**HOSA Mini Lesson: Communication**

*Objectives:*

Upon completion of this lesson, students will have sufficient knowledge of, and be able to:

1. define communication.
2. illustrate the communication process.
3. outline the possible barriers in communication process.
4. propose methods to decrease communication barriers in healthcare.
5. describe the ways to increase cultural competence.
6. compile information on religion, rituals or health and illness and one assigned culture.
7. construct a speech on Shatter Your Expectations.
8. Problem solve a communication issue in the healthcare setting.

*Time:*

* Lecture on communication– one class period
* Compile information on assigned culture- Two class periods
* Construct speech – one and half class periods
* Problem solving activity – one class period

*Materials:*

* Internet access
* HOSA – Future Health Professionals Competitive Events Guidelines

*Instruction:*

1. Share PowerPoint on Communication (19.56 minute video)
2. Work in group to share information with peers on assigned culture.
3. Write speech on “Beyond All Limits”.
4. Problem solving activity.

*Assessment:*

1. Presentation to peers on assigned culture project for health career.
2. Speech evaluated using Prepared Speaking Guidelines.
3. Problem solving activity solution evaluated using Creative Problem Solving Guidelines.

*Standards:*

NCHSE  
2.1.1 Model verbal and nonverbal therapeutic communication.

2.1.2 Identify common barriers to communication.

2.1.4 Interpret elements of communication using sender-message-receiver feedback model.

2.1.5 Modify communication to meet the needs of the patient/client and be appropriate to the

situation

2.1.6 Describe appropriate interactions with patients throughout various stages of psychosocial

development.

*For additional Curriculum Crosswalks see* [*CE Useful Tools*](http://hosa.org/CEUsefulTools)