HOSA Mini Lesson: Vaping

Objectives:
Upon completion of this lesson, students will have sufficient knowledge of, and be able to:
1. analyze informational texts regarding risks of vaping
2. create an anti-vaping infographic/poster

Time:
- article & activities (class period)
- poster (class period)

Materials:
- Internet access
- Scholastic's Teacher Guide
- Scholastic's The Risks of Vaping
- Poster Board or digital poster such as glogster

Instruction:
1. watch Vaping: The Hit Your Brain Takes (2:19 minutes)
2. read Scholastic's The Risks of Vaping
3. complete selected activities from Scholastic's The Real Cost of Vaping
4. poster for student challenge

Assessment:
1. Health Poster- “Vaping’s Not My Thing” Student Challenge
2. Health Poster rubric or Research Poster Rubric

Standards:
NCHSE
9.1 Healthy Behaviors
9.1.1 Promote behaviors of health and wellness.
   • Exercise
   • Nutrition
   • Relationships
   • Sleep habits
   • Stress management
   • Weight control
9.1.2 Examine various aspects of behavioral health.
   • Anxiety
   • Depression
   • Substance abuse
   • Suicide

For additional Curriculum Crosswalks see CE Useful Tools

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