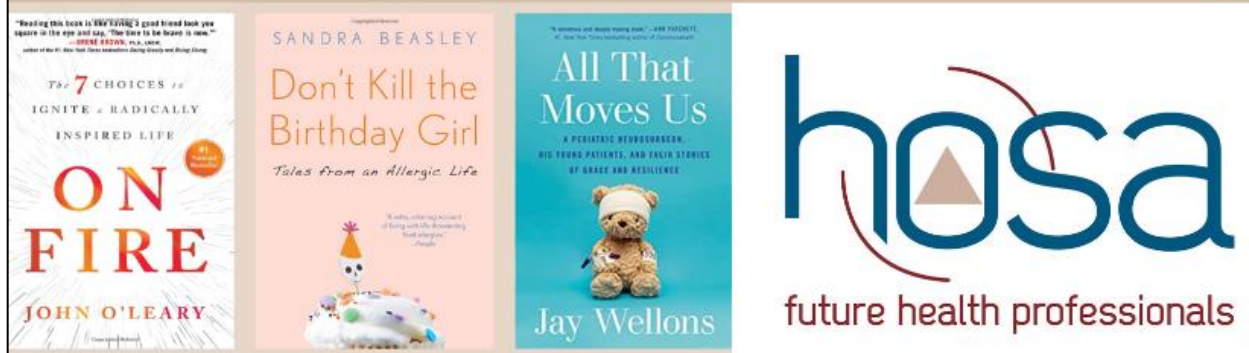


Foundations of Medical Reading



New for 2023 – 2024

These guidelines are written for ILC. States may modify events or have different event processes and deadlines. Be sure to check with your Local/State Advisor (or state website) to determine how the event is implemented for the regional/area or state conference. Editorial updates have been made.

Event Summary

Foundations of Medical Reading provides **Middle School HOSA** members with the opportunity to improve their reading comprehension and understanding of special topics related to leadership development and the health community. This competitive event shall be a written test consisting of information and knowledge gained from reading the selected books each year. Competitors will apply, analyze, synthesize and/or evaluate the reading material in a multiple-choice test with one tie-breaker essay question. This event aims to inspire members to be proactive future health professionals and utilize the knowledge gained from reading medical and leadership books.

Dress Code

Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for [proper dress](#).

Competitors Must Provide:

- ☐ [Photo ID](#)
- ☐ Two #2 lead pencils (not mechanical) with eraser

General Rules

1. Competitors in this event must be active members of HOSA-Future Health Professionals in good Standing.
2. **Eligible Division:** Middle School ONLY (in grades 6-8 during the 2023 -2024 school year) are eligible to compete in this event.
3. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the HOSA Competitive Events Program \(GRR\)](#)."
 - A. Per the [GRRs](#) and [Appendix H](#), HOSA members may request accommodation in any competitive event. To learn the definition of an accommodation, please read [Appendix H](#). To request accommodation for the International Leadership Conference, [submit the request form here](#) by May 15 at midnight EST.

- B. To request accommodation for any regional/area or state level conferences, submit the request form [here](#) by your state published deadline. Accommodations must first be done at state in order to be considered for ILC.
4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's [photo ID](#) must be presented prior to ALL competition rounds.
5. The books for the year will be selected by the National Competitive Events program staff and will relate to Health Science Education curriculum competencies.

Official References

6. **Middle School** competitors will read the following three books for 2023-2024:
- [On Fire: The 7 Choices to Ignite a Radically Inspired Life](#) by John O'Leary
 - [All that Moves Us: A Pediatric Neurosurgeon, His Young Patients, and Their Stories of Grace and Resilience](#) by Jay Wellons
 - [Don't Kill the Birthday Girl: Tales from an Allergic Life](#) by Sandra Beasley

The Test

7. The event is a 45-question, multiple-choice test (15 questions per book) and one (1) tiebreaker question.
8. There will be a **60 minute** time limit. No study lists will be provided.
9. [Test Instructions](#): The competitors will be given instructions and will be notified to start the test. There will be a maximum of 60 minutes to complete the test.
10. **Time Remaining Announcements**: There will be NO verbal announcements for time remaining during ILC testing. All ILC testing will be completed in the Testing Center and competitors are responsible for monitoring their own time.
11. **Sample Test Questions** (*Samples are from a previous year*)

The Book of Blood

1. What is a group of cells that work together to perform a specific function?
 - A. Organelles
 - B. Molecules
 - C. Tissues**
 - D. Systems
2. Which doctor took care of the gladiators, helping him to study anatomy?
 - A. William Harvey
 - B. Claudius Galen**
 - C. Herophilus
 - D. da Vinci
3. What is the medical term for blood poisoning caused by bacteria?
 - A. Septicemia**
 - B. Hemorrhage
 - C. Shock
 - D. Toxidermitis

Final Scoring

12. The competitor should write their answer to the tie-breaker essay question on the tie-breaker page of the test that remains attached to the original test.
13. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.