I am a Resident Physician at Seattle Children's which means I am furthering my career and education to become a Pediatrician. From a young age I knew I loved math and science, I thought about what one could do with those interests and at first Astronaut came to mind but that was not offered in high school. It was during my health science education classes that a true interest in healthcare blossomed. You can use science to help people! I doubted myself along the way to medical school a lot. No one in my family had ever done anything like this so I was not sure if I had what it took to make it. I was fortunate to have mentors, friends and family cheering me on and supporting me every step of the way and here I am!

Hugo Quezada
Pediatric Resident Physician
National President, HOSA-Future Health Professionals, Inc., 2013-2014
Hugo is currently in his first of three years of training in Pediatric Residency at Seattle Children's Hospital and the University of Washington in Seattle. He plans to pursue a fellowship following residency. Hugo received his Medical Degree (M.D.) from Texas Tech University Health Sciences Center in El Paso in May 2020 and a Bachelor of Science in Biological Sciences from the University of Texas at El Paso May 2015.

What is your current career and how did you discover your passion for the field of medicine?

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What was your HOSA-Future Health Professionals' journey?

I joined HOSA my freshman year in high school and became increasingly passionate and involved in the organization. Served as a chapter officer and competed at the state and national level, but when college came around I knew I was not ready to stop. I started a chapter at my university, a chapter that lives on today and became a state officer and eventually led me to become National President of HOSA-Future Health Professionals.
HOSA Alum

How has HOSA impacted your career path?

Hugo Quezada

It has impacted my career in more ways than I could possibly count or measure. At times when I doubted if I could reach my career goals there were people encouraging me along the way. I was able to meet mentors who eventually wrote letters of recommendation that got me to where I am today. I had experiences like the one with the Surgeon General that led me to have an expanded view of healthcare. HOSA opened my passion for volunteerism. And what I consider the most important of all it led me to beautiful friendships which I maintain to this day.

HOSA Alum

What are some words of wisdom you would share with HOSA Alumni?

Hugo Quezada

I would say get involved in something that brings you joy early in life. It will make a difference in your life personally and professionally that you find the activities that make you happy and complete. And, those may change from time to time!

HOSA Alum

What are some passions that you have or work towards?

Hugo Quezada

I am passionate about cooking in my spare time. I love to cook something new and make a recipe my own. I am adapting having changed living in Texas to Washington state and finding new hobbies like kayaking and hiking. In medicine, I am passionate, and brings me happiness, to provide care to those whose english is their second language or are underinsured or their health literacy isn't the best in order to close the gap that leads to quality health care.