



General Rules & Regulations Worksheet

1. What events allow handshakes with judges before and after the competition?
2. What is the penalty for those competitors who do not have proper photo ID with them at the competition?
3. In order to be eligible to compete in ILC 2026, what is the last date members can be added to the chapter roster if they are enrolled in the spring semester?
4. Where can you find details on event accommodations and how to request them?
5. What is the maximum number of competitors/teams that chartered associations may submit for participation in the International Leadership Conference per event per division?
6. If a competitor violates the HOSA Code of Conduct during HOSA's International Leadership Conference, what may be the consequence?
7. What percentage of the winning team from the state/country level must be included for a team to be eligible for participating in competition at ILC?
8. Where can information be found regarding the way fairness between sections is determined?
9. What four events would being over five minutes late for the competition mean you may not be allowed to participate?
10. When were the HOSA General Rules and Regulations last updated?