

## **HOSA Mini Lesson: Communication**

### **Objectives:**

Upon completion of this lesson, students will have sufficient knowledge of, and be able to:

1. define communication.
2. illustrate the communication process.
3. outline the possible barriers in communication process.
4. propose methods to decrease communication barriers in healthcare.
5. describe the ways to increase cultural competence.
6. construct a speech on Powered by People.
7. Problem solve a communication issue in the healthcare setting.

### **Time:**

- Lecture on communication– one class period
- Construct speech – one and half class periods
- Problem solving activity – one class period

### **Materials:**

- Internet access
- HOSA – Future Health Professionals Competitive Events Guidelines

### **Instruction:**

1. Share PowerPoint on Communication (19.56 minute video)
2. Write speech on “Powered by People”.
3. Problem solving activity.

### **Assessment:**

1. Speech evaluated using Prepared Speaking Guidelines.
2. Problem solving activity solution evaluated using Creative Problem Solving Guidelines.

### **Standards:**

NCHSE

- 2.1.1 Model verbal and nonverbal therapeutic communication.
- 2.1.2 Identify common barriers to communication.
- 2.1.4 Interpret elements of communication using sender-message-receiver feedback model.
- 2.1.5 Modify communication to meet the needs of the patient/client and be appropriate to the situation
- 2.1.6 Describe appropriate interactions with patients throughout various stages of psychosocial development.

For additional Curriculum Crosswalks see [CE Useful Tools](#)