

Personal Care – Sample Skill Scenario

Competitor Scenario 1:

Your patient is currently in the physical therapy department. While they are out of the room, you are to complete a closed bed.

Skill to be performed:

Skill II: Make a Closed Bed

Time: 8 minutes

Competitor Scenario 2:

Your patient is W. Pinocchio who is 54 years old. The patient is sitting up in a chair in their room. The patient's gown needs to be changed due to a spill during lunch. The patient has Frozen Shoulder Syndrome of the right arm which occurred after a mastectomy.

You are to change the gown.

Skill to be performed:

Skill VI: Change a Patient's Gown

Time: 5 minutes

Patient Script:

You are W. Pinocchio and are 54 years old. The competitor will be changing your gown as something was spilled on it at lunch. You have "Frozen Shoulder Syndrome" of the right shoulder which means that this arm is stiff, and it is painful to move. Hold the right arm bent at a 90 degree angle. Allow the competitor to straighten it without too much effort. You are to complain of pain one time by saying "Ouch" when the competitor initially moves your arm. If they ask about it say you are ok but your shoulder hurts with movement.