DO YOU HAVE WHAT IT TAKES?

It's unlike any other health career you'll ever find. Put on the uniform of a U.S. Public Health Service (USPHS) Commissioned Corps officer, and you'll join an elite team of professionals who protect, promote, and improve the health and safety of our nation.

From within our ranks as a physician, nurse, dentist, pharmacist, therapist, mental health provider, and other health care professionals, you'll support state-of-the-art health care to underserved populations, guard Americans from emerging diseases and other biological threats, respond to public health emergencies in the U.S. and abroad, and much more.

As you consider your future health career, ask yourself if you have what it takes to be an officer in the USPHS Commissioned Corps. Find out more about USPHS, mentoring, and other career opportunities at www.usphs.gov.

MAKE THE U.S. PUBLIC HEALTH SERVICE COMMISSIONED CORPS THE HIGHLIGHT OF YOUR CAREER.

www.usphs.gov  www.facebook.com/usphs
### Tuesday, June 21 (All times listed are CDT)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am – 12:00 am</td>
<td>Conference Hotel Shuttle</td>
<td>Magnolia Canopy</td>
</tr>
<tr>
<td>9:00 am – 5:00 pm</td>
<td>HOSA Headquarters</td>
<td>Delta D Registration Desk</td>
</tr>
<tr>
<td>9:00 am – 5:00 pm</td>
<td>Competitive Events Headquarters</td>
<td>Canal A</td>
</tr>
<tr>
<td>8:00 am – 5:00 pm</td>
<td>Expo Registration &amp; Set-up</td>
<td>Ryman Exhibit Hall C2 Reg Desk</td>
</tr>
<tr>
<td>9:30 am – 11:00 am</td>
<td>State Advisor Registration</td>
<td>Delta Ballroom A</td>
</tr>
<tr>
<td>1:00 pm – 4:00 pm</td>
<td>HOSA University 301: State Officers</td>
<td>Bayou E</td>
</tr>
<tr>
<td>6:00 pm – 8:00 pm</td>
<td>State Advisor Dinner</td>
<td>Delta Island C</td>
</tr>
<tr>
<td>6:00 pm – 8:00 pm</td>
<td>Executive Council Exam</td>
<td>Delta Island Boardroom</td>
</tr>
<tr>
<td>8:00 pm – 10:00 pm</td>
<td>Nominating Committee Meeting</td>
<td>Delta Island Boardroom</td>
</tr>
<tr>
<td>9:00 pm – 11:00 pm</td>
<td>State President’s Reception</td>
<td>Delta Island F</td>
</tr>
<tr>
<td>12:00 am</td>
<td>Curfew</td>
<td></td>
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</table>

### Wednesday, June 22

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:00 am – 12:00 am</td>
<td>Conference Hotel Shuttle</td>
<td>Magnolia Canopy</td>
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<tr>
<td>9:00 am – 5:00 pm</td>
<td>HOSA Headquarters</td>
<td>Delta D Registration Desk</td>
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<tr>
<td>9:00 am – 5:00 pm</td>
<td>Competitive Events Headquarters</td>
<td>Canal A</td>
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<tr>
<td>7:00 am – 1:00 pm</td>
<td>Executive Council Interviews</td>
<td>Delta Island Boardroom</td>
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<tr>
<td>8:00 am – 1:00 pm</td>
<td>Conference Registration</td>
<td>Delta Ballroom A</td>
</tr>
<tr>
<td>8:00 am – 9:00 am</td>
<td>New Advisor Coffee Talk</td>
<td>Delta Island E</td>
</tr>
<tr>
<td>9:00 am – 5:00 pm</td>
<td>HOSA Expo</td>
<td>Ryman Exhibit Hall B6</td>
</tr>
<tr>
<td>10:00 am – 1:00 pm</td>
<td>VIP Luncheon (Invitation only)</td>
<td>Delta Island E</td>
</tr>
<tr>
<td>12:00 pm – 2:00 pm</td>
<td>Nominating Committee Meeting</td>
<td>Delta Island Boardroom</td>
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<tr>
<td>1:00 pm – 4:00 pm</td>
<td>Voting Delegate Orientation</td>
<td>Presidential Ballroom D</td>
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<tr>
<td>1:30 pm – 2:30 pm</td>
<td>Local and State Advisors' Orientation</td>
<td>Presidential Ballroom A &amp; B</td>
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<td>3:00 pm – 4:00 pm</td>
<td>Courtesy Corps Meeting</td>
<td>Presidential Ballroom A &amp; B</td>
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<td>3:00 pm – 5:00 pm</td>
<td>HOSA-100 National Advisory Council Meeting</td>
<td>Delta Island B</td>
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<td>4:00 pm – 5:00 pm</td>
<td>Workshop Ambassador Meeting</td>
<td>Presidential Ballroom A &amp; B</td>
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<td>5:00 pm – 7:00 pm</td>
<td>VIP Sponsors and Scholarship Reception (Invitation only)</td>
<td>Presidential Ballroom C &amp; E</td>
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<td>7:30 pm – 9:30 pm</td>
<td>Opening Session</td>
<td>Ryman Exhibit Hall C</td>
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<td>7:30 pm – 9:30 pm</td>
<td>Tennessee Welcome</td>
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<td>7:30 pm – 9:30 pm</td>
<td>Tettybea Addo, State President</td>
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<tr>
<td>7:30 pm – 9:30 pm</td>
<td>Parade of Flags</td>
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<tr>
<td>7:30 pm – 9:30 pm</td>
<td>Scholarship and Special Award Recognition</td>
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<td>7:30 pm – 9:30 pm</td>
<td>Hall of Fame Recognition</td>
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<tr>
<td>10:00 pm – 12:00 am</td>
<td>Committee Meetings</td>
<td>Delta Island A</td>
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<td>12:30 am</td>
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### Thursday, June 23

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>5:30 am – 12:00 am</td>
<td>Conference Hotel Shuttle</td>
<td>Magnolia Canopy</td>
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<tr>
<td>10:30 am – 5:30 pm</td>
<td>Competitive Events Shuttle (By appointment)</td>
<td>Presidential Portico</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>Zumba</td>
<td>Presidential Lobby</td>
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<tr>
<td>7:30 am – 6:30 pm</td>
<td>HOSA Headquarters</td>
<td>Delta D Registration Desk</td>
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<tr>
<td>7:00 am – 9:00 pm</td>
<td>Competitive Events Headquarters</td>
<td>Canal A</td>
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<td>Thursday, continues...</td>
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</tbody>
</table>
...Thursday, continued

8:00 am – 3:00 pm Workshop Ambassador Check-in & Workshop Help Desk Washington A
8:00 am – 4:00 pm Educational Symposiums See Pages 26–50
9:00 am – 12:00 pm Meet the Candidates Breakfast & Forum Presidential Ballroom D
8:00 am – 11:00 am HOSA U 101: Members Presidential Ballroom A
8:00 am – 11:00 am HOSA U 201: Local Officers Presidential Ballroom B
9:00 am – 5:00 pm HOSA Expo Ryman Exhibit Hall B6
10:00 am – 11:00 am State Advisor Networking Meeting (State advisors only) Chairman's Hotel Suite
1:00 pm – 4:00 pm HOSA U 102: Advanced Leadership Presidential Ballroom A
1:00 pm – 4:00 pm HOSA U 100 Middle School Presidential Ballroom A
5:30 pm – 7:00 pm Candidate Speeches Forum Presidential Ballroom D
6:00 pm – 9:00 pm HOSA, Inc. Corporate Meeting Bayou A & B
9:00 pm – 11:00 pm Past HOSA, Inc Chair Reception (Invitation only) Chairman's Hotel Suite
10:00 pm – 12:00 am Committee Meetings Delta Island A
10:00 pm – 12:00 am Class of 2022 Party Presidential Ballroom C & E

12:30 am Curfew

Friday, June 24

5:30 am – 12:00 am Conference Hotel Shuttle Magnolia Canopy
6:00 am – 11:00 pm Competitive Events Shuttle (By appointment) Presidential Portico
8:00 am – 6:00 pm HOSA Headquarters Delta D Registration Desk
7:00 am – 6:00 pm Competitive Events Headquarters Canal A
7:00 am – 8:00 am Zumba Presidential Lobby
7:00 am – 4:00 pm Workshop Ambassador Check-in & Workshop Help Desk Washington A
9:00 am – 4:00 pm Educational Symposiums See Pages 26–50
8:00 am – 11:00 am HOSA U 101: Members Presidential Ballroom A
8:00 am – 11:00 am HOSA U 401: New Advisors Governor's Chamber D-E
8:30 am – 11:30 am Business Session Presidential Ballroom D
9:00 am – 2:00 pm HOSA Expo Ryman Exhibit Hall B6
1:00 pm – 3:00 pm State Advisor Networking Meeting (State advisors only) Chairman's Hotel Suite
1:00 pm – 4:00 pm HOSA U 102: Advanced Leadership Presidential Ballroom A
1:00 pm – 4:00 pm HOSA U 201: Local Officers Presidential Ballroom B
1:00 pm – 4:00 pm HOSA U 501: Advanced Advisors Governor's Chamber D-E
5:00 pm – 6:00 pm Alumni Reception Delta Island E
7:30 pm – 10:00 pm Recognition Session Ryman Exhibit Hall C
10:00 pm – 12:00 am Committee Meetings Delta Island A
10:00 pm – 12:00 am Hypnotist Show Delta Ballroom A

12:30 am Curfew

Saturday, June 25

3:00 pm – 1:00 am Conference Hotel Shuttle Magnolia Canopy
8:00 am – 9:30 am Executive Council Transition Breakfast Delta Island A
5:00 pm Grand Awards Session National Geographic Learning Academic Testing, Leadership & Teamwork Ryman Exhibit Hall C
8:15 pm Grand Awards Session Health Science, Health Professions & Emergency Preparedness Ryman Exhibit Hall C
10:00 pm – 12:00 am HOSA Grand Awards Dance Delta Ballroom
1:00 am Curfew
### Competitive Event Schedule

Competitive Events will be held at The Gaylord Opryland Hotel and Convention Center in addition to several offsite event locations for skill events by appointment.

<table>
<thead>
<tr>
<th>Event</th>
<th>Round One Event Personnel Meeting</th>
<th>Round One Competitor Check-in</th>
<th>Round Two Posting Time</th>
<th>Round Two Event Personnel Meeting</th>
<th>Round Two Appointment Times and Competitor Report Location</th>
<th>Additional Information</th>
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</thead>
<tbody>
<tr>
<td>Behavioral Health</td>
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<tr>
<td>Biomedical Debate</td>
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<td>Thursday, June 23 5:00 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 8:00 AM</td>
<td>Friday, June 24 9:30 AM - 10:30 AM By Appointment</td>
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<tr>
<td>Biomedical Laboratory Science</td>
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<td>Thursday, June 23 7:00 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 Bus Departs at 7:15 AM</td>
<td>Bus Departs at 8:30, 9:30 &amp; 10:30 AM</td>
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<tr>
<td>CERT Skills</td>
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<td>Thursday, June 23 2:00 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 1:00 PM</td>
<td>2:00 - 4:30 PM By Appointment</td>
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<tr>
<td>Clinical Nursing</td>
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<td>Thursday, June 23 6:00 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 Bus Departs at 7:15 AM</td>
<td>Bus Departs at 8:00, 9:00 &amp; 10:00 AM</td>
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<tr>
<td>Clinical Specialty</td>
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<td>Community Awareness</td>
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<tr>
<td>CPR/First Aid</td>
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<td>Thursday, June 23 6:30 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 8:00 AM</td>
<td>Friday, June 24 9:30 AM - 10:30 PM By Appointment</td>
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<tr>
<td>Creative Problem Solving</td>
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<td>Thursday, June 23 12:30 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 8:00 AM</td>
<td>Friday, June 24 9:30 AM - 10:30 PM By Appointment</td>
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<tr>
<td>Cultural Diversities and Disparities</td>
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<td>Friday, June 24 11:30 AM</td>
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<tr>
<td>Dental Science</td>
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<td>Thursday, June 23 1:30 PM</td>
<td>Thursday, June 23 11:00 PM</td>
<td>Friday, June 24 Bus Departs at 7:15 AM</td>
<td>Bus Departs at 8:30, 9:30 &amp; 10:30 AM</td>
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</tbody>
</table>
Competitive Events will be held at The Gaylord Opryland Hotel and Convention Center in addition to several offsite event locations for skill events by appointment.

<table>
<thead>
<tr>
<th>Event</th>
<th>Round One Event Personnel Meeting</th>
<th>Round One Competitor Check-in</th>
<th>Round Two Posting Time</th>
<th>Round Two Event Personnel Meeting</th>
<th>Round Two Appointment Times and Competitor Report Location</th>
<th>Additional Information</th>
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<tr>
<td>Dental Terminology</td>
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<td>Governor’s Ballroom North/South</td>
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<tr>
<td>Dynamic Decisions</td>
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<td>8:30 AM</td>
<td>Thursday, June 23</td>
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<td>via the HOSA App</td>
<td>1:00 PM</td>
<td>Thursday, June 23</td>
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<td>Delta Ballroom B</td>
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<td>Bus Departs at 8:30, 9:30 10:30 AM</td>
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<td>Governor’s Ballroom North/South</td>
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<td>Exploring Medical Innovation</td>
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<td>8:00 AM</td>
<td>Friday, June 24</td>
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<td></td>
<td>Delta Ballroom A</td>
<td>9:00 AM</td>
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<td>11:15 AM - 2:30 PM</td>
<td>2:30 - 2:45 PM Express Pickup Delta Ballroom A</td>
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<td>Extemporaneous Health Poster</td>
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<td>Bayou C &amp; D</td>
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<td></td>
<td>Bayou A &amp; B</td>
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<td>Family Medicine Physician</td>
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<td></td>
<td>Ryman Ballroom A</td>
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<td>Foundations of Medical Reading</td>
<td>Friday, June 24</td>
<td>Friday, June 24</td>
<td>8:00 AM</td>
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<td>Friday, June 24</td>
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<td>Foundations of Nutrition</td>
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<td>Friday, June 24</td>
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<td>Forensic Science</td>
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<td>Governor’s Ballroom North/South</td>
<td>via the HOSA App</td>
<td>Governor’s Chamber E</td>
<td>Governor’s Chamber E</td>
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<tr>
<td>Health Care Issues Exam</td>
<td>Wednesday, June 22</td>
<td>Wednesday, June 22</td>
<td>2:30 PM</td>
<td>Wednesday, June 22</td>
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<td></td>
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<td>3:30 - 5:00 PM</td>
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<td>Governor’s Ballroom North/South</td>
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**Competitive Events will be held at The Gaylord Opryland Hotel and Convention Center in addition to several offsite event locations for skill events by appointment.**

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<th>Round Two Posting Time</th>
<th>Round Two Event Personnel Meeting</th>
<th>Round Two Appointment Times and Competitor Report Location</th>
<th>Additional Information</th>
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<tbody>
<tr>
<td><strong>Health Career Display</strong></td>
<td>Thursday, June 23 8:00 AM</td>
<td>Thursday, June 23 9:00 AM</td>
<td>Thursday, June 23 10:30 AM</td>
<td>Thursday, June 23 11:15 AM - 1:30 PM</td>
<td>Thursday, June 23 1:30 PM - 4:15 PM Pick-up Displays</td>
<td>Delta Ballroom A</td>
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<tr>
<td><strong>Health Care Exploration</strong></td>
<td>-</td>
<td>Friday, June 24 2:30 PM</td>
<td>-</td>
<td>Friday, June 24 11:15 AM - 1:30 PM</td>
<td>Friday, June 24 1:30 PM - 4:15 PM Pick-up Displays</td>
<td>Delta Ballroom A</td>
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<tr>
<td><strong>Health Care Photography</strong></td>
<td>Friday, June 24 8:00 AM</td>
<td>Friday, June 24 9:00 AM</td>
<td>Friday, June 24 10:30 AM</td>
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Competitive Events will be held at The Gaylord Opryland Hotel and Convention Center in addition to several offsite event locations for skill events by appointment.

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45th INTERNATIONAL LEADERSHIP CONFERENCE | 10
**Competitive Events will be held at The Gaylord Opryland Hotel and Convention Center in addition to several offsite event locations for skill events by appointment.**

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11 | 45th INTERNATIONAL LEADERSHIP CONFERENCE
Are you ready for a career that truly changes lives? Our Pre-Health and Nursing programs offer dynamic curriculums that provide our students with opportunities for hands-on learning experiences that help prepare them for success in the health care field.

**PRE-HEALTH PROGRAM**

- **HOSA Chapter**
  - GCU has a large HOSA family made up of over 650 current students and over 3,500 alumni.1
- **Cadaver Labs**
  - Students can study with cadavers starting their freshman year.
- **Research and Design Program**
  - Students can conduct research starting their freshman year.
- **Pre-Health Advisors**
  - Get help with grad school applications, resumes and more.

**NURSING PROGRAM**

- **Simulation Labs**
  - Students participate in a wide variety of high-fidelity manikin and live standardized patient scenarios that mimic real life patient care experiences.
- **Clinical Placement**
  - GCU has affiliation agreements with health care organizations throughout the Phoenix area, allowing students to receive hands on clinical experience each semester.
- **Student Resources**
  - Students have access to a wide variety of instructional resources, including faculty with open office hours to assist with classes, exams and NCLEX Success coaching.

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1 As of December 2019
2 Restrictions for travel reimbursement may apply
Grand Canyon University is accredited by the Higher Learning Commission (hlcommission.org), an institutional accreditation agency recognized by the U.S. Department of Education. Please note, not all GCU programs are available in all states and in all learning modalities. Program availability is contingent on student enrollment. Pre-licensure nursing students who begin or resume attendance in Fall 2020 and beyond will be eligible to utilize most GCU institutional aid/scholarships for tuition and fees once accepted into the clinical portion of the program. For more information on the accreditation of nursing programs and other university licensures, please visit our University Accreditation and Regulations page at gcu.edu/ConQA%20consideration. Important policy information is available in the University Policy Handbook at https://www.gcu.edu/academics/academic-policies.php. The information printed in this material is accurate as of MAY 2022. For the most up-to-date information about admission requirements, tuition, scholarships and more, visit gcu.edu. ©2022 Grand Canyon University 22GTR0469

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Grand Canyon University is accredited by the Higher Learning Commission (hlcommission.org), an institutional accreditation agency recognized by the U.S. Department of Education. Please note, not all GCU programs are available in all states and in all learning modalities. Program availability is contingent on student enrollment. Pre-licensure nursing students who begin or resume attendance in Fall 2020 and beyond will be eligible to utilize most GCU institutional aid/scholarships for tuition and fees once accepted into the clinical portion of the program. For more information on the accreditation of nursing programs and other university licensures, please visit our University Accreditation and Regulations page at gcu.edu/ConQA%20consideration. Important policy information is available in the University Policy Handbook at https://www.gcu.edu/academics/academic-policies.php. The information printed in this material is accurate as of MAY 2022. For the most up-to-date information about admission requirements, tuition, scholarships and more, visit gcu.edu. ©2022 Grand Canyon University 22GTR0469
Transportation to all conference hotels will be provided to and from the Gaylord Opryland Resort and Convention Center using the following schedule.

**General Conference Busing**
Arrival and Departure from the Magnolia Canopy at Opryland.

**Competitive Event Round 2 Skill Busing**
Buses will depart from Presidential Portico at Opryland.

**Offsite skill competitive events by day:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Medical Assisting</th>
<th>Biomedical Laboratory Science</th>
<th>Home Health Aide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, June 23</td>
<td>Veterinary Science</td>
<td>Clinical Nursing</td>
<td>Nursing Assisting</td>
</tr>
<tr>
<td>Friday, June 24</td>
<td>Biomedical Laboratory Science</td>
<td>Dental Science</td>
<td>Pharmacy Science</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Emergency Medical Technician</td>
<td>Physical Therapy</td>
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<td>Sports Medicine</td>
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<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

**Busing Assistance**
For busing questions, United Event Services will have a help desk at the Presidential Registration Desk.

For all other shuttle questions or concerns please call (512) 387-0535.

If you are unable to board a traditional motor coach and require special transportation accommodations please call (512) 387-0535 between the hours of 6 a.m. and 10 p.m., at least three (3) hours in advance of your required departure time, to schedule your trip.

**Vol State is a leading provider of Health Sciences programs in middle Tennessee. We offer 12 academic programs that range from Emergency Medical Services (EMT) to Ophthalmic Technician, Sleep Diagnostics Technology and Radiologic Technology. Visit us online today!**

[volstate.edu/healthsciences](http://volstate.edu/healthsciences)
Health with heart.

Yes, we serve millions of people in thousands of locations across the country. But what really matters is the size of our heart. Because every day, in every way, we are passionate about bringing our heart to every moment of your health."

We are proud to support HOSA-Future Health Professionals.
Doctor Mike, D.O.

Board-Certified Family Medical Physician and Social Media Influencer

HOSA-Future Health Professionals is honored to have Doctor Mike, D.O., provide remarks at the Opening Session of the 45th Annual International Leadership Conference in Nashville, Tennessee on Wednesday evening.

Doctor Mike is a board certified family medical physician and social media influencer. Through his various social media accounts, Doctor Mike engages an audience of over 20 million followers as he debunks medical misinformation and uses fact-based education to teach people about their bodies. His YouTube channel has amassed over 1 billion views and reaches an audience of 9.5 million subscribers. He practices medicine at a community health center in New Jersey several days a week and lives in New York City with his dog, Bear.

COVID Preparations for HOSA’s ILC

The Planning Team for the HOSA ILC has been carefully monitoring COVID during the runup to the conference. With the event upon us, we wanted to update you on plans and recommendations.

Masking/Social Distancing: In keeping with guidelines from the Centers for Disease Control and Prevention and Nashville-Davidson County’s Community, if the COVID status level is considered LOW, masking and social distancing will be at the discretion of attendees. We encourage you to do what will feel safest and most comfortable for you.

Testing: Complimentary test kits will be available in the exhibit hall on a first-come, first-served basis for anyone who would like one. The CDC also urges all domestic travelers to "consider getting tested as close to the time of departure as possible (no more than three days) before your trip."

Hand Sanitizer: The hotel has hand sanitizer stations setup in high traffic areas throughout the hotel.
We’re committed to your future as a healthcare professional

Congratulations to the recipients of the 2022 Philip R. Patton HCA Healthcare Scholarship!

Our investment in you is an extension of our commitment to supporting more than 93,000 registered nurses at more than 2,300 HCA Healthcare sites of care.

Your education offers you endless opportunities to learn and serve, just as a career at HCA Healthcare offers nurses a variety of locations, specialties, career options and support.

Scan the QR code below to see HCA Healthcare career opportunities.

Visit careers.HCAhealthcare.com for more information.
The HOSA-100 National Advisory Council serves as a vital champion of HOSA-Future Health Professionals. Council members provide HOSA with their professional expertise; their diverse knowledge of perspectives; their connections to local, state, national or international resources, or colleagues; their philanthropic support or other valued assistance. They promote HOSA-Future Health Professionals as the pathway for young people interested in the pursuit of careers in health beginning in middle or high school and continuing in postsecondary and collegiate institutions.

<table>
<thead>
<tr>
<th>Chairman</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Bruce Green, M.D.</td>
</tr>
<tr>
<td>Chief Federal Medical Officer, Deloitte, Recently Retired</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collene Bay-Andersen, Vice President, Employer &amp; Academic Alliances, Workforce Solutions Group, University of Phoenix</td>
</tr>
<tr>
<td>Marshall Bailly, Executive Director, Leadership Initiatives</td>
</tr>
<tr>
<td>William Barnes, Ph.D., Executive Coach, MEU Leadership</td>
</tr>
<tr>
<td>Ashley Bentley, Manager, Workforce Development &amp; Student Initiatives, American Academy of Family Physicians</td>
</tr>
<tr>
<td>Kevin Cevasco, Presidential Scholar, PhD Student, Public Health Epidemiology at George Mason University</td>
</tr>
<tr>
<td>Patricia Cornet, Co-founder, Women of Color in Pharma, Director of Global Scientific Societies and Cooperative Groups, Global Medical Oncology, Bristol Myers Squibb</td>
</tr>
<tr>
<td>Stephanie Dennis, Senior Director, Strategic Healthcare Information and Management Systems Society (HIMSS)</td>
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<tr>
<td>Ernie DuPont, Senior Director of Workforce Initiatives, CVS Health</td>
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<tr>
<td>Torrie Fields, Chief Executive Officer, Votive Health</td>
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<tr>
<td>Nick Hines, President &amp; CEO, Capital Strategy Group</td>
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<tr>
<td>RADM Joyce Johnson, Professor, Medical School &amp; Health Administration Graduate Program, Georgetown University</td>
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<tr>
<td>Stephen King, Director of Sales, Anatomage, Inc.</td>
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<tr>
<td>Mallory Kirby Dufek, Acquisitions Editor, Goodheart-Willcox Publisher</td>
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<tr>
<td>NaShieka Knight, MDiv, MA, Director, Workforce Transformation, Association of American Medical Colleges</td>
</tr>
<tr>
<td>Tina Lear, MHA, National Program Director, National Education Progression in Nursing (NEPN)</td>
</tr>
<tr>
<td>Saralyn Mark, M.D., President, Solmed Solutions, LLC &amp; GIANT **</td>
</tr>
<tr>
<td>Michael J. Maynak, M.D., Chief Medical Officer for Crisis Response, Greater Washington Board of Trade, Adjunct Professor of Urology and Engineering George Washington University, Director of Physician Networks Neuro LLC</td>
</tr>
<tr>
<td>Rebecca McGrath, Vice President, Government Relations &amp; Public Policy, Cardinal Health</td>
</tr>
<tr>
<td>Dr. Robert Popovian, Founder, Conquest Advisors</td>
</tr>
<tr>
<td>Ann Powell, Director of Healthcare Policy and Advocacy, Johnson &amp; Johnson</td>
</tr>
<tr>
<td>Captain Thomas Pryor, MS, BSN, RN, United States Public Health Service</td>
</tr>
<tr>
<td>Nicole Robinson, Product Manager, Career Education, National Geographic Learning</td>
</tr>
<tr>
<td>Sabrina Spitaletta, Director, Center for Public Health, Milken Institute</td>
</tr>
<tr>
<td>Lori Tremmel Freeman, Chief Executive Officer, National Association of County and City Health Officials (NACCHO)</td>
</tr>
<tr>
<td>Uf Tukel, Founder, Stay Dry Centers</td>
</tr>
<tr>
<td>Miah Wander, Researcher, Microsoft</td>
</tr>
</tbody>
</table>
Goodheart-Willcox
OUTSTANDING SERVICE AWARDS

Presented at the Opening Session, Wednesday June 22 at 7:30 PM CDT

The Goodheart-Willcox Outstanding Service Awards recognizes three local HOSA chapter advisors, one from each HOSA region, who have made exceptional contributions of local, regional, state, and national significance to the promotion, development, and progress of HOSA-Future Health Professionals. HOSA is appreciative to Goodheart-Willcox for their sponsorship of the Outstanding Service Awards program.

WESTERN REGION
Annalyn Deen
Brownwood High School
Texas HOSA

CENTRAL REGION
Gwen Barnett
Southern Indiana Career & Technical Center
Indiana HOSA

EASTERN REGION
Loretta Thompson
Boone Career & Technical Center
West Virginia HOSA

HOSA ILC 2022 CERTIFICATES NOW AVAILABLE FOR DOWNLOAD

Download your personalized 2022 International Leadership Conference Participation Certificate! hosa.org/ilccertificates

Because great meetings don’t just happen.

www.parliamentarians.org
HOSA HONORARY LIFE MEMBERSHIP AWARDS

Presented at the Opening Session, Wednesday June 22 at 7:30 PM CDT

The recipient has made a significant contribution to the growth and improvement of the HOSA-Future Health Professionals or provided financial and/or other support to one or more special HOSA projects.

Dana Fuller Stringer

Dana Fuller Stringer had an unforgettable journey from HOSA Member to Nurse to HOSA Advisor to State Advisor to the 2021 Chair of the HOSA, Inc. Board of Directors. In 1981, Ms. Stringer was fortunate to enroll in her first health science course and became a member of HOSA. In 1984, she pursued Emergency Medical Technician at Trenholm State Technical College. In 1998, she pursued a BSN in Nursing at Auburn University. In 2004, she secured a CTE Teaching Certificate to teach health science and serve as a HOSA chapter advisor. After completing a master’s degree at Auburn, she accepted a position with the Alabama State Department of Education serving as the Education Specialist for Health Science and Alabama HOSA State Advisor. Ms. Stringer learned first-hand that health science students and HOSA members are fortunate because they enhance their academic education with opportunities and experiences through active involvement in a HOSA chapter.

Ms. Stringer has been a strong advocate of developing and practicing her leadership skills which served her well as an EMT, a nurse, a health science instructor, a HOSA chapter advisor, and a state department of education staff member. Ms. Stringer has always believed that HOSA must celebrate those who have and are preparing students to be the next generation of future health professionals—on Ms. Stringer’s behalf—special thanks to local advisors!

Dr. William Lloyd Stearman and Mrs. Joan C. Stearman

HOSA FRIENDS & INVESTORS

HOSA-Future Health Professionals was very fortunate to be introduced to Mrs. Joan Stearman, Director of Admissions at “America’s Medical School,” the Uniformed Services University of the Health Sciences. The School of Medicine was established to assure that the Army, Navy, Air Force, and U.S. Public Health Service would have a steady supply of physician-leaders and other healthcare providers to serve as their medical corps.

Over the years, Mrs. Stearman has arranged an assortment of workshops for members and advisors attending the Washington Leadership Academy and the State Advisors Management Conference held annually in the Nation’s Capital. HOSA members and advisors are always in awe of the premier educational facilities and USU faculty and staff available to prepare physicians, dentists, and other healthcare professionals to care for soldiers, sailors, airmen, and Marines of all ages, and their families. Mrs. Stearman and her USU colleagues are equally thrilled with the caliber of HOSA members who desire to be health professionals and they open their facilities and their hearts to provide the best experiences possible when HOSA is on their campus.

Mrs. Stearman exhibits at the HOSA Exposition at the annual HOSA International Leadership Conference. She also conducts or arranges USU workshops in hopes of attracting HOSA members to apply for openings at the Uniform Services University of the Health Sciences.

A special treat was when Mrs. Stearman brought her husband to the annual conference. Dr. William Stearman enjoyed serving as a judge for HOSAs competitive events. He was overly impressed with the variety of backgrounds and interests among HOSA members and their commitment to care for others. Dr. Stearman was an American government official, aviator, and author. Over his years of government service, he served under four Presidents and was an advisor to Secretary of State Henry Kissinger and retired as a Senior U.S. Foreign Service Officer. In 2012, he wrote a memoir entitled, “An American Adventure: From Early Aviation Through Three Wars, to the White House.” HOSA had the opportunity to enjoy knowing Dr. Stearman until he died in 2021 at the age of 99.

Mrs. Stearman, thank you for sharing so much with HOSA as well as our continuous search for future health professionals willing to attend “America’s Medical School” and thank you for sharing your husband as a vital role model for future health professionals. We especially want to thank the Stearman’s for the largest private investment in HOSA scholarships over the years. Your generosity will never be forgotten and will be displayed in the new HOSA Headquarters in 2026. Thank you from the 2.7 million HOSA members who pursued careers in healthcare since 1976.
We Are
FUTURE
HEALTH
PROFESSIONALS

Our Mission
The mission of HOSA is to empower HOSA-Future Health Professionals to become leaders in the global health community through education, collaboration, and experience.

Tallo Analytics

U.S. Presidential Scholars Program
The U.S. Presidential Scholars Program was established in 1964, by executive order of the President, to recognize and honor some of our nation’s most distinguished graduating high school seniors. In 2022, seventeen HOSA members were recognized as Presidential Scholars:

Yewon Lee
James Clemens High School, Alabama

Hailey Mullins
Brewbaker Technology Magnet High School, Alabama

Isaac Kan
Desert Vista High School, Arizona

Lydia Pastore
Red Mountain High School, Arizona

Rachel Thumma
Bentonville High School, Arkansas

Danny Cho
Pine Creek High School, Colorado

Sreeya Pittala
Newark Charter High School, Delaware

Charlye Allen
Early County High School, Georgia

Claire Swadling
Plymouth Canton High School, Michigan

Ashton Blake
Charles M. Russell High School, Montana

Ethan Chiu
Syosset High School, New York

Kayla Moore
East Rutherford High School, North Carolina

Kyle Chen
East Greenwich High School, Rhode Island

Nyah Joudeh
Riverside High School, South Carolina

Malavika Singh
West High School, Utah

Helen Dunn
Thomas Jefferson High School for Science & Technology, Virginia

Ananya Krishna
James Madison Memorial High School, Wisconsin
On behalf of all the patients and families we serve, we extend a heartfelt thank you for your commitment to saving lives the past two years. We can’t wait to continue saving lives together!

BE THE MATCH® IS NOW THE PREMIER HOSA SERVICE PROJECT PARTNER!

HOSA chapters are saving lives—adding new potential marrow donors to the Be The Match Registry® and fundraising to support patients and their families through their transplant journey.

DID YOU KNOW?

You can earn prizes while saving lives! Visit BeTheMatch.org/HOSA to host a registry drive or fundraise online easily.
Bringing the Real-World to the Classroom

Find us at one of these events at HOSA ILC!

• National Geographic Learning/Cengage Booth at the HOSA Expo - see our programs and digital resources

• National Geographic Learning Academic Testing Center for Future Health Professionals: Delta Ballroom D

• Health Science Certificate Lab: Presidential Board Room A (in partnership with NCHSE/YouScience)

National Geographic Learning, a part of Cengage Group is a proud partner to HOSA and Health Science Education. Our goal is to engage students with current healthcare technology, career exploration and the critical thinking skills employers want.

Browse for HOSA Reference Titles like DHO Health Science, 9e at: www.cengage.com/coursepages/hosa_2022

Over 20 titles are official HOSA Skills-Based Competition References

11 titles are official Academic Testing Center References

One online solution offers simulation, certification prep, and updated content
Get Help: 24/7 Confidential Support

Treatment Services Info:
- Find a mental or substance use disorder treatment facility near you: National Helpline 1-800-662-HELP [4357]
- Behavioral Health Treatment Services Locator: https://findtreatment.samhsa.gov

Immediate Crisis Counseling:
- National Suicide Prevention Lifeline 1-800-273-TALK [8255]
- Veterans Crisis Line 1-800-273-TALK [8255] (press 1)
- Disaster Distress Helpline 1-800-985-5990

SAMHSA is the lead Federal agency for public health efforts to advance behavioral health prevention, intervention, treatment, and recovery for individuals and their families.

What We Do
- Reduce the impact of mental and substance use disorders on America’s communities; and
- Improve the lives of individuals living with/or in recovery from mental illnesses and substance use disorders.

How We Do It
- Provide grant funding opportunities and guidance to states and territories, as well as tribal and local communities;
- Provide technical assistance to grantees and practitioners;
- Publish and share resources for individuals and family members seeking information on prevention, harm reduction, treatment and recovery;
- Collect, analyze and share behavioral health data;
- Collaborate with other Federal agencies to evaluate programs and improve policies; and
- Raise awareness of available resources through educational messaging campaigns and events.

For more information on SAMHSA grants, programs, products, and data, visit SAMHSA.gov.
To join our team, visit samhsa.gov/join-us.
Proud to partner with HOSA to recognize YOUR work in promoting our nation's blood supply!

Founded in 1962, America’s Blood Centers is the national trade association for community blood centers in the U.S. and Canada.

Collect approximately 60% of the U.S. blood supply

Operate more than 600 donation sites in 47 states

Provide blood products to more than 3,500 North American hospitals & healthcare facilities

Look for more details this fall about the new national HOSA blood drive recognition event!

Find your local community blood center and start your donation journey.

www.AmericasBlood.org

HOSA Introduces MENTAL HEALTH PROMOTION

Coming in the 2022-2023 School Year!

HOSA is adding Mental Health Promotion as a team event in the Emergency Preparedness Category.

- Visit hosa.org/guidelines to preview the selected resources
- Teams will create projects that address the mental health needs of their school or community
- Connection with the November 2021 Surgeon General’s Advisory Report “Protecting Youth Mental Health”
- The timing of this event is well-poised to make an impact on HOSA members and their communities.

SPONSORED BY CVS Health®
There’s much to do at the HOSA ILC — take advantage of these exciting interactive exhibits in Ryman Exhibit Hall B5 & B6, during HOSA Expo hours!

**HOSA Expo Hours:**
- **Wednesday, June 22,** 9 a.m. – 5 p.m.
- **Thursday, June 23,** 9 a.m. – 5 p.m.
- **Friday, June 24,** 9 a.m. – 2 p.m.

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**U.S. Army Interactive Exhibit**

Ongoing during HOSA Expo hours.

HOSA members and advisors are invited to visit the U.S. Army exhibit booth to speak with Army doctors and nurses about education opportunities and serving on the U.S. Army healthcare team. Check out a fully equipped medical DRASH™ tent, test your strength with a fitness challenge, create a personalized dog tag and complete an action-packed soldier mission in the virtual reality “Immersa-Dome” which allows you to become immersed in the sights, sound and smells of Army Special Forces Operations.

**Virtual Patient Challenge**

The Virtual Patient Challenge is an exciting competition for students! It challenges them to act as healthcare professionals and interact with a virtual patient that needs their help. Gather a team of students, bring your Advisor, and join us for an exciting learning experience. Get a chance to compete in the big final on Friday and win a $5,650 subscription award for your school! No pre-registration is needed.

- **Wednesday:** 10am, 11am, 1pm, 2pm, 3pm
- **Thursday:** 9am, 10am, 1pm, 2pm, 3pm
- **Friday:** 9am

**Location:** Body Interact Booth at HOSA Expo

**The Virtual Patient Challenge Final:**
- **Friday, June 24** at 2pm
- **Presidential Chamber A.**

---

**Anatomage Team Tournament!**

Ongoing during HOSA Expo hours.

Come by and watch teams compete in the Anatomage Team tournament. Anatomage develops innovative 3D medical imaging technology solutions for the healthcare and education industries. Anatomage Tables are used in thousands of hospitals, universities and high schools to offer a hands-on, cadaver experience with tools like the scalpel to virtually dissect a real human cadaver. We include 4 real cadavers to visualize all human body systems and a pathology case library to dissect real patients.

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**Blood Assurance**

**Wednesday & Thursday 9am–5pm, Friday 9am–2pm**

There is a never-ending need for blood donors. Come by the Blood Assurance booth and take the opportunity to give blood. Donors will receive a free t-shirt for donating.

---

**Nashville Fire Department and Training Academy**

Ongoing during HOSA Expo hours.

Nashville Fire Department and Training Academy will be bringing an ambulance and rescue cart for students to tour and interact with. Come see first-hand the equipment used by paramedics and EMT’s and visit with staff from NFD.

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**Scan to schedule your blood donation now or just walk in**
EDUCATIONAL SYMPOSIUMS AND WORKSHOPS

Thursday, June 23, 7:00 AM

Michael Curtis
Instructor
Zumba

Zumba
Start your day by joining your HOSA colleagues for a fun, interactive way to get your heart rate up, help you to balance more, and strengthen important core muscle groups while you dance to high-energy upbeat music. Your Zumba instructor will help you “ditch the workout and join the party!” No rhythm required; Zumba is for everyone!

Thursday, June 23, 9:00 AM

David Kelly, M.D.
Past HOSA President
Resident Physician, Department of Ophthalmology
Rutgers New Jersey Medical School

How to Get into Medical School
Medicine remains one of the most competitive career paths in the U.S., and many students are surprised to find that success in admission can be dependent on choices made years earlier. We’ll cover what to focus on in both high school and college by discussing schools, majors, GPAs, extracurriculars, the MCAT, interviews, and more.

Greg Newcomb
Account Executive
Dean Vaughn Career Prep

*Advisors Only

Mastering Medical Terminology Can Be Done
Are your students tired of tedious and inefficient medical terminology repetition exercises? Join us for a deep dive into the world of medical terminology: see how our unique and fun approach won’t leave your students stressed out and frustrated. Our presentation will be interactive with attendees seeing how a gas truck will help them remember gastr- or how a cow’s lips will make them think of cheil-! Your students will learn and retain scientific and medical terminology with a mnemonic strategy using an illogical association technique that make it impossible to forget the terms that are learned. All visual and audio cues are designed to maximize learning and retention to last a lifetime.

Courtney Esparza, MS, MBA, LPC
Public Health Advisor-Youth Engagement
SAMHSA

Mental Wellbeing
This workshop will teach HOSA members skills in promoting their own mental health and within their peer groups and community. We will cover what good mental hygiene is and how to strengthen it. There will also be discussion on how to spot concerns in mental health or substance misuse and how to use a peer approach in these situations.
<table>
<thead>
<tr>
<th>Name</th>
<th>Title/Institution</th>
<th>Presentation Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>LTC LaKisha Wright</td>
<td>Army Cadet Command (ROTC) U.S. Army</td>
<td>What does the Army Nurse Corps Have to Offer?</td>
</tr>
<tr>
<td>MAJ Karlene Wright</td>
<td></td>
<td>Army nurses will share their careers in the military and the opportunities that have been afforded. They will compare and contrast these opportunities to those offered in the civilian sector in order to expose those attending the conference to the uniqueness of being in the military. The nurses speaking at the conference span over 20+ years' experience in the military and will detail what has led them to continue to serve and how this will assist them when they return to the civilian sector in their next career.</td>
</tr>
<tr>
<td>CPT Kristen Calo</td>
<td></td>
<td>There's Never Been a Better Time to Consider a Career in Dentistry!</td>
</tr>
<tr>
<td>CPT Colleen O’Connor</td>
<td></td>
<td>Are you good with your hands? Creative? Enjoy seeing the immediate results of your work? A career in the dental professions might be for you! Learn why the dental careers is a rewarding, dynamic and satisfying profession during this interactive, informative presentation.</td>
</tr>
<tr>
<td>Emily Rhineberger</td>
<td>Senior Director of Application Services American Dental Education Association (ADEA)</td>
<td>Starla's Hands-On Body Systems: Cardiovascular &amp; Respiratory</td>
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<td>Participants will build components of the cardiovascular and respiratory system out of brightly colored clay to demonstrate how these two systems interact to provide valuable nutrients to all cells of the body. Participants will take their new heart and lungs with them, so that they can leave with more 'heart' and have plenty of brain nourishing oxygen for competition!</td>
</tr>
<tr>
<td>Starla A. Ewan</td>
<td>Medical Science Instructor Starla's Creative Teaching Tips</td>
<td>Soaring Above Stigma at Southwest High School</td>
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<tr>
<td></td>
<td></td>
<td>Southwest High School HOSA: Future Health Professionals students lead the mental health movement at SHS. Learn from these student leaders how to start a conversation on your campus to engage administration, staff, and students. Examples of activities used in Soaring Above Stigma and the Coalition for Student Wellness will be presented. A digital toolkit will be provided to all attendees. Follow @shswellness and @shseagleshosa on Instagram.</td>
</tr>
<tr>
<td>Jacqueline Valadez</td>
<td>HOSA Advisor Southwest High School, CA</td>
<td>Interested in Becoming a Nurse Practitioner?</td>
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<tr>
<td></td>
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<td>Nurse practitioners, one of the many advanced practice provider career options, are being utilized more and more to fill the demand for healthcare. Questions commonly arise about what is a nurse practitioner? What can they do or not do? What’s the difference between a nurse practitioner and a physician assistant? This workshop will answer these questions and others and explore the expanding career pathways for becoming a nurse practitioner.</td>
</tr>
<tr>
<td>Bill Walker</td>
<td>Pathologist International Pathology Services</td>
<td>Pathology on a Global Scale - What Does a Missionary Pathologist Do?</td>
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<tr>
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<td>Over the past decade there has been increasing interest among health care professionals regarding global health issues in developing countries as well as medical mission opportunities in developing countries. During this workshop I will share with the attendees what the practice of pathology is like on a daily basis and how I became involved with providing pathology services to mission hospitals in over 35 countries around the world through the non-profit organization, International Pathology Services.</td>
</tr>
<tr>
<td>Matthew Painter, FNP-C, RN, CFRN</td>
<td>Augusta Health</td>
<td>Thursday, 9:00 AM continues...</td>
</tr>
</tbody>
</table>

Lincoln C

Lincoln D
### Carolyn Finch
**Professional Speaker, Speech Pathologist and Nutritionist**
**Electric Solutions Inc.**

*Empowering the Unique You*
In order to speak to audiences from 1 to 1000 and be "electrific!" Do you know that 90% of your communication is non-verbal Body Language? What are you doing so well that others will be glad to put your name and your private cell number in their phone for future networking, collaboration, and wisdom? Join Carolyn if you are ready to receive a healthy dose of how to improve your performance and smile from a touch of success? Be prepared to engage and ask Carolyn, ANYTHING, she has been speaking and doing Speech therapy and Nutrition for decades.

---

### Leigh Brown
**Tamica Stubbs**  
**Curriculum Training Specialists**
**Bio-Rad Laboratories**

*B*Special 2-hour workshop

### Thursday, June 23, 10:00 AM

<table>
<thead>
<tr>
<th>Mandy Nau</th>
<th>Executive Director</th>
<th>Health Professions Week</th>
<th>Presidential Boardroom A</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Guess Who? Panel</strong></td>
<td>Can you Guess Who? Meet these amazing professionals and see if they can stump you about which health profession they represent! Each panelist will have one minute to introduce themselves and provide a brief overview of their profession – they’ll tell you about what they do without telling you who they are! Then, the audience will have an opportunity to guess who each professional is before we reveal who is on the panel. Following the reveal of the professions, each panelist will have more time to share key highlights about their profession and why prospective students should consider it as a career path. The goal is to provide a fun and informational panel which offers a brief introduction to all the professions. If time allows, we’ll take questions from the audience.</td>
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<thead>
<tr>
<th>Rochelle Valera</th>
<th>Recruiter &amp; Student Organization Advisor</th>
<th>UIWSOM</th>
<th>Presidential Boardroom B</th>
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</thead>
<tbody>
<tr>
<td><strong>Direct Admit Program</strong></td>
<td>UIW offers direct admit options for highly qualified first-time freshmen students that can lead to advanced degrees in pharmacy, physical therapy, optometry, or osteopathic medicine through the UIW health profession schools. The two schools that we are going to focus on is Feik School of Pharmacy and School of Osteopathic Medicine. The Direct Admit option for first-time freshman students leads to a Doctor of Osteopathic Medicine (DO) degree and the Direct Admit option is a program for first-time freshman students interested in a Doctor of Pharmacy (PharmD) degree.</td>
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### Thursday, June 23, 10:00 AM continues...

<table>
<thead>
<tr>
<th>Lincoln E</th>
<th><strong>Biotechnology Skills Roundup (By Invitation Only)</strong></th>
<th>Attendees will learn the hands-on skills that will be a part of the new competitive event, Biotechnology.</th>
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<tbody>
<tr>
<td>Washington B</td>
<td><strong>Presidential Boardroom A</strong></td>
<td><strong>Presidential Boardroom B</strong></td>
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<td><strong>Guess Who? Panel</strong></td>
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An Eye-Opening Career—Ophthalmic Medical Technician

This stimulating workshop will shine the light on the career aspects of the ophthalmic medical technician, a little known, well-respected, and greatly in demand profession. Interactive methods will be used to demonstrate how a technician tests vision, and what else they can learn about a person’s health while examining the eye. The tools and techniques ophthalmic technicians use to assist the ophthalmologist in the clinic and surgical setting will also be highlighted. You will learn what it takes to become an ophthalmic medical technician, what it means to be one, and how to become a part of a life-long and rewarding career field.

The One-Hour MBA: Techniques to Improve Our Interpersonal Managerial Skills

Interpersonal relationships form the cornerstones of success in the fields of education and medicine. Managing these relationships requires strong leadership skills. This course will be of great value to aspiring health care providers (including future physicians), teachers, HOSA advisers, school administrators, and anyone interested in strengthening their leadership and interpersonal skills.

So, You Want to be a Doctor?

Becoming a Doctor of Pharmacy is one of the fastest ways to become a doctor, is one of the most trusted professions, and opens the door to over 100 exciting career paths. Most people have interacted with pharmacists in places like CVS and Walgreens, but pharmacists also work in a number of different practice settings and do much more than just counting pills. Pharmacists interact directly with patients, go on rounds in the hospital with other healthcare professionals, research and develop groundbreaking new drugs, and so much more! In my presentation, I will discuss the many different pharmacy career paths and how students can become a pharmacist.

Explore Endless Opportunities with Tallo

Over 1.7 million students, young professionals, and job seekers use Tallo to showcase their extracurricular and academic experiences and goals to colleges and companies nationwide. On Tallo, users create a free digital portfolio to earn verified digital badges from organizational and educational partners, match with over $20 billion in scholarships and financial aid and connect directly with admissions representatives and employers for educational opportunities, internships, and job opportunities, and career-related events. Getting started is easy! Go to Tallo.com/jag to connect to opportunities.

Integrating Curriculum More Deeply and Effectively in Healthcare Simulation

The workshop outlines a methodology to structure the curriculum around patient centric training using simulation. The process allows the application over wide range of technology from standardized patients, manikins to more advanced technologies while providing a manageable structure for the educator no matter the resource base. The approach builds on a patient centric focus that can be developed the local community population to help engage students both on human and community-based focus. Centered on using best practices within healthcare simulation the goal is to provide easier management to support better outcomes. Worksheets and outlines will be provided along with examples of different technologies demonstrate how this can be deployed in the real world.
### 45th International Leadership Conference

**Julie Ray, Ed.D.**  
Owner  
Be of Love, LLC

**Make Friends with Your Nervous System the HeartMath® Way**

Students will learn and practice three HeartMath® research-based strategies to support them in managing the stress in their lives and preventing some of it before it happens. They will learn (1) How to listen to the information/messages your body is giving you and what to do next, (2) How to de-escalate when you react/feel heavy emotions (get out of lizard brain into wizard brain), (3) How to shift negative attitudes with positive attitudes, (4) Daily practices to lessen the stress in your life and feel more empowered and self-assured in your day-to-day activities. These techniques are simple, and you may be inspired to share with others because of the calming results you will receive.

**Bruce Barcelo**  
Director of Implementation/ Senior Program Coordinator  
ADAMHS

**Annus Horriblis: A New Look at Nicotine in 2022!**

Annus Horriblis means “Horrible Year” and that is what 2022 is beginning to look like for the vape prevention world. As students began returning to classrooms in the fall of ’22, so did vaping. School districts around the country are once again struggling with how to address this public health epidemic. Many look to the FDA for answers and in this workshop, we will explore how the FDA is addressing the important issues of flavors, synthetic nicotine, and next steps with products like CBD + THC disposable vapes. This workshop will also take an important look at restorative practices in schools. Because school districts must move from punitive discipline and focus on supportive practices that will have the triple benefit of supporting student academic achievement, improving health, and decreasing inequities.

**Sunita Konatham**  
Lead Medical Trainer  
Unbound Bryan-College Station

**Identifying and Responding to Victims of Human Trafficking in a Clinical Setting**

Unbound Bryan-College Station is a local anti-human trafficking non-profit activated to prevent trafficking, identify victims, and serve survivors. This presentation, “Identifying & Responding to Victims of Human Trafficking in a Clinical Setting” teaches professionals about risk factors and warning signs of human trafficking, and how to respond to victims in a trauma-informed way. The training teaches members of our community about the realities of human trafficking, how to identify risk factors, and resources for helping potential victims they may know.

**Thursday, June 23, 11:00 AM**

**Thomas Head**  
Viral Respiratory Epidemiologist  
Georgia Emerging Infections Program

**Easy Epi**

Hosted by the Georgia Emerging Infections Program, come discuss and learn the basics of epidemiology, the backbone of public health! Discuss myths, real world applications, and the role of the Emerging Infections Program in the world of public health in an engaging presentation about the world’s strongest pandemic defense.

**Lara Morris**  
Board Chair  
National Consortium for Health Science Education (NCHSE)  
*Advisors Only*

**Support Strategies to Make Your Health Science Program Stand Out!**

The National Consortium for Health Science Education (NCHSE), the national authority for health science education will share how our core values and supportive measures can make your program stand out. NCHSE strategies and resources include: (1) Networking and collaboration, (2) Career development for teachers and students, (3) Health science framework, (4) Standards for quality, and (5) Education for future health professionals. Learn ways to incorporate these essential components of a high-quality health science education program into your classroom and effectively prepare students to become the next generation of health professionals.
Build Your College Portfolio & Gain Education for an Internship: Become A Respite Care Provider with Free Training!

Join us and learn about our free, online Respite Care Provider Training (RCPT) that meets nationally established respite care professional core competencies. The knowledge you will gain from the RCPT will have you prepared & confident to provide respite care. Whether you choose to provide care part-time (that fits your schedule!), as a steppingstone into the healthcare field, or as your full-time career, it is what you make it! Once the training is completed, you will earn a certificate of completion of 7 hours to help build your college portfolio and increase your chances of landing an internship in the healthcare field. You will leave the interactive portion of the workshop feeling inspired and motivated to make a difference in people’s lives as we will set the stage for learning, growth, and relationship building.

Kara Bowen
Director of Admissions and Recruitment
University of Tennessee Health Science Center

College Preparation and Time Management for Ambitious Students

Defining success, creating a sustainable balance, weighing ACT vs SAT and AP classes vs dual enrollment, time management, and career limiting moves.

Wendy Scripps
Director of Student Recruitment & Engagement
UAB School of Dentistry

So, You Want to be a Dentist?

This workshop will review Dental School Admissions process. We will discuss ways to be a competitive applicant. Learn about UAB School of Dentistry.

Kevin Ardon, MD
Clinical Education Advisor
Rita Flores
Marketing & Communication

Bringing Virtual Patients to High schools & CTE programs

Today’s students love to use technology! Body Interact helps teachers bring active learning into the classroom with interactive Virtual Patients. These simulations allow students to act as healthcare professionals just as in real life! Join us to learn how to integrate Virtual Patients into your curricula.

Raquel Bidarra
Country Manager US & Canada
Body Interact

Voices Over Stigma

Allowing students to overcome the stigma of mental health issues and letting their voices be heard. Beaumont Unified School District (CA) HOSA chapter has a group called MAG (Mental Awareness Group). This is a student run program called the Peer-to-Peer Discussion Group and Synergy.

Matthew Painter, FNP-C, RN, CFRN
Augusta Health

Medical Solar Power

New and exciting research is finding that the sun offers many healing and health benefits. From vitamin D to intracellular melatonin, the sun offers tremendous benefits for humans, more than we have given credit. This workshop will review new research into the health benefits of the sun and its healing power that health professionals can incorporate into their personal and professional lives. Let’s shed light on this interesting topic in a presentation and discussion forum.
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<thead>
<tr>
<th>Speaker</th>
<th>Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>Ferrell Armstrong</td>
<td>Admissions Specialist at CollegeAdvisor.com &amp; Former Admissions Officer at Vanderbilt University</td>
<td>You’ve got questions about the college admissions process ahead of you - and CollegeAdvisor.com has the answers! Admissions Specialist and Former Admissions Officer Ferrell Armstrong will show you how to build a game plan to tackle the increasingly competitive college application process. Get insight into how your medical and HOSA experiences can help you build your personal narrative on your college applications and learn about application strategy, supplemental essay writing, and test-optional policies as we navigate the changing landscape of college admissions.</td>
</tr>
<tr>
<td>Diana Dabdub</td>
<td>Director for Admissions &amp; Recruitment Affairs</td>
<td>Do you have a love of animals? Veterinary professionals provide animal health care, but veterinarians also do many other kinds of jobs, including ensuring the nation's food supply is safe, working to control the spread of diseases, conducting research that helps both animals and humans, and so much more. Learn about the numerous careers in veterinary medicine, what you can do now, and how you can prepare for the future, including the veterinary medical school application process.</td>
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<tr>
<td>Madison Satterfield</td>
<td>Pre-Health Program Development Specialist</td>
<td>Students will get the unique opportunity to participate in learning how to suture by certified specialists. Come join us for a 45 min long workshop to practice your skills for college and medical school.</td>
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<tr>
<td>Taylor Brown</td>
<td>Donor Operations Specialist</td>
<td>This workshop will be a story of what it is like to be diagnosed with a blood cancer as a young adult, and how it feels to rely on a stranger for a cure. Join Taylor, a Donor Operations Specialist with the National Marrow Donor Program, as she shares her journey from normal life, to critically ill, to treatment and healing, and into advocacy. Taylor will discuss the science behind bone marrow transplant, and you could be the cure for blood cancers and diseases.</td>
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<tr>
<td>Courtney Esparza, MS, MBA, LPC</td>
<td>Public Health Advisor</td>
<td>This workshop will help local advisors better understand what it means to support youth on a path towards mental wellbeing - emotional, psychological, and social wellbeing, as an essential component of overall health. This workshop will cover protective factors, good mental hygiene, and how to recognize early signs that someone may be struggling with mental health or substance use.</td>
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<tr>
<td>Dan Limmer</td>
<td>Co-Founder, EMS Author</td>
<td>EMS students in HOSA programs are often better prepared to be EMTs than those in other classes. Using a quiz show presentation style, paramedic and EMT textbook author Dan Limmer will quiz you on everything from foundational topics to the nooks and crannies of EMS. It is time to come in, sit down, hold on, and have fun. It’s time to show what you’ve got in So You Want to be an EMT!</td>
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<tr>
<td>Jenna Brent</td>
<td>Access Case Manager</td>
<td>Case management is an exciting career across every aspect of healthcare. This workshop would include a multi-disciplinary approach in educating students about case management in many aspects of health care (nonprofit, for profit, bachelors, and master’s level) and would include a nurse, social worker, and therapist. Our team would lead participants through a case scenario, expanding the thought process of hospital to home.</td>
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</table>
Life of an Army Doctor
Learn about the lifestyle of being a Soldier in Army medicine. Follow one Army physician, Lieutenant Colonel Brit Giesler, and her family to get a true look at what life is like and the wonderful benefits living on post, or off post, for a Soldier. You will also hear from two medical professionals, Dr. (MAJ) Katie Neumayer, a Pediatric Intensivist, and Dr. (MAJ) Brandon Jones, a Comprehensive Dentist, share their personal experiences of enlisting, educational journey, their career paths and family life. There will be a question-and-answer session as well.

Starla's Hands-On Body Systems: "Kidneys Made Easy!"
Participants will build a small kidney out of brightly colored clay and easily see how it cleans the blood. Application of how the kidney has influence over hydration, red blood cells count, and its relationship with the adrenal gland and blood pressure. This workshop makes kidneys easy to learn and appreciate as they help the cardiovascular system do its job! You will take home your new filtration system!

Artificial Intelligence and Its Use in Healthcare
As technology grows more and more advanced, the field of artificial intelligence takes massive strides. When coupled with medicine, it opens doors and creates possibilities for treatments previously inaccessible. Doctors and hospitals use complex and precise robots to perform surgeries and people take medical advice from chatbots. But what are the true implications of this technology? Is it safe? Is it reliable? To what extent should humanity entrust machines with careful procedures that hold the lives of patients in balance?

Live Virtual Diagnosis in the Developing World
Participants will be transported to a hospital in Bauchi State Nigeria, where they will be able to interact with patients in real-time. Using a doctor in Nigeria as an extension of themselves, one pre-trained high school student will use Oculus Rift Goggles to examine and diagnose a patient who cannot afford medical care. Discover how technological innovation is transforming healthcare around the world, by viewing a live presentation.

Leveraging Your Pre-Med Interests to Stand Out: College Admissions Success
You’ve got questions about the college admissions process ahead of you - and CollegeAdvisor.com has the answers! Admissions Specialist and Former Admissions Officer Ferrell Armstrong will show you how to build a game plan to tackle the increasingly competitive college application process. Get insight into how your medical and HOSA experiences can help you build your personal narrative on your college applications and learn about application strategy, supplemental essay writing, and test-optional policies as we navigate the changing landscape of college admissions.
Building an Equitable Healthcare System Through Blood Donation

Creating a healthy and stable blood supply allows patients access to equitable care. Join us to learn how the changing demographics of blood donors impact the future of healthcare in our nation. Attendees will learn the history of blood donation and the importance of advocating for a diverse, strong blood supply. HOSA students can undoubtedly make a difference in the future of health care.

Navigating the Pathway to a Career in Medicine

This interactive workshop is designed to equip students with tools, resources, and information that will prepare them to navigate pathways to a career in medicine. Learn from current students in medical school and residency programs who will share valuable insights from their experiences along their educational journeys. Connect with pre-health advisors and admissions officers who will describe the knowledge, skills, attitudes, and experiences valued by medical schools to support students interested in the medical school application process. This session will be delivered through a combination of a panel followed by interactive breakout discussions.

An Insider’s Tips for Succeeding in Nursing School & Beyond

Dr. Stephens has over 35 years’ experience in nursing, both practice and academia. She has spent the past 2 decades as a researcher, educator, and consultant exploring nursing student resilience which is the basis of the RN P.R.E.P. (Personal Resilience Enhancement Plan) program. Through this research and work she has discovered several key factors that can greatly influence future success. Sadly, much of this information remains hidden from those who need it most: pre-nursing students. Workshop participants will be guided through a process to develop an individualized plan for choosing the right nursing program, succeeding as a nursing student, and preparing for a happy and healthy career in nursing.

Amazing Resources for HOSA Advisors

HOSA Advisors will join in on a variety of activities to motivate students and help them to successful in competitions. All will receive valuable resources to use the following year to help their students become more engaged and knowledgeable about the world of healthcare careers. Health Science Teachers are also welcome as they will receive content to use in a health science classroom learning environment as well.

Become A Respite Care Provider with Free Training!

Attendees of this workshop will have a unique opportunity to learn about a national pilot project currently being undertaken to recruit, train, and retain respite care workers. It will consist of two distinct components: (1) Overview of Pilot Project; and (2) Interactive portion to solicit feedback from HOSA chapters and students on how Pilot Project state sites can engage with their respective HOSA State Associations to recruit students to become respite care workers as a steppingstone in their health professions career path.
### An Eye-Opening Career—Ophthalmic Medical Technician

**Wade Delk**  
Director  
International Joint Commission on Allied Health Personnel in Ophthalmology (IJCAHPO)

This stimulating workshop will shine the light on the career aspects of the ophthalmic medical technician, a little known, well-respected, and greatly in demand profession. Interactive methods will be used to demonstrate how a technician tests vision, and what else they can learn about a person’s health while examining the eye. The tools and techniques ophthalmic technicians use to assist the ophthalmologist in the clinic and surgical setting will also be highlighted. You will learn what it takes to become an ophthalmic medical technician, what it means to be one, and how to become a part of a life-long and rewarding career field.

### Introduction to Hospital Careers-Clinical, Non-Clinical, and Jobs You Can Do Today

**Kelly Insana**  
Vice President, Marketing and Communications  
Tennessee Hospital Association

This session will explore different types of healthcare careers within hospitals. From hands on clinical care positions like nursing and respiratory therapists to non-clinical careers like hospital administrative positions and social media managers to hospital positions you can fill now while still a student. Kelly Insana from the Tennessee Hospital Association will provide a brief overview of some of the most in-demand hospital positions and the benefits of working in a hospital. There will also be opportunities to win Amazon gift cards!

### Battery Ingestion: A Case Presentation

**Hugo Quezada, MD**  
PGY-2 Pediatrics Resident  
University of Washington - Seattle Children’s Hospital

Join this educational and engaging lecture about the dangers of magnet ingestions in children. We will explore an interesting real clinical case, explore evidence-based medicine, and speak about advocacy to prevent injuries from magnets.

### Strategic Experiential Learning

**Paul Booden**  
Former HOSA, Inc. Board Chair; State Advisor; and Corporate Trainer

Working in a team environment, HOSA Advisors will solve a complex situational problem. As you work to solve the problem, key leadership trends will appear. On completion, each team will be given an opportunity to improve your team’s performance. There will be an opportunity to break the current World Record time of 1 minute 10 seconds. This experiential learning activity can be transferred to the health or biomedical science classroom and/or chapter meeting.

### Saving Lives, Made Easy, with HOSA’s Premiere Service Project: Be The Match®

**Madeline Stein**  
Senior Marketing Manager  
Be The Match  
Kelly Jones  
HOSA Advisor  
Summit Academy High School  
Dr. Jay Marshall  
HOSA Advisor

Over the past two years as HOSA’s Service Project, hundreds of chapters across the country have raised nearly $300,000 and added over 1,000 new potential donors to the Be The Match Registry®. We are thrilled to announce we are now HOSA’s Premiere Service Project! In other words, we’re here to stay and can’t wait to connect with you so your students can be a part of saving lives and supporting blood cancer patients around the world. This partnership program is tailored specifically for HOSA chapters to make it extremely easy (and fun!) to fundraise and recruit new potential donors to the Be The Match Registry, all while earning recognition and prizes. Join us to learn about our life-saving mission, hear from patients and donors, and see how your chapter can get started in minutes. See you there!
Kara Mayes, MD  
Family Physician  
American Academy of Family Physicians (AAFP)

Thinking Med School? America Needs More Family Docs
Learn to navigate your path to medical school fully informed about the physician career that has the most jobs in the most locations in the U.S. Family medicine is the “and” specialty – where you can treat moms and babies, combine sports medicine and behavioral health, focus on special populations and care for the whole patient, their whole lives. Family physicians will share their own journeys, options, and opportunities for students, and help you see more of your path forward.

J.B. Gaskins  
CEO, Blood Assurance  
America’s Blood Centers

Put Your Passion to Work: Healthcare Careers That Make a Difference
With a career at a blood center, you don’t have to choose between following your passion or pursuing a rewarding career. Blood center staff – from scientists and medical technologists to phlebotomists and donor recruitment specialists – regularly break new ground in transfusion medicine while saving lives. Get real-life insight about working at a blood center and learn about the competitive salary you can earn while also giving back to the local community.

Leigh Brown  
Tamica Stubbs  
Curriculum Training Specialists  
Bio-Rad Laboratories

Teach the Science Behind the Medicine
ELISA (which stands for enzyme-linked immunosorbent assay) is a technique to detect the presence of antigens in biological samples. Join this hands-on workshop that explores ELISA, the science behind rapid antigen/antibody tests (for example, for strep throat, pregnancy, and COVID-19).

Thursday, June 23, 3:00 PM

Christie Catlin  
Chief of Staff  
Sandra Gomez Ventura, M.P.H., PhD  
Director of Tele Programs in Honduras  
Global Health Squads

Gain Real-World Medical Skills Through Virtual Experiential-Learning
In this workshop, participants will interact in a live Zoom session with our medical team in Honduras, traveling in real-time to visit our clinic in Honduras and participate in our telemedical consultations and rural healthcare programs. Learn how virtual service-learning can easily be implemented into classrooms and how these efforts not only change the lives of those in-need, but also provide valuable healthcare skills and experiences for students. Explore further opportunities to volunteer abroad in our healthcare clinics and programs.
HOSA would like to say a special thank you to our financial and in-kind sponsors. Please be sure to thank them for their valuable support.

**Premier SPONSORS**

- Anatomage
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- BIO-RAD
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- CVS Health
- GEICO
- G-W PUBLISHER
- HCA Healthcare
- LEADERSHIP INITIATIVES
- NATIONAL GEOGRAPHIC LEARNING
- SAMHSA Substance Abuse and Mental Health Service Administration
- U.S. ARMY

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- AAFP
- AMERICAN ASSOCIATION OF MEDICAL COLLEGES
- AAMC American Medical Association
- APTA American Physical Therapy Association
- BLOOD ASSURANCE
- BODY INTERACT™ VIRTUAL PATIENTS
- Bristol Myers Squibb
- CareerSafe
- HCA Healthcare FOUNDATION

**HOSA-100 NATIONAL ADVISORY COUNCIL**

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- Capital Strategy Group
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- GEORGETOWN UNIVERSITY
- G-W PUBLISHER
- HIMSS
- IQVIA
- Johnson & Johnson
- LEADERSHIP INITIATIVES
- Leadership
- Microsoft
- Milken Institute School of Public Health
- NACCHO National Association of County and City Health Officials
- Naven Health Progression in Nursing
- NPA National Practitioner Groups
- National Geographic Learning
- StayDry Centers
- University of Phoenix
- VotiveHealth
We’re committed to your future as a nurse. Congratulations to the 2019 winners of the Philip R. Patton HCA Healthcare Scholarships being honored tonight! Our investment in you is an extension of our investment in the 94,000 registered nurses at 1,800 HCA Healthcare sites of care. Your education will offer you endless opportunities to learn and serve, just as a career in HCA Healthcare offers nurses a variety of locations, specialties, career options and support.

Visit HCAhealthcare.com/Careers for more information.

International Leadership Conference

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Scholarship

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Dr. Gene Napoliello
Dr. William and Mrs. Joan Stearman
Julius Berman Scholarship
Starla’s Creative Teaching Tips
### 21st century Teaching Strategies for Med Term

In an interactive session, authors of the new edition of Introduction to Medical Terminology, Linda Stanhope and Kim Turnbull, will introduce different teaching strategies to make “Medical Terminology” fun for both the instructor and students. Strategies include both online activities and hands-on labs, skills, research, drills and review games, case studies, quick quizzes and more. Advisors will also learn how these activities and labs can help students prepare for the HOSA Medical Terminology event throughout the school year!

### Financial Aid Basics

Our “Financial Aid Basics” presentation is designed to help students and their families understand financial aid, prepare for the FAFSA, and understand financial aid components like scholarships, grants, federal loans and how to finance the gap.

### Health Information Careers and Certification Pathways

This session introduces an interactive career map tool that identifies career roles in Health Information, associated credentials, and workforce demand. Participants will gain an understanding of how they can be supported in curriculum delivery and student resources. STEM roles in health data, information and technology are anticipated to grow at a higher-than-average rate over the next 10 years (OOH, 2021). The interactive AHIMA career map provides a mechanism for career exploration and decision making to identify knowledge skills and competencies required to attain nationally recognized credentials for those jobs regionally in demand. A unique opportunity exists for students to quickly attain work ready skills and credentials and continue to learn while they earn through stackable credential attainment and career advancement via workforce tools and academic supports.

### Healthcare Technology Management (HTM) Career Exploration

If you are looking for a meaningful career that offers a lifetime of opportunities, consider becoming a healthcare technology management (HTM) professional—a vital member of the healthcare team. HTM professionals include biomedical equipment technicians, clinical engineers, managers, and others who promote the safe and effective use of healthcare technology.
<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Session Description</th>
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| Andy Augustine     | Anatomy & Physiology Educator                                        | Hands-on Anatomy Lab - Building Hamstring Muscles in Clay  
Hamstring injuries are among the most common injuries reported by athletes - especially high-speed runners and kickers - around the world. In this session participants will create the four hamstring muscles and discuss the causes, symptoms, and repair of hamstring strains and tears. Great way to add hands-on and engaging activities to health science and anatomy courses. |
| Taylor Brown        | Donor Operations Specialist                                          | Swab to Save: How I Turned my Diagnosis into a Passion  
This workshop will be a story of what it is like to be diagnosed with a blood cancer as a young adult, and how it feels to rely on a stranger for a cure. Join Taylor, a Donor Operations Specialist with the National Marrow Donor Program, as she shares her journey from normal life, to critically ill, to treatment and healing, and into advocacy. Taylor will discuss the science behind bone marrow transplant, and you could be the cure for blood cancers and diseases. |
| Wendy Scripps        | Director of Student Recruitment & Engagement                          | So, You Want to be a Dentist?  
This workshop will review Dental School Admissions process. We will discuss ways to be a competitive applicant. Learn about UAB School of Dentistry. |
| Madison Satterfield | Pre-Health Program Development Specialist                             | Suture Clinic  
Students will get the unique opportunity to participate in learning how to suture by certified specialists. Come join us for a 45 min long workshop to practice your skills for college and medical school. |
## Friday, June 24, 7:00 AM

<table>
<thead>
<tr>
<th>Michael Curtis</th>
<th>Zumba</th>
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<tr>
<td>Instructor</td>
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Zumba  
Start your day by joining your HOSA colleagues for a fun, interactive way to get your heart rate up, help you to balance more, and strengthen important core muscle groups while you dance to high-energy upbeat music. Your Zumba instructor will help you “ditch the workout and join the party!” No rhythm required; Zumba is for everyone!

## Friday, June 24, 9:00 AM

<table>
<thead>
<tr>
<th>David Kelly, M.D.</th>
<th>How to Get into Medical School</th>
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<tbody>
<tr>
<td>Past HOSA President</td>
<td>Medicine remains one of the most competitive career paths in the U.S., and many students are surprised to find that success in admission can be dependent on choices made years earlier. We’ll cover what to focus on in both high school and college by discussing schools, majors, GPAs, extracurriculars, the MCAT, interviews, and more.</td>
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<table>
<thead>
<tr>
<th>Greg Newcomb</th>
<th>Mastering Medical Terminology Can Be Done</th>
</tr>
</thead>
<tbody>
<tr>
<td>Account Executive</td>
<td>Are your students tired of tedious and inefficient medical terminology repetition exercises? Join us for a deep dive into the world of medical terminology: see how our unique and fun approach won’t leave your students stressed out and frustrated. Our presentation will be interactive with attendees seeing how a gas truck will help them remember gastr- or how a cow’s lips will make them think of cheil-! Your students will learn and retain scientific and medical terminology with a mnemonic strategy using an illogical association technique that make it impossible to forget the terms that are learned. All visual and audio cues are designed to maximize learning and retention to last a lifetime.</td>
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<thead>
<tr>
<th>Jacqueline Valadez</th>
<th>Soaring Above Stigma at Southwest High School</th>
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<tbody>
<tr>
<td>HOSA Advisor</td>
<td>Southwest High School HOSA: Future Health Professionals students lead the mental health movement at SHS. Learn from these student leaders how to start a conversation on your campus to engage administration, staff, and students. Examples of activities used in Soaring Above Stigma and the Coalition for Student Wellness will be presented. A digital toolkit will be provided to all attendees. Follow @shswellness and @shseagleshosa on Instagram.</td>
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<thead>
<tr>
<th>Cameron Ricks, MD, RN</th>
<th>Developing a Simulation Lab in your classroom</th>
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<tbody>
<tr>
<td>Founder and CEO, SimRated</td>
<td>The workshop will provide an overview of different modalities of simulation. These will include procedure task training and high-fidelity team simulation. Within these topics, I will discuss the learning objectives that align with the various modalities. Debriefing techniques will be covered. In addition, the costs of associated equipment and educational resources will be provided. Audience participation will be requested. Questions will be answered and specific cases from the audience will be used as examples.</td>
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<tr>
<th>Kellie Stark</th>
<th>Financing your medical and dental education: Health Professions Scholarship Program</th>
</tr>
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<tbody>
<tr>
<td>Army Recruiting Command</td>
<td>Whether you choose to serve as an Active duty or Army Reserve Soldier, we encourage those interested in becoming a health care physician, surgeon, nurse, veterinarian, dentist or specializing in any medical field to expand their horizons and pursue their career goals through professional growth, scholarships, and many continuing education programs. The Army’s Health Professions Scholarship Program (HPSP) provides one- to four-year scholarships covering your full tuition at an accredited college or university of your choice, a monthly stipend of more than $2,500, required fees for medical school and reimbursement for other allowable expenses. Qualified graduate school students are also eligible to receive a $20,000 sign-on bonus. Come and learn how the US Army Medical Department can help fund your education so you can concentrate on being a successful health care professional without the debt.</td>
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Friday, 9:00 AM continues...
Explore Endless Opportunities with Tallo
Over 1.7 million students, young professionals, and job seekers use Tallo to showcase their extracurricular and academic experiences and goals to colleges and companies nationwide. On Tallo, users create a free digital portfolio to earn verified digital badges from organizational and educational partners, match with over $20 billion in scholarships and financial aid and connect directly with admissions representatives and employers for educational opportunities, internships, and job opportunities, and career-related events. Getting started is easy! Go to Tallo.com/jag to connect to opportunities.

Leveraging Your Pre-Med Interests to Stand Out: College Admissions Success
You’ve got questions about the college admissions process ahead of you - and CollegeAdvisor.com has the answers! Admissions Specialist and Former Admissions Officer Ferrell Armstrong will show you how to build a game plan to tackle the increasingly competitive college application process. Get insight into how your medical and HOSA experiences can help you build your personal narrative on your college applications and learn about application strategy, supplemental essay writing, and test-optional policies as we navigate the changing landscape of college admissions.

An Insider’s Tips for Succeeding in Nursing School & Beyond
Dr. Stephens has over 35 years’ experience in nursing, both practice and academia. She has spent the past 2 decades as a researcher, educator, and consultant exploring nursing student resilience which is the basis of the RN P.R.E.P. (Personal Resilience Enhancement Plan) program. Through this research and work she has discovered several key factors that can greatly influence future success. Sadly, much of this information remains hidden from those who need it most: pre-nursing students. Workshop participants will be guided through a process to develop an individualized plan for choosing the right nursing program, succeeding as a nursing student, and preparing for a happy and healthy career in nursing.

Identifying and Responding to Victims of Human Trafficking in a Clinical Setting
Unbound Bryan-College Station is a local anti-human trafficking non-profit activated to prevent trafficking, identify victims, and serve survivors. This presentation, "Identifying & Responding to Victims of Human Trafficking in a Clinical Setting" teaches professionals about risk factors and warning signs of human trafficking, and how to respond to victims in a trauma-informed way. The training teaches members of our community about the realities of human trafficking, how to identify risk factors, and resources for helping potential victims they may know.

Discover Your Z-Print
No two zebras have the same stripes just like no two humans have the same exact strengths and abilities. This thought-provoking, insight-filled, and interactive workshop will help students find their Z-Print™ for success. Students will learn how their experiences, gifts/talents, and passions have created their Z-print to be effective leaders in every area of life.
<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>10:00 AM</td>
<td>Thomas Head: Easy Epi</td>
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<td>Hosted by the Georgia Emerging Infections Program, come discuss and learn the basics of epidemiology, the backbone of public health! Discuss myths, real world applications, and the role of the Emerging Infections Program in the world of public health in an engaging presentation about the world’s strongest pandemic defense.</td>
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<td>10:00 AM</td>
<td>Dan Limmer: Idealist, Pragmatist, Realist. The “-ists” of High School Education</td>
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<td>Educators follow a series of “-ists” as they gain experience in the classroom. This series is developed through experiences, challenges, highs and lows, and crises of faith. Experienced educators also find that there are other “-ists” like therapist that creep into our daily activities. Nowhere is it more relevant than in high school courses. Take a moment to reflect on the “-ists” in your educational experiences and use these concepts to keep your educational practice sharp and vibrant.</td>
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<tr>
<td>10:00 AM</td>
<td>Hugo Quezada, MD: Battery Ingestion: A Case Presentation</td>
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<td>Join this educational and engaging lecture about the dangers of magnet ingestions in children. We will explore an interesting real clinical case, explore evidence-based medicine, and speak about advocacy to prevent injuries from magnets.</td>
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<td>10:00 AM</td>
<td>Jenna Brent: Case Management Across the Care Continuum</td>
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<td>Case management is an exciting career across every aspect of healthcare. This workshop would include a multi-disciplinary approach in educating students about case management in many aspects of health care (nonprofit, for profit, bachelors, and master’s level) and would include a nurse, social worker, and therapist. Our team would lead participants through a case scenario, expanding the thought process of hospital to home.</td>
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<tr>
<td>10:00 AM</td>
<td>Starla A. Ewan: Starla’s: How Do You Thrive, Not Just Survive?</td>
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<td>Great study tricks to help you learn ANY subject faster and be successful in less time! Learn to ‘see’ the traps before they nab you and slow you down or keep you from your goals! Enjoy this fun session for pumping up the success level in your life and future...especially college!</td>
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<tr>
<td>10:00 AM</td>
<td>Theljewa Garrett: Take the Gavel, And Run It</td>
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<td>You’ve been handed the gavel and now it’s time to run it! During this interactive workshop, you will learn how to manage your meeting or Parti Pro Team and “Shatter Your Own Expectations!”</td>
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<tr>
<td>10:00 AM</td>
<td>Kara Mayes, MD: Real Stories of Family Medicine: Finding YOUR Passion, Purpose, and Impact</td>
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<td>The hardest part of your path to a career will be determining what inspires you, what gives you purpose, and how you can make the biggest impact on people and society. Learn from a panel of passionate family physicians about how they found a career of service and purpose that keeps them whole. Hear stories and share laughs and tears with the speakers as you learn how family medicine impacts communities in and outside the exam room.</td>
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Friday, 10:00 AM continues...
Christi Lower  
Director of Academic and Workforce Development  
AHIMA

Health Information Careers and Certification Pathways  
This session introduces an interactive career map tool that identifies career roles in Health Information, associated credentials, and workforce demand. Participants will gain an understanding of how they can be supported in curriculum delivery and student resources. STEM roles in health data, information and technology are anticipated to grow at a higher-than-average rate over the next 10 years (OOH, 2021). The interactive AHIMA career map provides a mechanism for career exploration and decision making to identify knowledge skills and competencies required to attain nationally recognized credentials for those jobs regionally in demand. A unique opportunity exists for students to quickly attain work ready skills and credentials and continue to learn while they earn through stackable credential attainment and career advancement via workforce tools and academic supports.

Madison Riley  
Marketing & Student Recruitment Specialist  
MUSC College of Pharmacy

So, You Want to be a Doctor?  
Becoming a Doctor of Pharmacy is one of the fastest ways to become a doctor, is one of the most trusted professions, and opens the door to over 100 exciting career paths. Most people have interacted with pharmacists in places like CVS and Walgreens, but pharmacists also work in a number of different practice settings and do much more than just counting pills. Pharmacists interact directly with patients, go on rounds in the hospital with other healthcare professionals, research and develop groundbreaking new drugs, and so much more! In my presentation, I will discuss the many different pharmacy career paths and how students can become a pharmacist.

David Green  
Director, Office of Career Promotion  
American Association of Colleges of Podiatric Medicine

So, You Want to Learn How to Suture?  
AACPM’s highly interactive “hands-on-workshop” is designed to provide HOSA participants with the opportunity to learn suturing techniques from practicing podiatric physicians (DPMs). Our DPMs leading this workshop will provide participants with basic suturing skills as well as compelling personal insights on why being a DPM is an amazing health career choice! Participants will be able to take their suture boards with them having just learned these important techniques.

Friday, June 24, 11:00 AM

Patrick Grady  
President & CEO  
Today ‘n Tomorrow’s Enterprises, Inc.

Would You Rather ... Be A Leader?  
This highly interactive, all-inclusive workshop focuses on making choices as a leader and how our choices define us and the direction of our organization. Whether we are building our officer team and/or sharing with others the value of our mission as we recruit new members and build a legacy and a strong future for our organization. Be prepared to laugh, participate, and share ideas!

Friday, 11:00 AM continues...
Bringing Virtual Patients to High schools & CTE programs

Today’s students love to use technology! Body Interact helps teachers bring active learning into the classroom with interactive Virtual Patients. These simulations allow students to act as healthcare professionals just as in real life! Join us to learn how to integrate Virtual Patients into your curricula.

MindShifting Habits of Highly Successful Leaders

Imagine the possibilities if you could harness the power of your magnificent biological supercomputer! Tap into this potential and be the best version of yourself: confident, authentic, and in control! During the workshop, you will learn how to: (1) Perform at the highest levels under pressure, (2) Eliminate negative self-talk and replace it with confidence that attracts success, and (3) Strengthen your body by strengthening your mind.

Athletic Training from A - Z; What You Need to Know to Become One!

Join the National Athletic Trainers’ Association (NATA) for an overview of the NATA, the Board of Certification for Athletic Trainers, the educational requirements, and the profession as a whole.

Financial Aid Basics

Our “Financial Aid Basics” presentation is designed to help students and their families understand financial aid, prepare for the FAFSA, and understand financial aid components like scholarships, grants, federal loans and how to finance the gap.

Hands-on Anatomy Lab- Building Hamstring Muscles in Clay

Hamstring injuries are among the most common injuries reported by athletes - especially high-speed runners and kickers - around the world. In this session participants will create the four hamstring muscles and discuss the causes, symptoms, and repair of hamstring strains and tears. Great way to add hands-on and engaging activities to health science and anatomy courses.
**Peter Marotta**  
Senior Simulation Clinical Educator  
Nasco

*Advisors Only*

**What are the questions you need to be asking to start or improve your simulation training?**  
Before you look at equipment what are the questions you need to be asking to ensure you have plan that will help ensure that you are on the right track. Having too much capacity can be as bad as not enough, the result is equipment sits in closet not used or underutilized. The workshop will go over doing a survey current capacity, curriculum, and scope of practice as well as current and future demands to the program. Lastly will be an over view available technology and developing solutions to meet the defined needs. The workshop will include worksheets and sample equipment to use as references as part of the presentations.

**Mandy Nau**  
Executive Director  
Health Professions Week

**Guess Who? Panel**  
Can you Guess Who? Meet these amazing professionals and see if they can stump you about which health profession they represent! Each panelist will have one minute to introduce themselves and provide a brief overview of their profession – they’ll tell you about what they do without telling you who they are! Then, the audience will have an opportunity to guess who each professional is before we reveal who is on the panel. Following the reveal of the professions, each panelist will have more time to share key highlights about their profession and why prospective students should consider it as a career path. The goal is to provide a fun and informational panel which offers a brief introduction to all the professions. If time allows, we’ll take questions from the audience.

**Christie Catlin**  
Chief of Staff  
**Sandra Gomez Ventura, M.P.H., PhD**  
Director of Tele Programs in Honduras  
Global Health Squads

**Gain Real-World Medical Skills Through Virtual Experiential-Learning**  
In this workshop, participants will interact in a live Zoom session with our medical team in Honduras, traveling in real-time to visit our clinic in Honduras and participate in our telemedical consultations and rural healthcare programs. Learn how virtual service-learning can easily be implemented into classrooms and how these efforts not only change the lives of those in need, but also provide valuable healthcare skills and experiences for students. Explore further opportunities to volunteer abroad in our healthcare clinics and programs.

**Julie Ray, Ed.D.**  
Owner  
Be of Love, LLC

**Make Friends with Your Nervous System the HeartMath® Way**  
Students will learn and practice three HeartMath® research-based strategies to support them in managing the stress in their lives and preventing some of it before it happens. They will learn (1) How to listen to the information/messages your body is giving you and what to do next, (2) How to de-escalate when you react/feel heavy emotions (get out of lizard brain into wizard brain), (3) How to shift negative attitudes with positive attitudes, (4) Daily practices to lessen the stress in your life and feel more empowered and self-assured in your day-to-day activities. These techniques are simple, and you may be inspired to share with others because of the calming results you will receive.

**David Green**  
Director, Office of Career Promotion  
American Association of Colleges of Podiatric Medicine

**So, You Want to Learn How to Suture?**  
AACPM’s highly interactive "hands-on-workshop" is designed to provide HOSA participants with the opportunity to learn suturing techniques from practicing podiatric physicians (DPMs). Our DPMs leading this workshop will provide participants with basic suturing skills as well as compelling personal insights on why being a DPM is an amazing health career choice! Participants will be able to take their suture boards with them having just learned these important techniques.
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What Every Advisor Needs to Know about Careers in Veterinary Medicine

When most people think about careers in veterinary medicine, it’s usually limited to your local neighborhood veterinarian. However, opportunities in veterinary medicine are much more diverse and often similar to human medicine. Veterinary professionals provide animal health care, but veterinarians also do many other jobs. Learn about resources to help your students explore careers in veterinary medicine.

Addressing Barriers to Care: Lessons and Insights from Abroad and at Home

Regardless of a country’s healthcare or economic resources, certain populations of patients face increased challenges accessing care. Different healthcare systems, however, develop unique methods for addressing these barriers to care with varying levels of effectiveness. Looking beyond one’s own borders to the ways in which other countries address issues with care delivery can provide valuable insights toward solving the healthcare problems in one’s own backyard. In this workshop, participants will hear from presenters (one working in Boston, MA and one working in Maputo, Mozambique) regarding their personal experiences working with underserved populations and strategies for improving patients’ access to care.

Introduction to Hospital Careers—Clinical, Non-Clinical, and Jobs You Can Do Today

This session will explore different types of healthcare careers within hospitals. From hands on clinical care positions like nursing and respiratory therapists to non-clinical careers like hospital administrative positions and social media managers to hospital positions you can fill now while still a student. Kelly Insana from the Tennessee Hospital Association will provide a brief overview of some of the most in-demand hospital positions and the benefits of working in a hospital. There will also be opportunities to win Amazon gift cards!

The Benefits of Becoming a Tennessee AHEC Scholar

The Tennessee AHEC Scholars Program is part of a national initiative to prepare tomorrow’s health professionals to become leaders in inter-professional, transformative practice settings, and to serve in areas and populations with the greatest needs. The TN AHEC Scholars Program aims to improve the diversity, distribution, and skills of health professionals across Tennessee by preparing students who are interested in careers in a variety of health professions for effective work in the current transforming health care delivery system. This session will discuss the following: What is an AHEC Scholar? Who can become an AHEC Scholar? What are the benefits of becoming an AHEC Scholar? Also, an opportunity to talk with current and previous AHEC Scholars who will share their perspectives, and experiences in the program.
Marshall Bailly  
Executive Director  
Leadership Initiatives

Live Virtual Diagnosis in the Developing World  
Participants will be transported to a hospital in Bauchi State Nigeria, where they will be able to interact with patients in real-time. Using a doctor in Nigeria as an extension of themselves, one pre-trained high school student will use Oculus Rift Goggles to examine and diagnose a patient who cannot afford medical care. Discover how technological innovation is transforming healthcare around the world, by viewing a live presentation.

Peter Marotta  
Senior Simulation Clinical Educator  
Nasco  
*Advisors Only

Understanding and Right Sizing the Range of Technology in Healthcare Simulation to Expand Your Training Options  
What are the available ranges of technology in simulation - training benefits, limitations, and strategies to get more out of them in your program? How do you balance your training to get the right amount of technology so that you spend more time teaching? This will be a hands-on tour and application of how these tools can be used in the classroom, sim/lab and clinical as well as on site and remote use of equipment. The workshop will provide worksheets and workstations for hands on to support some samples of the technology with traditional and AI manikin based, virtual and cloud-based systems with discussion to include augmented reality. Application will also include incorporation of technology with standardized patients.

Sarah Walters, MSN, APRN, CPNP-AC  
Lead Advanced Practice Provider, Pediatric Otolaryngology-Head & Neck Surgery  
Monroe Carell Jr Children’s Hospital at Vanderbilt

Multidisciplinary Teamwork: The Future of Healthcare Delivery  
Healthcare delivery is a team sport, often involving multiple specialists and appointments for diagnosis and treatment. The Complex Aerodigestive Evaluation Team (CADET) at the Monroe Carell Jr. Children’s Hospital at Vanderbilt includes a nurse coordinator, dietician, speech & language pathologist, nurse practitioners and doctors from Otolaryngology (ENT), Pulmonary, and Gastroenterology who work as a team to provide comprehensive medical and surgical evaluations for children with complex breathing and swallowing disorders. This workshop will highlight the work of this team and how multidisciplinary care teams are shaping the future of healthcare by using core values of teamwork to enhance the patient care experience through coordinated communication and treatment plans.

Linda Stanhope  
Kim Turnbull  
Authors  
G-W Publisher  
*Advisors Only

21st century Teaching Strategies for Med Term  
In an interactive session, authors of the new edition of Introduction to Medical Terminology, Linda Stanhope and Kim Turnbull, will introduce different teaching strategies to make “Medical Terminology” fun for both the instructor and students. Strategies include both online activities and hands-on labs, skills, research, drills and review games, case studies, quick quizzes and more. Advisors will also learn how these activities and labs can help students prepare for the HOSA Medical Terminology event throughout the school year!

Patrick Grady  
President & CEO  
Today ’n Tomorrow’s Enterprises, Inc.

Would You Rather ... Be A Leader?  
This highly interactive, all-inclusive workshop focuses on making choices as a leader and how our choices define us and the direction of our organization. Whether we are building our officer team and/or sharing with others the value of our mission as we recruit new members and build a legacy and a strong future for our organization. Be prepared to laugh, participate, and share ideas!

NaShieka Knight  
Director, Workforce Transformation  
Association of American Medical Colleges (AAMC)

Navigating the Pathway to a Career in Medicine  
This interactive workshop is designed to equip students with tools, resources, and information that will prepare them to navigate pathways to a career in medicine. Learn from current students in medical school and residency programs who will share valuable insights from their experiences along their educational journeys. Connect with pre-health advisors and admissions officers who will describe the knowledge, skills, attitudes, and experiences valued by medical schools to support students interested in the medical school application process. This session will be delivered through a combination of a panel followed by interactive breakout discussions.
<table>
<thead>
<tr>
<th><strong>Friday, June 24, 2:00 PM</strong></th>
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<tbody>
<tr>
<td><strong>Jeremy Turkall</strong></td>
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<tr>
<td>Manager, Educational &amp; Student Affairs</td>
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<tr>
<td>USF Morsani College of Medicine, School of Physical Therapy &amp; Rehab Sciences</td>
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<tr>
<td><strong>Get Accepted and Find the Right Fit Program</strong></td>
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<td>Getting accepted to a health professional program is important, but even more valuable is finding the right fit program for you. Come learn some tips and tricks on applying &amp; getting accepted to any of the health professions (MD, PharmD, DPT, AT, PA, etc.), but also learn about what to look for in determining the right fit.</td>
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<tr>
<td>Presidential Boardroom A</td>
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<tr>
<td><strong>Nichole Foster</strong></td>
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<tr>
<td>Program Director</td>
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<tr>
<td>Vanderbilt University Medical Center</td>
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<td><strong>Pharmacy Technician Education and Training</strong></td>
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<td>Describing Pharmacy Technician Roles and The Pharmacy Technician Training Program at VUMC and Career opportunities.</td>
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<tr>
<td>Presidential Boardroom B</td>
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<tr>
<td><strong>Sandra Eiler, LPC</strong></td>
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<td>Thrive Therapy Services</td>
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<td><strong>Overcoming Anxiety</strong></td>
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<td>This workshop aims to teach HOSA participants about current mental health needs in the field, particularly anxiety. Anxiety is one of the most common diagnoses seen in our practice and the symptoms manifest in a variety of ways. We will look at diagnoses that may look like anxiety but may be PTSD or OCD. What is anxiety? What does it look like in the form of symptoms? How is it assessed and diagnosed? How is it treated? This will be an interactive workshop in which HOSA participants may look at some of their own symptoms of anxiety and practical tools that they may employ in order to reduce symptoms as needed. The presenter in this workshop is a private practice owner who specializes in trauma, has a thriving practice, works with training those individuals fresh to the mental health field, works with children, teens, adults, veterans, and is passionate about helping others heal and live their best lives.</td>
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<tr>
<td>Jackson AB</td>
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<td><strong>Tonya Aerts</strong></td>
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<td>PLTW Biomed Teacher</td>
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<td>HOSA Advisor</td>
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<td>New Prairie High School</td>
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<td><strong>Find Purpose, Change the Culture, and Maybe Save a Life- Become a Heart Safe School</strong></td>
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<td>New Prairie High School in Indiana suffered a devastating tragedy when senior Mark Mayfield collapsed during an intramural basketball game and died from sudden cardiac arrest. Learn how his teacher and classmates processed their loss and began the work needed to become the 1st Heart Safe School in Indiana. Known as the #1 cause of death of student athletes on secondary and collegiate campuses, sudden cardiac arrest can happen to anyone, anytime, anywhere. Is your school ready if someone suffers SCA on your campus? Learn what YOU can do to save lives and make your school heart safe. Follow New Prairie HOSA on Facebook at New Prairie HOSA or on Instagram @npusc_hosa.</td>
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<td>Jackson CD</td>
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<td><strong>Bergen Morehouse</strong></td>
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<td>Competitive Events Director</td>
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<td>HOSA-Future Health Professionals</td>
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<td><strong>HOSA Competitive Event Preview</strong></td>
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<td>Members of the HOSA Competitive Events staff will preview what to expect in 2022-2023 for the HOSA Competitive Events Program.</td>
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<tr>
<td>Jackson EF</td>
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<tr>
<td><strong>Paul Booden</strong></td>
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<td>Former HOSA, Inc. Board Chair; State Advisor; and Corporate Trainer</td>
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<td><strong>Find Your Leadership Pathway</strong></td>
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<td>Identify and experience your personal leadership style as part of a team. The session will include an experiential activity along with leadership trait identification. This is not a sit-and-listen activity! You will depart with a better understanding of your personal leadership style along with methods to implement in your HOSA Chapter to improve individual and team performance.</td>
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<tr>
<td>Lincoln A</td>
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<tr>
<td><strong>Tesha Cagle</strong></td>
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<tr>
<td>Owner</td>
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<td>Dental Diversity Diva</td>
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<tr>
<td><strong>Diversity in Dentistry</strong></td>
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<tr>
<td>The benefits of being an oral health provider. How the demographics of our country are rapidly changing and how inclusive dental care providers can prepare and support that change.</td>
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<td>Lincoln B</td>
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### 45th INTERNATIONAL LEADERSHIP CONFERENCE

#### Session: Friday, 2:00 PM

<table>
<thead>
<tr>
<th>Presenter</th>
<th>Title of Presentation</th>
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<tbody>
<tr>
<td>Steven King</td>
<td>Anatomage: Explore the World of Virtual Cadaver Dissection</td>
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<tr>
<td>LTC LaKisha Wright, MAJ Karlene Wright, CPT Kristen Calo, CPT Colleen O’Connor</td>
<td>Civilian vs. Military Nursing</td>
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<tr>
<td>Donna Belvins, Ph.D.</td>
<td>MindShifting Habits of Highly Successful Leaders</td>
</tr>
<tr>
<td>Rob Braun, Mariah Nevels, MHA, Chris Saylor, CHES</td>
<td>Our World, The Social Determinants of Health Board Game</td>
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**Steven King**  
Director of Sales  
Anatomage

**Anatomage: Explore the World of Virtual Cadaver Dissection**  
The Anatomage Table is the world's first virtual dissection table! Learn how the cadavers on the Anatomage Table are created using images from real people. This workshop will allow participants to explore the cadavers and learn about their unique pathologies & anatomical variations.

**LTC LaKisha Wright, MAJ Karlene Wright, CPT Kristen Calo, CPT Colleen O’Connor**  
Army Cadet Command (ROTC)  
U.S. Army

**Civilian vs. Military Nursing**  
Army nurses will share their careers in the military and the opportunities that have been afforded. They will compare and contrast these opportunities to those offered in the civilian sector in order to expose those attending the conference to the uniqueness of being in the military. The nurses speaking at the conference span over 20+ years’ experience in the military and will detail what has led them to continue to serve and how this will assist them when they return to the civilian sector in their next career.

**Donna Belvins, Ph.D.**  
MindShift Coach  
Gaming & Media Consultants LLC

**MindShifting Habits of Highly Successful Leaders**  
Imagine the possibilities if you could harness the power of your magnificent biological supercomputer! Tap into this potential and be the best version of yourself: confident, authentic, and in control! During the workshop, you will learn how to: (1) Perform at the highest levels under pressure, (2) Eliminate negative self-talk and replace it with confidence that attracts success, and (3) Strengthen your body by strengthening your mind.

**Rob Braun, Mariah Nevels, MHA, Chris Saylor, CHES**  
Our World, LLC

**Our World, The Social Determinants of Health Board Game**  
Our World is an interactive board game that can be used to educate students, professionals, and community members about the social determinants of health, which currently affect many economically challenged communities and communities of color. Our World – The Social Determinants of Health board game was created to inform players about issues that affect both individual and community health, particularly in disproportionately impacted communities. Our World incorporates real-life topics such as infant mortality, lack of access to health care, poverty, food instability, crime/violence, racism, mental health, and many more issues. While playing, the participant will encounter many of these issues and make decisions that will impact them and their family throughout the game. The purpose of playing this game is for each individual to become aware of the health issues present in marginalized communities and to begin a conversation on how we can find solutions while spotlighting the health disparities that affect racial and ethnic minorities.

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*Lincoln C, Lincoln D, Lincoln E, Washington B*
Delegates must be registered for HOSA’s ILC to be eligible to take an ATC test. One test is included for every HOSA delegate in secondary, postsecondary/collegiate, and alumni divisions with the $90 ILC registration fee. Additional tests are available for $20 per test.

There is no maximum to the number of NGL ATC tests that can be taken at ILC, as long as the competitor can logistically sit to test in all events for which they are registered.

The NGL ATC will be open at ILC on Wednesday from 10:00 am – 5:00 pm, Thursday from 8:00 am – 8:00 pm, and Friday from 8:00 am – 3:00 pm.

Competitors can test any time at their availability during these times. NO WALK-UP registrations will be taken.

NGL ATC registrations can be made until Tuesday, June 21 at 10:00 p.m. Registrations after May 15 should be emailed to hosa@hosa.org. Again, no WALK-UP registrations will be accepted on-site during NGL ATC testing.

Who is eligible?
HOSA members and alumni may test.

Do you have to qualify at your State Conference?
No. State Conference qualification is not required.

Can you take an NGL ATC test and compete in another competitive event?
Yes. Competitive events are open to NGL ATC participants.

Test options include:
- AAFP Family Medicine Career Test
- Allied Health Statistics
- Anatomy and Physiology
- Biochemistry
- Biology
- Career Development
- General Chemistry
- Human Heredity
- Leadership
- Math for Health Professionals
- Microbiology
- Occupational Health and Safety
- Organic Chemistry
- Physics College

Please see the Competitive Events Guidelines for more information on each test: hosa.org/guidelines/
Advisor Staff Development Objectives

Completion of specific learning objectives will result in earned contact hours. Upon completion of the stated objectives and evaluation forms, the advisor will be awarded a certificate of credit before leaving the conference.

Objectives for HOSA staff development opportunities at the 2022 ILC are:

- Apply rules and procedures for ILC registration.
- Prepare HOSA members for all aspects of conference involvement.
- Network with HOSA Advisors from other schools and states.
- Participate in the HOSA ILC Opening Session.
- Discuss products and services with professionals at the HOSA Exposition.
- Discuss rules and procedures for a specific competitive event.
- Analyze roles and responsibilities of the competitor, judge, and event personnel.
- Carry out duties of the event manager or section leader for an assigned event.
- Evaluate a competitive event in regard to processes, results, and competitor reaction.
- Identify management structure and adult leaders of HOSA.
- Discuss roles and responsibilities of the chapter advisor at the ILC.
- Attend and actively participate in two educational symposium workshops.
- Discuss 2022 conference rules.
- Discuss pros and cons of new business items.
- Evaluate candidate speeches.
- Analyze role of the Executive Council in the implementation of the Recognition Session.
- Evaluate HOSA services that are recognized at the international level through the Recognition Session.
- Identify recognition opportunities for HOSA members through Recognition Category events.
- Evaluate results of the HOSA International Executive Council Election process.
- Review guidelines of the event you are selected to judge.
- Evaluate ILC strengths and weaknesses and provide feedback to HOSA Management, thereby developing an understanding of why certain processes are in place, and provide suggestions for improvement.
- Develop a plan for managing a HOSA chapter as an integral part of the health science curriculum.

You will be able to choose from the following options:

A. Preparation of HOSA Members for ILC, Conference Registration, HOSA Advisor Networking and Opening Session
   - Varies 5 hours

B. Competitive Event Management
   - Varies 5 hours

C. Advisor Sessions:
   - Local and State Advisor Orientation
     - Wednesday, June 22
     - 1 hour
   - New Advisor Coffee Talk (for new advisors only)
     - Wednesday, June 22
     - 1 hour

D. Educational Symposia
   - Varies 1 – 6 hours
   - Multiple workshops are offered. To earn the 1-3 hours for this activity, advisors must attend one, two, or three Educational Symposium workshops.

E. Special Sessions:
   - Business Session
     - Friday, June 24
     - 2 hours
   - Friday, June 24
     - 2 hours
   - Must attend both sessions in order to earn the hours.

F. Advisor Support
   - Varies 1 – 8 hours
   - Advisors may participate in Courtesy Corps at one of the following events: General Sessions, Special Activity on Friday night or Dance on Saturday night.

G. HOSA University 401 New Advisor
   - or 501 Advanced Advisor
   - Friday, June 24
   - 4 hours

H. HOSA Expo
   - Varies 1 – 3 hours
   - Multiple exhibits are part of HOSA’s expo. To earn hours for this activity advisors must visit 5, 10 or 15 exhibitors.

Continuing Education Units Offered at HOSA’s ILC

HOSA offers Continuing Education Units (CEUs) for educators. If you are interested in receiving credit, please go to ilc.hosa.org/ceu to download a CEU information packet and get started.

CEU certificates will be awarded by HOSA-Future Health Professionals. Chapter advisors should check with their local school administration or state advisor to determine if these CEUs are recognized for meeting state teaching licensure requirements.

The CEUs offered are “education” CEUs, not “nursing” CEUs.

The CEU certificate indicates 10 hours = 1 CEU. If your school measures units by the hour, the certificate will show the hours.

Advisors must complete 10 hours of staff development to earn one CEU or 20 hours to earn two CEUs. A maximum of 20 hours or two CEUs will be awarded per person; partial credit or hours will not be awarded.
Conference Exhibitors
Competitive Events Information

Competitive Events Information

Competitive Events Information

Eighty-four competitive events will be conducted in six program areas at the Secondary and Postsecondary/Collegiate levels including 19 competitive events at the Middle School level at the International Leadership Conference. HOSA competitive events are conducted as incentives for HSE students to be recognized for achievement related to career and leadership development. Competitive events are designed to complement the health and biomedical science education programs through application of the instruction received. This practical experience assists the HOSA member in developing the knowledge, skills, and attitude required to deliver quality healthcare.

Round Two Appointment Times
For all events with a round two, the list of round two finalists will be posted online and in the HOSA app according to the CE Schedule. The list of finalists’ names will also include their specific appointment time with judges, as well as a “Round Two Info Sheet” that describes how the round two will take place and any pertinent announcements for round two. The round two info sheets will be especially important to review for any skill events taking place at off-site hospital and college/university locations.

Testing
For all competitive events with a round one test, or events that are test only, there will be a designated room and time, as listed in the CE Schedule, to take these tests. Competitors will arrive at the Testing Room at the time listed for their test. A time stamp will be placed at the top of each competitor’s test to indicate their “start time.” Competitors will be responsible for checking the large clocks that will be positioned in the room and completing their test within the allowed time frame. When they are done testing, competitors will turn in their test booklet and testing scantron in at the back of the room. Testing Room Proctors will be checking the “time stamps” to ensure the competitor has completed the test within the allowable time frame. In all events, a 5-minute buffer will be given to competitors. For example, if a test allows 60 minutes, then competitors will have 65 minutes from the “start time” that was stamped on their test. With this new Testing Room setup, competitors can expect the entire room to have competitors flowing in and out, all day. While it may be different than in the past, all competitors will have the same atmosphere for testing.

Competitor Orientations
There are no longer in-person competitor orientations on-site at ILC. Everything that will be shared in these orientations can be found in either the event guidelines or the ILC program/schedule. We will be creating a basic competitor orientation video, and once available, that will be shared at: https://hosa.org/ilccompete/. Competitors should look for this orientation video, visit this webpage often and, most importantly, read the guidelines!

Arrive on Time
Representing a chartered association as one of three competitors in an event at the ILC is an extraordinary honor. This privilege is an exciting experience with opportunities to share knowledge and hard work in order to be recognized for accomplishments. Therefore, it is the competitor’s responsibility to arrive to compete as scheduled in the ILC agenda that is in the ILC Program Book/Program App.

Special accommodations will NOT be made for competitors who fail to arrive to their event on time; therefore, you should remember:

• Nashville airport is approximately 30 minutes from the hotel (if there are no traffic problems).

• ILC housing is spread among multiple hotels. (When you receive your hotel assignment, check out the bus travel time from your hotel to the Gaylord Opryland Hotel and Convention Center.)

Reminder: make-up tests or other accommodations will NOT be given for late arrivals*; missed bus; missed route; missed time; missed location; read the agenda wrong; etc. Exceptions for Acts of God will be considered on a case by case basis with the competitor, State Advisor, and CE Management Team.

Hotel Property
Conduct any at any HOSA function, whether it is a general session or in the cleanliness of a sleeping room, should make a positive contribution to the reputation of HOSA. Advisors should check rooms before departure from the hotel to ensure that they are left in good condition. Delegates are responsible for any vandalism to hotel rooms or property and will be expected to pay any and all damages incurred.

Conference Name Badges
Conference name badges must be worn at all times. For conference activities, wear your name badge in plain sight to ensure your admittance to conference functions. The name badge serves the entry to all official conference functions including general sessions, business session, workshops, and for bus transportation to competitive event sites. Name badges are vital to HOSA’s ILC Security plan. No name badge, no admission to ILC functions. For security purposes, do not wear the conference badge while touring the city. Replacement badges are $5 and can be obtained at the Conference Headquarters with proper identification.

General Sessions
Delegates must have a QR code ticket that will be scanned to attend the Opening General Session, Recognition Session, and the Awards Session. Only registered delegates and guests may attend the General Sessions and entertainment activities.

Educational Symposium and Workshops
Your conference name badge will serve as your admission ticket to all Educational Symposia and entertainment activities. We will also scan your QR code for attendance tracking. Please remember that seating for Educational Symposia is on a first-come, first-served basis while space is available.

Local and State Advisors’ Orientation Meeting
All local and state advisors are encouraged to attend the orientation meeting on Wednesday. All conference chairman will be present. Any changes in the program will be given at this time. This orientation is provided to ensure a smooth-running competitive events program and conference. In addition, first-time advisors are invited to participate in the New Advisor Coffee Talk Wednesday morning.

Voting Delegates
Each voting delegate will receive a voting delegate ribbon from their state advisor. All voting delegates are required to attend the Voting Delegate Activities including the Orientation, Meet the Candidates Breakfast, Candidates Speech Forum, and the Business Session. Voting Delegates should be seated in the voting delegate area at least ten minutes prior to the start of the Business Session. Official HOSA Uniform or blue or black suit must be worn. Voting Delegates should also bring a mobile device (i.e. smartphone or tablet) in order to participate in the eVoting ballot.

Executive Council Campaigning
Verbal campaigning may begin after the officer candidate slate is announced by the Nominating Committee. All conference delegates are invited to meet the candidates during the Candidate Speech Forum on Thursday.

Reproduction of Photographs
As a delegate to the International Leadership Conference, permission is granted to make photographs, videotapes, broadcasts, and/or sound recordings, separately or in combination, available for reproduction for educational and promotional purposes by HOSA unless you put in writing this exception.
Learn more about the CareerSafe OSHA 10-Hour General Industry (Healthcare) course.

“I decided to take the course and was truly impressed with the training I received. Having an OSHA credential on my resume has put me one step in front of my competition.”

- Kylie, High School Student

At the Vanderbilt Eye Institute, we bring together research, education and clinical care to advance the treatment of a full spectrum of eye diseases in adults and children.

Scan the QR code or visit VanderbiltHealth.com/EyeCare to see what our leaders are doing to help restore and improve vision for our patients in the community.
HOSA ILC

CODE OF CONDUCT

A good reputation enables members to take pride in their organization. HOSA members have an excellent reputation. Your conduct at any HOSA function should make a positive contribution to the reputation already established.

1. Your behavior at all times should be such that it reflects credit to you, your school/college, your state/country and HOSA. Members shall refrain from using inappropriate or profane language at all times. Members shall refrain from verbal, physical or sexual harassment, hazing or name-calling.

2. Members conduct is the responsibility of the local chapter advisor or chaperone. Members shall keep their advisors informed of their activities and whereabouts at all times.

3. HOSA Conference name badges shall be worn at all times at HOSA functions. You are expected to attend all general sessions and other scheduled conference activities. Please be prompt and show respect to those in the audience and on stage.

4. Members are to report any accidents, injuries or illnesses to their local chapter or state advisor immediately.

5. Members are expected to obey the designated curfew. (Curfew means that each person must be in their room by the designated hour.)

6. If a member is responsible for stealing or vandalism, the member and his/her parents will be expected to pay any and all damages.

7. Members/participants attending the International Leadership Conference may not purchase, consume or be under the influence of alcohol or drugs at any time. Violators will be subject to stringent disciplinary action.

8. The International Leadership Conference is a non-smoking conference.

9. Members who disregard the rules will be subject to disciplinary action and will be sent home at their own expense. Parents will be notified.

10. Any long distance phone calls, charges to the room, etc. will be the responsibility of the individual member and/or parents.

11. Members are to abide by the ILC Attire Policy at all business sessions, general sessions, competitive events and other conference activities.

12. As a delegate to the International Leadership Conference, permission is granted to make photographs, videotapes, broadcasts, and/or sound recordings, separately or in combination, available for reproduction for educational and promotional purposes by HOSA, Inc.

13. For Competitive Events — All work must be your own, created and completed by you alone (or with your event team). Plagiarism, copyright violation, cheating, and falsification of information are prohibited. Any attempt to gain an unfair advantage will not be tolerated. Any time outside sources are used for a project, the required Reference page (as listed in applicable event guidelines) must be completed. Competitors at ILC understand and agree to abide by the HOSA Honor Code.

GENERAL SESSION PROTOCOL: The general sessions should be enthusiastic but delegates must not be rude or obnoxious to those in the audience or on stage. It is important to remain seated until the end of the session. States that do not adhere to general session protocol will be asked to send a representative to a special meeting of the HOSA Executive Council.

Please occupy ALL seats at the Opening Session. Leave no empty seats as this means other HOSA members will not be able to enjoy the Opening Session. Your cooperation is appreciated and essential due to limited seating.
Process for Awarding Competitive Event Dress Bonus Points:
- For all competitive events, five (5) bonus points will be added in Tabulations once per competitor and/or team for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines.
- At the ILC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section Summary form, and signed by a member of the CE Program staff.
- Judges are NOT responsible for the awarding of dress bonus points; this is handled by competitive event personnel.

Competitive Events Dress Tips:
No policy can possibly cover all contingencies so HOSA members must use a certain amount of judgment in their choice of clothing to wear for HOSA competition. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor.

Note about HOSA’s Dress Code Policy:
Head covers for religious purposes or to honor cultural tradition are allowed.

Unacceptable Attire for Competition
This list is not limited to these specific examples:
- Casual tank, crop or tube tops
- T-shirts, sweatpants, sweat shirts
- Shorts, Capri pants, or other shortened pants
- Denim clothing or canvas shoes
- Beach or swim wear, athletic wear, sheer or mesh clothing
- Clothing revealing excessive skin or under garments.
- Torn, dirty or frayed clothing
- Clothing with obscene, offensive or suggestive art or print
- Flip-flops or thong sandals

Official Function Dress (Workshops, HOSA Expo and Social Activities):
Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the ILC. Social activities dress code will include everything EXCEPT: athletic clothing, swim wear, sheer or mesh clothing, tank tops, muscle shirts, crop tops and clothing with obscene or suggestive printing. Shirt straps must be two inches wide and the length of shorts and skirts must be at minimum to the fingertip.

Official HOSA
UNIFORM AND DRESS CODE

HOSA’s dress code policy has different areas of emphasis: general session dress; competitive events dress; and official function dress (workshops, HOSA expo and social activities). Refer to our poster for a visual dress code at hosa.org/appendices.

General Session Dress (REQUIRED):
Official HOSA Uniform Policy:
- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon long tie
- Closed-toe blue or black shoes (hose optional)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed

Non-uniform Alternative:
- Black or navy blue suit
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- White blouse (can be member’s choice)
- Accents: maroon or navy long tie
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional)
- Belt (blue or black)
- Head covers for religious purposes or to honor cultural tradition are allowed

Competitive Events Dress Attire:
Delegates must adhere to the policy as specified in the individual competitive event guidelines for the orientation and event in which they are competing. If the competitive event guidelines identify business attire is appropriate, competitors can either wear the official HOSA uniform or any of the following dress is acceptable (color is not specified for clothing or shoes for competition):
- Suit
- Shirts
- Sports Jackets
- Pants

Casual or Occupational Attire:
If the competitive event guidelines identify clinical uniform or attire appropriate to the occupational area for skill events, the following dress is acceptable (can be of any color/design, with or without a HOSA emblem):
- Scrubs, EMS attire, CERT attire
- Khaki pants with polo top
- Clinical or tennis shoes
- Shorts and flip-flops are not acceptable HOSA clinical attire.

Official HOSA Uniform Policy:
- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- White blouse (can be member’s choice)
- Accents: maroon or navy long tie
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed

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- Clothing revealing excessive skin or under garments.
- Torn, dirty or frayed clothing
- Clothing with obscene, offensive or suggestive art or print
- Flip-flops or thong sandals

Note about HOSA’s Dress Code Policy:
Head covers for religious purposes or to honor cultural tradition are allowed. Competitors should dress appropriately, based on the dress standards outlined for the gender to which they identify.

Official Function Dress (Workshops, HOSA Expo and Social Activities):
Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the ILC. Social activities dress code will include everything EXCEPT: athletic clothing, swim wear, sheer or mesh clothing, tank tops, muscle shirts, crop tops and clothing with obscene or suggestive printing. Shirt straps must be two inches wide and the length of shorts and skirts must be at minimum to the fingertip.

General Session Dress (REQUIRED):
Official HOSA Uniform Policy:
- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee-length skirt
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- Accents: maroon HOSA scarf or maroon long tie
- Closed-toe blue or black shoes (hose optional)
- Belt (blue or black)
- Head covers that are required for religious purposes or to honor cultural tradition are allowed

Non-uniform Alternative:
- Black or navy blue suit
- White, closed-neck, tailored dress shirt suitable for tie or scarf
- White blouse (can be member’s choice)
- Accents: maroon or navy long tie
- Members may choose to wear knee-length skirt or slacks
- Closed-toe blue or black shoes (hose optional)
- Belt (blue or black)
- Head covers for religious purposes or to honor cultural tradition are allowed

Competitive Events Dress Attire:
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- Khaki pants with polo top
- Clinical or tennis shoes
- Shorts and flip-flops are not acceptable HOSA clinical attire.
At the HOSA 2022 International Leadership Conference, HOSA honored 74 outstanding HOSA members, represented by 23 sponsors, an amount of $85,000. HOSA is also proud to announce $3,002,700 has been awarded in state scholarships. In addition, the U.S. Army offered 26 scholarships to HOSA members totaling $3,137,312.

HOSA-Future Health Professionals is proud to work with great partners to be able to present HOSA members a total of $6,225,012 in 2021-2022!
The most exciting competition!

Act as healthcare professionals and interact with a virtual patient that needs your help. Gather a team, bring your Advisor, and join us for the most exciting competition!

Get a chance to compete in the big final on Friday and win a $5,650 subscription award for your school.

No pre-registration required

bodyinteract.com
2022–23 HOSA
EXECUTIVE COUNCIL APPLICANTS

Olivia Burgess
Alabama
Secondary

Nini Nguyen
Alabama
Secondary

Aashika Desai
Arizona
Postsecondary/Collegiate

Derick Truong
Arizona
Postsecondary/Collegiate

Lonnie Ervin
Arkansas
Secondary

Rachel Thumma
Arkansas
Secondary

Vivian On
California
Secondary

Sahil Sood
Georgia
Secondary

Bavishya Yeruri
Georgia
Secondary

Lauren Trygstad
Minnesota
Postsecondary/Collegiate

Kaitlyn Jollimore
New Hampshire
Postsecondary/Collegiate

Corey He
New Jersey
Secondary

Anna Feng
North Carolina
Postsecondary/Collegiate

Harshita Gudipudi
North Carolina
Postsecondary/Collegiate

Sudiksha Singhal
North Dakota
Secondary

Thao Tran
Oklahoma
Secondary

Lindsey Vonghavaravat
Oklahoma
Secondary

Ajay Macherla
Pennsylvania
Secondary

Skyler Hays
South Carolina
Postsecondary/Collegiate

Gloria Hogan
Tennessee
Secondary

Youstina Saber
Tennessee
Postsecondary/Collegiate

Natalie Borrego
Texas
Postsecondary/Collegiate

Swaha Roy
Texas
Secondary

Ria Mohan
Washington
Secondary

Kevin Phalphouvong
Wisconsin
Secondary
2021–22 HOSA
OUTSTANDING STATE LEADERS

Madison Wilson
Alabama

Aashika Desai
Arizona

Rachel Thumma
Arkansas

Laura Avila
California

Leyi Zhang
China

Anna Gliwa
Delaware

Rhea Pitale
Florida

Reema Chande
Georgia

Tyler Lee
Hawaii

Madison Healy
Idaho

Julia Stover
Indiana

Youla Onayan
Iowa

Charlie Mattingly
Kentucky

Catherine Blondiau
Louisiana

Alex Norrenberns
Missouri

Ernesto Bellejar
Nevada

Siddharth Satish
New Jersey

Anjana Persaud
New York

Shiva Gadireddy
North Carolina

Sanjana Velu
Ohio

Julienne Racine
Rhode Island

Skyler Hays
South Carolina

Lucy Farley
South Dakota

Gloria Hogan
Tennessee

Disha Ganjegunte
Texas

Angie De La Cruz
Utah

Callie Simmons
West Virginia

Jared Lemminger
Wisconsin
Physical therapy helps people move and movement is essential to life.

Explore Careers in Physical Therapy.
apta.org/careers

COME TO
CHARLESTON, SOUTH CAROLINA!
2022 NATIONAL HEALTH SCIENCE CONFERENCE
PRE-CONFERENCE OCTOBER 25 | CONFERENCE OCTOBER 26-28

Charleston Marriott
Join us for the only nationwide conference 100% focused on health science education!
For info: hello@healthscienceconsortium.com
www.healthscienceconsortium.org
HOSA 2022 HEALTH SCIENCE CERTIFICATE LAB

Earn industry-recognized certificates in under an hour at HOSA ILC!
This unique opportunity is open to all HOSA members. Visit the certificate lab to demonstrate your knowledge and skills that have been validated by employers and higher education.

Earn a certificate in:
- National Health Science Assessment
- Medical Terminology
- Medical Anatomy & Physiology
- Biotechnology
- Food & Nutrition
- Nutrition & Wellness
- Certified Nursing Assistant
- Dental Assisting
- Medical Assisting
- Emergency Medical Technician
- Introduction to Physical Therapy
- Exercises Science / Sports Medicine
- and much more…

Gaylord Opryland Resort and Convention Center
Room: Presidential Chambers B

Lab Availability:
Wednesday, June 22, 9:00 AM–5:00 PM (Last Exam 4:00 PM)
Thursday, June 23, 9:00 AM–5:00 PM (Last Exam 4:00 PM)
Friday, June 24, 9:00 AM–2:00 PM (Last Exam 1:00 PM)

WANT TO STUDY? — Participants can prepare for these exams for free using MindTap, the online solution for CTE courses. Access the National Health Assessment Study Primer, and other online study tools outside the lab.
From tracking down and containing a medical outbreak to investigating a crime scene and solving a mystery, PLTW Biomedical Science students are taking on real-world challenges before they even graduate from high school. Working with the same tools used by professionals in hospitals and labs, students engage in compelling, hands-on activities and work together to find solutions to real problems that prepare them with the skills and experiences they will use throughout their lives. Learn more at pltw.org.
Showcase your passions and find opportunities.

Together, HOSA - Future Health Professionals and Tallo partner to connect the next generation of talent with opportunities. HOSA members can build their free digital portfolio on Tallo to showcase their HOSA experiences, future goals, and plans and connect directly with colleges and companies for healthcare-related opportunities, scholarships, career events, and more.

Get started at tallo.com/hosa

CREATE YOUR DIGITAL PORTFOLIO
Sign up, or login, to Tallo to organize your future goals and plans, showcase your HOSA involvement, and personalize your portfolio.

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Team Challenge

Five in One
In small groups, read the five definitions that follow and build the correct medical terms. Refer to the list of combining forms, prefixes, and suffixes in this chapter. See how many terms you can build in one minute.
1. surgical repair of the nose
2. study of life
3. structure or tissue surrounding the heart
4. inflammation of the small intestines
5. tumor or mass of the connective tissue

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Wednesday & Thursday: 9am-5pm
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The NAEMT Foundation:
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• Educates the public about EMS

For more information, visit the NAEMT Foundation at www.naemt.org in the “About NAEMT” section.

Are you considering a career in EMS?

Get the app for that, too.

At the International Leadership Conference, HOSA-Future Health Professionals will have an app to help keep you informed throughout the conference.

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• Educational Symposium Information
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Watch for an announcement on Facebook and Twitter when the app will become available for download.

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If you’re dreaming about becoming a medical professional, the Association of American Medical Colleges (AAMC) can help you on your path.

Whether you want to learn about the process, find research or volunteer opportunities, or learn more about the process of applying, our resources and programs can help.

We’ll help you get started, make a plan, and keep on track:

- Sign up for the Premed Navigator. This monthly newsletter is full of essential tips, tools, and information: aamc.org/premednavigator.
- Be inspired by Aspiring Docs. Fact sheets, videos, stories, and blog posts from premeds, med students, residents, and medical school admissions: aamc.org/aspiringdocs.
- Apply to the Summer Health Professions Education Program (SHPEP) for an unparalleled summer opportunity: shpep.org.
- Apply for the AAMC Fee Assistance Program. Those eligible can receive a $2,000+ benefit that includes complimentary or reduced-cost MCAT® prep materials, MCAT registration, MSAR® subscription, and AMCAS® application fees: aamc.org/fap.
- Review our Medical School Application and Acceptance Timeline to help plan your path to medical school: aamc.org/applicationtimeline.
- Learn about options to pay for medical school with FIRST: aamc.org/FIRST.

Wherever you are in your journey to medical school, the AAMC has the resources to support you.

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Learn more at our workshops and Expo booth at ILC 2022.

- Biotechnology Skills Roundup — learn the hands-on skills that will be a part of the new competitive event
- Teach the Science Behind the Medicine: ELISA — a hands-on workshop that explores the science behind rapid antigen/antibody tests (for example, for strep throat, pregnancy, and COVID-19)

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