Lindsey Vongthavaravat

Oklahoma HOSA | Deer Creek High School, Senior | lindseyvong04@gmail.com

SUMMARY STATEMENT

Taking the first step to my fullest potential through HOSA has allowed me to ***shatter my expectations*** of the person I thought I would become. For the past three years, HOSA has been instrumental in allowing me to build connections, find my passion for service, and learn how to lead with compassion. The connection I have grown to have with HOSA has shaped me into a leader that values ***learning*** from others, ***leading*** alongside others, ***serving*** with a purpose, and being ***innovative*** to make a difference. As part of the International Executive Council, I hope to open and share the door of opportunity that HOSA has provided to me to students across the world through encouraging and guiding them to ***shatter their own expectations*** and work towards taking that first step towards their fullest potential.

HOSA: Future Health Professionals

Leadership

- Oklahoma State Officer: Service Chairperson, organize and facilitate community service events 2021-2022
- Toby Keith's Kids Korral: coordinated and served as lead officer for this event where each officer donated toys towards toy drive and helped clean and sanitize patient play areas
- Chapter Officer: Francis Tuttle Technology Center's Biosciences and Medicine Academy - President and Secretary

Awards/Honors

- 2021 International Leadership Conference Public Service Announcement qualifier
- 2020 International Leadership Conference Public Service Announcement 6th place
- 2021 Oklahoma State Leadership Conference Public Service Announcement 1st place
- 2020 Oklahoma State Leadership Conference Public Service Announcement 2nd place

OTHER ACHIEVEMENTS

Leadership/Extracurricular Involvement

- HOPE Center of Edmond Teen Board, serving those who are in crisis situations 2021-2022
- Bethany Children's Health Center Teen Board, raise money for rehabilitative equipment 2020-2021
- Competitive Classical Pianist, competing both locally and state-wide 2008-2022
- Oklahoma Honor Society – top 10 percent of the student body 2019-2022

Serving Others

- Oklahoma Medical Research Foundation Research Intern, 6 hours/week 2021-2022
- Bethany Children's Health Center Patient Companion, 2 hours/week 2019-2022
- Bethany Children's Health Center Play While You Wait, 1.5 hours/week in summer 2019-2022
- INTEGRIS Baptist Medical Center Information Desk Attendant, 4 hours/week 2021-2022
- OU Children's Hospital content creator, built bingo pieces used in virtual game, 10 hours 2020

Awards/Honors

- National Merit Commended Scholar, top 50,000 student nationally recognized for PSAT score
- Advanced Placement Scholar with Distinction, College Board: received at least score of 3 on 5 or more AP test
- Oklahoma Regent's Academic Scholar, recognized for highest ACT subject scores in state

EDUCATION

Deer Creek High School, 4.0 GPA, Class Valedictorian ACT 35 / SAT 1530 Graduated May 2022