

EMT – Sample Skill Scenario

Scenario:

You and your partner are the first on the scene of a boating accident. The driver of the boat is a 45 year old named Morty M. Morty M was returning to the dock to pick up a friend. The friend, A. Fieldmouse, witnessed Morty M. slumping over the boat steering wheel and hitting the dock. Morty M. was unresponsive and removed from the boat by his friend, A. Fieldmouse.

You and your partner are to initiate treatment.

Skills to be performed:

Skill VI: Cardiac Arrest Management/AED (manikin)

Skill I: Patient Assessment-Trauma (patient)

Combined - 12 minutes to complete both skills

Judge Script for Cardiac Arrest Management/AED :

- After the competitor checks for breathing and pulse simultaneously for no more than 10 seconds (after step #6 on the rating sheet), judge states, **“The patient is unresponsive, apneic and pulseless”**
- The following information will be provided by the bystander **only if requested:**
 - The victim is 45 years old.
 - The friend (bystander) reports that they are unaware of any allergies.
 - The friend (bystander) reports that the victim takes medication for blood pressure and elevated cholesterol but unaware of any other information regarding medication.
 - The friend (bystander) reports that the victim does have a family history of heart disease with father and brother both suffering from “heart attacks” in their 40’s. Father is deceased suffering a fatal heart attack in his 50’s.
 - The friend (bystander) reports the victim ate lunch about

- 30 minutes before he was to pick up his friend.
- The friend (bystander) reports there were no physical complaints earlier when you talked to your friend about meeting for fishing.
- After first shock is given (step # 12B on the rating sheet) Judge states “a pulse is detected with slow respirations”
- ***Special note: When the initial shock is delivered the patient will be reported to have a pulse. At that point the live patient will replace the manikin for the assessment of trauma patient.***
- **Competitors will move from manikin to live patient as soon as the manikin regains a pulse. Patient is now conscious and responding.**
- *Information for Assessment- Trauma:*
 - Pulse 96. Resp 10. BP 86/66.
 - Patient has no complaints other than chest pain prior to passing out.

Bystander Script

You are A. Fieldmouse. While waiting for your friend, Morty M. to pick you up at the dock for an afternoon of fishing, you witnessed Morty M. slumping over the steering wheel of his boat and running into the dock. After the crash into the dock you were able to remove Morty M from the boat. You are very concerned regarding the condition of Morty M.

You will provide the following information ***only if asked by the competitor:***

- Victim is 45 years old.
- You are unaware of any allergies.
- You know the victim takes medication for blood pressure and elevated cholesterol but are unaware of any other information regarding medication.
- Report that the victim does have a family history of heart disease with father and brother both suffering from “heart attacks” in their 40’s. Father is deceased suffering a fatal heart attack in his 50’s.
- Report the victim ate lunch about 30 minutes before he was to pick you up.
- Reports there were no physical complaints earlier when you talked to Morty M about meeting for fishing.

Patient Script

You and the manikin are both Morty M. in this scenario. The competitors will begin the event by doing CPR and using an AED on the manikin. You will take the place of the manikin as soon as competitors are finished with the AED and the manikin regains a pulse and becomes conscious. The judge will let you know when to move into position. (Be sure you practice this before competitors arrive)

You are Morty M. You were driving your boat to pick up a friend at the dock and passed out. You were removed from the boat by your friend, A. Fieldmouse. EMS was called and are working on you. They will assess your breathing, circulation, and other vital signs. They will also assess you from head to toe for injuries. You do not have any complaints other than the chest pains you experienced before passing out. You regained consciousness after CPR & AED were initiated.

The following information was provided to competitors by your friend who was a bystander to the accident ***only if they were asked by the competitor.***

- Unaware of any allergies
- Takes medication for blood pressure and elevated cholesterol but unaware of any other information regarding medication.
- Family history of heart disease with father and brother both suffering from “heart attacks” in their 40’s. Father is deceased suffering a fatal heart attack in his 50’s.
- Ate lunch about 30 minutes before he was to pick up his friend.
- No physical complaints earlier when you talked to your friend about meeting for fishing.