

HOSA Mini Lesson: Handwashing

Objectives:

Upon completion of this lesson, students will have sufficient knowledge of, and be able to:

1. identify what the Center for Disease Control and Prevention what you need to know about handwashing.
2. list the steps identified by the World Health Organization on how to wash your hands.
3. demonstrate appropriate handwashing.
4. evaluate the impact of handwashing on patient outcomes.

Time:

- Lecture on handwashing– $\frac{1}{4}$ of class period
- Demonstrate of handwashing – $\frac{1}{2}$ of class period
- Explore impact of handwashing in health care settings - $\frac{1}{4}$ of class period.

Materials:

- Internet access
- HOSA – Future Health Professionals Competitive Events Guidelines
- CDC website Clean Hands Count for Safe Healthcare - <https://www.cdc.gov/patientsafety/features/clean-hands-count.html>

Instruction:

1. Share PowerPoint on Handwashing (4:47 minute video)
2. Demonstrate hand washing using HOSA handwashing rubric.
3. Explore the CDC website regarding handwashing & patient safety.

Assessment:

1. Handwashing demonstration.

Standards:

NCHSE

7.1.2 Differentiate methods of controlling the spread and growth of pathogens.

For additional Curriculum Crosswalks see [CE Useful Tools](#)