



Pharmacy Science

New for 2020 – 2021

Competitor orientation deleted from ILC.

The 3rd edition of Moini text is being used for the 20-21 membership year. The Moini 4th edition will be used for 2021-2022.

Event Summary

Pharmacy Science provides members with the opportunity to gain knowledge and skills required in pharmacy-related careers. This competitive event consists of 2 rounds. Round One is a written, multiple choice test and the top scoring competitors will advance to Round Two for the skills assessment. This event aims to inspire members to be learn more about pharmacy careers and practices.

Dress Code Competitors shall wear proper business attire or official HOSA uniform, or attire appropriate to the occupational area, during both rounds. Bonus points will be awarded for [proper dress](#).

- General Rules**
1. Competitors in this event must be active members of HOSA and in good standing.
 2. Secondary and Postsecondary/Collegiate divisions are eligible to compete in this event.
 3. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the HOSA Competitive Events Program \(GRR\)](#)."
 4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's [photo ID](#) must be presented prior to ALL competition rounds.

Official References

5. All official references are used in the development of the written test and skill rating sheets.
 - [Johnston, Mike. The Pharmacy Technician: Foundations and Practices. Pearson, latest edition.](#)
 - American Academy of Allergy, Asthma, and Immunology. Symptoms and Diagnosis tab (as posted as of September 1, 2018) [.https://www.aaaai.org/conditions-and-treatments/allergies/drug-allergy](https://www.aaaai.org/conditions-and-treatments/allergies/drug-allergy)
 - [McCartney, Lisa. Sterile Compounding and Aseptic Technique: Concepts, Training, and Assessment for Pharmacy Technician. Paradigm, latest edition.](#)
 - [Moini, Jahangir. The Pharmacy Technician: A Comprehensive Approach. Cengage Learning, 3rd edition.](#)

Round One Test

6. [Test Instructions](#): The written test will consist of 50 multiple choice items in a maximum of 60 minutes.
7. **Time Remaining Announcements**: There will be a verbal announcement when there

are 30 minutes, 15 minutes, 5 minutes, and 1 minute remaining to complete the test.

8. **Written Test Plan**

Pharmacy Practice History & Practice Settings	5%
Pharmacy Law & Ethics and Safety & Infection Control	10%
Pharmacy Terminology & Abbreviations	10%
Dosage Formulations & Administration Routes	10%
Sterile and Non-Sterile Compounding.....	10%
Concentration & Dilutions	10%
Disorders & Treatments.....	45%

9. The test score from Round One will be used to qualify the competitor for Round Two.

10. **Sample Test Questions**

1. What was the primary purpose of the Harrison Narcotics Act of 1917?
 - A. Promote research for new drugs.
 - B. Regulate the dispensing of drugs.
 - C. Stop the recreational use of opium**
 - D. Create classifications of prescription drugs.Moini pp 45

2. The newest forms of insulin have been produced from which source?
 - A. Animal
 - B. Mineral
 - C. Synthetic
 - D. Genetic engineering**Johnston pp 94

3. A patient is to receive 1 ounce of an over-the-counter medication. How many tablespoons should be given?
 - A. 1
 - B. 2**
 - C. 4
 - D. 6Moini pp 569

Round Two Skills

11. Round Two is the performance of a selected skill(s). The skills approved for this event are:

- Skill I: Patient Screening for Pharmacist Consultation and Services (4 minutes)
- Skill II: Verifying Controlled Substance Prescription Content and DEA Number (6 minutes)
- Skill III: Withdrawing Liquid from a Vial (15 minutes)
- Skill IV: Compounding an Oral Suspension (15 minutes)
- Skill V: Identifying Equipment (*Including name of instrument and purpose or use*) (15 minutes)

Numbered Instruments (15) or photos from list:

Ampules	Eyewash Station	Intravenous System – Roller Clamp	Sharps Container
Autoclave	Heat Gun	Laminar Airflow Hood	Spatula
Auxiliary Labels	Hemostatic Forceps	Liquid Oral Syringe	Suppository Mold – Aluminum Type
Beaker Tongs	Hot Plate	Medication Containers	Suppository Mold – Plastic Type
Beakers	Indicator Strip (used for sterilization)	Medicine Cup	Syringes
Calibrated Spoon	Insulin Syringes	Medicine Dropper	Tablet Mold
Compounding Slabs or Disposable Slabs	Intravenous Injection	Mortar	Tissue Forceps
Conical Graduates	Intravenous System – Drip Chamber	Pestle	Transdermal Patch
Counting Trays	Intravenous System – Injection Port	Pipettes	Tuberculin Syringe
Crimper	Intravenous System – IV Solution Bag	Prefilled, Single-Dose Syringe	Weights
Cylindrical Graduates	Intravenous System – Piggyback Device	Safety Syringes	

Skill VI: Filling A Prescription (5 minutes)
 Skill VII: Aseptic Garbing, Hand Washing and Gloving (10 minutes)

12. Skill II and/or Skill V may be administered with the Round One written test.
13. The selected Skill(s) will be presented to competitors as a written scenario at the beginning of the round. The scenario will be the same for each competitor and will include a challenging component that will require the competitors to apply critical thinking skills. A sample scenario can be found [here](#).
14. Timing will begin when the scenario is presented to the competitors and will be stopped at the end of the time allowed.
15. The scenario is a secret topic. Competitors MAY NOT discuss or reveal the secret topic until after the event has concluded or will face penalties per [the GRRs](#).
16. Judges will provide information to competitors as directed by the rating sheets. Competitors may ask questions of the judges while performing skills if the questions relate to patient physiology and will be included in the scenario.

Final Scoring

17. The competitor must earn a score of 70% or higher on the combined skill(s) of the event (excluding the test and ID equipment) in order to be recognized as an award winner at the ILC.
18. Final rank is determined by adding the round one test score plus round two skill score. In case of a tie, the highest test score will be used to determine the rank.

Competitors Must Provide:

- Two #2 lead pencils with eraser
- Ink pen
- Shoe covers
- Face mask
- Hair cover
- Beard cover (if appropriate)
- Hair Tie to pull back long hair (if appropriate)
- Sterile non-shedding gown with snug-fitting cuffs
- Eye shields or goggles
- Sterile, powder-free, latex free gloves
- Watch with second hand (optional-Round Two only)
- A [photo ID](#)

PHARMACY SCIENCE

Competitor #: _____

Judge's Signature: _____

Skill I Patient Screening for Pharmacist Consultation and Services (Time: 4 minutes)	Possible	Awarded
1. Greeted patient and introduced self.	1 0	
2. Provided patient privacy by verbalizing or moving to a private area.	1 0	
3. Recorded patient's name and date of birth of the blank screening form to verify patient.	2 0	
4. **Asked patient to respond to all questions (5 total) related to screening (as identified in scenario). - Judge verifies correct questions are asked using screening checklist (student must memorize questions as they will not have access to questions at the event). - 1 point given per correct question asked: questions do not have to be asked in order	5 4 3 2 1 0	
5. Demonstrated NO distracting elements of nonverbal communication including lack of eye contact, inappropriate facial expressions and body position such as closed posture.	2 0	
6. Avoided the use of medical jargon during discussion with patient.	1 0	
7. Spoke with appropriate volume, pitch, inflection, pronunciation and diction.	1 0	
8. Actively listened and did not interrupt while patient was speaking.	1 0	
9. Questioned the patient as needed to ensure that responses were completely understood.	1 0	
10. Signed the Patient Screening form.	1 0	
11. Referred patient to the pharmacist for counseling.	5 0	
12. Handed the completed Patient Screening form to the Pharmacist (judge) indicating the skill is complete.	2 0	
13. Appropriate verbal and nonverbal communication with patient and other personnel.	2 0	
TOTAL POINTS -- SKILL I 70% Mastery for Skill I = 17.5	25	

** Step #4: Competitors should ask the patient the questions outlined in the screening checklists on the following pages 9-13 that are applicable to the screening (vaccination x3, late refill, or drug allergy) listed in the scenario received at the time of competition. To prepare, competitors should memorize all 5 questions on each of the 5 screening checklists so they can adequately ask the patients the correct questions.

PHARMACY SCIENCE

Skill I Patient Screening for Pharmacist Consultation and Services

Screening Checklist for Contraindications to **Injectable Influenza Vaccination**

For patients (both children and adults) to be vaccinated: The questions asked are developed to determine if the requested vaccination should be given. If you answer “yes” to any of the following questions it, it does not necessarily mean the vaccination will not be given. Additional information will be required.

1. Is the person to be vaccinated today showing any signs of illness?
2. Does the person to be vaccinated have allergies to any component of the vaccine?
3. Is the patient over the age of 65 resulting in the need for CDC recommended higher dose?
4. Does the person have a severe allergy to chicken eggs?
5. Is the person to be vaccinated younger than 6 months of age?

Reference: Moini, Jahangir. The Pharmacy Technician: A Comprehensive Approach. Cengage Learning, latest edition.

Screening Checklist will not be provided during the event. Competitors will need to memorize the questions related to the identified issue.

PHARMACY SCIENCE

Skill I Patient Screening for Pharmacist Consultation and Services

Screening Checklist for Contraindications to **Injectable Inactivated Poliovirus Vaccination**

For patients (both children and adults) to be vaccinated: The questions asked are developed to determine if the requested vaccination should be given. If you answer “yes” to any of the following questions it, it does not necessarily mean the vaccination will not be given. Additional information will be required.

1. Does the person to be vaccinated have allergies to any component of the vaccine?
2. Is the person to be vaccinated today immune depressed in any way?
3. Does the person to be vaccinated live with anyone who has an immune deficiency disease?
4. Is there a suspected familial immune deficiency?
5. Is there possibility that the person being vaccinated is pregnant?

Reference: Moini, Jahangir. The Pharmacy Technician: A Comprehensive Approach. Cengage Learning, latest edition.

Screening Checklist will not be provided during the event. Competitors will need to memorize the questions related to the identified issue.

PHARMACY SCIENCE

Skill I Patient Screening for Pharmacist Consultation and Services

Screening Checklist for Contraindications to **Injectable Rubella Vaccination**

For patients (both children and adults) to be vaccinated: The questions asked are developed to determine if the requested vaccination should be given. If you answer “yes” to any of the following questions it, it does not necessarily mean the vaccination will not be given. Additional information will be required.

1. Does the person to be vaccinated have allergies to any component of the vaccine?
2. Is the person to be vaccinated today immunosuppressed?
3. Is the person being vaccinated receiving corticosteroids?
4. Has the person being vaccinated been diagnosed with tuberculosis?
5. Is there possibility that the person being vaccinated is pregnant or attempting to become pregnant?

Reference: Moini, Jahangir. The Pharmacy Technician: A Comprehensive Approach. Cengage Learning, latest edition.

Screening Checklist will not be provided during the event. Competitors will need to memorize the questions related to the identified issue.

PHARMACY SCIENCE

Skill I Patient Screening for Pharmacist Consultation and Services

Screening Checklist for Late Refill

Promoting compliance with prescribed medication is an important role of the pharmacy staff. If the patient is not taking medication as prescribed the following questions may help determine the cause of noncompliance.

1. How did the prescriber recommend you take this medication?
2. What methods do you use to help remember to take your medication?
3. What side effects have you experienced with the medication?
4. Do you believe the medication helps resolve the issues for which it was prescribed?
5. What are your concerns regarding taking this medication?

Reference: Johnston, Mike. The Pharmacy Technician: Foundations and Practices. Pearson, latest edition.

Screening Checklist will not be provided during the event. Competitors will need to memorize the questions related to the identified issue.

PHARMACY SCIENCE

Skill I Patient Screening for Pharmacist Consultation and Services

Screening Checklist for Possible Allergic Reaction

Allergic reactions can be life threatening. Concerns expressed by patient must be investigated. The following questions should be asked to obtain basic needed information.

1. What medication were you taking when you noticed symptoms of concern?
2. Please describe your symptoms.
3. When did your symptoms begin?
4. Were any other medications taken during this time, including over-the-counter drugs?
5. Have you stopped taking the medication?

Reference: American Academy of Allergy, Asthma, and Immunology. Symptoms and Diagnosis tab. <https://www.aaaai.org/conditions-and-treatments/allergies/drug-allergy>

Screening Checklist will not be provided during the event. Competitors will need to memorize the questions related to the identified issue.

PHARMACY SCIENCE

Skill I Patient Screening Form for Pharmacist Consultation and Services

This form is given to the competitor during the event. The competitor completes this form as they ask the patient the 5 questions they have memorized for the selected screening checklist. As the competitor asks each question, the competitor should write a note of which question they asked (such as allergies, side effects, methods, concerns, immunosuppressed, etc.) in the blank space provided below. As the patient answers each question, the competitor should check "yes", "no", or "don't know" according to how the patient responds. After asking the 5 questions, the competitor will sign the form (in the form completed by line) and then return it to the judge (Pharmacist) as the final step in the skill.

Screening Checklist for: _____

Patient Name: _____ Date of Birth: ____/____/____

	Yes	No	Don't Know
1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Form completed by: _____

Date: _____

Form reviewed by: _____

Date: _____

PHARMACY SCIENCE

Skill II: Verifying the Content of a Controlled Substance Prescription and DEA Number (6 minutes)

*** Via the event scenario, the competitor will be given a prescription. Each competitor will also be given a Prescription Verification Form which acts as the rating sheet (page 15 of the guidelines). The prescription in the scenario will have missing information. Competitors must know all the required components (below) of the prescription in order to identify which components are missing. The Prescription Verification Form will be scored by the judges using the points indicated.

When verifying a Controlled Substance Prescription with DEA Number, the below list of items must all be verified.

1. Patient Information
 - a. Name
 - b. Address
2. Prescriber Information
 - a. Name
 - b. Address
 - c. Telephone Number
 - d. License Number
3. DEA Number
 - a. Verified the second letter corresponds to the first letter of the provider's last name
 - b. Added the first, third, and fifth digits of the DEA number.
 - c. Added the second, fourth, and sixth digits of the DEA number. Double the sum.
 - d. Added the sum of b and c.
 - e. Verified that the last digit from step d matches the last digit of the DEA number.
4. When prescribed
 - a. Month
 - b. Day
 - c. Year
5. Drug name and strength
6. Dose and quantity
7. Route of administration
8. Directions (signature or "Sig")
9. Number of refills authorized
10. Product selection was permitted
11. Prescriber's signature
12. No dangerous abbreviations, acronyms, or symbols are used from the Joint Commission's "Minimum" Do Not Use list and Joint Commission's "Recommended" Do Not Use List.

PHARMACY SCIENCE

Competitor #: _____

Judge's Initials: _____

Skill II: Verifying the Content of a Controlled Substance Prescription and DEA Number (6 minutes)

Prescription Verification Form – Rating Sheet

**Name brand and generic names will be used in the scenarios.*

Please list which 5 components are missing from the prescription given to you (below):

1. _____ (3 points)
2. _____ (3 points)
3. _____ (3 points)
4. _____ (3 points)
5. _____ (3 points)

DEA Number listed on prescription: _____

Is the DEA number valid? Yes or No (3 points)

Explain your yes or no answer by showing your work in **five** steps to verify the DEA Number:

1. _____ (1 point)
2. _____ (1 point)
3. _____ (1 point)
4. _____ (1 point)
5. _____ (1 point)

Are there any dangerous abbreviations, acronyms, or symbols used from the Joint Commission's "Minimum" Do Not Use list and the Joint Commission's "Recommended" Do Not Use List? If yes, **list below**. If no, **write NO** (3 points)

What other actions are needed or required? _____ (2 points)

Total Points Possible: 28

Total Points Awarded: _____

70% Mastery for Skill II: 19.6

PHARMACY SCIENCE

Competitor #: _____ Judge's Signature: _____

****Name brand and generic names will be used in the scenarios.***

Skill III: Withdrawing Liquid from a Vial (Time: 15 minutes)	Possible		Awarded
1. Obtained the medication order.	1	0	
2. Obtained needed supplies.	2	0	
3. Performed calculation based on scenario.	2	0	
4. Competitors verbalize that all anteroom preparations have been completed.	2	0	
CLEAN ROOM PROCEDURE			
5. Verbalized cleaning the hood.	1	0	
6. Removed the following from the transport vehicle - vial, needle, syringe, and alcohol swabs and placed in the outer 6-inch zone of the hood.	2	0	
7. Moved the vial into the DCA (direct compounding area) portion of the hood.	1	0	
8. Removed the flip-top cap from the vial and placed it in the discard pile (opposite side of the outer 6-inch zone of the hood) and placed the vial in the DCA area.	2	0	
9. Picked up an alcohol swab and placed in the DCA area. Opened & discarded swab package in discard pile.	1	0	
10. Swabbed top of vial and placed swab in discard pile	1	0	
11. Brought the syringe into the DCA area and removed the outer wrapping without touching or shadowing the syringe tip. Disposed of syringe wrapper in discard pile.	1	0	
12. Opened a sterile alcohol swab and placed on the work surface of the hood and discarded of wrapper in discard pile.	1	0	
13. With syringe in the dominant hand, opened needle and held by the cap.	1	0	
14. Removed cap (if present) from syringe and placed in discard pile.	1	0	
15. Held the syringe in the non-dominant hand. Used the dominant hand to pull the plunger syringe to draw equal or slightly less than required amount of air into the syringe.	2	0	
16. Used the dominant hand to grasp the syringe at the barrel. Used the non-dominant hand to remove the needle cap and placed the cap on the alcohol swab on the hood's work surface.	2	0	
17. Used the fingers to rotate the barrel of the syringe so that the bevel of the needle is pointed toward the ceiling.	2	0	
18. Inserted the needle into the vial using a slight upward rotation of the wrist, keeping the needle in contact with the vial's rubber top throughout.	1	0	
19. Inverted the vial using a clockwise motion and injected air into the vial.	1	0	

Items Evaluated		Possible		Awarded
20.	Removed slightly more than the desired dose and moved bubbles to the top by bracing syringe against palm and tapped the barrel of syringe.	1	0	
21.	Pushed the plunger on the syringe to expel air and any extra fluid back into the vial.	1	0	
22.	Returned the vial (with syringe attached) to the work surface using a counterclockwise motion and gently pulled syringe and needle from the vial.	1	0	
23.	Carefully recapped the needle using the scoop method.	2	0	
24.	Placed the completed product on transport vehicle.	1	0	
25.	Requested pharmacist (judge) to verify the product.	2	0	
26.	Disposed of waste from discard pile and returned equipment to appropriate location.	1	0	
ANTEROOM				
27.	Returned any remaining supplies to their proper location.	1	0	
28.	Verbalized removed sterile gown and gloves and remaining PPE and discarded appropriately.	1	0	
TOTAL POINTS – SKILL III		38		
70% Mastery for Skill III = 26.6				

***If a competitor jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*

PHARMACY SCIENCE

Competitor #: _____

Judge's Signature: _____

****Name brand and generic names will be used in the scenarios.***

Skill IV: COMPOUNDING AN ORAL SUSPENSION (Time: 15 minutes)		Possible	Awarded
1.	Obtained the completed recipe or completed formula via scenario using the Master Formula sheet.	1	0
2.	Checked the prescribed dosage with the pharmacist (judge).	2	0
3.	Verified the obtained the correct number tablets needed for compounding based on Master Formula sheet and notified the pharmacist (judge). <i>* Judge verified accuracy. Competitor proceeds either way. Points only awarded if the correct number of tablets were obtained.</i>	2	0
4.	Obtained needed equipment	1	0
5.	Used alcohol-based hand sanitizer for hand hygiene.	1	0
6.	Donned sterile, powder-free gloves.	1	0
7.	Triturated or reduced to a fine powder by using mortar and pestle.	1	0
8.	Added a small amount of suspending vehicle to levigate or grind the powder until a smooth paste is formed.	1	0
9.	Continued to add suspending vehicle until product is liquid enough to transfer to a graduated cylinder.	2	0
10.	Poured the liquid into a graduated cylinder.	1	0
11.	Rinsed mortar several times with suspending vehicle and added to product in graduated cylinder.	1	0
12.	Verified the amount of the suspension at eye level.	2	0
13.	Poured the compounded suspension into medication bottle.	2	0
14.	Selected the appropriate label from those provided and affixed to the medication bottle. <i>*Judge verified accuracy.</i>	2	0
15.	Selected the appropriate auxiliary label from those provided and affixed to medication bottle. <i>*Judge verified accuracy.</i>	2	0
16.	Cleaned the area and equipment using soap and water and returned equipment to proper place.	2	0
17.	Demonstrated proper handwashing.	2	0
TOTAL POINTS - SKILL IV		26	
70% Mastery for Skill IV = 18.2			

*****If a competitor jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.***

Skill IV - MASTER FORMULA SHEET: NON-STERILE COMPOUNDING

**This form will be completed by HOSA staff prior to the event and will be given to competitors with the scenario.*

PRODUCT: _____

Date Prepared: _____ **FINAL PRODUCT CHECKED BY:** _____

EXPIRATION DATE: _____

INGREDIENT	MANUFACTURER	Lot #	MFR EXPIRATION DATE	FORMULA QUANTITY REQUIRED	QUANTITY USED	PREPARED BY	CHK BY
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EQUIPMENT

PRESCRIPTION LABEL

AUXILIARY LABELS

COMPOUNDING DIRECTIONS

DATE PREPARED:

EXPIRATION DATE:

STABILITY

REFERENCE(S)

FINAL APPEARANCE

PHARMACY SCIENCE

Competitor #: _____ Judge's Initials: _____ Total Points (45 possible) _____

Skill V: Identify Equipment and Instruments (Time: 15 minutes)

Name of Instrument	Points (1 each for name & spelling)	Purpose or Use	Points (1 point for correct purpose/use)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
TOTAL: ID & Spelling (30 poss)		TOTAL: Purpose (15 possible)	

PHARMACY SCIENCE

Competitor #: _____ Judge's Signature: _____

****Name brand and generic names will be used in the scenarios.***

Skill VI: Filling a Prescription	(Time: 5 minutes)	Possible		Awarded
1. Obtained prescription.		1	0	
2. Reviewed the prescription for legality and correctness.				
a. Verified the name on the prescription by asking the patient.		1	0	
b. Verified prescription was presented within one year of being written.		1	0	
c. Verified address of the patient.		1	0	
3. Reviewed the original medication order with the judge:				
a. correct dosage form is included on the prescription		1	0	
b. correct strength is included on the prescription		1	0	
4. Determined if generic substitution is allowed based on the prescription		1	0	
5. Used alcohol-based hand sanitizer for hand hygiene.		1	0	
6. Obtained the correct medication to fill the prescription.		1	0	
7. Checked the medication expiration date		1	0	
8. Calculated the number of tablets or capsules to dispense based on prescription.		3	0	
9. Used the counting tray and spatula to count needed number of tablets or capsules for the current prescription.		3	0	
10. Recounted to ensure the correct number will be dispensed.		1	0	
11. Obtained the correct container (type and shape) for the prescription.		1	0	
12. Obtained the correct label. rechecking the directions and drug strength.		3	0	
13. Affixed auxiliary labels if indicated such as take with meals, shake well, etc.		1	0	
14. Submitted to pharmacist (judge) for final check.		3	0	

Items Evaluated	Possible		Awarded
15. Avoided contamination by not touching medication directly throughout filling process.	1	0	
16. Cleaned counting tray and spatula with an alcohol swab.	1	0	
17. Returned all equipment to appropriate place.	1	0	
18. Appropriate verbal and nonverbal communication with patient and other personnel.	2	0	
TOTAL POINTS - SKILL VI 70% Mastery for Skill VI = 21	30		

***If a competitor jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*

PHARMACY SCIENCE

Competitor #: _____

Judge's Signature: _____

Skill VII: Aseptic Garbing, Hand Washing, & Gloving (Time: 10 minutes)	Possible		Awarded
1. Removed any outer garments and jewelry.	1	0	
2. Obtained needed supplies.	1	0	
3. Cleansed your hands with sterile, foamed 70% IPA by holding can so that tip is down into the palm of opposite hand and coating palms, back of hands, and each finger and allow to dry.	3	0	
4. Donned shoe covers one at a time completely covering shoe.	1	0	
5. Reapplied sterile, foamed 70% IPA to hands and allowed to dry.	1	0	
6. Gathered or tied loose hair back and put on the hair cover while completely covering all of the hair.	1	0	
7. Reapplied sterile, foamed 70% IPA to your hands & allow to dry.	1	0	
8. Donned a face mask by positioning the mask securely over nose, mouth and chin. If have facial hair, donned a beard cover.	1	0	
9. TO SINK FOR ASEPTIC HAND WASHING:			
a. Squeezed surgical scrub sponge/brush several times to activate soap suds.	1	0	
b. Opened the packet removing the sterile sponge/brush and held in dominant hand.	1	0	
c. Used the other hand to dispose of wrapper in waste container.	1	0	
d. Pressed the foot pedals if present to begin flow of water. <i>*IF NO FOOT PEDALS ARE AVAILABLE ASK JUDGE TO TURN ON THE WATER.</i>	1	0	
e. When water was warm wet hands and arms.	1	0	
10. Used the nail pick to clean under each fingernail. When completed disposed of pick in wastebasket	1	0	
11. Applied a small amount of water to the scrub sponge/brush.	1	0	

Items Evaluated		Possible	Awarded
12.	Used the brush side of the sterile scrub sponge/ brush under the fingernails of left hand moving from thumb to pinkie. Repeated on right side.	2	0
13.	Used the sponge side to clean each of the four surfaces (top, side, bottom) and webbing between beginning with thumb and repeating for each finger on left side. Repeat on right side.	2	0
14.	Used the sponge to clean the palm of the left hand and then repeated on right palm.	2	0
15.	Cleaned the left forearm in a circular pattern around the arm from wrist to elbow and repeated on right side.	2	0
16.	Disposed of scrub sponge/brush without touching waste container or contents.	1	0
17.	Rinsed the left hand and forearm holding your arm with fingers pointed up and rinsing from fingers to elbow. Repeat on right side.	2	0
*Judge turns off water when handwashing is complete.		-	
18.	Used an aseptic, lint-free paper towel to dry both hands moving from fingers toward the elbow.	2	0
19.	Disposed of paper towel in waste container.	1	0
20.	Opened the sterile gown.	1	0
21.	DONNED STERILE GOWN		
	a. Inserted one arm into open sleeve and pulled it up on shoulder and repeated on other sleeve.	2	0
	b. Secured the gown at the neck and at the waist.	1	0
22.	Sterilized hands with sterile, foamed 70% IPA.	1	0
23.	Opened sterile gloves and placed on clean surface.	1	0
24.	Placed the left glove on the left hand by grasping the inner part of the cuff with the right hand & pulled up onto left hand. Repeated on right hand.	2	0
*Judge states "skill is completed".		-	
25.	Removal of PPE		
	a. Grasped cuff of one glove and pulled glove down & off hand.	1	0
	b. While grasping removed glove in gloved hand, grasped the cuff & pulled off the glove of the other hand.	2	0
	c. Disposed of glove bundle in waste container.	1	0
	d. Untied the gown and removed by pulling at shoulders turning the gown inside out and placed in a waste container.	1	0
	e. Removed face mask, hair cover, and shoe covers and discarded in waste container.	1	0
TOTAL POINTS - SKILL VII			
70% Mastery for Skill VII = 31.5		45	

***If a competitor jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*