Digital Health Technology in a COVID-19 World

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During the December, 2020 AMSUS conference the presenters described the use of technology in the DoD prior to and after COVID-19. One of the things students may be very familiar with is apps. The DHA Connected Health Branch provides numerous apps for a variety of assistance to both patients and providers. The following assignment can be used to explore digital health technology.


   Answer the following questions. Your answers must be in complete sentences.
   A) What evidence in the text does the author give regarding the benefits of the Antimicrobial Stewardship App?
   B) What does the author want us to know about the benefits of the app when used with COVID-19?

2) Another app is for Provider Resilience. Read the article Strategies for Resiliency of Medical Staff During COVID-19 [https://www.mayoclinicproceedings.org/article/S0025-6196(20)30722-9/fulltext#back-bib3](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30722-9/fulltext#back-bib3).

   Answer the following questions. Your answers must be in complete sentences.
   A) What does the author feel leads to increased stress and burnout in the health care environment?
   B) Summarize two of the methods used by Mayo Clinic leaders to try to prevent increased stress and burnout and explain how the methods would be helpful.