand your network: \_\_\_\_\_

What are some professions you would like to job shadow: \_\_\_\_\_

Who in your community might be willing to mentor or provide internships for HOSA members: \_\_\_\_\_

### Lesson #4 - Explore Career Opportunities

What are the benefits of participating in a HOSA service project: \_\_\_\_\_

What are a few examples of HOSA service projects: \_\_\_\_\_

Who should be involved in planning and facilitating a HOSA service project: \_\_\_\_\_

What are some HOSA service projects you would like to conduct this year: \_\_\_\_\_

### Lesson #5 - Participate in a Competitive Event

What should be the first step in competing in a HOSA event: \_\_\_\_\_

What is the second step after choosing a competitive event: \_\_\_\_\_

What are some creative ways you can practice your competitive event: \_\_\_\_\_

What useful resources and tips will help you succeed in your competitive event: \_\_\_\_\_

## HOSA Member Development Program- Student Member Worksheet

### Lesson #6 - Develop Leadership and Team Building Skills

- What is the value of developing your leadership skills: \_\_\_\_\_
- What are some ways to work on your leadership skills: \_\_\_\_\_
- How might you seek a leadership position in your HOSA chapter: \_\_\_\_\_
- Which HOSA conferences provide leadership development experiences: \_\_\_\_\_
- How do you benefit from leadership development experiences: \_\_\_\_\_

### Lesson #7 - Prepare and Campaign to be a HOSA Officer

- Describe the levels of HOSA officers: \_\_\_\_\_
- What can you do to prepare for a HOSA officer position: \_\_\_\_\_
- \_\_\_\_\_
- What are some campaign tips to be successfully elected: \_\_\_\_\_
- What HOSA officer goals will you establish this for year and beyond: \_\_\_\_\_

### Lesson #8 - Apply for HOSA Scholarships

- Where will you locate the HOSA scholarship application: \_\_\_\_\_
- What items should you include in your scholarship application: \_\_\_\_\_
- Who can help you prepare your application: \_\_\_\_\_
- When is the deadline to submit your HOSA scholarship application: \_\_\_\_\_
- What tips will provide the best chance at receiving a scholarship: \_\_\_\_\_

### Lesson #9- Attend the HOSA International Leadership Conference

- When and where is this year's HOSA International Leadership Conference: \_\_\_\_\_
- How can you gain leadership skills at the HOSA ILC: \_\_\_\_\_
- With whom can you network at the HOSA ILC: \_\_\_\_\_
- What are fun things to do at the HOSA ILC: \_\_\_\_\_
- How can you start preparing today to ensure your attendance at the HOSA ILC: \_\_\_\_\_

### Lesson #10 - Set Goals and Create an Action Plan for HOSA Success

- Why is it important to set HOSA goals: \_\_\_\_\_
- What should be considered when setting HOSA goals: \_\_\_\_\_
- What does S.M.A.R.T. stand for: \_\_\_\_\_
- How can you create an action plan: \_\_\_\_\_
- What tips will help you achieve your HOSA goals: \_\_\_\_\_
- \_\_\_\_\_