

# Cultural Diversity & Disparities in Healthcare

## ***New for 2020-2021***

Competitor orientation deleted from ILC.  
Editorial updates have been made to the guidelines for clarity.

### **Event Summary**

Cultural Diversity & Disparities in Healthcare provides members with the opportunity to gain knowledge and skills regarding cultural competence in the promotion of better health. This competitive event consists of a written test with a tie-breaker essay question. This event aims to inspire members to learn about cultural diversity, identify disparities in healthcare, and understand cultural differences.

**Dress Code** Competitors must be in official HOSA uniform or proper business attire. Bonus points will be awarded for [proper dress](#).

- General Rules**
1. Competitors in this event must be active members of HOSA-Future Health Professionals and in good standing.
  2. Secondary and Postsecondary/Collegiate divisions are eligible to compete in this event.
  3. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the HOSA Competitive Events Program \(GRR\)](#)."
  4. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's [photo ID](#) must be presented prior to ALL competition rounds.

### **Official References**

- [Spector, Rachel E. Cultural Diversity in Health and Illness. Prentice Hall.](#)
- <https://medlineplus.gov/healthdisparities.html>
- <https://www.cdc.gov/minorityhealth/chdir/index.html>

### **Written Test**

5. [Test Instructions](#): The written test will consist of 100 multiple choice items in a maximum of 90 minutes.
6. **Time Remaining Announcements**: There will be a verbal announcement when there are 60 minutes, 30 minutes, 15 minutes, 5 minutes, and 1 minute remaining to complete the test.
7. One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.

8. The test plan and resources for Cultural Diversity and Disparities in Healthcare are:

- Cultural Foundations 15%
- Health Disparities & Diversity 20%
- Health Traditions & Cultural Competence 15%
- Religion, Rituals, Health and Illness
  - Native American Heritage 10%
  - Asian Heritage 10%
  - African Heritage 10%
  - Hispanic/Latino Heritage 10%
  - European Heritage 10%

9. **Sample Test Questions**

1. As described by O’Neil, what is the term for the cultural and sometimes physical characteristics used to classify people into groups or categories considered to be significantly different from others?  
**A. Ethnicity**  
B. Culture  
C. Race  
D. Nationality  
Spector pp 21
  
2. What year was the *CDC Health Disparities and Inequalities Reports* first published?  
A. 2010  
**B. 2011**  
C. 2012  
D. 2013  
CDC
  
3. Which term refers to the process of cultural or behavioral assimilation and becoming absorbed into the dominant social culture?  
A. Ethnocentrism  
B. Collectivism  
C. Espiritism  
**D. Acculturation**  
Spector pp 25

**Final Scoring**

10. The competitor should write his/her answer to the tie-breaker essay question on the tie-breaker page of the test that remains attached to the original test.
  
11. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.

**Competitor Must Provide:**

- Two #2 lead pencils with an eraser
- [Photo ID](#)