

Cultural Diversity & Disparities in Healthcare

New for 2021-2022

Editorial changes have been made for clarity.

Event Summary

Cultural Diversity & Disparities in Healthcare provides members with the opportunity to gain knowledge and skills regarding cultural competence in the promotion of better health. This competitive event consists of a written test with a tie-breaker essay question. This event aims to inspire members to learn about cultural diversity, identify disparities in healthcare, and understand cultural differences.

Dress Code Competitors must be in official HOSA uniform or proper business attire. Bonus points will be awarded for [proper dress](#).

- General Rules**
1. Competitors in this event must be active members of HOSA-Future Health Professionals and in good standing.
 2. Secondary and Postsecondary/Collegiate divisions are eligible to compete in this event.
 3. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the HOSA Competitive Events Program \(GRR\)](#)."
 4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's [photo ID](#) must be presented prior to ALL competition rounds.

Official References

- [Spector, Rachel E. Cultural Diversity in Health and Illness. Prentice Hall.](#)
- <https://medlineplus.gov/healthdisparities.html>
- <https://www.cdc.gov/minorityhealth/chdir/index.html>

Written Test

5. [Test Instructions](#): The written test will consist of 100 multiple choice items in a maximum of 90 minutes.
6. **Time Remaining Announcements**: There will be a verbal announcement when there are 60 minutes, 30 minutes, 15 minutes, 5 minutes, and 1 minute remaining to complete the test.
7. One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.

8. The test plan and resources for Cultural Diversity and Disparities in Healthcare are:

- Cultural Foundations 15%
- Health Disparities & Diversity 20%
- Health Traditions & Cultural Competence 15%
- Religion, Rituals, Health and Illness
 - Native American Heritage 10%
 - Asian Heritage 10%
 - African Heritage 10%
 - Hispanic/Latino Heritage 10%
 - European Heritage 10%

*NOTE: **Chartered associations/regions** may use a different process for testing, to include but not limited to pre-conference testing, online testing, and testing at a computer. Check with your Area/Region/State/**Chartered Association** for the process you will be using.*

9. **Sample Test Questions**

1. As described by O'Neil, what is the term for the social and sometimes physical characteristics used to classify people into groups or categories considered to be significantly different from others?
 - A. Race
 - B. Nationality
 - C. Culture
 - D. Ethnicity**Spector Page 21

2. What year was the CDC Health Disparities and Inequalities Reports first published?
 - A. 2010
 - B. 2011**
 - C. 2012
 - D. 2013CDC

3. According to WHO estimates, how many people worldwide suffer from one or more neglected diseases?
 - A. 10 million
 - B. 100 million
 - C. 1 billion**
 - D. 10 billionNIH Medline Plus

Final Scoring

10. The competitor should write his/her answer to the tie-breaker essay question on the tie-breaker page of the test that remains attached to the original test.

11. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.

Competitor Must Provide:

- Two #2 lead pencils with an eraser
- [Photo ID](#)