

MRC Partnership

Emergency Preparedness Event

Eligible Divisions: Secondary & Postsecondary / Collegiate	Pre-Judged: Portfolio	Digital Upload: YES
Team Event: 2 - 6 competitors per team	Round 1: Presentation	



New for 2025-2026

Editorial updates have been made.

Event Summary

MRC Partnership provides members with the opportunity to gain knowledge and skills required to initiate and maintain a partnership with their local/state Medical Reserve Corps units. This competitive event is designed for students to demonstrate the spirit and mission of both the MRC and HOSA in joint partnership activities. Each team consists of 2 to 6 competitors and teams will prepare a portfolio highlighting partnership activities that improve public health, increase emergency response capabilities, and strengthen the resiliency of local communities. This event aims to inspire members to engage with the Medical Reserve Corps and to learn more about community-based groups committed to strengthening public health.

Sponsorship

HOSA-Future Health Professionals is appreciative for the sponsorship of MRC Partnership by the [Medical Reserve Corps](#)



Dress Code

Proper business attire or official HOSA uniform. Bonus points will be awarded for [proper dress](#). All team members must be properly dressed to receive bonus points.

Competitors Must Provide

- [Photo ID](#)
- ONE team member uploads the portfolio to the HOSA Digital Upload System by May 15 for ILC competition (see advisor regarding SLC requirements and deadlines)
- Portfolio (hard copy is optional for in-person presentation)
- Index cards or electronic notecards (optional)

HOSA Conference Staff will provide equipment and supplies as listed in [Appendix I](#).

General Rules

1. Competitors must be familiar with and adhere to the [General Rules and Regulations](#).

Event Resources

2. The following are suggested event resources:
 - a. [MRC Website](#)
 - b. [Youth Engagement Toolkit \(HOSA Website\)](#)
 - c. [National Health Security Strategy](#)
 - d. [Surgeon General's Priorities](#)

- e. [Disaster Risk Reduction](#)
- f. [National Strategy for Youth Preparedness Education \(FEMA\)](#)
- g. [ASPR Strategic Plan](#)

Relationship with MRC Unit

3. All HOSA chapter activities planned and implemented for this event MUST be done in partnership with the Medical Reserve Corps. To locate your local MRC Unit, visit: <https://aspr.hhs.gov/MRC/Pages/index.aspx> and click on "Join a Local MRC Unit". Utilize the map feature to find contact information for a unit near you. To identify your State Coordinator, visit <https://aspr.hhs.gov/MRC/Pages/About-the-MRC.aspx>. If you have any challenges with identifying/contacting your MRC Unit Coordinator or State Coordinator, the applicable MRC Regional Liaison can assist: <https://aspr.hhs.gov/Pages/ContactUs.aspx>. There is no exception for activities to be eligible. A partnership with MRC outside the classroom must be in place for activities to be accepted.

Activities

4. For each partnership activity in the competitive portfolio, three items are included:
 - A. Activity Name and Description
 - B. Impact on Community Category – one of the below categories will be listed
 - I. Strengthen public health
 - II. Serve a vulnerable population
 - III. Support a non-emergency community event
 - IV. Develop or strengthen the HOSA/MRC partnership
 - V. Improve community preparedness or resilience
 - VI. Train or exercise to improve community response capability
 - VII. Support an emergency response
 - C. HOSA/MRC Partnership Interaction Description
 - I. A description of how the HOSA chapter interacted with their local MRC in preparation and planning for the activity, as well as roles and responsibilities during the activity itself. As part of this description, please also include details about the importance and impact of the activity, including key metrics (for example, # of hours contributed to the activity and # of people impacted).

Timeline for Activities

5. The chapter's MRC activities must be conducted between July 1, 2025 - May 15, 2026.

Sample Activities

6. Sample HOSA chapter activities that support this partnership could include:
 - A. Activity: Distributed 72-hour emergency kit supply lists at a local store during peak back-to-school supply shopping.
Impact: Improved community preparedness or resilience
HOSA/MRC Partnership Interaction/Description: HOSA team members met with MRC unit leader who provided guidance on 72-hour kit contents needed specifically for our communities' hazards. The team spent 20 hours on this project and distributed emergency kit supply lists to 100 people.
 - B. Activity: Shadowing/Mentoring Program
Impact: Developed or strengthened HOSA/MRC partnership
HOSA/MRC Partnership Interaction/Description: HOSA students were paired with MRC Volunteers in the student's area of interest for a shadowing and mentoring experience. 5 team members participated in the mentoring program for a total of 30 hours each, or 150 hours.
 - C. Activity: Mock-disaster victims for school bus crash scenario
Impact: Training or exercise to improve community response capability
HOSA/MRC Partnership Interaction/Description: The MRC unit leader invited HOSA members to

participate in a mock disaster drill where students were moulaged and played the role of patients injured in a school bus crash. 25 HOSA members participated in the mock disaster, which included training for 40 people. The team spent 4 hours each (100 total) on this activity.

MRC Partnership Outline Steps

7. Competitive Event Process:

- A. **Step 1:** Review Recommended Readings
- B. **Step 2:** Discuss engagement with the local MRC unit
 - i. **Path A:** Membership in local MRC unit
 - ii. **Path B:** Partnership with local MRC unit
- C. **Step 3:** Complete the Office of the MRC's [Partnership Notification Form](#).
- D. **Step 4:** Complete the Partnership Verification Form & Partnership Logistics Document
- E. **Step 5:** Begin partnership activities and demonstrate impact. Take photographs at events.
- F. **Step 6:** Track activities and prepare descriptions for the portfolio.
- G. **Step 7:** At the conclusion of the project, the MRC Unit Leader should review the completed portfolio and sign the Partnership Verification Form again, indicating that they have reviewed it.
- H. **Step 8:** One team member uploads the portfolio to the HOSA Digital Upload System by the published deadline.

The Portfolio – Documentation of Project – Pre-judged Digitally

- 8. The team's portfolio is limited to a maximum of sixteen (16) numbered single-sided pages and will contain the following, in order:
 - A. **Title page** includes the Event name, Team Member Names, HOSA Division, HOSA Chapter #, School Name, [Chartered Association](#), Title page is centered. (A creative design or pictures may be used but will not affect the score.)
 - B. **HOSA/MRC Partnership Verification Form**
Teams MUST have the MRC unit leader and HOSA chapter representative sign the Partnership Verification Form included in the team portfolio. This form will outline the partnership agreement between the MRC unit and the HOSA chapter participating in this event. It will be signed by the MRC leader following their review of the finalized portfolio, before the regional, state, and international conferences, as applicable. (Partnership Verification Form included at the end of these guidelines).
 - C. **Partnership Logistics** Document signed by MRC leader at the beginning of the partnership and again following review of the finalized portfolio. The MRC leader's full mailing address is required.
 - D. A description of the HOSA/MRC partnership and the level, quality, and quantity of interactions during the partnership (e.g., number of hours and people impacted).
 - E. **Summary Section** of partnership activities with a brief narrative that identifies the following: (as outlined in item #6 above)
 - 1. Activity name and description
 - 2. Impact category
 - 3. HOSA/MRC Partnership Description The Summary Section may include:
 - a. Publicity regarding the partnership. The publicity date should be shown with a copy of the article, radio or TV spot, and the program script.
 - b. Programs, photographs, or other verification of partnership activities should be included and dated.
 - c. The team may include copies of items they developed to support their project such as pamphlets or brochures.
 - F. All narrative pages:
 - 1. Activity description
 - 2. Impact category
 - 3. Are typed, one-sided, in 12 pt. Arial font, double-spaced, in English
 - 4. Have 1" margins on 8 ½" x 11" paper

5. Contain a running header with last name and event name on the top left side of the page, and page number on the top right side of each page (not counting the title page).
9. Teams may choose to bring a hard copy of their portfolio to the ILC competition to reference during the presentation if they wish, but it is not required nor judged.

REQUIRED Digital Uploads

10. The following item(s) **MUST** be uploaded by ONE member of the team to the HOSA Digital Upload System by May 15:
 - a. Portfolio – as one combined pdf file.

May 15 at midnight EST is the **final deadline**, and there will be **NO EXCEPTIONS** to receipt of the required materials after the deadline.

Detailed instructions for uploading materials can be found at: <https://hosa.org/competitive-event-digital-uploads/>

11. State Leadership Conference (SLC) vs. HOSA's International Leadership Conference (ILC)
 - A. **State Leadership Conferences.** It is the competitor's responsibility to check with their Local Advisor for all state-level processes used for competition, as digital uploads may or may not be a requirement.
 - B. **International Leadership Conference.**
 - i. If a competitor uses the HOSA Digital Upload System as a requirement at the SLC, the competitor **MUST upload an ADDITIONAL time for ILC by May 15.**
 - ii. If the HOSA Digital Upload System is NOT used at the competitor's SLC, it is still the competitor's responsibility to upload the product for HOSA's ILC no later than May 15. Not using the HOSA Digital Upload System at a competitor's State Leadership Conference is not an exception to the rule.
12. The FINAL ILC digital upload deadline is May 15. We **STRONGLY** suggest not waiting until the last minute to upload online to avoid user-challenges with the system.
13. For ILC, the digital materials uploaded by May 15 will be PRE-JUDGED. Competitors who do not upload materials are NOT eligible for the presentation portion of competition and **will NOT be given a competition appointment time at ILC.** All digital content uploaded as of May 15 is what will be used for pre-judging at ILC.

The Competitive Process - Presentation with Judges

14. Competitors will report to the event site at their appointed time for a five (5) minute presentation with judges. The timekeeper will present a flash card advising the competitors and judges of the time remaining at one (1) minute.
15. **The purpose of the presentation is to communicate information about the partnership activities to the judges. The presentation MUST include:**
 - A. a brief description of the activities used to promote the partnership;
 - B. the accomplishment of goals and objectives of the partnership; and the impact of the partnership and activities.
 - C. Remember, quality over quantity of activities is important. Take this opportunity to showcase how your HOSA chapter worked with MRC to identify and address a specific community need(s) and then highlight the impact and result of your work!

16. Use of index card notes during the presentation are permitted. Electronic notecards (on a tablet, smart phone, laptop, etc...) are permitted, but may not be shown to judges. Only the team's portfolio may be shown to the judges during the presentation. Please refer to [GRRs](#).
17. Teams may choose to bring their original portfolio to ILC competition, to reference during the presentation, but no points are awarded on the rating sheet for doing so. All team members must take an active role in the presentation.

Final Scoring

18. Scores from pre-judged portfolios will be added to the presentation score to determine the final results.
19. In the event of a tie, a tiebreaker will be determined by the areas on the rating sheet section(s) with the highest point value in descending order.

Future Opportunities

Graduating from high school or completing your postsecondary/collegiate program does not mean your HOSA journey has to end. As a HOSA member, you are eligible to become a HOSA Lifetime Alumni Member - a free and valuable opportunity to remain connected, give back, and help to shape the future of the organization. Learn more and sign up at hosa.org/alumni.

HOSA/MRC Partnership Verification Form

1. This form **must** be completed and added to the portfolio, which will be uploaded to the HOSA Digital Upload System by ONE member of the team by the published regional and chartered association deadlines, and by May 15th for the International Leadership Conference.
2. MRC Unit Leaders should review the HOSA MRC Partnership Event Guidelines prior to engaging in a partnership.

Involved organizations include:

HOSA Chapter:	
Team Member Names:	
School Address:	
Advisor Name:	
Advisor E-Mail Address:	

MRC Unit Name:	
Address:	
MRC Unit Leader Name:	
Unit Leader E-Mail Address:	
Unit Leader Phone Number:	
Unit Leader Mailing Address:	

By signing here, I verify that I have read the HOSA MRC Partnership Event Guidelines and agree to the attached agreed upon terms of the partnership, as presented in the Partnership Logistics Document:

Competitor Signature:

Date

MRC Unit Leader Signature:

Date

HOSA / MRC Impact Data: HOSA teams will fill-in the below data items. Include all activities and volunteer hours completed by all team members throughout the entire MRC project year.

- Total hours volunteered with the MRC: _____
- Total number of people impacted by the activities: _____

At the conclusion of the project period, the HOSA team should share their portfolio with the MRC unit leader for review. A signature is required before each applicable regional, chartered association or international conference.

By signing here, I verify that I have reviewed the HOSA team's portfolio and find it to be an accurate representation of the HOSA/MRC partnership activities:

MRC Unit Leader Signature (before regional conference, if applicable):

Date

MRC Unit Leader Signature (before state chartered association Date conference):

MRC Unit Leader Signature (before international conference):

Date

HOSA/MRC Partnership Logistics Document

Agreed Upon Terms of the HOSA/MRC Partnership:

Please address the following questions in no more than two (2) pages.

1. Describe how HOSA chapter and MRC unit will maintain contact throughout this competitive events year.
2. How frequently will MRC and HOSA chapter contact each other?
3. Who is responsible for initiating and maintaining contact?
4. Please describe how HOSA will support the MRC Unit Leader in submitting the completed activities, either as they occur or several similar activities consolidated, in the MRC Activity Reporting System throughout the year (e.g., what information will be required, identify the preferred format, frequency, etc...). MRC Unit Leaders should also submit the first meeting between HOSA and MRC in the MRC Activity Reporting System. Identify if the HOSA chapter will be considered volunteers with the MRC Unit.

Please include any specific details or additional requirements for the partnership moving forward.

MRC PARTNERSHIP

Pre-judging Portfolio

Section # _____

Division: _____ SS _____ PS/Collegiate

Competitor # _____

Judge's Signature _____

A. Portfolio	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
1. Title Page	Title page contains ALL requirements: Event Name, Team Member Names, HOSA Division, HOSA Chapter #, School Name, Chartered Assoc	N/A	N/A	N/A	All requirements are not met or portfolio not submitted.	
2. HOSA/MRC Partnership Verification Form	The Partnership Verification Form includes: 1. MRC Unit full address 2. MRC leader's signature at the beginning of the project 3. MRC leader's signature at the conclusion of the project 4. HOSA / MRC Impact Data Summary Numbers	N/A	N/A	N/A	The Partnership Verification does not include all 4 required criteria OR was not submitted.	
3. Partnership Logistics Document	The Partnership Logistics Document includes: 1. Description of how the HOSA chapter and MRC unit communicate 2. How frequently the HOSA chapter and MRC unit will be in contact 3. Who is responsible for maintaining and initiating contact 4. MRC leader's full mailing address 5. How the HOSA chapter supported the MRC Unit Leader in reporting activities	The Partnership Logistics Document includes answers to 3 of the 4 questions.	The Partnership Logistics Document includes answers to 2 of the 4 questions.	The Partnership Logistics Document includes answers to 1 of the 4 questions.	The Partnership Logistics Document is blank OR was not submitted.	
4. Description of the HOSA/MRC partnership (items included)	The description features all three items: 1. Level of interactions 2. Quality of interactions 3. Quantity of interactions	N/A	The description features 2 of 3 items	The description features 1 of 3 items.	No descriptions of the partnerships OR Portfolio not submitted.	

A. Portfolio	Excellent 10 points	Good 8 Points	Average 6 points	Fair 4 points	Poor 0 points	JUDGE SCORE
5. Description of the HOSA/MRC partnership (Quality of Items)	The strength and articulation of the HOSA/MRC partnership description is excellent.	The strength and articulation of the HOSA/MRC partnership description is good	The strength and articulation of the HOSA/MRC partnership description is average	The strength and articulation of the HOSA/MRC partnership description is fair	The strength and articulation of the partnership description is absent.-OR Portfolio not submitted.	
A. Portfolio	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
6. A summary of partnership activities with a brief narrative. (Activities included)	The partnership features all-three of the descriptions: 1. Activity description 2. Impact category (as outlined in the event descriptions) 3. HOSA/MRC Partnership description	N/A	The partnership features 2 of 3 descriptions	The HOSA/MRC partnership features 1 of 3 descriptions.	No descriptions of the partnership activities were provided. OR Portfolio not submitted	
A. Portfolio	Excellent 10 points	Good 8 points	Average 6 points	Fair 4 points	Poor 0 points	JUDGE SCORE
7.A summary of partnership activities with a brief narrative. (Quality of activities)	The partnership activities documented in portfolio are excellent quality, scope, and value.	The partnership activities documented in portfolio are good quality, scope, and value.	The partnership activities documented in portfolio are average quality, scope, and value.	The partnership activities documented in portfolio are fair quality, scope, and value.	No summary of partnership activities is included OR Portfolio not submitted	
A. Portfolio	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
8. ALL PAGES of portfolio are neat, and error-free.	No errors in grammar or appearance were detected in the submission.	The submission had 1-2 errors within the entry.	3-4 errors in grammar or neatness were detected in the submission.	5 or more errors in grammar or neatness were detected in the submission.	Portfolio was not submitted	
9. ALL Narrative PAGES are formatted correctly.	All requirements are met: Typed, one-sided, in 12 pt. Arial font, double spaced, in English, with 1" margins on 8 1/2" x 11" paper, and contains: - Running header with last name & event name top left, and page number top right (not counting title page).	N/A	N/A	N/A	All requirements are not met OR portfolio not submitted.	

A. Portfolio	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
10. Max Pages (no pages above 16 will be judged)	Pages do not exceed 16 total.	N/A	N/A	N/A	Portfolio exceeds maximum page limit OR portfolio not submitted.	
Subtotal Points for Pre-Judging Portfolio (60)						

MRC PARTNERSHIP

Presentation

Section # _____
 Competitor # _____

Division: _____ SS _____ PS/Collegiate
 Judge's Signature _____

B. HOSA/MRC Partnership Overall Content	Excellent 10 points	Good 8 points	Average 6 points	Fair 4 points	Poor 0 points	JUDGE SCORE
1. Cooperative work with MRC to reach goals of activities	The team exceeded the collaborative goals of working with the MRC.	The team met the collaborative goals of working with the MRC.	The team's goals were of average effort and impact.	The team did not put forth much collaborative effort to reach the goals of the proposed activities.	The team did not meet the collaborative goals of the MRC activities.	
2. Description and Understanding of the MRC Mission	Strong evidence was provided to prove the understanding of the MRC Mission. Four or more examples of the mission were provided.	Evidence of understanding the MRC mission was evident in three examples provided in the portfolio.	Basic evidence of understanding the MRC mission was provided in two examples within the portfolio.	One example was provided to prove understanding of the MRC mission.	No evidence was provided of understanding of the MRC mission.	
3. Impact on the local community	Strong evidence (4+ examples) reflects the partnership demonstrated a high level of impact on the community and created positive change.	Some evidence (3 examples) reflects The partnership had a good impact on the community.	The partnership's impact was average. Little evidence (2 example)s of change occurred as a result of this project.	Very little impact occurred from the result of this project. Only one example shared.	No change or impact occurred as a result of this project implementation. No examples shared.	
4. Impact on the HOSA chapter	Strong evidence (4+ examples) reflects the partnership demonstrated a high level of impact on the HOSA chapter and created positive change.	Some evidence (3 examples) reflects The activity had a good impact on the HOSA chapter.	The impact on the HOSA chapter was average. Little evidence (2 examples) of change occurred as a result of this project.	Very little impact on the HOSA chapter occurred as a result of this project. Only one example shared	No change or impact occurred as a result of this project. No examples shared	
B. HOSA/MRC Partnership Overall Content	Excellent 10 points	Good 8 points	Average 6 points	Fair 4 points	Poor 0 points	JUDGE SCORE
5. Imagination & creativity of the activities	The partnership activities demonstrated a high level of imagination & creativity.	The partnership activities demonstrated a moderate level of imagination & creativity.	The partnership activities demonstrated an average level of imagination & creativity	Very little imagination & creativity were included in the activities.	No imagination & creativity were included in the activities	
C. Presentation Delivery	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 point	JUDGE SCORE
1. Voice Pitch, tempo, volume, quality	The team's voice was loud enough to hear. The competitors varied rate & volume to enhance the speech. Appropriate pausing was employed.	The team spoke loudly and clearly enough to be understood. The competitors varied rate OR volume to enhance the speech. Pauses were attempted.	The team could be heard most of the time. The competitors attempted to use some variety in vocal quality, but not always successfully.	The team's voice is low. Judges have difficulty hearing the presentation.	Judge had difficulty hearing and/or understanding much of the speech due to low volume. Little variety in rate or volume.	

C. Presentation Delivery	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 point	JUDGE SCORE
2. Stage Presence Poise, posture, eye contact, and enthusiasm	Movements & gestures were purposeful and enhanced the delivery of the speech and did not distract. Body language reflects comfort interacting with audience. Facial expressions and body language consistently generated a strong interest and enthusiasm for the topic.	The team maintained adequate posture and non-distracting movement during the speech. Some gestures were used. Facial expressions and body language sometimes generated an interest and enthusiasm for the topic.	Stiff or unnatural use of nonverbal behaviors. Body language reflects some discomfort interacting with audience. Limited use of gestures to reinforce verbal message. Facial expressions and body language are used to try to generate enthusiasm but seem somewhat forced.	The team's posture, body language, and facial expressions indicated a lack of enthusiasm for the topic. Movements were distracting.	No attempt was made to use body movement or gestures to enhance the message. No interest or enthusiasm for the topic came through in presentation	
3. Diction*, Pronunciation** and Grammar	Delivery emphasizes and enhances message. Clear enunciation and pronunciation. No vocal fillers (ex: "ahs," "uh/ums," or "you knows"). Tone heightened interest and complemented the verbal message.	Delivery helps to enhance the message. Clear enunciation and pronunciation. Minimal vocal fillers (ex: "ahs," "uh/ums," or "you knows"). Tone complemented the verbal message	Delivery adequate. Enunciation and pronunciation suitable. Noticeable verbal fillers (ex: "ahs," "uh/ums," or "you-knows") present. Tone seemed inconsistent at times.	Delivery quality is minimal. Regular verbal fillers (ex: "ahs," "uh/ums," or "you-knows") present. Delivery problems cause disruption to message.	Many distracting errors in pronunciation and/or articulation. Monotone or inappropriate variation of vocal characteristics. Inconsistent with verbal message.	
4. Team Participation	Excellent example of shared collaboration in the presentation of the project. Each team member spoke and carried equal parts of the project presentation.	All but one person on the team was actively engaged in the project presentation.	The team worked together relatively well. Some of the team members had little participation.	The team did not work effectively together.	One person dominated the project presentation.	
Subtotal Points for Presentation (70)						
Total Points (Pre-judged Portfolio & Presentation) (130):						

*Definition of Diction – Choice of words, especially with regard to correctness, clearness, and effectiveness. **Definition of Pronunciation – Act or manner of uttering officially.