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2014 ADEA Predental Student Virtual Fair

April 29 – 30, 2014
Noon – 6:00 p.m. Eastern Time

Thinking about applying to dental school? Want to learn more about dentistry? The 2014 ADEA Predental Student Virtual Fair is a **FREE**, **ONLINE** event where prospective students can ***visit multiple dental school booths—without travel or registration fees.***

- **Chat live** with dental school admissions representatives.
- **Watch presentations** about financing a dental education, the ADEA Associated American Dental Schools Application Service (ADEA AADSAS) and the dental school application process.
- **Browse and download** brochures, videos and dental school information.
- **Network** with other predental students in a live chat forum.

Register on or before **April 7, 2014**, and attend the live, two-day event to be entered for a chance to **WIN one of SEVEN GIVEAWAYS**! The top prize is valued at more than $250 and includes a **FREE ADEA AADSAS first designation waiver**.

Registration is **FREE**! Registered attendees are also invited to visit the site ahead of the live event during the ADEA Predental Student Virtual Fair Preview Day on **April 17, 2014**.

REGISTER TODAY at **www.adea.org/predentalvirtualfair.**

www.facebook.com/ADEAGoDental1
www.twitter.com/ADEAGoDental

Registration Code
FLOSS

ADEA AMERICAN DENTAL EDUCATION ASSOCIATION | Predental Student Virtual Fair

El Centro - On the plane flight back from Orlando, Florida with a first place medal in his pocket, then high school senior, Augustine Aredondo, knew exactly what he wanted to do: someday soon it's going to be Dr. Aredondo coming back to Imperial Valley he thought.

Augustine was part of the HOSA - Future Health Professionals chapter at Southwest High, and while he didn't join until his last year of high school, it was worth it. The intense competition that the chapter afforded him in the arena of medical science ignited a passion for medicine that fueled Augustine in his classes at Imperial Valley College.

His choice to attend IVC was multi-faceted. As a future medical school student, Augustine knew that big tuition bills lay ahead. With IVC's tuition at $46 per unit it was the prudent choice to attend community college and live at home for the first two years of college. It's likely that medical school will have to be paid with student loans, so not having loans for these two years is valuable. Additionally, the top ranked math and science departments at Imperial Valley College were also an attraction that drew Augustine to IVC. A biology major, Augustine has also appreciated the smaller classes and one-on-one attention he often gets from IVC's top professors, many of whom have Ph.D.'s and M.D.'s on their resumes.

After continuing his education at a university and then medical school, Augustine has plans to return to Imperial Valley and practice medicine in the community he grew up in and loves. In the meantime Augustine is hitting the books at Imperial Valley College.

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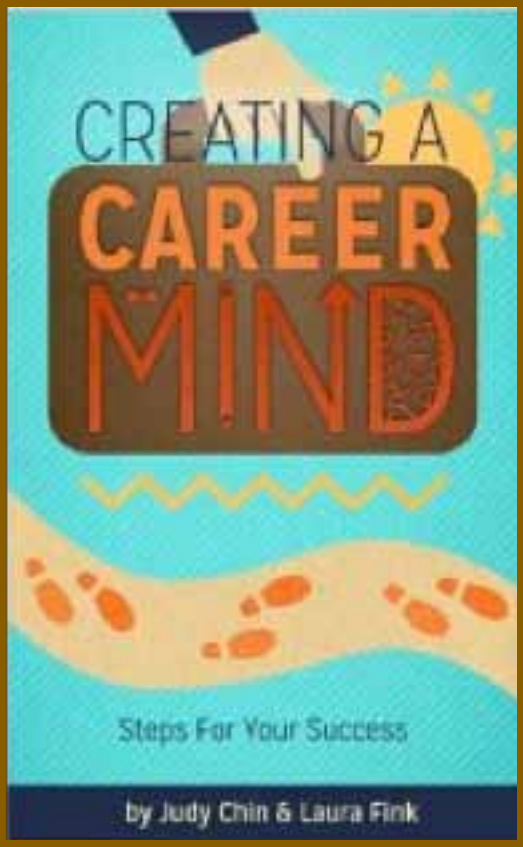


CREATING A CAREER MIND

Steps For Your Success

by Laura Fink & Judy Chin

Do you have a job or a career? Are you moving forward or standing still?

"Being successful is not accidental. Success is achieved through hard work, difficult choices, and focused determination…not by luck. Success cannot be captured in a single moment, but is acquired over time. Creating a career mind will make you more successful in any of your career choices…"

Unique in its focus on soft skills and workplace dilemmas, 'Creating a Career Mind: Steps For Your Success' is a practical, user-friendly guide for anyone on their career journey. Soft skills, vital to your success, are the subtle, but dynamic qualities that are rarely explored in most career books. 'Creating a Career Mind' by Chin and Fink provides engaging descriptions and interactive exercises for you to discover and develop these skills and create the mindset needed for career success. With bold graphics, amusing anecdotes, self-reflections, and real-world work scenarios, the authors have created an entertaining and informative guidebook on how to transform yourself and advance in your career.

USA Today Charitable Foundation
ANNOUNCES GRAND PRIZE WINNERS

The Academy of Medical Arts, a health science and medical pathway Pilot School in Los Angeles Unified School District won the Grand Prize in the National End Childhood Hunger Public Service Announcement Competition sponsored by USA Today Charitable Foundation and ConAgra Foods. Five students submitted a 30 second PSA that depicted a student named Bob, who was hungry and struggling in school because of it. "We wanted the PSA to show how sad and serious the problem is," explained Camille Olalia, one of the team members. "Bob could be any student because hunger strikes many students and it isn't obvious who might be hungry." Jeffrey Roxas, another team member, said "We hope our PSA will bring awareness and change. That's why we are showing it in the community, at school, and on YouTube."

The winning students are Kristen Hernandez, Camille Olalia, Jeffrey Roxas, Bianca Sangalang, and Marc Jason Yema. All five are juniors at the Academy of Medical Arts (AMA) and are active members of HOSA future health professionals. The students will celebrate at an awards luncheon with staff and parents on April 2, 2014 at AMA at Carson Complex.

Did you know that nearly 16 million children struggle with hunger in communities nationwide? (Source: USDA ERS, Household Food Security in the United States in 2012) USA TODAY Charitable Foundation and ConAgra Foods worked together on a program to educate students about ending hunger in the United States. Students were challenged to learn more about child hunger in their community by creating a PSA to raise awareness and submit the results for a chance to win this national competition. http://usatodayeducation.com/childhungerends/

hosa NAEMT Foundation Scholarship Opportunities

Since 1976, the mission of **HOSA–Future Health Professionals** has been to build and maintain a pipeline of qualified students to pursue health professions. As the largest student organization operating in America's high schools for young people interested in health professions, HOSA works closely with local and state health science education leaders to provide unique learning experiences. HOSA encourages its members to attain high scholastic achievement, develop exceptional leadership skills, and commit to health professions. Through partnerships, HOSA is able to provide selected, dedicated members with scholarship awards to support their educational goals. In addition, HOSA is pleased to broadcast information from our national partners to support students in continuing their education.

HOSA–Future Health Professionals is excited to announce **NAEMT (National Association of Emergency Medical Technicians) Foundation** scholarship opportunities for students interested in health careers as an emergency medical responder (EMR) or an emergency medical technician (EMT). The NAEMT Foundation's mission is to support a better future for EMS through funding EMS education and research.

In an effort to recruit and retain EMS practitioners, the foundation will offer awards up to $1,000 based on the cost of the EMS training program. Scholarship guidelines and the online process are outlined at: http://www.naemt.org/foundation/Scholarship.aspx

HOSA members with career goals to become EMRs and EMTs, apply now to be considered for scholarships to support your education costs! Criteria used in the scholarship selection process includes:

- Commitment to entering the EMS profession;
- Financial need;
- Dedication to the community; and
- Ability to serve as a positive ambassador to the EMS profession.

NAEMT Foundation

Sampling of Summer 2014 NATIONAL INTERNSHIPS

GOVERNMENT

CDC: A range of CDC internship opportunities can be found @ www.cdc.gov/Fellowships/StudentInternships.html.

The Global Health Fellows Program II will have a number of exciting internships. These positions will be located in USAID's Global Health Bureau in Washington, DC. Details @ http://www.ghfp.net/internships/become-a-ghfp-ii-intern/

The Health Resources and Services Administration (HRSA) of the US Department of Health & Human Services (HHS) Public Health Internship Program - Public Health Interns will complete a one semester rotation within one of HRSA's Bureaus or Offices. The public health internships at HRSA is an unfunded practicum experience for graduate and undergraduate students in good standing at schools of public health and public health programs in the United States. For details, visit http://www.hrsa.gov/about/jobs/internprogram.html.

For information on UNICEF internships, in NYC and abroad, visit www.unicef.org/about/employ/index_internship.html.

Visit http://www.usaid.gov/work-usaid/careers/student-internships for USAID internships in legislative and public affairs, general counsel's office and Africa Bureau, among others. Other USAID internships are also posted here as they become available.

NGO'S

American Association for the Advancement of Science (AAAS) offers internship opportunities in science and policy. Details @ http://www.aaas.org/page/internship-opportunities Deadlines: Rolling.

A limited number of interns may be accepted for short-term placement in some African field offices or at Africare headquarters in Washington, D.C. Interns must be self-financed. When available, internships are posted @ www.africare.org/about-us/jobs/index.php#job3.

The California Family Health Council offers graduate students field placements in reproductive health care and family planning agencies in California. Visit http://interns.cfhc.org/Default.htm for details.

If you are interested in an internship with CARE, visit www.care.org/careers/internships.asp for details.

Opportunities to intern and/or volunteer with the Centre for Development and Population Activities (CEDPA) are posted @ http://www.cedpa.org/section/aboutus/employment/internships.html as they are announced.

Save the Children often has summer opportunities available in Africa, Asia and Caribbean/Latin America. For details, visit www.savethechildren.org/site/c.8rKLIXMGIpI4E/b.6226565/k.BA72/Careers.htm#Internships.

FOR-PROFIT COMPANIES

Internship assignments at Genzyme are designed to attract associate, undergraduate and graduate college degree level students. Internships assignments have included: Research & Science / Laboratory, Engineering (Chemical, Biomedical, Bioengineering), Information Technology, Quality (QC, QA, QS), Clinical Research, Regulatory Affairs, Materials Management / Supply Chain / Purchasing / Contracts, Biomedical Operations / Biostatistics, MBA - Corporate or Business Development, Program Management. Visit www.genzyme.com/corp/careers/fulltime_positions.asp - click on Opportunities for Students.

Merck Future Talent Program offers summer internships. For details, visit http://www.merck.com/careers/life-at-merck/students-and-graduates.html Deadline: Rolling.

NEWS FROM
Ohio HOSA!!

February and March are added reasons to celebrate Ohio career-technical education. On February 7, 2014, Ohio Governor John R. Kasich, Superintendent of Public Instruction Richard A. Ross, Ohio Career-Tech Director Steve Gratz and leaders for seven student organizations officially launched the state's participation in National Career-Technical Education Month for February and Career-Technical Education and Skilled Workforce Development Recognition Month for March.

Meeting in the Ohio Statehouse Lincoln Room, Governor Kasich read and signed a resolution that accentuated the value of career tech with a special emphasis on seven organizations represented by students as follows:

- Business Professionals of America, Ohio Association – Alyssa Rice, **Paint Valley** High School (**Ross County)** student studying interactive media through **Pickaway-Ross** Career and Technology Center;
- DECA – Stephanie Elkins, **Olentangy Orange** High School (**Delaware County**) student studying marketing;
- Family, Career and Community Leaders of America – Lindsey Schneider, Botkins High School (**Shelby County**) student studying Family and Consumer Sciences (education, training and hospitality);
- Future Educators Association – Kaitlyn Cress, **Gahanna Lincoln** High School (**Franklin County**) student studying education and training through **Eastland-Fairfield** Career and Technical Schools;
- FFA – Jarred Shellhouse, graduate of **Mohawk** High School (**Wyandot County**) studying agriculture at The Ohio State University;
- HOSA-Future Health Professionals – Margaret Myers, **Tri-County North** High School (**Montgomery County**) studying biotechnology through **Miami Valley** Career Technology Center; and
- SkillsUSA Ohio – Romello Oliver, **Northmont** High School (**Montgomery County**) student studying carpentry at **Miami Valley** Career Technology Center.

Aligned with the national career tech theme this year of "Celebrate CTE Superheroes," the students shared some of their goals that could make them have that label someday.

BRAIN Bee

By Carol Gunnerson

Four members of the **Kingman High School HOSA chapter** participated in the International Society of Neuroscience Annual Brain Bee held at the Glendale Campus of Midwestern University. The competition consisted of two rounds where students answer neuroscience-related questions; many schools throughout the state of Arizona participated. The Kingman participants completed various stages of the first round and performed admirably, but unfortunately were all eliminated before the second round. We were extremely proud of their hard work and efforts!

(Left to Right) Samantha Jacques, Brittany Burgess, Spencer Taylor, Armando Alatorre

ARIZONA

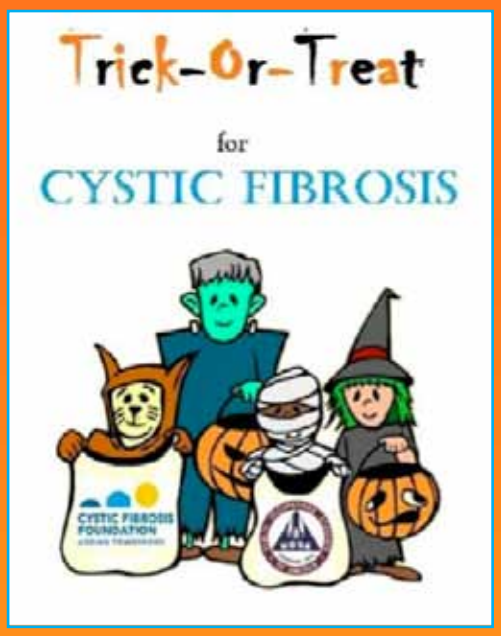
The Happiest 5K Run on Earth

Submitted on behalf of Glendale Union HOSA
by Rhonda Sykes, RN

The Glendale Union High School students in our Health Careers Education program had the opportunity to participate in The Color Run 5K in Phoenix, Arizona. This event was orchestrated to bring communities together, promoting healthiness and happiness in the form of a run. What makes this run unique is that at each kilometer the racers are doused with colorful paint. Another remarkable aspect of these runs is the commitment to charitable giving. Not only does this company partner with the charity known as the Global Poverty Project but it also gives both national and local charities a platform to raise awareness, petition possible volunteers, and raise money.

Our students are running to raise money for Cystic Fibrosis. This is an inherited chronic disease which affects the lungs and digestive system. Just a few decades ago, children with this disease rarely survived long enough to enter elementary school. Today, research and medical advances have increased the average life span to those affected to around age 40. Researchers hope to cure this disease and Moon Valley is so proud that our HCE students are taking up this cause.

The student team raised over $1,400 to support Cystic Fibrosis! Congratulations Glendale Union HOSA Chapters!!



Submitted by Wisconsin HOSA
Janice Wu, State President

An estimated 42 million kids across the country giggled with delight as they don their Halloween costumes. Mini princesses, superheroes, ghosts, and doctors filled the streets ready to come home two hours later with a pillowcase full of candy. Joining these trick-or-treaters in the neighborhoods of Wisconsin were some slightly taller, slightly out-of-place, high school students. Their hopes, however, were not to come home with five pounds of candy but rather five pounds of change.

The **Wisconsin HOSA State Executive Council** launched a state-wide initiative to collectively contribute to the National HOSA Service Project, the Cystic Fibrosis Foundation (CFF). Last year, most chapters volunteered for the CFF Great Strides 5K but with only 12 Great Strides sites, chapters who weren't near a participating location found it hard to contribute. The State Executive Council wanted to find a way to motivate chapters and to include chapters who had difficulty planning an event sponsoring the Cystic Fibrosis Foundation. This resulted in the birth of **Trick or Treating for Cystic Fibrosis.**

Wisconsin HOSA's members were to go out on Trick or Treating Night with their 'bucket tags' to collect spare change. Doors opened with surprised faces that would then turn into grateful smiles as HOSA members explained their purpose that night.

"Hello, I am a member of Wisconsin HOSA and tonight I am trick or treating for the Cystic Fibrosis Foundation. Cystic Fibrosis is an inherited chronic disease which clogs the lungs and leads to life-threatening lung infections and obstructs the pancreas and stops natural enzymes from helping the body break down and absorb food. It affects about 30,000 children and adults in the United States and 70,000 worldwide. Your donation will go towards funding research to enhance the quality of life and find a cure for those who suffer from this horrible disease."

The goal of this state-wide initiative was to not only raise funds for the Cystic Fibrosis Foundation but also to raise awareness. The message was heard loud and clear across Wisconsin as pillowcases filled up penny by penny, dollar by dollar. From just one night, Wisconsin HOSA's members collected over $2000 in donations! This was the perfect first project for HOSA chapters to jump-start the year. Members learned that if you keep putting in your two cents, pretty soon you'll make a change.

From just one night, Wisconsin HOSA's members collected over $2000 in donations!

SOUTH DAKOTA

SMILE DRIVE

The members of the **O'Gorman/Greater Sioux Falls HOSA Chapter** in Sioux Falls, South Dakota. . . will be partnering with two local Walmart locations in Sioux Falls where donations of oral health supplies will be collected during the month of February. We plan on involving fellow classmates by educating them on our project and having a drop box available for them to donate supplies. We are scheduled to visit The Banquet on Monday, February 24 and Monday, March 3, 2014 from 5:30-7:30 pm and The Boys and Girls Club of the Sioux Empire on Tuesday March 11, 2014 from 3:30-5:30 pm. At that time, we will present America's ToothFairy lessons and distribute the donations collected during the month of February. The Banquet, which provides food and fellowship to families in the local area that are in need, is looking forward to our chapter visits and the opportunity for our students to reach out to the youth that attend. The Boys and Girls Club of the Sioux Empire was very appreciative of us contacting them since one of their strong needs at this time is oral health education. Our Smile Drive will be topped off with two local retired dentists and their former dental offices giving us assistance to broaden our knowledge in the field of dentistry. They will be very instrumental in guiding us with our program.

AMERICA'S TOOTHFAIRY
National Children's Oral Health Foundation®

Our smiles matter because "Smiles are Contagious?"

Bone Marrow Registry Drive

Naples, Italy HOSA

Naples, Italy HOSA sponsored Saniyah, an eight-year-old who attended Naples Elementary School in Naples, Italy. Saniyah was diagnosed with aplastic anemia in December of December of 2012 and, as a chapter, we were pleased that over 200 people registered to support the project.

The HOSA chapter is so excited that because of this drive, one of our Naples community members, Amber Nalley, was a match and recently flew to the United States for PBSC donation. This year, we sponsored seven year old London who was diagnosed with Acute Lymphoblastic Leukemia. We registered over 60 people and we are planning for another drive later this month.

. . . we were pleased that over 200 people registered to support the project.

UPDATE ON SANIYAH

Saniyah Monet' Joseph was diagnosed with Aplastic Anemia in December of 2012 in Naples, Italy. This resilient nine year-old has gone through several blood and platelet transfusions and immunal therapy. One year after her immunal therapy treatment, Saniyah continues to progress and her blood counts are steadily moving towards normal. Since her return to the United States, Saniyah and her family have been actively involved in several fundraising activities to raise awareness and funds to support the Be the Match Organization. This vibrant young girl has demonstrated that despite having a life threatening illness, she is still able to function as normal 3rd grader and participate in extracurricular and church activities.

Even though Saniyah continues to progress, a bone marrow transplant is a cure for Aplastic Anemia. Through her journey, she has met and befriended several young patients with illnesses who are in need of a bone marrow transplant as well. Saniyah and her family are asking you to educate yourself on the process and become a bone marrow donor and save a life.

Donations in honor of Saniyah Joseph can be made to the Be the Match Organization at: http://bethematchfoundation.org/goto/TeamSaniyah

C.W. Bill Young/DoD Marrow Donor Program

In February 2011, London was diagnosed with Acute Lymphoblastic Leukemia. She has done extremely well and was 3 1/2 months away from finishing her treatment. Jan 1, 2014 our chapter got the heart wrenching news that her leukemia returned. She will be starting all over with a more intense chemotherapy to get her back into remission in preparation for a bone marrow transplant. She is a bright, beautiful, 7 year old little girl who loves school, My Little Pony, princesses and her little sister. She enjoys activities like gymnastics, swimming, riding her bike and playing with friends. She has a huge heart and is a very caring person who lights up our lives. London is such a strong person and her indomitable spirit gives us all strength.

AMERICA'S TOOTHFAIRY
National Children's Oral Health Foundation®

Smile Drive SUCCESS

During the February Smile Drive, Ayden Grifton High School's HOSA reported collecting:

They made **106** bags of supplies for at risk children in our attendance area.

Pizza Party Winners!

Well done!!

Career and Technical Student Organization (CTSO) officers converged in Washington, D.C., in February to meet with the U.S. Secretary of Education, Mr. Arne Duncan; Assistant Secretary for Career, Technical and Adult Education, Dr. Brenda Dann-Messier, and other education officials to discuss ways CTSOs are addressing Department of Education Initiatives, as well as ideas to improve Career and Technical Education across the United States.

CTSO officers engaged in a Student Voices Discussion with Secretary Duncan in a thirty-minute session where the Secretary asked questions directly related to CTSO initiatives, as well as took ideas from the team of officers on how to better reach a larger population of students that currently do not benefit from CTSOs.

The conversation continued for the next hour with Dr. Brenda Dann-Messier, who asked about current CTSO programs that are benefiting students from all across the country, as well as major initiatives we are all taking to reach out to thousands of students that don't already benefit from CTE.

This was a great opportunity to collaborate with all officers from each of the CTSOs to gain insight into CTE and what we can do to improve.

HOSA was represented by Devindra Persad, Postsecondary/Collegiate Vice President, at the U.S. Department of Education CTE Roundtable, hosted by Dr. Brenda Dann-Messier, Assistant Secretary for Career, Technical, and Adult Education.

Spotlight on RECREATIONAL THERAPY

What is Recreational Therapy (RT)? It is a treatment service designed to restore, remediate and rehabilitate a person's level of functioning and independence in life activities, to promote health and wellness as well as reduce or eliminate the activity limitations and restrictions to participation in life situations caused by an illness or disabling condition. (ATRA, 2009).

Recreational therapists utilize a wide variety of activity and community based interventions and techniques to improve the physical, cognitive, emotional, social and leisure needs of their clients. Recreational therapists work in a variety of settings and with a variety of individuals requiring health services such as geriatric care, mental health, addictions, physical medicine and rehabilitation. They work in hospitals, long-term care, residential settings, rehabilitation settings, outpatient services and community agencies. RT is unique in that therapists use recreational modalities in the designed intervention/ treatment strategies. RT provides services which are based on the individuals' interests and lifestyle, which allows them to better engage in therapy and apply these functional improvements to all areas of their life.

Sounds like a great profession, right!! To become a recreational therapist, one must receive a bachelor's degree or higher from an accredited university offering an academic program in therapeutic recreation/recreational therapy, complete a formal internship, and pass the national certification test offered by the National Council for Therapeutic Recreation Certification (NCTRC). This would qualify the individual to then become a Certified Therapeutic Recreation Specialist (CTRS). CTRS' must maintain their credential by participating in the recertification process every 5 years through NCTRC.

For more information visit the American Therapeutic Recreation Association website at atra-online.com or the National Council for Therapeutic Recreation Certification at nctrc.org (information for this article provided by ATRA – FAQ's)

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37th Annual National Leadership Conference

2014

Orlando, Florida
June 25 - 28, 2014

HOSA–Future Health Professionals
548 Silicon Drive, Suite 101
Southlake, TX 76092
Tel. 972.874.0062
Fax. 972.874.0063
Toll Free. 800.321.HOSA (4672)