HOSA MEDICAL READING HISTORY

2021-2022
Postsecondary / Collegiate and Secondary Divisions
- *The Poisoner's Handbook: Murder and the Birth of Forensic Medicine in Jazz Age New York* by Deborah Blum
- *What Patients Say, What Doctors Hear* by Danielle Ofri, MD
- *Chasing My Cure: A Doctor's Race to Turn Hope into Action* by David Fajgenbaum
- *Why We Get Sick: The Hidden Epidemic at the Root of Most Chronic Disease – and How to Fight It* by Benjamin Bikman
- *Teen Leadership Revolution: How Ordinary Teens Become Extraordinary Leaders* by Tom Thelen

Middle School Division
- *Chasing My Cure: A Doctor's Race to Turn Hope into Action* by David Fajgenbaum
- *Small Acts of Leadership: 12 Intentional Behaviors That Lead to Big Impact* by G. Shawn Hunter
- *Being Mortal: Medicine and What Matters in the End* by Atul Gawande

2020-2021
Postsecondary / Collegiate and Secondary Divisions
- *Identity Leadership: To Lead Others You Must First Lead Yourself* by Stedman Graham
- *The Real Grey’s Anatomy: A Behind the Scenes Look at the Real Lives of Surgical Residents* by Andrew Holtz
- *Epic Measures: One Doctor, 7 Billion Patients* by Jeremy Smith
- *Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference* by Anthony Mazzarelli & Stephen Trzeciak

Middle School Division
- *Make Your Bed: Little Things that Can Change Your Life…and Maybe the World* by Admiral William H. McRaven
- *Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference* by Anthony Mazzarelli & Stephen Trzeciak

2019-2020
Postsecondary / Collegiate and Secondary Divisions
- *Spark: The Revolutionary New Science of Exercise and the Brain* by John J Ratey
- *The Radium Girls: The Dark Story of America’s Shining Women* by Kate Moore
- *Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon* by Alfredo Quinones-Hinojosa MD
- *The Poison Squad: One Chemist’s Single-Minded Crusade for Food Safety at the Turn of the Twentieth Century* by Deborah Blum
- *Grit: The Power of Passion and Perseverance* by Angela Duckworth

Middle School Division
- *Josie’s Story: A Mother’s Inspiring Crusade to Make Medical Care Safe* by Sorrel King
- *Don’t Kill the Birthday Girl: Tales from an Allergic Life* by Sandra Beasley
- *Small Steps: The Year I Got Polio* by Peg Kehret

2018-2019
Postsecondary / Collegiate and Secondary Divisions
- *Leadership and Self-Deception: Getting out of the Box* by The Arbinger Institute
- *In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope* by Rana Awdish
- *Internal Medicine: A Doctor’s Stories* by Terrance Holt
- *The Book of Blood: From Legends and Leeches to Vampires and Veins* by HP Newquist
- *Complications: A Surgeon’s Notes on an Imperfect Science* by Atul Gawande

Middle School Division
- *The Book of Blood: From Legends and Leeches to Vampires and Veins* by HP Newquist
- *Making Rounds with Oscar: The Extraordinary Gift of an Ordinary Cat* by David Dosa, M.D.
- *Throwaway Players* by Gay Culverhouse

2017-2018
PSC & SS
- *Into the Magic Shop* by James Doty, MD
- *Idiot Brain* by Dean Burnett
- *The Happiness Advantage* by Shawn Achor
- *Bubonic Panic* by Gail Jarrow
- *Losing Face* by Kathie Torpie

MS
- *Every Patient Tells a Story* by Lisa Sanders
- *Wonder* by RJ Palacio
- *The Deadly Dinner Party* by Jonathan Edlow
2016-17
PS/C & SS
• Wonder by Raquel Palacio
• Dr. Mutter’s Marvels by Cristin O’Keefe Aptowicz
• Extreme Medicine by Dr. Kevin Fong
• The Man Who Touched His Own Heart by Rob Dunn
• The Secret: What Great Leaders Know & Do by Ken Blanchard & Mark Miller

MS
• Gifted Hands by Dr. Ben Carson
• The Pact by Sampson Davis, George Jenkins & Rameck Hunt
• The First Woman Doctor by Rachel Baker

2015-16
• Josie’s Story by Sorrel King
• Being Mortal by Atul Gawande
• Dentist Goes Animal by David Fagan
• The Woman Who Knew Too Much by Gayle Greene
• Taking People with You by David Novak

2014-15
• Living and Dying in Brick City by Sampson Davis, MD
• What Every Body is Saying by Joe Navarro
• How They Croaked by Georgia Bragg
• The Running Dream by Wendelin Van Draanen
• Throwaway Players by Gay Culverhouse

2013-14
• Fragile Beginnings: Discoveries and Triumphs in the Newborn ICU by Adam Wolfberg, MD
• The Pact: Three Young Men Make a Promise and Fulfill a Dream by Sampson Davis, George Jenkins, Rameck Hunt, and Lisa Frazier Page
• Making Rounds with Oscar: The Extraordinary Gift of an Ordinary Cat by David Dosa
• What Ails the White House: An Introduction to the Medical History of the American Presidency by Jay W. Murphy, MD
• Lessons From the Mouse: A Guide For Applying Disney World’s Secrets of Success to Your Organization, Your Career, and Your Life by Dennis Snow

2012-13
• Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School by John Medina
• The Third Wave: A Volunteer Story by Alison Thompson
• Don’t Kill the Birthday Girl: Tales from an Allergic Life by Sandra Beasley
• The End of Illness by David B. Agus, M.D.
• *The Deadly Dinner Party: and Other Medical Detective Stories* by Dr. Jonathan A. Edlow

2011-12

• *Breakthrough!: How the 10 Greatest Discoveries in Medicine Saved Millions and Changed Our View of the World* by Jon Queijo
• *The Blue Death: The Intriguing Past and Present Danger of the Water You Drink* by Robert D. Morris
• *The Checklist Manifesto: How to Get Things Right* by Atul Gawande
• *Every Patient Tells a Story: Medical Mysteries and the Art of Diagnosis* by Lisa Sander
• *Diagnoses from the Dead: The Book of Autopsy* by Richard Prayson
• *Body of Work: Meditations on Mortality from the Human Anatomy Lab* by Christine Montross

2010-2011

• *Dr. Fisher's Life on the Ark: Green Alligators, Bushman, and Other "Hare-Raising" Tales* (Hardcover) by Lester E. Fisher, June 2004.
• *Cheating Death* (Hardcover) by Sanjay Gupta, MD, October 2009.

2009-2010

• *Better: A Surgeon's Notes on Performance* by Atul Gawande
• *Final Exam: A Surgeon's Reflections on Mortality* by Pauline W. Chen
• *Dark Remedy: The Impact of Thalidomide and Its Revival as a Vital Medicine* by Trent Stephens and Rock Brynner
• *The Last Lecture* by Randy Pausch

2008-2009

• *The Scalpel and the Silver Bear* by Lori Alvord and Elizabeth Cohen Van Pelt,
• *Caring for Patients from Different Cultures* by Geri-Ann Galanti
• *Small Steps: The Year I Got Polio* by Peg Kehret
• *Body of Work: Meditations on Mortality from the Human Anatomy Lab* by Christine Montross
2007-2008


- **A Cup of Comfort for Nurses: Stories of Caring And Compassion** (Paperback) by Colleen Sell, March 2006.

- **A Random Act**: An Inspiring True Story of Fighting to Survive and Choosing to Forgive (Paperback) by Cindi Broaddus and Kimberly Lohman Suiters, March 2006.


2006-2007


- **The First Woman Doctor** by Rachel Baker, Scholastic Paperbacks; Reissue edition (October 1, 1987)


2005-2006

- **Not Fade Away** by Laurence Shames and Peter Barton, 2004.

- **The Woman with a Worm in her Head: and other True Stories** by F. Gonzalez-Crussi (Foreword), Pamela Nagami, 2002.


- **Sam: The Boy Behind the Mask** by Tom Hallman, 2003.


2004-2005

- **Complications: A Surgeon’s Notes on an Imperfect Science** by Atul Gawande

- **Dark Remedy** by Trent Stephens

- **The Traveler’s Gift: Seven Decisions That Determine Personal Success** by Andy Andrews
Dead Men Don’t Tell Tales: The Strange and Fascinating Cases of a Forensic Anthropologist by Michael Browning, William R. Maples

Power Sleep by James B. Maas

2003-2004

- Crichton, Michael. Five Patients: The Hospital Explained. Bt Bound; (May 2000)
- Albom, Mitch and Stacy Creamer. Tuesdays with Morrie: An Old Man, a Young Man, and Life’s Greatest Lesson. Broadway Books; (October 8, 2002)
- Carson, Ben. Gifted Hands. Zondervan; (December 8, 1996)

2002-2003

- Matthews Andrew, Follow Your Heart, Price Stern Sloan.
- Mehren, Elizabeth, Born Too Soon, Kensington Publishing Corp.
- White and Cunningham, Ryan White: My Own Story, Signet.

2002 - 2001


2000-2001

- Gottlieb. Stick Figure. Simon & Schuster.
- Justice, Blair. Who Gets Sick – How Beliefs, Moods and Thoughts Affect Your Health, Park Printing.
- Sebban, Anne. Mother Teresa, Beyond the Image. Doubleday.

1999-2000

• Carson, Ben, M.D. *Gifted Hands*, Zondervan Publishing House.
• Maas, James B. *Power Sleep*, HarperCollins.
• Davis, Eric. *Born to Play*, Signet.
• Fink, Carolyn Parnall. *On Duty*.
• Galanti, Geri Ann. *Caring for Patients from Different Cultures*, UPA Press.

1998 – 1999 (Pilot)

• Epstein, Fred J. *Gifts of Time*,
• Belkin, Lisa. *First, Do No Harm*,
• Credit, Larry P., Hartunian, Sharon G., Nowak, Margaret J., *Your Guide to Complementary Medicine*,

Updated 7.28.2021