MRC PARTNERSHIP

TEAM MEMBERS

ABIGAIL SWAMIDOSS, VIDHYA KASIRAMAN, YADNYA SONAWANE, NAINA KARNATI, AND ARCHITA SRIRAM

DELAWARE COUNTY MRC LEADERSHIP

KELLY FERNANDEZ
(740)-203-2018
KFERNANDEZ@DELAWAREHEALTH.ORG
MRC UNIT #1307

CHAPTER INFORMATION

HOSA CHAPTER #69153
SECONDARY DIVISON

HOSA ADVISOR

MRS. KATHLEEN STULLER

SCHOOL INFORMATION

OLENTANGY HIGH SCHOOL
675 LEWIS CENTER RD, LEWIS CENTER, OH 43035
(740)-657-4100

HOSA/MRC Partnership Verification Form

1. This form **must** be completed and uploaded to Tallo by EACH member of the team by the state published regional and state deadlines, and by May 15th for the International Leadership Conference.
2. A copy of this form **must** also be submitted as part of the portfolio. Note that a second signature from the MRC unit leader is needed, following their review of the finalized portfolio.
3. If there is not an MRC unit in your local community, contact HOSA-Future Health Professionals for next steps.
4. The MRC Partnership event is designed to encourage HOSA chapters to initiate and maintain a partnership with their local Medical Reserve Corps units. Through active engagement with the MRC, HOSA chapters and competitive events teams will be involved in their community and demonstrate the spirit and mission of the MRC and HOSA partnership.
5. The HOSA competitive events teams will actively engage with the Medical Reserve Corps by participating in activities that improve public health, increase emergency response capabilities and strengthen the resiliency of their communities while demonstrating an impact on their local community. The active engagement will typically involve the HOSA team working directly (and often side-by-side) with MRC volunteers, though on occasion it may consist of working on activities under the direction or guidance of the MRC unit leader.

Involved organizations include:

HOSA Chapter:	#69153
Address:	675 Lewis Center Road, Lewis Center, OH, 43035
Advisor Name:	Kathleen Stuller
Advisor E-Mail Address:	kathleen_stuller@[redacted]olsd.us

MRC Unit:	Delaware County MRC #1307
Address:	3 West Winter Street, Delaware, Ohio, 43015
Unit Leader Name:	Kelly Fernandez
Unit Leader E-Mail Address:	kfernandez@delawarehealth.org
Unit Leader Phone Number:	740-203-2018
Unit Leader Mailing Address:	4764 Ponderhorn Lane, Westerville, Ohio, 43081

By signing here, I verify that I have read the HOSA MRC Partnership Event Guidelines and agree to the attached agreed upon terms of the partnership, as presented in the Partnership Logistics Document:

HOSA Chapter Representative Signature: _____ Date: August 2nd, 2019

MRC Unit Leader Signature: _____ Date: 8/2/2019

At the conclusion of the project period, the HOSA team should share their portfolio with the MRC unit leader for review. A signature is required before each applicable regional, state, or international conference.

By signing here, I verify that I have reviewed the HOSA team's portfolio and find it to be an accurate representation of the HOSA/MRC partnership activities:

MRC Unit Leader Signature (before regional conference): _____ Date: 2/19/2020

MRC Unit Leader Signature (before state conference): _____ Date: 3/6/2020

MRC Unit Leader Signature (before international conference): _____ Date: 5/27/2020

PARTNERSHIP LOGISTICS DOCUMENT

Describe how HOSA chapter and MRC unit will maintain contact throughout this competitive events year?

Our team will serve as a liaison between the Delaware County MRC and the Olentangy High School HOSA Chapter. We will use brochures and infographics to advertise MRC coordinated events to our HOSA chapter. Additionally, our team and the MRC unit will maintain frequent contact through email, text, and face to face interactions. We will also meet with Kelly Fernandez, the MRC Unit Leader, outside of events to discuss ways to improve our partnership and further impact the community as well as our HOSA chapter.

How frequently will the MRC and HOSA chapter be in contact with each other?

Our team will meet weekly with the MRC coordinator to discuss future events and progress regarding our partnership. To strengthen this partnership, we will attend events coordinated by the MRC and encourage our HOSA chapter members to participate in these events.

Who is responsible for initiating and maintaining contact?

Both the team and the Delaware MRC are equally responsible for maintaining contact. Occasionally, the team may initiate event ideas and request assistance from the MRC. Likewise, the MRC may initiate contact with the team and our HOSA chapter to coordinate events in conjunction with the Delaware General Health District (the MRC's housing organization).

MRC Unit Leader's mailing address:

4764 Powderhorn Lane Westerville, Ohio 43081

OUR GOALS AND OBJECTIVES

MRC Mission

The Delaware County MRC seeks to support the existing medical response infrastructure, and to improve the health of Delaware County citizens, especially during times of disaster and great community need. Should our assistance be requested, we will also support the health needs of other communities across the nation, during times of emergency. We will train our volunteers and leaders in emergency preparedness and other public health support functions so that when the need arises we are ready to serve.

Our Mission

Our goal is to work with the trained professionals to expand the Delaware County's MRC. We will develop skills and expertise to assist in community volunteering events and be trained to assist in times of emergencies. We hope to further engage in our local MRC meetings and strive to maintain a successful partnership. Additionally, our team will seek to improve community preparedness and resilience by educating and informing others on public health initiatives as well as encouraging them to volunteer in their community.

DESCRIPTION OF THE HOSA/MRC PARTNERSHIP

Our Initial Partnership:

Initially, as we attempted to establish the first partnership in our district between our HOSA chapter and a local Medical Reserve Corps (MRC), we contacted the Franklin County MRC; however, due to liability concerns, we were unable to successfully continue this partnership. Still motivated, we pursued a partnership with the Delaware County MRC. Luckily, Kelly Fernandez, the Delaware County MRC unit coordinator, was as eager and ambitious as us to start this partnership. During our first meeting with Kelly, we shared our HOSA/MRC partnership goals and Kelly informed our team that these goals align directly with the MRC objectives. Over the course of the year, we have dedicated over 1,208 hours to serving our local community and targeting our similar HOSA/MRC goals.

Quality:

We worked with the MRC to accomplish our similar goals and directly impacted schools as well as the general community. Our first step in this partnership was to expand the Delaware MRC's reach and spread information about their purpose. Our team met with Megan Edwards, the Delaware MRC's media artist, who inspired us to develop social media accounts to promote our health-related community events and encourage our HOSA chapter to participate. Following this, we informed high school students of the MRC and its mission through our Meet the MRC Campaign. As the year progressed, our team learned more about the MRC and its mission. Our volunteer efforts specifically catered to the vulnerable populations in Delaware County and Columbus. We have experienced firsthand the impact of our efforts on our community, for example, a mother of a child with autism was inspired by our team's volunteering at the Autism Speaks Walk. She was in tears and vowed to research autism and make a difference in her son's life that day. Experiences similar to this have profoundly impacted us and we are dedicated to serve the Delaware County MRC and impact our community in any way possible.

Level:

Our partnership with our MRC unit and our impact in the Delaware community has grown throughout this year. We have learned about current health issues as well as participated in different training sessions that are essential to help the general public in times of need. This partnership has helped us achieve our goals of expanding the MRC, encouraging others to volunteer in the community, and directly impacting local schools. Partnering with local schools, the American Red Cross, Stop the Bleed, and Berlin Township EMS, the MRC, our team was able to collectively impact our community.

QUANTITY OF INTERACTIONS

LUNG HEALTH AWARENESS	15 HRS	NATIONAL WEAR RED DAY	80 HRS	DISTRIBUTING TANGYTHON CARDS	5 HRS
TRICK-OR-TREAT FOR CANS	5 HRS	HAND-WASHING HEROES	8 HRS	HOSPITAL VOLUNTEERING	408 HRS
THANKSGIVING FOOD SORTING/PICKING	10 HRS	HEALTHY HABITS PRESENTATION	10 HRS	ANDREW'S HOUSE	10 HRS
AUTISM SPEAKS WALK	28 HRS	BLOOD DRIVE	18 HRS	VETERAN PACKAGES	5 HRS
FIGHT FOR AIR CLIMB	25 HRS	WORLD AIDS/ HIV DAY	20 HRS	STROLL FOR EPISEPSY	7 HRS
DRUNK DRIVING SEMINAR	4 HRS	HUMAN TRAFFICKING AWARENESS	144 HRS	911 CALL CENTER TOUR	5 HRS
HIV/AIDS PRESENTATION	5 HRS	PANDEMIC INFLUENZA TABLETOP EXCERCISE	15 HRS	EMERGENCY RESPONSE SIMULATION	15 HRS
LEPC MEETING	5 HRS	LEGIONELLA HOTWASH	5 HRS	CREATING AND DISTRIBUTING STOP THE SPREAD POSTERS	5 HRS
MEET THE MRC CAMPAIGN	10 HRS	HOSA/MRC T-SHIRTS	10 HRS	SOCIAL MEDIA	5 HRS
OPIOID EPIDEMIC BROCHURES	5 HRS	MEETINGS WITH MRC	30 HRS	MRC ORIENTATION	10 HRS
HOSA WALL	10 HRS	BLACK BALLOON DAY	40 HRS	FIRST-AID KIT DRIVE	15 HRS
EMERGENCY KIT PROPOSAL	15 HRS	COVID-19 CONFERENCE CALL	5 HRS	PARAPALEGIC FUNDRAISER	5 HRS
POLICE RIDE-ALONG	8 HRS	TANGYTHON FUNDARISERS	10 HRS	ALICE PRESENTATION	30 HRS
TRAININGS	85 HRS	PARTNERSHIP FORMATION	5 HRS	CREATING AND DISTRIBUTING COVID-19 MASKS	5 HRS

CERTIFICATIONS & TRAININGS

TRAINING	DATE(S)	HOURS
HIPAA TRAINING	JAN 3, 2020	5 HRS
PROJECT DAWN	JAN 3, 2020	5 HRS
ICS 100 & 200	JAN 24, 2020, FEB 10, 2020	30 HRS
BE RED CROSS READY	FEB 1, 2020	10 HRS
HANDS ONLY CPR	FEB 1, 2020	5 HRS
BLEEDING CONTROL	FEB 14, 2020	15 HRS
SAFE TRAINING	FEB 19, 2020	15 HRS

Emergency Management Institute

FEMA

This Certificate of Achievement is to acknowledge that

YADNYA K SONAWANE

has reaffirmed a dedication to serve in times of crisis through continued professional development and completion of the independent study course:

IS-00200.c

Basic Incident Command System for Initial Response

Emergency Management Institute

FEMA

This Certificate of Achievement is to acknowledge that

NAINA KARNATI

has reaffirmed a dedication to serve in times of crisis through continued professional development and completion of the independent study course:

IS-00100.c

Introduction to Incident Command System, ICS-100

Impact: Train or Exercise to Improve Community Response Capability
Activity: Our team participated in different trainings to learn how to react in various situations and to gain essential emergency preparedness skills.
HOSA/MRC Interaction: Delaware MRC encouraged our team to participate in trainings hosted by various law enforcement departments and helped our team become certified and prepared to serve in times of need.

TRAIN OR EXERCISE TO IMPROVE COMMUNITY RESPONSE CAPABILITY

Airport Police Ride-Along

Impact: Train or Exercise to Improve Community Response Capability
Activity: Officer Todhunter, with the John Glenn Airport police, detailed the responsibilities of the airport police, provided us with a K9 demonstration, and showed our team the CCTV footage they monitor as well as how the airport law enforcement connects with the operations center.
HOSA/MRC Interaction: MRC coordinator contacted the JGA police and requested we attend to learn more about airport police responsibilities during emergency situations.
Date: March 5, 2020

Pandemic Influenza Tabletop Exercise

Impact: Train or Exercise to Improve Community Response Capability
Activity: Attended an exercise with a panel of over 20 organizations where our MRC unit leader presented a scenario similar to the H191 influenza outbreak in 2009. Our team began to see how various organizations each contributed differently to achieve a common goal.
HOSA/MRC Interaction: MRC requested our team attend and introduce the HOSA/MRC partnership to these organizations.
Date: December 1, 2019

Emergency Response Simulation

Impact: Train or Exercise to Improve Community Response Capability
Activity: The Prairie Township Fire Department and OhioHealth Doctors' Hospital partnered to simulate a car crash and presented it to over 30 hospital volunteers.
HOSA/MRC Interaction: MRC unit leader urged us to participate in the activity to gain knowledge and experience of the actions taken by first responders.
Date: August 7, 2019

STRENGTHEN PUBLIC HEALTH

Lung Health Awareness Month

Impact: Strengthen Public Health
Activity: Promoted lung health to over 100 students at Olentangy High School (OHS) by distributing infographics, posters, and pledge cards.
HOSA/MRC Interaction: MRC unit leader motivated us to bring awareness to high school students during National Lung Health Month.
Date: October 28, 2019

Stop the Spread Posters

Impact: Strengthen Public Health
Activity: Put up posters to educate students on proper methods of preventing the spread of illnesses following the cofirmed cases of COVID-19 in Ohio.
HOSA/MRC Interaction: MRC unit leader encouraged us to discuss proper handwashing techniques with students during the COVID-19 outbreak.
Date: March 4, 2020

COVID-19

Impact: Strengthen Public Health
Activity: Following the increase in COVID-19 cases, our team created cloth masks and placed them in sealed bags outside of local grocery stores in an effort to minimize exposure to coronavirus.
HOSA/MRC Interaction: MRC leader encouraged us to serve the community while maintaining social distancing.
Date: May 26. 2020

National Wear Red Day

Impact: Strengthen Public Health
Activity: Encouraged over 1,450 students at OHS to wear red for heart disease by broadcasting a clip on the daily announcements, advertising this event within our HOSA chapter, distributing red ribbons and infographics, and handing candy out to students who wore red.
HOSA/MRC Interaction: Our team was motivated by the MRC's initiative to wear red during National Heart Month, and coordinated a similar event at our school.
Date: February 13, 2020

SERVE A VULNERABLE POPULATION

Trick-or-Treat For Cans

Impact: Serve a Vulnerable Population
Activity: Partnered with OHS Service Club and collected cans from local families to give to The Delaware County People in Need Foundation, donating a total of 2,663 pounds of food.
HOSA/MRC Interaction: MRC unit leader inspired our team to take part in collecting cans to distribute to homeless families.
Date: November 2, 2019

Hand Washing Heroes

Impact: Serve a Vulnerable Population
Activity: Assisted in educating over 30 elementary students at the Heritage Elementary School on proper hand washing techniques during flu season.
HOSA/MRC Interaction: The MRC was requested by Heritage Elementary to give their Hand Washing Heroes presentation and our MRC unit leader invited our team to assist.
Date: December 4, 2019

Hospital Volunteering

Impact: Serve a Vulnerable Population
Activity: Volunteered over 408 hours at OhioHealth hospitals and provided services such as patient transportation, patient care, linen distribution, and greeting visitors.
HOSA/MRC Interaction: MRC leader supported our team's efforts to volunteer in our community and our team introduced our partnership to these hospitals.
Date: August 7, 2019-current

SERVE A VULNERABLE POPULATION

Thanksgiving Food Sorting/Packing

Impact: Serve a Vulnerable Population
Activity: Sorted and packed boxes of food and distributed them to over 400 homeless families through the Homeless Families Foundation.
HOSA/MRC Interaction: MRC unit leader encouraged our team to serve the homeless population in downtown Columbus.
Date: November 10, 2019

Healthy Habits Presentation

Impact: Serve a Vulnerable Population
Activity: Gave a presentation to 385 fourth grade students at Arrowhead Elementary School, educating them on the importance of maintaining healthy habits.
HOSA/MRC Interaction: Inspired by the MRC's Hand Washing for Heroes presentation, our team communicated with the Arrowhead counselor Emily Houtz and created our own presentation for elementary students.
Date: December 5, 2019

Parapalegic Fundraiser

Impact: Serve a Vulnerable Population
Activity: At Wexner Medical Center, our team was inspired by Ian Burkhart, a paraplegic guest speaker, and another group in our HOSA chapter designing a mechanical exoskeleton for the Medical Innovation event. In an effort to collaborate with our HOSA chapter for a common goal of making a difference for paraplegics, we began to fundraise and donated the proceeds to the Ian Burkhart Foundation and the Wings for Life Foundation.
HOSA/MRC Interaction: MRC unit leader encouraged our team to expand and work with our HOSA chapter.
Date: February 15, 2020

SUPPORT A NON-EMERGENCY COMMUNITY EVENT

Autism Speaks Walk

Impact: Support a Non-Emergency Community Event
Activity: Helped set up tents and activities for around 320 participants in the Autism Speaks Walk in Downtown Columbus, passed out t-shirts, encouraged walkers, and assisted in cleaning.
HOSA/MRC Interaction: MRC unit leader motivated our team to volunteer in walks for a cause.
Date: October 6, 2019

Blood Drive

Impact: Support a Non-Emergency Community Event
Activity: Became Red Cross volunteers and volunteered at the Olentangy High School blood drive, assisted in donor registration, offered donors refreshments, and collected a total of 54 units of blood.
HOSA/MRC Interaction: MRC unit leader supported our team's involvement in community events and encouraged us to become Red Cross volunteers.
Date: January 17, 2020

Veteran Packages

Impact: Support a Non-Emergency Community Event
Activity: Partnered with Olentangy High School's Service Club to pack winter clothing items to donate to Commons at Livingston providing for formerly homeless veterans.
HOSA/MRC Interaction: MRC unit leader approved of our team's initiative to serve the veterans in our community.
Date: January 28, 2020

SUPPORT A NON-EMERGENCY COMMUNITY EVENT

Fight For Air Climb Columbus

Impact: Support a Non-Emergency Community Event
Activity: Volunteered at the Fight For Air Climb and created a positive impact in bringing awareness to lung disease.
HOSA/MRC Interaction: MRC unit leader approved and encouraged our team to participate.
Date: February 15, 2020

World AIDS/HIV Day

Impact: Support a Non-Emergency Community Event
Activity: Attended a presentation given at the Columbus Museum of Art on World AIDS Day which informed our team on the continued presence of HIV/AIDS.
HOSA/MRC Interaction: MRC encouraged our team to attend, support, and bring awareness to this community presentation.
Date: December 1, 2019

National Black Balloon Day

Impact: Support a Non-Emergency Community Event
Activity: Our team constructed a balloon arch to bring awareness to opioid abuse and set up a table with a poster. We asked students to sign a poster pledging to avoid opioids. Our team received over 250 pledges from students. To further spread awareness, Deputy Mox posted our campaign on our Sheriff's website.
HOSA/MRC Interaction: MRC coordinator requested we plan an event for this day with our chapter.
Date: March 6, 2020

IMPROVE COMMUNITY PREPAREDNESS OR RESILIENCE

Drunk Driving Seminar

Impact: Improve Community Preparedness or Resilience
Activity: Educated over 60 sophomore students about the dangers of impaired driving using visual impairment goggles and asking participants to perform various activities to demonstrate the effects of consuming alcohol.
HOSA/MRC Interaction: MRC unit leader approved of our team's presentation.
Date: October 22, 2019

HIV/AIDS Presentation

Impact: Improve Community Preparedness or Resilience
Activity: Inspired by the World HIV/AIDS Day presentation we attended, our team partnered with another group in our HOSA chapter. Together, we gave a presentation on HIV/AIDS to a classroom of around 50 students.
HOSA/MRC Interaction: MRC supported our initiative to partner with our HOSA chapter for a common goal.
Date: February 13, 2020

Human Trafficking Awareness

Impact: Improve Community Preparedness or Resilience
Activity: Partnered with Olentangy's EXPOSED club to raise awareness for human trafficking through a dance narrated to poetry which portrayed the life of a human trafficking victim. This was performed for over 100 audience members. Robin McNeal, a teen advocate, was invited to speak at the event. Overall, we raised over $800 for Rainbow Lives, a human trafficking nonprofit organization.
HOSA/MRC Interaction: MRC unit leader encouraged our team to raise awareness during Human Trafficking Awareness Month.
Date: January 17, 2020

SUPPORT AN EMERGENCY RESPONSE

Legionella Hotwash

Impact: Support an Emergency Response
Activity: Joined the Delaware MRC for a discussion with the Ohio Department of Health in regards to after-action items and response protocols.
HOSA/MRC Interaction: Kelly Fernandez, our MRC unit leader, Travis Irvan, the disease prevention manager, and the Delaware General Health District encouraged our team to attend.
Date: January 22, 2020

LEPC Meeting

Impact: Support an Emergency Response
Activity: Attended a Local Emergency Preparedness Committee Meeting with Chief Stambaugh and Chief Donahue, and several others and discussed current issues such as addressing terrorism concerns with Iran.
HOSA/MRC Interaction: Chief Donahue gave our team an opportunity to present what the HOSA/MRC partnership is to the panel.
Date: January 9, 2020

Emergency Kit Proposal

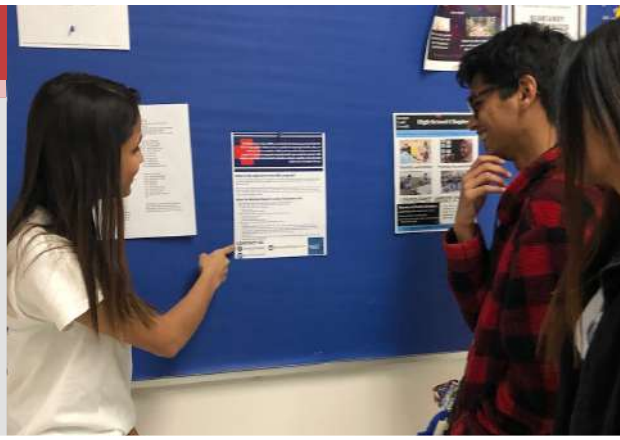
Impact: Support an Emergency Response
Activity: Worked with an intervention specialist to design an emergency kit for students with disabilities to better prepare them in an emergency. Due to COVID-19, we were unable to present our proposal to the Olentangy School board. However, we plan on presenting to the board in the future and contacting our Governor to implement our proposal throughout Ohio.
HOSA/MRC Interaction: MRC leader approved our kits and connected us with expert Sandy Mackey.
Date: March 13, 2020

First Aid Kit Drive

Impact: Support an Emergency Response
Activity: As a component of our Emergency Kit Proposal, we hosted a first aid kit drive to collect supplies for our kits by partnering with our chapter and other school clubs to collect first aid supplies for our emergency kits.
HOSA/MRC Interaction: MRC coordinator supported our proposal and we donated any remaining supplies to the MRC and American Red Cross
Date: March 2, 2020-March 5, 2020

DEVELOP OR STRENGTHEN THE HOSA/MRC PARTNERSHIP

Meet the MRC Campaign



Impact: Develop or Strengthen the HOSA/MRC Partnership
Activity: After noticing that high school students were unaware of the MRC's mission, our team hung up posters explaining the MRC objectives and encouraged students to volunteer at our events.
HOSA/MRC Interaction: Our team assisted the Delaware MRC in volunteer recruitment.
Date: January 13, 2020-January 17, 2020

HOSA/MRC T-Shirts

Impact: Develop or Strengthen the HOSA/MRC Partnership
Activity: Our team designed t-shirts incorporating both the HOSA and MRC logo, symbolizing our partnership, and wore them to school to encourage students to learn more about the HOSA/MRC partnership.
HOSA/MRC Interaction: Educated students on the HOSA/MRC goals.
Date: February 10, 2020

HOSA Wall

Impact: Develop or Strengthen the HOSA/MRC Partnership
Activity: Noticing our HOSA chapter lacked a platform to advertise or bring awareness for their own events, our team designed a "HOSA wall" in which our HOSA chapter members could put up posters, spread awareness, or make announcements to our school.
HOSA/MRC Interaction: Our team used the "HOSA wall" as a platform to promote our events as well as the MRC mission.
Date: October 1, 2019

Social Media

Impact: Develop or Strengthen the HOSA/MRC Partnership
Activity: To expand the Delaware MRC's outreach and spread the MRC's mission, we created an Instagram and Facebook account and encouraged our school/HOSA chapter to follow us.
HOSA/MRC Interaction: After meeting with the MRC's media artist, Megan Edwards, she suggested we create a social media account to promote different community events.
Date: January 6, 2020