## COMPETITIVE EVENTS UPDATE 2021 - 2022



AUGUST 5, 2021

This update summarizes most major changes to the event guidelines, but is <u>**NOT**</u> an all-inclusive list. Changes to both the rating sheets and rules are made every year for consistency and clarity. Full event guidelines should be printed new from hosa.org every september. To view a short video presentation about these changes, visit: <u>https://hosa.org/ceusefultools/</u>

Event	Update	
GENERAL EVENT UPDATES		
Skill Events – Point Values	In Health Professions and Emergency Preparedness skill events, the point values for each skill step will be updated for consistency. More weight will be given to skill steps that involve safety or communication.	
Competitor Orientations	Reminder, at ILC 2022, there will be no in-person competitor orientation prior to competition.	
HEALTH SCIENCE & RECOGNITION EVENTS		
Medical Law & Ethics	An additional resource has been added- Medical Law & Professional Ethics by Ritter & Graham.	
Medical Reading (SS & PSC divisions)	The Poisoner's Handbook: Murder and the Birth of Forensic Medicine in Jazz Age New York What Patients Say, What Doctors Hear Chasing my Cure: A Doctor's Race to Turn Hope Into Action	
	Why We Get Sick: The Hidden Epidemic at the Root of Most Chronic Disease – and How to Fight It Teen Leadership Revolution – How Ordinary Teens Become Extraordinary Leaders	
Medical Reading (Middle School division)	Chasing my Cure: A Doctor's Race to Turn Hope Into Action Being Mortal: Medicine and What Matters in the End Small Acts of Leadership: 12 Intentional Behaviors that Lead to Big Impact The Middle School Division event will be renamed "Foundations of Medical Reading" to help differentiate for the various divisions of competition.	
Pathophysiology	The test plan has been updated.	
Pharmacology	Pharmacology: Principles and Applications text resource will be retired due to an old publication date. It will be replaced with The Pharmacy Technician: A Comprehensive Approach by Jahangir Moini, which is also used in the Pharmacy Science event.	
Healthcare Issues Exam	The CNN and NBC resource sites will be retired. <u>https://ourworldindata.org/health-meta</u> will be added as the replacement to help bring a more global focus to the test content.	
Nutrition	The Middle School Division event will be renamed "Foundations of Nutrition" to help differentiate for the various divisions of competition.	
Dental Terminology	Changes will be made to the test plan.	
HEALTH PROFESSIONS E	VENTS	
Dental Science	The test plan will be revised as well as the list of skills. Thanks to the Dental Assisting National Board and the DALE Foundation's Entry Level Dental Assisting Curriculum Task Force for their support in making these updates.	
Nursing Assisting	The test plan will be revised.	
Identification Skills	In BT, VS, DS, RX, and SM, the identification skills will NOT be part of the 70% mastery that is required to be recognized as a finalist at ILC.	
Family Medicine Physician	A NEW event, sponsored by AAFP (American Academy of Family Physicians) will give competitors the opportunity to explore this field and understand the role primary care and preventive medicine play in health.	
Medical Assisting	The test plan will be revised.	

EMERGENCY PREPAREDNESS EVENTS		
CERT Skills	CPR and first aid content will be added to the test plan to align with recommendations in the CERT	
	Training Manual.	
CPR / First Aid and Life	The guidelines will be aligned to the newly released American Heart Association materials. Key items of	
Support Skills	note: tourniquet will be added for bleeding; treating a burn with running water/cool compress will be	
	added; unresponsiveness for infant changed to match child & adult; and two-thumb technique for infant	
	chest compressions will now be an option.	

Life Cumment Chille	The hume skill and AED skill from ODD/First Aid event will be added
Life Support Skills	The burn skill and AED skill from CPR/First Aid event will be added
Life Threatening Situations	The Red Cross FAST (First Aid for Severe Trauma) training will be added as a resource. The test plan will be updated and a new skill "Responding to a Violent Situation" added. Additional content surrounding Closed Loop Communication will also be added to applicable skills.
Public Health	2021 -2022 Topic: Good Oral Health = Good Overall Health
Epidemiology	The National Institutes of Health website resource has been replaced with a site from the Science Education Partnership for 8% of the test plan.
LEADERSHIP EVENTS	
Researched Persuasive Writing and Speaking	2021-2022 Topic: Vaping: Safe or Sorry?
Prepared Speaking and Speaking Skills	2021-2022 Topic: Shatter Your Expectations
Healthy Lifestyle	The ChooseMyPlate web resource will be retired and replaced with one from the World Health Organization: <a href="https://www.who.int/health-topics/">https://www.who.int/health-topics/</a>
Job Seeking Skills and Interviewing Skills	The job application will be removed. The cover letter will be modified to a personal statement. The addition of a digital profile on Tallo to showcase bio information, career interests, membership and extracurricular activities, work experiences, responsibilities, accomplishments, and education will be required.
Research Poster	The Secondary Division will now include the presentation component for judges, as opposed to only the poster component. The Secondary Division will now align to the Postsecondary / Collegiate Division.
TEAMWORK EVENTS	
Biomedical Debate	2021-2022 Topic: COVID-19 Vaccine Should be Required to Attend School (Grades 9+)
HOSA Bowl	The test plan / buzzer round plan will be updated for all rounds.
Public Service Announcement	2021-2022 Topic: Bone Marrow Donation Saves Lives! Note the potential tie-in with the HOSA Service Project, Be The Match
Health Career Display	The Middle School Division event will be renamed "Health Career Display Middle School" due to the event for Middle School Division being a single round event.