



HOSA Mini Lesson: Health Career Exploration

Updated 8.7.23

Objectives:

Upon completion of this lesson, students will have sufficient knowledge of, and be able to:

1. discuss the five pathways in health careers.
2. distinguish between the roles of professionals in different pathways.
3. identify one profession in the health careers they would be interested in pursuing.
4. propose one competitive event for participation and develop an outline of how they would prepare.
5. prepare a competitive event sample on a selected health career.

Time:

- Pathways and exploration of careers.– one class period
- Explore competitive events related to health careers and outline how they would prepare.– one class period
- Competitive Event Sample – two - three class periods

Materials:

- Internet access
- HOSA – Future Health Professionals Competitive Events Guidelines

Instruction:

1. Share PowerPoint on Health Careers (7:05 minute video)
2. Research careers and identify one of most interest.
[GREAT NEW WEBSITE TO EXPLORE PRINCETON EDU EXPLORE CAREERS](#)
Example: 12:00 min [video on Biomedical Engineering](#) Linked in PPT
3. Explore HOSA - Future Health Professionals Competitive Events Guidelines.
4. Develop an outline of how they would prepare for the event.
5. Teacher may determine one event related to health careers to assign class.

Assessment:

1. Outline of preparation for selected health career.
2. Teacher assigned project for health career.

Standards:

NCHSE

- 4.3.1 Research levels of education, credentialing requirements, and employment trends in health professions.
- 4.3.2 Distinguish differences among careers within a health science pathway. • Biotechnology research and development • Diagnostic services • Health informatics • Support services • Therapeutic services

For additional Curriculum Crosswalks see [CE Useful Tools](#)