Reflecting on Personal Leadership Experiences

Directions

Reflect on a personal experience where you were called upon to provide leadership. It might be selecting a movie, a restaurant, or another social activity with your family or friends. It could be leading a sports team, an officer of a club or organization, creating a science project, participating on student council, or leading a religious ceremony. Or perhaps you were involved in an emergency where others were injured and you were called upon to take charge and triage the situation.

Reflection

Briefly describe the incident to include what leadership you provided and how you felt about the results. Consider:

1. Did you perform to your satisfaction?

2. Did you motivate others to participate and do their best?

3. Were you the best version of yourself when providing leadership?

4. Was there a good result from your efforts?

5. What might you have done differently?

6. What do you wish you would have known before the experience?