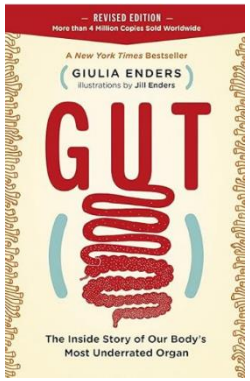
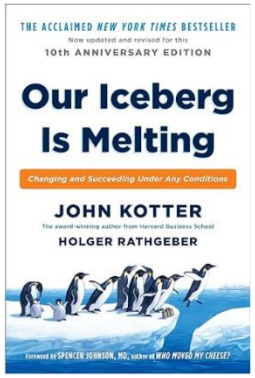
HOSA Medical Reading 2024-2025

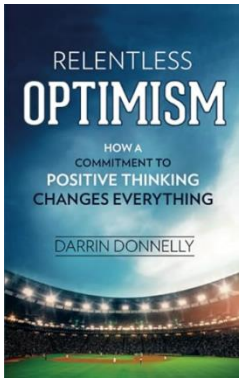
Middle School Division



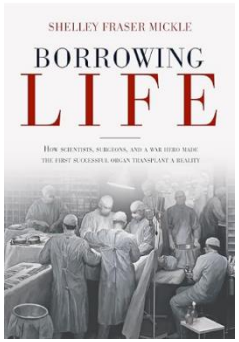
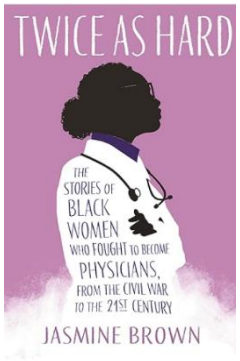
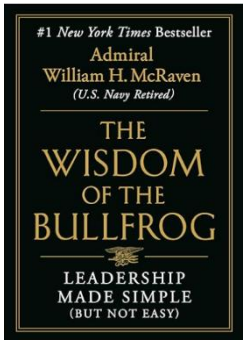
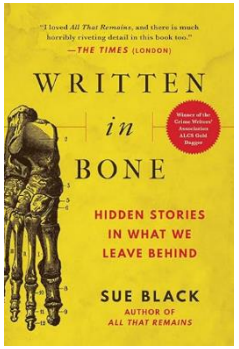
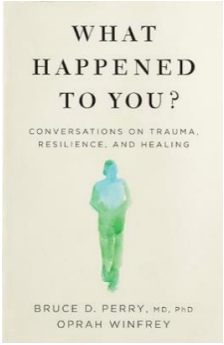
- ***Gut: The Inside Story of Our Body's Most Underrated Organ*** by Giulia and Jill Enders

- ***Our Iceberg is Melting*** by John Kotter and Holger Rathgeber





- ***Relentless Optimism: How a Commitment to Positive Thinking Changes Everything*** by Darrin Donnelly

Secondary/Postsecondary Collegiate Divisions

- ***Borrowing Life: How Scientists, Surgeons, and a War Hero Made the First Successful Organ Transplant a Reality*** by Shelley Fraser Mickle
- ***Twice as Hard: The Stories of Black Women Who Fought to Become Physicians, from the Civil War to the 21st Century*** by Jasmine Brown
- ***What Happened to You?: Conversations on Trauma, Resilience, and Healing*** by Oprah Winfrey and Bruce D. Perry
- ***Written in Bone: Hidden Stories in What We Leave Behind*** by Sue Black
- ***The Wisdom of the Bullfrog: Leadership Made Simple (But Not Easy)*** by Admiral William H. McRaven