Sahil Sood

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6th Year HOSA Member

SUMMARY STATEMENT

As someone who got involved with HOSA at a young age, its influence has molded me into a better student, listener, and leader by providing a platform to network with like-minded individuals, connect with industry professionals to learn more about healthcare, and participate in a plethora of memorable events and experiences. For the past 6 years, HOSA has been my home away from home, and I aspire to serve on HOSA's Executive Council to help give back to the community that has nurtured my growth and ensure all members can reap the benefits of this multifaceted organization. HOSA's transformative nature democratizes access to healthcare and immerses students at an early age, and it would be my honor to serve on the council that catalyzes the same growth in HOSA as it has in me. I hope to continue to uphold the precedence of excellence paved by the past leaders of HOSA while finding my unique niche within the organization to further progress and shatter expectations.

EDUCATION

Lambert High School, Suwanee, Georgia — Aug 2019 – Present
GPA: 4.0/4.0 UW, 4.676 W | Class Rank: 1/717
Extracurriculars/Clubs: Student Government (Class President and State Vice President), iGEM (International Ambassador), Speech and Debate (President), SADD (President), Science Olympiad (Captain), Varsity QuizBowl, Varsity Swim and Dive

HOSA EXPERIENCE

State Officer, Georgia HOSA — Mar 2020 – Mar 2021

- Served over 15,000 members in the inaugural cohort of the Region Representative Team, a new addition to the State Officer Team
- Directly lead the development of three new resources: Chapter Management Guide, Monthly Member Newsletter, and Statewide Slack Workspace
- Presented workshops to members and officers at conferences and trainings
- Responsible for recording all weekly meetings and uploading them to a shared drive
- Conducted 9 chapter visits (virtual and in-person) to speak on leadership tips, SLC preparation, and a myriad of other topics
- Facilitated the creation of 2 new middle school chapters

President and Co-Founder, Riverwatch HOSA — Mar 2018 – May 2019

- Helped found a HOSA chapter at my middle school when the school began offering a healthcare pathway
- Served as President in 8th Grade, where I increased membership 30% and Top 5 SLC placements 17%
- Grew to be the largest middle school HOSA chapter in the world
- Hosted several competitive event preparation meetings
- Delegated tasks within my officer team to coordinate blood drives, service events, and chapter meetings

OTHER EXPERIENCE

Public Forum Debater, Lambert High School — Aug 2019 – Present

- Serve as the President of Lambert Speech and Debate, which went from a previously unranked debate team to a top 5 debate team in the nation (interviewed by several local news outlets)
- Currently ranked #2 in the world for Public Forum Debate by the NDCA out of over 10,000 debaters; won tournaments hosted by Harvard, Princeton, Columbia, and UChicago

Clinical Intern, Cleveland Clinic, Northside Hospital, and Georgia Clinic — Oct 2019 – Present

- Accumulated 400+ hours shadowing nephrologists, pulmonologists, and family medicine practitioners

President/Co-Founder, HYPE — Dec 2019 – Present

- Founded a multipurpose nonprofit that focuses on providing sustainable solutions for the future of society
- Conducted projects in several countries with $7,500 worth of resources donated domestically and internationally
- Have a healthcare branch that worked with local hospitals to support understaffed doctors during the pandemic

AWARDS/RECOGNITION

- 2nd Place SLC and 3rd Place ILC for Public Health (2019)
- 1st Place SLC and 9th Place ILC for HOSA Bowl (2021)
- Gold Barbara James Service Award
- 1st Overall Speaker, Columbia Debate Tournament
- 2x Grand Award Winner at State Science Fair
- 2nd Place at State Junior Science Symposium
- Champion of International Conrad Challenge
- Gold Medal at iGEM Synthetic Bio Competition

Skills

- Leader/Efficient Team Manager
- Trilingual: Hindi and English (Native), Spanish (Limited)
- Public Speaker and Proficient Communicator
- Social Media Creator/Graphic Designer