**HOSA Mini Lesson: Good Oral Health = Good Overall Health**

*Objectives:*

Upon completion of this lesson, students will have sufficient knowledge of, and be able to:

1. identify the percentage of people that sought dental care in 2016.
2. list the health factors that have been associated with poor oral health.
3. Develop a public health presentation for preschoolers on oral health.

*Time:*

* PowerPoint – 10 minutes
* Article & questions – 30 minutes
* Public Health Presentation – (1-2 class periods)

*Materials:*

* PowerPoint
* internet access
* article: <https://www.nature.com/articles/s41598-018-26789-4>
* Public Health guidelines <https://hosa.org/guidelines/> for 2021-2022

*Instruction:*

1. Share PowerPoint
2. Research article and questions
3. Public health presentation

*Assessment:*

1. Questions for article

2. Public health presentation

*Standards:*

NCHSE

1.2.1 Describe etiology, pathology, diagnosis, treatment, and prevention of common diseases and disorders, including, but not limited to the following:

• Arthritis

• Asthma

• Cancer

• Cataracts

• Concussion / Traumatic Brain Injury (TBI)

• Cystic fibrosis

• Diabetes mellitus

• Dementia

• Gastric ulcer

• Hepatitis

• Hypertension

• Melanoma

• Muscular Dystrophy

• Myocardial Infarction

• Sexually Transmitted Infection (STI)

• Stroke / Cerebrovascular Accident (CVA)

• Tuberculosis

• Urinary Tract Infection (UTI)

2.1.5 Modify communication to meet the needs of the patient/client and be appropriate to the situation.

9.1.3 Describe strategies for prevention of disease.

• Community health education outreach programs

• Immunizations

• Medical, dental, and mental health screenings

• Routine physical exams

• Stress management

*For additional Curriculum Crosswalks see* [*CE Useful Tools*](http://hosa.org/CEUsefulTools)