HOSAMedical Reading History

2024-2025
Postsecondary / Collegiate and Secondary Divisions

- **Borrowing Life: How Scientists, Surgeons, and a War Hero Made the First Successful Organ Transplant a Reality** by Shelley Fraser Mickle
- **Twice as Hard: The Stories of Black Women Who Fought to Become Physicians, from the Civil War to the 21st Century** by Jasmine Brown
- **What Happened to You?: Conversations on Trauma, Resilience, and Healing** by Oprah Winfrey and Bruce D. Perry
- **Written in Bone: Hidden Stories in What We Leave Behind** by Sue Black
- **The Wisdom of the Bullfrog: Leadership Made Simple (But Not Easy)** by Admiral William H. McRaven

Middle School Division

- **Gut: The Inside Story of Our Body’s Most Underrated Organ** by Giulia and Jill Enders
- **Our Iceberg is Melting** by John Kotter and Holger Rathgeber
- **Relentless Optimism: How a Commitment to Positive Thinking Changes Everything** by Darrin Donnelly

2023-2024
Postsecondary / Collegiate and Secondary Divisions

- **How the Other Half Eats: The Untold Story of Food and Inequality in America** by Priya Fielding-Singh
- **A Molecule Away From Madness: Tales of the Hijacked Brain** by Sarah Manning Peskin
- **The Facemaker: A Visionary Surgeons’ Battle to Mend the Disfigured Soldiers of World War I** by Lindsey Fitzharris
- **All That Moves Us: A Pediatric Neurosurgeon, His Young Patients and Their Stories of Grace** by Jay Wellons
- **Wonder Drug: 7 Scientifically Ways That Serving Others Is the Best Medicine for Yourself** by Stephen Trzeciak, MD & Anthony Mazzarelli, MD

Middle School Division

- **On Fire: The 7 Choices to Ignite a Radically Inspired Life** by John O’Leary
- **Don’t Kill the Birthday Girl: Tales from an Allergic Life** by Sandra Beasley
- **All That Moves Us: A Pediatric Neurosurgeon, His Young Patients and Their Stories of Grace** by Jay Wellons

2022-2023
Postsecondary / Collegiate and Secondary Divisions

- **Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones** by James Clear
- **Every Deep-Drawn Breath: A Critical Care Doctor on Healing, Recovery, and Transforming Medicine in the ICU** by Wes Ely, MD
- **A Good Time to Be Born: How Science and Public Health Gave Children a Future** by Perri Klass
- **The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and Women to Medicine** by Janice Nimura

Updated 7.12.24
• The Kissing Bug: A True Story of a Family, an Insect, and Nation’s Neglect of a Deadly Disease by Daisy Hernandez

Middle School Division
• Seven Signs of Life: Unforgettable Signs from an Intensive Care Doctor by Aoife Abbey
• You’re Going to Die! My Journey to Survive by Jesse Campbell
• Student Leadership Challenge: Five Practices for Becoming an Exemplary Leader by James Kouzes and Barry Posner

2021-2022
Postsecondary / Collegiate and Secondary Divisions
• The Poisoner’s Handbook: Murder and the Birth of Forensic Medicine in Jazz Age New York by Deborah Blum
• What Patients Say, What Doctors Hear by Danielle Ofri, MD
• Chasing My Cure: A Doctor’s Race to Turn Hope into Action by David Fajgenbaum
• Why We Get Sick: The Hidden Epidemic at the Root of Most Chronic Disease – and How to Fight It by Benjamin Bikman
• Teen Leadership Revolution: How Ordinary Teens Become Extraordinary Leaders by Tom Thelen

Middle School Division
• Chasing My Cure: A Doctor’s Race to Turn Hope into Action by David Fajgenbaum
• Small Acts of Leadership: 12 Intentional Behaviors That Lead to Big Impact by G. Shawn Hunter
• Being Mortal: Medicine and What Matters in the End by Atul Gawande

2020-2021
Postsecondary and Collegiate and Secondary Divisions
• Identity Leadership: To Lead Others You Must First Lead Yourself by Stedman Graham
• The Magic Feather: The Science of Alternative Medicine & The Surprising Power of Belief by Melanie Warner
• The Real Grey’s Anatomy: A Behind the Scenes Look at the Real Lives of Surgical Residents by Andrew Holtz
• Epic Measures: One Doctor, 7 Billion Patients by Jeremy Smith
• Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference by Anthony Mazzarelli & Stephen Trzeciak

Middle School Division
• Make Your Bed: Little Things that Can Change Your Life…and Maybe the World by Admiral William H. McRaven
• The Germ Freaks Guide to Outwitting Colds & Flu: Guerilla Tactics to Keep Yourself Healthy at Home, at Work, and in the World by Allison Janse & Charles Gerba
• Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference by Anthony Mazzarelli & Stephen Trzeciak

Updated 7.12.24
2019-2020
Postsecondary / Collegiate and Secondary Divisions
- Spark: The Revolutionary New Science of Exercise and the Brain by John J Ratey
- The Radium Girls: The Dark Story of America’s Shining Women by Kate Moore
- Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon by Alfredo Quinones-Hinojosa MD
- The Poison Squad: One Chemist’s Single-Minded Crusade for Food Safety at the Turn of the Twentieth Century by Deborah Blum
- Grit: The Power of Passion and Perseverance by Angela Duckworth

Middle School Division
- Josie’s Story: A Mother’s Inspiring Crusade to Make Medical Care Safe by Sorrel King
- Don’t Kill the Birthday Girl: Tales from an Allergic Life by Sandra Beasley
- Small Steps: The Year I Got Polio by Peg Kehret

2018-2019
Postsecondary / Collegiate and Secondary Divisions
- Leadership and Self-Deception: Getting out of the Box by The Arbinger Institute
- In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope by Rana Awdish
- Internal Medicine: A Doctor’s Stories by Terrance Holt
- The Book of Blood: From Legends and Leeches to Vampires and Veins by HP Newquist
- Complications: A Surgeon’s Notes on an Imperfect Science by Atul Gawande

Middle School Division
- The Book of Blood: From Legends and Leeches to Vampires and Veins by HP Newquist
- Making Rounds with Oscar: The Extraordinary Gift of an Ordinary Cat by David Dosa, M.D.
- Throwaway Players by Gay Culverhouse

2017-2018
PSC & SS
- Into the Magic Shop by James Doty, MD
- Idiot Brain by Dean Burnett
- The Happiness Advantage by Shawn Achor
- Bubonic Panic by Gail Jarrow
- Losing Face by Kathie Torpie

MS
- Every Patient Tells a Story by Lisa Sanders
- Wonder by RJ Palacio
- The Deadly Dinner Party by Jonathan Edlow

2016-17
PS/C & SS
- Wonder by Raquel Palacio
- Dr. Mutter’s Marvels by Cristin O’Keefe Aptowicz

Updated 7.12.24
• Extreme Medicine by Dr. Kevin Fong
• The Man Who Touched His Own Heart by Rob Dunn
• The Secret: What Great Leaders Know & Do by Ken Blanchard & Mark Miller

2015-16
• Josie’s Story by Sorrel King
• Being Mortal by Atul Gawande
• Dentist Goes Animal by David Fagan
• The Woman Who Knew Too Much by Gayle Greene
• Taking People with You by David Novak

2014-15
• Living and Dying in Brick City by Sampson Davis, MD
• What Every Body is Saying by Joe Navarro
• How They Croaked by Georgia Bragg
• The Running Dream by Wendelin Van Draanen
• Throwaway Players by Gay Culverhouse

2013-14
• Fragile Beginnings: Discoveries and Triumphs in the Newborn ICU by Adam Wolfberg, MD
• The Pact: Three Young Men Make a Promise and Fulfill a Dream by Sampson Davis, George Jenkins, Rameck Hunt, and Lisa Frazier Page
• Making Rounds with Oscar: The Extraordinary Gift of an Ordinary Cat by David Dosa
• What Ails the White House: An Introduction to the Medical History of the American Presidency by Jay W. Murphy, MD
• Lessons From the Mouse: A Guide For Applying Disney World's Secrets of Success to Your Organization, Your Career, and Your Life by Dennis Snow

2012-13
• Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School by John Medina
• The Third Wave: A Volunteer Story by Alison Thompson
• Don't Kill the Birthday Girl: Tales from an Allergic Life by Sandra Beasley
• The End of Illness by David B. Agus, M.D.
• The Deadly Dinner Party: and Other Medical Detective Stories by Dr. Jonathan A. Edlow

Updated 7.12.24
2011-12

- *Breakthrough!: How the 10 Greatest Discoveries in Medicine Saved Millions and Changed Our View of the World* by Jon Queijo
- *The Blue Death: The Intriguing Past and Present Danger of the Water You Drink* by Robert D. Morris
- *The Checklist Manifesto: How to Get Things Right* by Atul Gawande
- *Every Patient Tells a Story: Medical Mysteries and the Art of Diagnosis* by Lisa Sander
- *Diagnoses from the Dead: The Book of Autopsy* by Richard Prayson
- *Body of Work: Meditations on Mortality from the Human Anatomy Lab* by Christine Montross

2010-2011

- *Dr. Fisher’s Life on the Ark: Green Alligators, Bushman, and Other “Hare-Raising” Tales (Hardcover)* by Lester E. Fisher, June 2004.
- *Cheating Death* (Hardcover) by Sanjay Gupta, MD, October 2009.

2009-2010

- *Better: A Surgeon’s Notes on Performance* by Atul Gawande
- *Final Exam: A Surgeon’s Reflections on Mortality* by Pauline W. Chen
- *Dark Remedy: The Impact of Thalidomide and Its Revival as a Vital Medicine* by Trent Stephens and Rock Bryner
- *The Last Lecture* by Randy Pausch

2008-2009

- *The Scalpel and the Silver Bear* by Lori Alvord and Elizabeth Cohen Van Pelt,
- *Caring for Patients from Different Cultures* by Geri-Ann Galanti
- *Small Steps: The Year I Got Polio* by Peg Kehret
- *Body of Work: Meditations on Mortality from the Human Anatomy Lab* by Christine Montross

2007-2008

• **Water With Lemon:** An Inspiring Story of Diet-free, Guilt-free Weight Loss! (Paperback) by [Zonya Foco](#) and [Stephen Moss](#), January 2007.

• **A Cup of Comfort for Nurses: Stories of Caring And Compassion** (Paperback) by Colleen Sell, March 2006.

• **A Random Act:** An Inspiring True Story of Fighting to Survive and Choosing to Forgive (Paperback) by [Cindi Broaddus](#) and [Kimberly Lohman Suiters](#), March 2006.

• **Final Gifts:** Understanding the Special Awareness, Needs, and Communications of the Dying (Paperback) by Maggie Callanan and Patricia Kelley, February 1997.

2006-2007


• **The First Woman Doctor** by [Rachel Baker](#), Scholastic Paperbacks; Reissue edition (October 1, 1987)

• **The Cruelest Miles** by [Gay Salisbury](#), [Lane Salisbury](#), W. W. Norton & Company; Reprint edition February 7, 2005.


2005-2006

• **Not Fade Away** by [Laurence Shames](#) and [Peter Barton](#), 2004.

• **The Woman with a Worm in her Head: and other True Stories** by [F. Gonzalez-Crussi](#) (Foreword), [Pamela Nagami](#), 2002.

• **Second Opinions** by [Jerome, M.D. Groopman](#), 2001.

• **Sam: The Boy Behind the Mask** by Tom Hallman, 2003.

• **My Pocket Mentor** by [Sandra Gaviola](#), 2004.

2004-2005

• **Complications: A Surgeon’s Notes on an Imperfect Science** by Atwul Gawande

• **Dark Remedy** by Trent Stephens

• **The Traveler’s Gift: Seven Decisions That Determine Personal Success** by [Andy Andrews](#)

• **Dead Men Don’t Tell Tales: The Strange and Fascinating Cases of a Forensic Anthropologist** by [Michael Browning](#), [William R. Maples](#)

• **Power Sleep** by [James B. Maas](#)

Updated 7.12.24
2003-2004

- Crichton, Michael. *Five Patients: The Hospital Explained*. Bt Bound; (May 2000)
- Carson, Ben. *Gifted Hands*. Zondervan; (December 8, 1996)

2002-2003


2002 - 2001


2000-2001

- Gottlieb. *Stick Figure*. Simon & Schuster.

1999-2000


Updated 7.12.24
- Fink, Carolyn Parnall. *On Duty*.
- Galanti, Geri Ann. *Caring for Patients from Different Cultures*, UPA Press.

**1998 – 1999 (Pilot)**
- Epstein, Fred J. *Gifts of Time*.
- Belkin, Lisa. *First, Do No Harm*.