

# Cultural Diversity & Disparities in Healthcare



## New for 2023 – 2024

The Spector text has been retired. Two new resources have been added. The test plan has been updated. Editorial updates have been made. These guidelines are written for ILC. States may modify events or have different event processes and deadlines. Be sure to check with your Local/State Advisor (or state website) to determine how the event is implemented for the regional/area or state conference.

## Event Summary

Cultural Diversity & Disparities in Healthcare provides members with the opportunity to gain knowledge and skills regarding cultural competence in the promotion of better health. This competitive event consists of a written test with a tiebreaker essay question. This event aims to inspire members to learn about cultural diversity, identify disparities in healthcare, and understand cultural differences.

## Dress Code

Competitors must be in official HOSA uniform or proper business attire. Bonus points will be awarded for [proper dress](#).

### Competitor Must Provide:

- ☐ [Photo ID](#)
- ☐ Two #2 lead pencils (not mechanical) with eraser

## General Rules

1. Competitors in this event must be active members of HOSA-Future Health Professionals and in good standing.
2. **Eligible Divisions:** Secondary and Postsecondary/Collegiate divisions are eligible to compete in this event.
3. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the HOSA Competitive Events Program \(GRR\)](#)."
  - A. Per the [GRRs](#) and [Appendix H](#), HOSA members may request accommodation in any competitive event. To learn the definition of an accommodation, please read [Appendix H](#). To request accommodation for the International Leadership Conference, [submit the request form here](#) by May 15 at midnight EST.
  - B. To request accommodation for any regional/area or state level conferences, submit the request form [here](#) by your state published deadline. Accommodations must first be done at state in order to be considered for ILC.
4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's [photo ID](#) must be presented prior to ALL competition rounds.

## Official References

5. All official references are used in the development of the written test.
6. [Barr, Donald A. \*Health Disparities in the US\*. Johns Hopkins University Press. Latest edition.](#)
7. [Our World in Data website](#)
8. National Institute of Minority Health & Disparities: <https://www.nimhd.nih.gov/about/overview/>
9. World Health Organization (2023). Health Equity. [https://www.who.int/health-topics/health-equity#tab=tab\\_1](https://www.who.int/health-topics/health-equity#tab=tab_1)

## Written Test

10. [Test Instructions](#): The written test will consist of 100 multiple choice items in a maximum of 90 minutes.
11. **Time Remaining Announcements**: There will be NO verbal announcements for time remaining during ILC testing. All ILC testing will be completed in the Testing Center and competitors are responsible for monitoring their own time.
12. One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.
13. The test plan and resources for Cultural Diversity and Disparities in Healthcare are:
  - What is Health..... 20%
  - Health Disparities & Diversity..... 40%
  - Disparities in Treatment & Medical Decisions..... 20%
  - Reducing Health Disparities..... 20%
14. **Sample Test Questions**
  1. Which state had the greatest economic burden due to health disparities based on educational level? <https://www.nimhd.nih.gov/about/overview/>
    - A. Texas
    - B. Florida
    - C. South Carolina**
    - D. Alaska
  2. According to 2016-2017 OECD data, which of the following countries has the lowest infant mortality rate? (Barr pp 3)
    - A. United States
    - B. Japan**
    - C. Switzerland
    - D. Canada
  3. According to the WHO, how many years could be added to a person's life expectancy if primary care interventions were increased in low and middle income countries?  
[https://www.who.int/health-topics/health-equity#tab=tab\\_1](https://www.who.int/health-topics/health-equity#tab=tab_1)
    - A. 2.4 years
    - B. 2.7 years
    - C. 3.4 years
    - D. 3.7 years**

## FINAL RANKING

15. The competitor should write their answer to the tie-breaker essay question on the tie- breaker page of the test that remains attached to the original test
16. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.