

MRC PARTNERSHIP



Team Members:

Benjamin Tan, Ayushi Taneja, Sejal Tallapelli, Aishy Yarragonda, Vahin Kakarla

Delaware County MRC Leadership:

James McQone

740-203-2033

jmcquone@delawarehealth.org

MRC Unit #: 1307

HOSA Chapter

Advisor: Jane Norris

HOSA Chapter # 69153

Secondary Division

School Information:

Olentangy High School

675 Lewis Center Rd, Lewis Center, OH 43035

(740)-657-4100



HOSA/MRC Partnership Verification Form

1. This form **must** be completed and added to the portfolio which will be uploaded to Tallo by ONE member of the team by the state published regional and state deadlines, and by May 15th for the International Leadership Conference.
2. Note that a second signature from the MRC unit leader is needed, following their review of the finalized portfolio.
3. If there is not an MRC unit in your local community, contact HOSA-Future Health Professionals for next steps.
4. The MRC Partnership event is designed to encourage HOSA chapters to initiate and maintain a partnership with their local Medical Reserve Corps units. Through active engagement with the MRC, HOSA chapters and competitive events teams will be involved in their community and demonstrate the spirit and mission of the MRC and HOSA partnership.
5. The HOSA competitive events teams will actively engage with the Medical Reserve Corps by participating in activities that improve public health, increase emergency response capabilities and strengthen the resiliency of their communities while demonstrating an impact on their local community. The active engagement will typically involve the HOSA team working directly (and often side-by-side) with MRC volunteers, though on occasion it may consist of working on activities under the direction or guidance of the MRC unit leader.

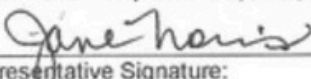
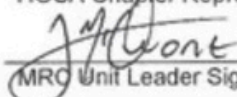
Involved organizations include:

HOSA Chapter:	Olentangy High School
Team Member Names:	Aishy Yarragonda, Srini Tallapelli, Ayuchi Taneja, Vahin Kakarla
School Address:	675 Lewis Center Rd, Lewis center, OH 43035
Advisor Name:	Jane Norris
Advisor E-Mail Address:	jane-norris@olsd.us

Ben Tan

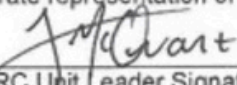
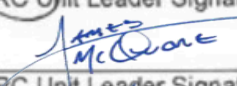
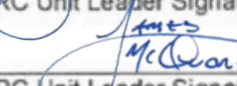
MRC Unit Name:	Delaware County MRC -1307
Address:	470 S sandusky st Delaware OH 43015
MRC Unit Leader Name:	James McQuone
Unit Leader E-Mail Address:	Jmcquone@Delawarehealth.org
Unit Leader Phone Number:	740-203-2033
Unit Leader Mailing Address:	470 S sandusky st, Delaware OH 43015

By signing here, I verify that I have read the HOSA MRC Partnership Event Guidelines and agree to the attached agreed upon terms of the partnership, as presented in the Partnership Logistics Document:


 HOSA Chapter Representative Signature: _____ Date: 12/8/23

 MRC Unit Leader Signature: _____ Date: 12-6-2023

At the conclusion of the project period, the HOSA team should share their portfolio with the MRC unit leader for review. A signature is required before each applicable regional, state, or international conference.

By signing here, I verify that I have reviewed the HOSA team's portfolio and find it to be an accurate representation of the HOSA/MRC partnership activities:


 MRC Unit Leader Signature (before regional conference): _____ Date: 12-6-2023

 MRC Unit Leader Signature (before state conference): _____ Date: 4-6-2024

 MRC Unit Leader Signature (before international conference): _____ Date: 5-15-2024

Partnership Logistics Documents

Describe how HOSA chapter and MRC unit will maintain contact throughout this competitive events year.

We aim to keep a continuous email and text chain to keep up with updates on the latest shadowing and certification opportunities, and on new event ideas.

How frequently will MRC and HOSA chapter be in contact with each other?

We met around every two weeks, in person or online to ensure that all our plans are going as scheduled.

Who is responsible for initiating and maintaining contact?

Both HOSA and the MRC are expected to stay in touch with each other. However, there might be some cases where HOSA needs to seek help from the MRC for specific tasks, such as brainstorming new ideas to promote events to the community.

MRC Unit Leader's mailing address:

470 S. Sandusky Street, Delaware, OH 43015

Partnership Logistics

OUR MISSION

Our MRC Group's mission is to partner with the Delaware county MRC unit and develop skills to learn and spread awareness about general health and preventative diseases. Our team will assist in training and engaging our local MRC in different preventative disease teachings. By doing so we hope to improve our community's preparedness for combating diseases and encourage our community to take part in public health awareness.

MRC MISSION

The mission of the Delaware County MRC is to provide volunteer assistance during emergencies. These volunteers are organized, trained, pre-credentialed, and assigned based on their areas of expertise. The MRC also helps prepare the public for emergency situations by developing and implementing response plans, as well as educating the public about different health issues. The MRC trains their volunteers in various emergency response techniques to ensure they are well-equipped to assist during disastrous events.

Partnership Description

Initial Partnership

Our HOSA chapter established a partnership with the Delaware County MRC. We met with them to discuss our goals and collaborated to develop various activities that would have a positive impact on the community. Throughout the year, we worked together to serve our local community through this partnership.

Quality of the Partnership

Throughout our collaboration with the Medical Reserve Corps, we were able to achieve our goal of making a positive impact on our schools and the wider community. As a team, we are committed to providing better service, support, and preparation for the people in our community. We had the opportunity to meet with James McQuone, the unit leader of Delaware County MRC, who encouraged us to create social media accounts to promote disease prevention and health-related events within the community. As the year progressed, we strengthened our relationship with the MRC organization as well as with our school and community. Through our interaction with MRC members during this experience, we continued to volunteer, participate, and support our local community.

Level of Partnership

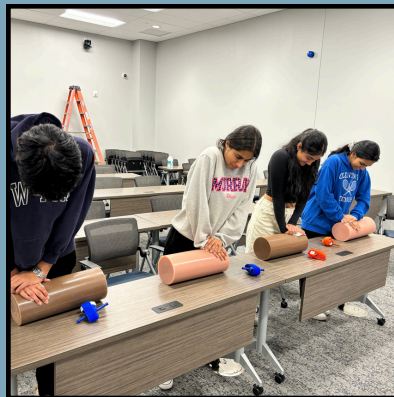
This partnership has enabled us to expand the influence of the MRC, encourage more people to volunteer in the community, and have a direct impact on local schools. By working with local schools, participating in American Red Cross trainings, and shadowing local health professionals, our team has been able to make a meaningful contribution to our community.

QUANTITY OF INTERACTIONS

Preventative Disease Presentation: 15 hours	Avalon Old Age Volunteering: 30 hours	Team meetings: 30 hours	HOSA/MRC t-shirts: 10 hours
Leukemia and Lymphoma Fundraiser: 60 hours	“Away the Flu” Posters: 11 hours	Social Media Awareness: 30 hours	Blood Drive: 10 hours
Remote Area Medical Volunteering: 13 hours	Collaboration with Team Impact: 20 hours	Health Walk: 5 hours	Trainings & Certifications: 25 hours
Ribbon Pins for Suicide Awareness: 16 hours	“Wear Pink Day” (Breast Cancer Awareness): 70 hours	Physician Interviews: 6 hours	First Aid Drive: 5 hours
Mental Health Fair: 16 hours	Community Conference: 12 hours	TikToks for Emergency Preparedness: 10 hours	Preventative Wellness Day: 18 hours
	Oral Surgeon Office Shadowing: 56 hours	Stop the Bleed Training for students: 10 hours	

Total: 478 Hours

Trainings & Certifications



Impact: Training or Exercise to Improve Community Response Capability

Activity: We participated in different emergency response trainings to improve our response capabilities in case of a public health emergency.

HOSA/MRC Interactions: The Delaware County MRC helped certify our team by bringing in their professional emergency responders to train us.



Training	Date	Hours
CPR Training	December 19th, 2023	15 Hours
Bloodborne Pathogen (BBP)	December 19th, 2023	5 Hours
Stop The Bleed	January 9th, 2024	5 Hours

Strengthen Public Health



“Away the Flu” Posters

Impact: Strengthen Public Health

Date: Jan 10, 2024

Activity: We put up posters informing our peers on ways to stay safe during flu season.

HOSA/MRC Interaction: Our MRC Unit leader suggested putting up flyers with techniques to prevent the flu, during flu season to help many students.

Social Media Awareness

Impact: Strengthen Public Health

Date: Weekly

Activity: We posted about preventable diseases on our official HOSA Instagram page to help inform our peers about their possible risks and prevention strategies

HOSA/MRC Interaction: Our local MRC leadership asked us to spread the word about diseases that our communities face. This was an opportunity to promote MRC’s mission



Preventative Disease Presentation

Impact: Strengthen Public Health

Date: Nov 13, 2023

Activity: Gave a presentation to 100+ 5th graders at Heritage Elementary School, taught them about infectious diseases such as the flu and methods to stay safe.

HOSA/MRC Interaction: Our unit leader encouraged us to teach the younger generation about preventable infectious diseases.

Serve a Vulnerable Population

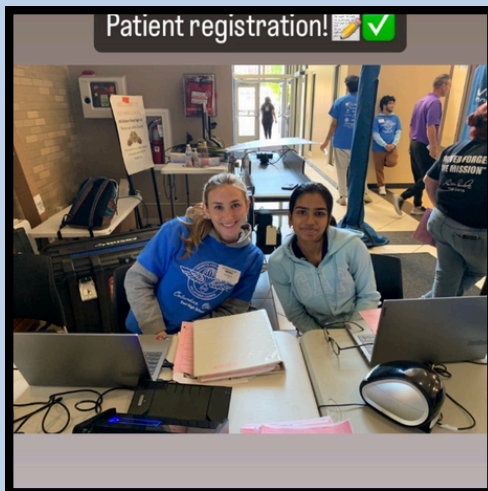
Leukemia Lymphoma Society Fundraising

Impact: Serve a Vulnerable Population

Date: Oct 29, 2023

Activity: Partnered with the Olentangy Leukemia and Lymphoma Society to spread awareness and fundraise for cancer victims. Raising **\$31,220** for the cause.

HOSA/MRC Interaction: Our unit leader supported us in partnering with the LLS to raise awareness for victims.



Remote Area Medical Volunteering

Impact: Serve a Vulnerable Population

Date: Dec 9, 2023

Activity: Remote Area Medical (RAM) volunteering helped provide free medical aid to underprivileged individuals.

HOSA/MRC Interaction: Delaware MRC encouraged us to join a non-profit that assists in helping the underprivileged and learn about certain health conditions that are prominent in certain groups.

Avalon Old Age Volunteering

Impact: Serve a vulnerable population

Date: March 24th, 2024

Activity: Volunteered at a local old-age facility to serve the elderly with dementia. Hosted events and decorated the building to celebrate Easter with the elderly.

HOSA/MRC Interaction: MRC encouraged us to look at populations who are most vulnerable in the community.



Support a Non-Emergency Community Event

Blood Drive

Impact: Support a non-emergency Community Event

Date: March 21, 2024

Activity: Under the Student Council Versiti Blood Drive committee we worked on advertising and conducting the blood drive leading to the strongest turnout so far, exceeding the goal with a total of 37 pints.

MRC Connection: Like our local Medical Reserve Corps, we worked to provide for a critical need of many hospitals in our area.



Ribbon Pins for Suicide Awareness

Impact: Support a Non-Emergency Community Event

Date: April 1st, 2024

Activity: In honor of stress awareness month, our team handmade 100 yellow ribbon pins with motivational letters and handed them out to public areas.

HOSA/MRC Partnership Interaction: Our advisor supported this large-scale initiative of awareness towards mental health issues.



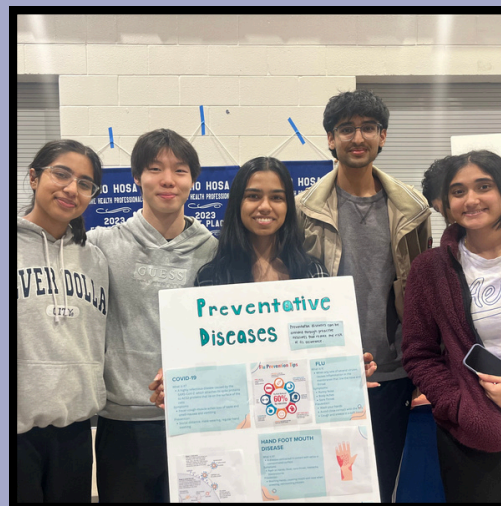
Community Conference

Impact: Support a Non-Emergency Community Event

Date: April 1st, 2024

Activity: Olentangy Local District hosted a community conference to promote unity. We chose to use this conference to promote emergency preparedness responses in our local school community.

HOSA/MRC Partnership Interaction: Our advisor supported this to promote school-wide response.



Develop or strengthen the HOSA/MRC partnership

Shirt Sale Awareness

Impact: Develop or strengthen the HOSA/MRC partnership

Date: April 1st, 2024

Activity: We created T-shirts showing the HOSA/MRC logo and sold them to people in our school and community and donated to the MRC.

HOSA/MRC Partnership Interaction: We were able to sell these shirts to our local medical reserve corps and were able to promote this partnership to HOSA competitions in the community as well.



MRC Relations (How we Collaborated)

Impact: Develop or strengthen the HOSA/MRC partnership

Activity: Our partnership with the Medical Reserve Corps (MRC) is crucial. We meet with our local chapter bi-weekly to address community issues, plan events, and seek guidance from the MRC, which has invaluable knowledge of public health issues in our community. Our focus is on two key aspects: Public Health and Disaster response. The Delaware MRC aims to combat issues in these fields, and we support their efforts. Specifically, we emphasize disease prevention for public health. When a massive tornado hit our community, we took action to help those affected as well as the first responders. This aligned with our MRC chapter's goals of improving Public Health and Natural Disaster Response.

Improve Community Preparedness or Resilience



Wellness Day

Impact: Improve community preparedness or resilience

Date: Jan 16, 2024

Activity: We distributed small infographics throughout the school, and hosted a trivia competition to spread the knowledge the MRC has taught us on disease prevention.

HOSA/MRC Interaction: The MRC suggested we should reach more people about staying healthy during winter.

Wear Pink to School (Breast Cancer Awareness Day)

Impact: Improve community preparedness or resilience

Date: Jan 12, 2024

Activity: We encouraged our peers to wear pink to school for Breast Cancer Awareness Day to raise community awareness and support.

HOSA/MRC Interaction: Our MRC Unit leader motivated us to spread awareness to our peers at school by organizing a school-wide event.



Mental Health Fair

Impact: Improve community preparedness or resilience

Date: April 04, 2024

Activity: We collaborated with the district student council to host a mental health fair in our school during stress awareness month.

HOSA/MRC Interaction: Our MRC suggested we collaborate with different organizations to involve more communities in improving mental health.



Health Walk

Impact: Improve community preparedness or resilience

Date: April 3rd, 2024

Activity: We hosted a walk for all students at Olentangy High School to raise awareness for suicide prevention.

HOSA/MRC Interaction: Our MRC leader encouraged us to bring our community together to recognize various mental health issues.

Physician Interviews

Impact: Improve community preparedness or resilience

Date: Mar 7, 2024

Activity: Conducted interviews with three doctors: (Dr. Chalasani, Dr. Loccoh, & Dr. Aly), and distributed information to others to increase their understanding of emergency specialists.

MRC Connection: The MRC's broad goal is to increase public health, by helping citizens learn about the work these doctors do (especially related to COVID-19 and other diseases) we can better help our community stay safe.



“Stop The Bleed” Training for Students

Impact: Improve community preparedness or resilience

Date: April 9th, 2024

Activity: The MRC came in to provide “Stop The Bleed” training for students for a school period at Olentangy High School and provided certifications.

HOSA/MRC Interaction: the MRC has encouraged us to improve community preparedness so more people are educated to be ready during emergencies



Train or Exercise to Improve Community Response Capability



Tiktoks for Emergency Preparedness

Impact: Train or Exercise to Improve Community Response Capability

Date: March 26, 2024

Activity: As TikTok is one of the most heavily used mediums of social media amongst students, we used this platform to make videos related to disease prevention and health.

HOSA/MRC Partnership Interaction: Our advisor encouraged to improve a broader community emergency capability response.

Medical Office Shadowing

Impact: Train or exercise to improve community response capability

Date: Dec 29, 2023

Activity: We chose to shadow at different medical facilities including a dental clinic and an Oral surgery office where we learned about ways to prevent blood-borne pathogens from spreading.

HOSA/MRC Interaction: The Delaware MRC encouraged and assisted us in reaching out to medical facilities in our local area to help us learn about public health and disease prevention strategies.



Support an Emergency Response

Collaboration with Team Impact



Impact: Support an Emergency Response

Activity: We did a partnership with a local non-profit known as Team Impact, in which we volunteered at the Common Ground free store and served food to people in the homeless population.

HOSA/MRC Interaction: By working with Team Impact and Common Ground, we were able to help members of our community.

Tornado Gratitude Letters

Impact: Support an emergency response

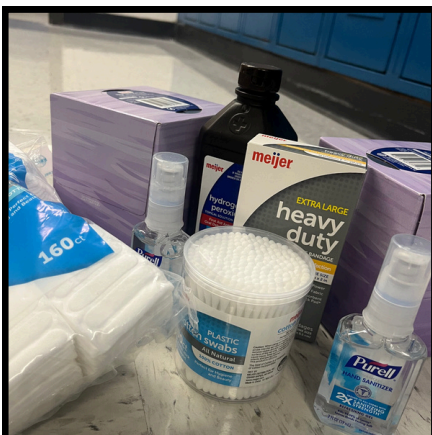
Activity: Hosted a gratitude letter-making event to thank the Olentangy faculty for their rapid response to the tornado that tarnished Olentangy schools on March 15, 2024.

Date: March 22nd, 2024

HOSA/MRC Partnership Interaction: Our MRC advisor encouraged us to host the event to appreciate the emergency response capabilities of Olentangy faculty.



First Aid Drive



Impact: Serve a vulnerable population

Date: March 18th-22nd, 2024

Activity: We hosted a first aid drive at our school and gathered around 4 boxes worth of supplies that we donated to old age homes for more supplies they can utilize during a time of emergency.

HOSA/MRC Partnership Interaction: MRC wants to provide the public with information and different utilities to ensure public safety and security.