New for 2022 – 2023
There will be NO verbal announcements during testing.

Event Summary
Medical Reading provides Secondary and Postsecondary/Collegiate members with the opportunity to improve their reading comprehension and understanding of special topics related to leadership development and the health community. This competitive event shall be a written test consisting of information and knowledge gained from reading the selected books for the current year. Competitors will apply, analyze, synthesize and/or evaluate the reading material in a multiple choice test and one tiebreaker essay question. This event aims to inspire members to be proactive future health professionals and apply the knowledge gained from reading medical and leadership books.

Dress Code
Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for proper dress.

Competitors Must Provide:
- Photo ID
- Two #2 lead pencils (not mechanical) with eraser

General Rules
1. Competitors in this event must be active members of HOSA-Future Health Professionals and in good standing.

2. **Eligible Divisions:** Secondary and Postsecondary/Collegiate divisions are eligible to compete in this event.

3. Competitors must be familiar with and adhere to the “General Rules and Regulations of the HOSA Competitive Events Program (GRR).”
   - Per the GRRs #11 and Appendix H, HOSA members may request accommodation in any competitive event. To learn the definition of an accommodation, please read Appendix H. To request accommodation for the International Leadership Conference, submit the request form here by May 15 at midnight EST.
   - To request accommodation for any regional/state level conferences, please work with your local and state advisor directly. Accommodations must first be done at state in order to be considered for ILC.
4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor’s photo ID must be presented prior to ALL competition rounds.

5. The books for the year will be selected by the HOSA Medical Reading Selection Committee and will relate to Health Science Education curriculum competencies.

Official References
6. Secondary & Postsecondary/Collegiate competitors will read the following five books:
   - Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones by James Clear
   - Every Deep-Drawn Breath: A Critical Care Doctor on Healing, Recovery, and Transforming Medicine in the ICU by Wes Ely, MD
   - A Good Time to Be Born: How Science and Public Health Gave Children a Future also published under the title: The Best Medicine: How Science and Public Health Gave Children a Future by Perri Klass
   - The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and Women to Medicine by Janice Nimura
   - The Kissing Bug: A True Story of a Family, an Insect, and Nation’s Neglect of a Deadly Disease by Daisy Hernandez

7. Test Instructions: The written test will consist of 50 multiple choice items (10 questions per book) in a maximum of 60 minutes.

8. Time Remaining Announcements: There will be NO verbal announcements for time remaining during ILC testing. All ILC testing will be completed in the Testing Center and competitors are responsible for monitoring their own time.

9. Sample Test Questions (Samples are from a previous year)
   Radium Girls
   1. The symptoms of radium poisoning are very similar to poisoning from which other chemical? (pp 21)
      A. Bromine  
      B. Carbon  
      C. Lead  
      D. Phosphorus
   2. What was the nickname given to the girls who shined at night from the radium powder? (pp 44)
      A. Ghost girls  
      B. Shimmering girls  
      C. Radiant girls  
      D. Lustrous girls
   3. How did Mollie Maggia die? (pp 39)
      A. Increased blood volume due to increased number of red cells
      B. Hemorrhaging from the jugular vein  
      C. Bone necrosis and bone cancer  
      D. Breast cancer with metastasis to the brain

Final Scoring
10. The competitor should write his/her answer to the tiebreaker essay question on the tiebreaker page of the test that remains attached to the original test.

11. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.