

Life Support Skills – Sample Skill Scenario

Competitor Scenario 1:

You are in a theme park when a young girl runs by screaming that her baby brother fell down. You observe an infant lying on the ground. There is no one around and no AED is available. You do have a cell phone.

Skill to be performed:

Skill II Infant BLS/CPR

Time: 6 minutes

Judge Script:

- When competitor has completed step four shouting for help, judge states, *“There is no response and AED is not available”*.
- When competitor has completed step five observing for breathing and pulse, judge states, *“Not breathing, no pulse.”*
- When competitor has completed cycles of 30 compressions & 2 breaths for two minutes, judge states, *“no response after two minutes”*.
- After competitor has called emergency response system and resumes cycles of 30 compressions and 2 breaths, judge states, *“EMS has arrived & has taken over care of the patient.”*

Competitor Scenario 2:

You are heading to your competitive event when you discover an 18 year old named R. Thumper. The victim has experienced a cut to their left lower leg. They report they cut their leg when they were stepping over a chair at the pool. Bleeding is severe. Medical information jewelry is present.

Skill to be performed:

Skill III Severe Bleeding

Time: 5 minutes

Judge Script:

- When the competitor slowly released direct pressure, judge states, *“Bleeding has not stopped”*.
- The second time the competitor released pressure, judge states, *“No further bleeding.”*
- After a bandage is firmly attached, judge states, *“EMS has arrived.”*

Patient Script:

You are R. Thumper, an 18 year old victim who cut your left lower leg on a chair at the pool. You are seated on the ground. Event staff will apply moulage for severe bleeding on your left lower leg. You will be wearing medical information jewelry. If asked inform the competitor that you maintain excellent control of your diabetes with normal blood sugars.

- *When the competitor asks if you consent to treatment, please respond with yes.*
- *The competitor will apply pressure on the bleeding and will also apply a dressing.*