

OK HOSA CHAPTER 50174 SECONDARY DIVISION

# MRC PARTNERSHIP



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## MRC Team Members

Emma Cargill, Natalie Gunkel, Reia Storch, Sophia Aitrais, and Ila Rotan Cantrell

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## MRC Leadership

Lezlie Carter

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## HOSA Advisor

Amy Warner



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## HOSA/MRC Partnership Verification Form

1. This form **must** be completed and uploaded to Tallo by EACH member of the team by the state published regional and state deadlines, and by May 15<sup>th</sup> for the International Leadership Conference.
2. A copy of this form **must** also be submitted as part of the portfolio. Note that a second signature from the MRC unit leader is needed, following their review of the finalized portfolio.
3. If there is not an MRC unit in your local community, contact HOSA-Future Health Professionals for next steps.
4. The MRC Partnership event is designed to encourage HOSA chapters to initiate and maintain a partnership with their local Medical Reserve Corps units. Through active engagement with the MRC, HOSA chapters and competitive events teams will be involved in their community and demonstrate the spirit and mission of the MRC and HOSA partnership.
5. The HOSA competitive events teams will actively engage with the Medical Reserve Corps by participating in activities that improve public health, increase emergency response capabilities and strengthen the resiliency of their communities while demonstrating an impact on their local community. The active engagement will typically involve the HOSA team working directly (and often side-by-side) with MRC volunteers, though on occasion it may consist of working on activities under the direction or guidance of the MRC unit leader.

Involved organizations include:

HOSA Chapter:	50174
Address:	12777 N. Rockwell Ave.
Advisor Name:	Amy Warner
Advisor E-Mail Address:	Amy-warner@francis.tute.edu
MRC Unit:	State of Oklahoma - All units
Address:	1000 NE 10 <sup>th</sup> St. Oklahoma City, OK 73104
Unit Leader Name:	Lezlie Carter
Unit Leader E-Mail Address:	LezlieC@health.ok.gov
Unit Leader Phone Number:	405-270-3347
Unit Leader Mailing Address:	1000 NE 10 <sup>th</sup> St. Oklahoma City, OK 73104

By signing here, I verify that I have read the HOSA MRC Partnership Event Guidelines and agree to the attached agreed upon terms of the partnership, as presented in the Partnership Logistics Document:

HOSA Chapter Representative Signature:	9-26-19 Date
MRC Unit Leader Signature:	Sept. 26, 2019 Date

At the conclusion of the project period, the HOSA team should share their portfolio with the MRC unit leader for review. A signature is required before each applicable regional, state, or international conference.

By signing here, I verify that I have reviewed the HOSA team's portfolio and find it to be an accurate representation of the HOSA/MRC partnership activities:

MRC Unit Leader Signature (before regional conference):	Sept. 26, 2019 Date
MRC Unit Leader Signature (before state conference):	March 1, 2020 Date
MRC Unit Leader Signature (before international conference):	Date

# PARTNERSHIP LOGISTICS DOCUMENT

## DESCRIBE HOW HOSA CHAPTER AND MRC UNIT WILL MAINTAIN CONTACT THROUGHOUT THIS COMPETITIVE YEAR.

Throughout this competitive year, our HOSA chapter and the MRC state coordinator have been in contact through email, phone and text message. We developed a relationship with our MRC coordinator, which allowed each of us to reach out to her personally. In the state of Oklahoma, students over the age of eighteen can become MRC members, so three of our team members were able to become volunteers and are contacted directly by MRC.

## HOW FREQUENTLY WILL MRC AND HOSA CHAPTER BE IN CONTACT?

MRC and our HOSA chapter are in frequent communication throughout the year. There is consistent contact between our team members and our MRC leadership, because of our close relationship with our MRC state coordinator. Due to the active nature of both our HOSA chapter and Oklahoma MRC we reach out to one another at least once a month, and often are in contact as much as several times per week.

## WHO IS RESPONSIBLE FOR INITIATING AND MAINTAINING CONTACT?

Our HOSA chapter initially reached out to the MRC State Coordinator, but our chapter and the MRC unit hold equal responsibility with maintaining contact. We have contacted the MRC unit, and the MRC unit has contacted us as a team. All teams members worked together to ensure that communication was maintained in a timely manner.

# DESCRIPTION OF THE HOSA/MRC PARTNERSHIP

Our goal in our partnership with the Medical Reserve Corps was to reach not only our school, but reach different groups in our community, our state, and across the world. No one can prepare for the unexpected, but our team made it our goal to train as many diverse groups of people as we could throughout the year. Starting as a team, we completed over one hundred hours of trainings that helped prepare us to better serve, support and prepare the people in our community. With our school, we have put on events such as the Great Shakeout, Stop the Bleed Training, and Health Awareness Week to reach students and faculty. In our community, we have participated in two different full scale mock-disasters conducted by emergency management professionals and first responders from across the state. Our team has had the opportunity to be a part of different meetings facilitated by official emergency management professionals in the state. Our team has also reached nationwide, when one of our team members was on national television promoting MRC and our team and when we participated in a multi-state emergency planning meeting. Lastly, our team crossed the globe by fundraising and making a donation to the Australian Red Cross to help with wildfire relief in the midst of a continental crisis.

The diverse expanse that our team was able to reach could not have achieved without the help and support of the Oklahoma Medical Reserve Corps. Our state coordinator supported our team and worked alongside us through every event, fundraiser, simulated disaster and training. We as a team built a strong relationship not only with our MRC coordinator, but with MRC organization as a whole. We developed a great appreciation for the mission of MRC and also the dedicated people who help make the mission of MRC possible. After working alongside MRC members, some of our team members have made the decision to become volunteers. Through this experience, inspired by HOSA, we have decided to continue to volunteer with, participate in, and support the Oklahoma Medical Reserve Corps.

The mission of the Medical Reserve Corps is to engage volunteers to strengthen public health, emergency response, and community resiliency. This mission was continually referenced when planning new events and creating opportunities for our team and our community. We believe that we have upheld the standards of the MRC, as well as, their mission.

# DESCRIPTION OF THE HOSA/MRC PARTNERSHIP

<b>OBI BLOOD DRIVES</b>	<b>15 HRS</b>	<b>STOP THE BLEED</b>	<b>10 HRS</b>
<b>HEALTH AWARENESS WEEK</b>	<b>20 HRS</b>	<b>OBI TOUR</b>	<b>15 HRS</b>
<b>HANDWASHING FLYERS</b>	<b>1 HR</b>	<b>SNS TOUR</b>	<b>15 HRS</b>
<b>COMMUNITY AWARENESS PARTNERSHIP</b>	<b>5 HRS</b>	<b>OPIOID RESPONSE TRAINING</b>	<b>15 HRS</b>
<b>MISS AMAZING DANCE</b>	<b>15 HRS</b>	<b>EPRS MEETING</b>	<b>6 HRS</b>
<b>FEED THE CHILDREN</b>	<b>15 HRS</b>	<b>FAMILY FIRST TRAINING</b>	<b>10 HRS</b>
<b>MORE THAN PINK WALK</b>	<b>10 HRS</b>	<b>IS-100 TRAINING</b>	<b>10 HRS</b>
<b>WALK TO END ALZHEIMER'S</b>	<b>18 HRS</b>	<b>IS-200 TRAINING</b>	<b>30 HRS</b>
<b>RESPIRATORY CARE WEEK</b>	<b>5 HRS</b>	<b>IS-317 TRAINING</b>	<b>30 HRS</b>
<b>TRUNK OR TREATS</b>	<b>25 HRS</b>	<b>IS-700 TRAINING</b>	<b>17.5 HRS</b>
<b>TOUCH A TRUCK</b>	<b>70 HRS</b>	<b>FIRST RESPONDER DAY</b>	<b>8 HRS</b>
<b>MEDIFLIGHT HELICOPTER PRESENTATION</b>	<b>15 HRS</b>	<b>AUSTRALIAN RED CROSS BAKE SALE</b>	<b>17 HRS</b>
<b>PARTNERSHIP FORMATION</b>	<b>10 HRS</b>	<b>FIRST AID TRAINING</b>	<b>14 HRS</b>
<b>INTRO TO MRC</b>	<b>6 HRS</b>	<b>METRO TECH FSE</b>	<b>15 HRS</b>
<b>MRC BROCHURE</b>	<b>12 HRS</b>	<b>FIRST AID ESCAPE ROOM</b>	<b>60 HRS</b>
<b>GOEMA MEETING</b>	<b>15 HRS</b>	<b>GREAT SHAKEOUT</b>	<b>5 HRS</b>
<b>MRC WEBINAR</b>	<b>5 HRS</b>	<b>UCO FSE</b>	<b>35 HRS</b>

**TOTAL: 574.5 Hours**

# IMPACT CATEGORY ONE

## STRENGTHEN PUBLIC HEALTH

### OBI BLOOD DRIVES

Activity: Knowing that the state of Oklahoma is low on blood, we organized and promoted blood drives at our school. In order to do so, we partnered with another HOSA group: Community Awareness, with members Emma, Shannon and HOSA State Officer Addison Soerensen. With our partnership with both Community Awareness and the Medical Reserve Corps, we had over 200 blood donations in total.

HOSA/MRC Partnership Interaction: MRC coordinator approved our event, and supported our cause to help end the blood shortage in Oklahoma.



### HEALTH AWARENESS WEEK

Activity: Our team put together an entire week, where we promoted the different aspects of a healthy lifestyle to the students and faculty at our school. Our focus was to bring attention to our healthy, or unhealthy, lifestyle habits and to create a positive atmosphere to promote and encourage a healthy lifestyle to create new goals that would benefit our long-term health. Day One was geared toward healthy snacking. We took snacks from the vending machine and displayed them with bags containing sugar to show how much sugar was in the snacks. Day Two's focus was water intake and we had a water station set up. Day Three's theme was Get Fit, and we hosted a yoga class for anyone who wanted to join. Day Four was focused on healthy meal choices. We gave away fruits and veggies and coordinated a hands-on healthy cooking class for our program. Day Five we wrapped up the week with a mental health focus. Throughout the week we also recruited students to set goals for themselves that corresponded with each theme. Those goals could be viewed on a large banner in the Health Sciences Center.

HOSA/MRC Partnership Interaction: MRC coordinator approved our event and supported our cause to help the students at our school live a healthy life. It was shared on social media by Pre-Nursing HOSA and Oklahoma HOSA.



### HANDWASHING FLYERS

Activity: With rumors of the flu going around our school and our community, our team put up flyers to bring awareness to the importance of handwashing to prevent illness. Through learning about handwashing we were also able to learn about the chain of infection and how to prevent the spread of germs.

HOSA/MRC Partnership Interaction: MRC coordinator approved our event and supported our cause to strengthen the health of our school and community.



# MOTHER-DAUGHTER STEM NIGHT HANDWASHING



Activity: One of our team members had the opportunity to teach handwashing to young girls at mother-daughter STEM night. This activity stressed the importance of cleanliness to promote public health. Participants included mothers and daughters from the Oklahoma City metro area.

HOSA/MRC Partnership Interaction: MRC coordinator approved our participation in the event and supported our cause to help strengthen public health and also educate young girls.

## IMPACT CATEGORY TWO SERVE A VULNERABLE POPULATION

### COMMUNITY AWARENESS PARTNERSHIP



Activity: We had the opportunity to partner with the community awareness team at our school to collect canned foods for people in need in our community. We were able to give donations of canned food to our local community and encourage another HOSA team in their efforts.

HOSA/MRC Partnership Interaction: MRC coordinator approved our partnership with another team and supported our cause to help feed people in our community.

### MISS AMAZING DANCE



Activity: Our team arrived early to help decorate and volunteer at the Miss Amazing dance for young ladies with special needs and disabilities. As a team, we served special needs families in the Oklahoma City metro area. We were blessed to provide encouragement to promote a positive environment that enables self-confidence, builds healthy relationships with the community, and lets everyone in attendance have a lot of fun.

HOSA/MRC Partnership Interaction: MRC coordinator approved our participation in the event and supported our cause to support the special needs community.

### FEED THE CHILDREN



Activity: Our team, along with our HOSA chapter, volunteered at Feed the Children where we packed over 200 boxes full of food and other daily supplies. Our purpose in packing these boxes was to help our community and families in need by providing basic supplies to help them through the holidays.

HOSA/MRC Partnership Interaction: MRC coordinator approved our volunteering and supported our cause to help the people in need across the nation.

## IMPACT CATEGORY THREE

# SUPPORT A NON-EMERGENCY COMMUNITY EVENT

## MORE THAN PINK WALK

Activity: Members of our team arrived early to help set up for the Susan G. Komen walk and to support participants during this event. This walk was to raise awareness for breast cancer, and to come together to "race for a cure", and support our community.

HOSA/MRC Partnership Interaction: MRC coordinator approved our volunteering at the event and supported our cause to help breast cancer awareness.



## WALK TO END ALZHEIMER'S

Activity: Members of our team arrived early to the walk to help set up the activities. We were there to support the participants during the event by cheering, handing out water, and supporting a foundation that hopes to one day end Alzheimer's.

HOSA/MRC Partnership Interaction: MRC coordinator approved our volunteering and supported our cause to help bring awareness to ending Alzheimer's. Our participation was shared on social media by Oklahoma HOSA.



## RESPIRATORY CARE WEEK

Activity: Our team assembled bags to express our appreciation to respiratory therapy students for respiratory care week. As a group, we collectively met with the respiratory students and faculty to personally thank them for their time and dedication to the healthcare team and to support their ambitions of working in the hospital.

HOSA/MRC Partnership Interaction: MRC coordinator approved our event and supported our cause to show appreciation for respiratory therapists.



## FALL FESTIVALS

Activity: Members from our team went to two different trunk or treat events in our community. Between the two events, more than a thousand children got to celebrate Halloween in a safe environment. Our team members helped at these events by setting up, tearing down, and handing out candy to the children in attendance.

HOSA/MRC Partnership Interaction: MRC Coordinator approved our volunteering at these events and supported our cause to promote safety for children in our community.



# TOUCH-A-TRUCK

**Activity:** Our team organized an event for children from multiple school districts where they got to interact with police officers and fire fighters. We were able to tie in multiple MRC categories when planning this one event. Each member of our team contributed by contacting first responders, coordinating craft activities, purchasing supplies, supervising stations, and interacting with students and their instructors. This took many hours of planning and careful attention to detail, but it was an incredible way to introduce, educate, and participate from planning all the way to implementation. We had a great time playing with children and watching them interact with our first responders. The children were sent home with a small badge, an emergency preparedness bag, and a small MRC brochure at the end of the day to give to their parents. As a small thank you to our first responder volunteers, the children participated in an activity to paint their hands to thank a first responder. We were able to give these to our local first responders and thanked them for their time. Our event was shared by News 9 anchor Lacie Lowery.

**HOSA/MRC Partnership Interaction:** Our MRC coordinator approved our event and supported our mission to support a non-emergency community event for our children and first responders.



# MEDIFLIGHT HELICOPTER PRESENTATION

**Activity:** Our team invited a Mediflight Nurse to talk to our school about his career and the importance of emergency response. Our class learned more about why careers in emergency response are essential for giving a victim the best chance at life.

**HOSA/MRC Partnership Interaction:** Our team invited our MRC Coordinator to join us for this presentation. It was shared on social media by Pre-Nursing, OKMRC, and Oklahoma HOSA.



## IMPACT CATEGORY FOUR DEVELOP OR STRENGTHEN THE HOSA/MRC PARTNERSHIP

# PARTNERSHIP FORMATION

**Activity:** Our team reached out to the Oklahoma State MRC Coordinator, Lezlie Carter, and met with her to discuss the goals for our partnership with the Oklahoma Medical Reserve Corps. This began a relationship that would guide our efforts and encourage our team in ways we could not have imagined. We are so thankful for this partnership and all that it has meant to us throughout the year.

**HOSA/MRC Partnership Interaction:** The State MRC Coordinator met with us and helped develop and form the partnership between MRC and HOSA. This meeting was featured on OKMRC's Facebook page in anticipation of the exciting days to come!



# INTRODUCTION TO MRC

**Activity:** Our MRC coordinator came to our school and spoke to our classmates about the Medical Reserve Corps and how to join. Our coordinator, Lezlie Carter, was able to talk about MRC orientation and ways to get involved to help our community. Through this effort, many signed up as MRC volunteers.

**HOSA/MRC Partnership Interaction:** Oklahoma MRC State Coordinator came to our school, and gave an orientation of MRC to the students. This was the first step in signing up members to become life-long MRC volunteers.



# MRC BROCHURE

**Activity:** We created an MRC brochure to help promote community awareness to the Medical Reserve Corps and how to join and become a member. The brochure has been used in multiple events throughout this year to promote MRC and to spread word of how others may get involved in serving their community by joining this life-saving organization.

**HOSA/MRC Partnership Interaction:** MRC Coordinator supported us by giving us the necessary information to create the brochures and approving the distribution of the brochure.



# CENTRAL OKLAHOMA EMERGENCY MANAGERS ASSOCIATION (COEMA) MEETING

**Activity:** We attended this meeting with our MRC Coordinator. This meeting was held at the University of Central Oklahoma. Emergency managers from Oklahoma County and surrounding counties were present, as well as other entities including EMSA, Devon Energy, Oklahoma Natural Gas, Oklahoma National Guard, the National Weather Service, Will Rogers World Airport, and many more. The meeting agenda was full of information including a report on the UCO FSE and jurisdiction updates, including an update from Lezlie Carter our MRC Coordinator.

**HOSA/MRC Partnership Interaction:** MRC Coordinator invited us to the meeting and was in attendance alongside us.



# REGIONAL MRC WEBINAR

**Activity:** We were able to sit in on a webinar with our MRC Coordinator, Lezlie Carter. During this webinar we listened to Lezlie present to other state coordinators about grants that Oklahoma MRC units have been awarded. One that stood out to us was the MRC unit of Hughes, Okmulgee, Okfuskee, Pontotoc, and Seminole counties (HOOPS) in Oklahoma. The grant they were awarded will be put to use creating a MRC trailer to respond to events, but especially those needing mental health assistance. We also heard from other states including Arkansas, New Mexico, Louisiana, and Texas.

**HOSA/MRC Partnership Interaction:** MRC Coordinator was a part of the webinar and invited us to listen to get a better idea of what was happening in the Oklahoma MRC and the MRC units in surrounding states. This allowed us to participate on a national level.



# NEWS BROADCAST AND YOUTUBE VIDEO

Activity: We are so honored to have one of our own MRC members be featured on the Susan G Komen promotional video. Ila, pictured to the right, can be seen in one of their video that was broadcast nationwide. This was also promoted by KOKH Fox 25 News. Through her partnership with HOSA and MRC, she has been able to show her friends how participating in a community outreach made a difference.

HOSA/MRC Partnership Interaction: Our MRC Coordinator fully supported our efforts and was excited that one of our own appeared in the video and broadcast.



Air date- 11-7-19

## IMPACT CATEGORY FIVE IMPROVE COMMUNITY PREPAREDNESS OR RESILIENCE

### FIRST AID TRAINING

Activity: Our team organized a First Aid training for our HOSA chapter and others to better prepare them to be able to respond to an emergency. The training was put on by our MRC Coordinator Lezlie Carter.

HOSA/MRC Partnership Interaction: MRC Coordinator put on the training for our team and the students at our school.



### METRO TECH FULL SCALE EXERCISE

Activity: Our team got to be observers at a full scale exercise put on by Metro Tech. For the exercise, the school was turned into a variety of different hospitals. We got to see what it would actually be like to work in a hospital during a disaster. Our team members served as Exercise Observers and were able to take notes and visualize all roles contributing to the exercise.

HOSA/MRC Partnership Interaction: MRC Coordinator supported and encouraged our participation in the exercise and debriefed with us at its conclusion.



### FIRST AID ESCAPE ROOM

Activity: Our team decided that we wanted to find a way to help the students at our school practice the first aid and Stop the Bleed skills that they had learned, but in a way that would interest them. We put together a first aid escape room where they performed CPR and Stop the Bleed skills while also getting to have fun and work together with other students.

HOSA/MRC Partnership Interaction: MRC Coordinator approved of our event and supported us as we helped improve emergency preparedness in our school.



# GREAT SHAKEOUT

Activity: All five members of our team worked together to put together a Great Shakeout at our school, where we raised awareness for earthquake safety among our peers. We put up a sign, flyers, and handed out information to all of the students. Team members also participated in the state-wide earthquake drill.

HOSA/MRC Partnership Interaction: MRC Coordinator approved of the event and supported our cause to raise awareness for earthquake safety at our school. It was shared on social media by our program as well as OKMRC.



# UCO ACTIVE SHOOTER FULL SCALE EXERCISE

Our team received a personal invitation from Director of Emergency Management, Norman Nieves, to participate in a full scale active shooter exercise, coordinated by the University of Central Oklahoma and the City of Edmond. In this exercise, we were tasked with the roles of "victims" in varying degrees of distress. Here we learned about the many entities that have to work together for safety to be secured during an emergency with casualties and life-threatening injuries. We were able to have open conversations at its conclusion with UCO PD, City of Edmond, OK County EM, OGCHD, EMSA, Langston University, OKC PD, Rose State College, FAA, OK National Guard, OKC Public Schools, and many more.

HOSA/MRC Partnership Interaction: We reached out to our MRC Coordinator about attending this event and special accommodations were made for high school students to participate as a result. It was shared on social media by our HOSA program as well as OKMRC and Oklahoma HOSA.



# STOP THE BLEED

Activity: Being able to stop serious bleeding in an emergency situation can save someone's life. That's why our team decided to put on a Stop the Bleed training for our HOSA chapter. Everyone in our chapter was trained on how to properly use tourniquets, pack wounds, and stop bleeding until help arrives.

HOSA/MRC Partnership Interaction: MRC State Coordinator arranged for OKMRC Education Coordinator Kathy Wickham, RN, to provide Stop the Bleed training and supported us in our efforts to certify all students in the Pre-Nursing program in this training.



# OKLAHOMA BLOOD INSTITUTE TOUR

Activity: Our MRC Coordinator helped our team put together a tour of the Oklahoma Blood Institute for our HOSA chapter. A doctor who works at OBI spoke to us about the importance of blood donations in everyday life and also emergency situations, and we also got a tour of the facility. We were able to see where the blood was taken during a crisis and see what happens to our blood donations when we send them to the blood institute.

HOSA/MRC Partnership Interaction: MRC Coordinator partnered with us in putting the event together.



# STRATEGIC NATIONAL STOCKPILE WAREHOUSE PRIVATE TOUR

**Activity:** Our MRC Coordinator arranged a tour of the Strategic National Stockpile Warehouse for us and our HOSA chapter. We got to tour the SNS warehouse, and see where the medication and supplies for the state of Oklahoma are stored in case of an emergency. We had private tours and educational sessions from the State Director of Pharmacy, and the National Strategic Stockpile Warehouse Manager. This warehouse is in a top-secret location and is not open for public tours, but because of our partnership, our team was allowed the privilege to view everything from medications, tents, mobile morgues, vaccination trailers, and generators that have the capability to power entire nursing homes.

**HOSA/MRC Partnership Interaction:** MRC Coordinator partnered with us in coordinating the event and allowing us the ability to see what others may not have the opportunity to experience.



## IMPACT CATEGORY SIX TRAIN OR EXERCISE TO IMPROVE COMMUNITY RESPONSE CAPABILITY

### OPIOID RESPONSE TRAINING

**Activity:** The opioid epidemic is an issue in not only our state, but also the nation. We got to hear from Kathy Wickham about the statistics of the opioid crisis, and how opioids affect your brain. We also were trained on how to use intranasal naloxone, which can save someone's life who has overdosed.

**HOSA/MRC Partnership Interaction:** MRC Coordinator was in attendance at the training, and supported us as we trained to save lives in the case of an overdose. She also introduced us to various civic leaders in the community.



### EMERGENCY PREPAREDNESS AND RESPONSE SERVICE (EPRS) MEETING

This meeting at the Oklahoma State Department of Health allowed participants to create concepts and objectives for the Annual Functional Exercise. This functional exercise will activate all communication systems between the state's Emergency Operations Center (EOC) and all county health departments. They planned the date of the exercise and all future planning meetings. They developed five core objectives, and decided that each local health department was going to have input into what "disaster" was hitting their area. This allowed them to plan and practice for an area they felt they were lacking in.

**HOSA/MRC Partnership Interaction:** Our MRC Coordinator invited us to attend the meeting, but was unable to join us due to illness. She still encouraged our participation and followed up with our team at the conclusion of the meeting.



# REGION 6/8 REGIONAL MEDICAL PLANNING GROUP (RMPG) MEETING



**Activity:** In this meeting we were able to experience a table top exercise or TTX. Meeting attendees included preparedness officers from local hospitals and long-term care facilities, as well as EMSA. The meeting started with a game where we were split into different communities and were experiencing a natural disaster. We had to gather resources for our specific community, and help others where we could. During the TTX, healthcare facilities in the counties surrounding Oklahoma County were forced to evacuate all patients and bring them to hospitals in Oklahoma County. This exercise allowed facilities to find short coming in their processes, and to see how many beds short Oklahoma County would be if this scenario were to happen in real life.

**HOSA/MRC Partnership Interaction:** We were invited by our MRC Coordinator and attended this meeting with her. During the tabletop exercise, one of our HOSA MRC members was able to report out for the entire group.

# FEMA EDUCATIONAL AWARENESS TRAININGS

FAMILY FIRST	10 HRS
IS-100: INTRODUCTION TO INCIDENT COMAND SYSTEM	25 HRS
IS-200: BASIC INCIDENT COMMAND FOR INITIAL RESPONSE	30 HRS
IS-317: INTRODUCTION TO COMMUNITY EMERGENCY RESPONSE TEAMS	30 HRS
IS-700: AN INTRODUCTION TO NATIONAL INCIDENT MANAGEMENT SYSTEM	17.5 HRS

**HOSA/MRC Partnership Interaction:** These trainings were recommended by our state MRC Coordinator.



# IMPACT CATEGORY SEVEN SUPPORT AN EMERGENCY RESPONSE

## FIRST RESPONDERS DAY

**Activity:** We love our first responders! We participated in a one-word challenge to hold up a sign showing words we thought described our first responders. After participating in the challenge, we prepared a plate of desserts to take to the fire-station to thank our firemen for their service.

**HOSA/MRC Partnership Interaction:** MRC Coordinator approved our event and supported us as we honored our first responders.



## AUSTRALIAN FIRES BAKE SALE

**Activity:** We recognized that there was an international emergency and that it was time to take action in helping Australia get back on its feet. Since Australia has gone through losing so much land to wildfires, we collectively decided it would be helpful to perform a Bake Sale at our school to help raise funds to help Australians in need. All proceeds were donated to the Australian Red Cross. This allowed our team to make an international impact with a true emergency response.

**HOSA/MRC Partnership Interaction:** MRC Coordinator approved of our event and supported us.

