GET CONNECTED!
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CTE Month® is an annual event held in February to celebrate CTE and the achievements and accomplishments of programs from across the country. CTE Month 2016, with its theme of “Opportunities for Career Success” will give you the chance to tell the stories of leadership and excellence from your community and raise awareness of the crucial role that CTE has in readying our nation students for careers and our nation for economic success.

HOW CAN I GET INVOLVED WITH CTE MONTH 2016?

Great question! There are lots of opportunities, including:

Working with CTE Students and Educators

You can participate in CTE Month by:
• Holding a school visit to highlight the strong programs of a local institution
• Organizing a job shadowing opportunity or career fair
• Participating in our annual PSA Video Contest or Graphic Design Contest
• Using social media to speak about strong CTE programs and the benefits of CTE

COMMUNICATING WITH THE MEDIA

To tell your story about the innovation and leadership in your CTE classrooms, contact inform local newspapers, television stations, and radio stations and invite them to cover events such as proclamation signings, press conferences, and school visits.

If interested in using a sample press release to craft your own release or want a camera-ready logo CTE Month Logo to put with your school’s logo in the letterhead, go to http://www.acteonline.org/search.aspx?q=press%20release and download. By downloading the CTE Month logo, you agree to our Logo Use and Restriction Agreement.

A press kit is another great tool to provide VIPs (media, policymakers, state leadership, etc.) that attend an event or visit your program with ready-to-use facts and figures about your program and the impact you are making in your community! Press kits typically are housed in a two-pocket folder, and contain basic information about your program, a tip sheet or some facts about CTE, a news release for an event if relevant, and a business card for the media contact or public outreach contact at your program or school. Information can also be found at the link in the previous paragraph.

Be sure to include CTE Month materials such as pens or notepads, or hand them out at your CTE Month events. What Is Career and Technical Education? CTE Today Fact Sheet. Your CTE State Profile. AND don’t forget to include HOSA-Future Health Professional materials.

ENGAGING POLICYMAKERS

Encourage your elected representatives, including mayors, city managers, county executives and state governors to designate February as CTE Month. You may wish to provide your leaders with a copy of this sample proclamation. The proclamation-signing ceremony can serve as an event for local media and a photo opportunity for your school.

Learn more about establishing relationships with policymakers at this site as well.

WORKING WITH BUSINESS AND INDUSTRY LEADERS

We encourage you to engage with business leaders in your area during CTE Month. Possibilities include:
• Host a career fair featuring local businesses
• Make a video profiling successful former CTE students and where they work
• Encourage local merchants to announce the date and theme on their marquees, in-store broadcast systems, electronic signs and cash register receipts
We Need YOUR Input!

Ever wonder how the “topics” are selected for events at the state and national levels?

Well, we need your help!

We are looking for topic ideas for the following events:
- **Extemporaneous Writing**
- **Extemporaneous Health Poster**
- **Creative Problem Solving**

What kind of topics would you want to write an essay about, make a poster about, or work with your team to find a solution to? Of course, they need to be healthcare and/or HOSA related!

We are looking for great interview questions to use in the following events:
- **Interviewing Skills**
- **Job Seeking Skills**

Do you have a favorite question, one that you always hope you will get asked in an interview? Send them our way!

For **Parliamentary Procedure**, we need 5 motions. What are your “favorite” motions that you want to see at the state and national level? The secret problem always has a sample motion to use in competition. What is a great sample motion that we could use?

*Please submit your ideas to Bergen Morehouse at Bergen.morehouse@hosa.org for consideration. Thank you!*
Western Maricopa Education Center Board Meeting

State of Arizona

Elizabeth Carnesi, your HOSA-Future Health Professionals President-Elect, attended a West-Mec (Western Maricopa Education Center) board meeting along with National High School President of SkillsUSA, Katherine Leung, and International High School President of DECA, Alec Romero. The three shared their stories of how Career Technical Student Organizations molded them into the students, leaders, and people they are today.

West-Mec is an organization that provides funding for Career and Technical Student Organizations across the western Maricopa County of Arizona. The West-Mec Board truly believes in what CTSO’s have to offer, and was ecstatic to have three National Representatives from the same region.

Without the support of West-Mec, these officers would never have achieved the positions they now hold. All three National Officers were able to speak on the impact of CTSOs in their lives, and in their communities. All three had been members of their respective organizations for over three years and reflected on the growth and passion that they had seen members exhibit in their years of involvement. They all touched upon the passion they feel for their CTSO. What became apparent was that when it comes to CTSOs it does not matter where you come from, only how strong your passion is for you field.

All three National Officers were able to speak on the impact of Career and Technical Student Organizations in their lives, and in their communities. They have been members of their respective organizations for over three years and reflected on the growth and passion that they had seen members exhibit in their years of involvement. They all touched upon the passion they feel for their Career and Technical Student Organization. What became apparent was that when it comes to CTSOs it does not matter where you come from, only how strong your passion is for your field. Elizabeth is excited to see how the members of HOSA innovate their professional selves, inspire others to follow their dreams in the health careers, and to ignite a passion for HOSA wherever they go.
On August 4th, Region I Vice President, Santina Cherian, and Secondary Board Representative, Tammy Phillips attended the OKC Light the Night Kick Off Party organized by Kate Bacon, the Campaign Manager for the Light the Night Campaign to learn about fundraising tools and resources as HOSA takes on the National Service Project, the very worthy cause of the Leukemia and Lymphoma Society, this next year. The kickoff provided an incredible opportunity for them to network with other participants, be inspired by the stories of survivors, and leave with more insight so they can serve as a resource to other HOSA members as they join LLS in their fight against blood cancers. They heard the stories of Dela Hight, a cancer survivor who found enormous relief through the aid LLS provided since her cancer diagnosis six years ago. Also, Tony Garcia, who was thrown into the fight against cancer when he least expected it. Tony shared the support and resources provided by LLS during that time was indispensable for him as he entered into a whirlwind of a journey after he heard those three life changing words: “You have cancer.”

At the kickoff, they were also able to hear from Tony’s oncologist, Dr. Selby, as he shared statistics about the strides in cancer research, felt the burden of resources that still were yet to be discovered, and a spark was ignited in each of them as they realized that the mission they were being apart of was something of immense gravity. HOSA National Officers are taking it as a personal responsibility to challenge themselves to raise money for the Leukemia and Lymphoma Society, and want to challenge every HOSA member to make it their personal goal to raise $1,000 for LLS or to set a goal for any amount you choose! Don’t worry- it really isn’t as hard to fundraise as you think it is!! Whether it is through the LLS Lemon Challenge that was started by HOSA this past year, selling t-shirts, participating in Light the Night Walks, bake sales, corporate matching gifts, car washes, auctions, dress up/dress down days at your office or schools, a breakfast, lunch, or dinner, through retail partners, or through any other ideas you come up with yourself (the lemon challenge idea was the brainchild of Oklahoma HOSA!), the possibilities are endless in joining this fight against cancer. Please also take advantage of reaching out to any of the national officers for any support or resources in putting together action plans of action so that together we can raise awareness and support for our family and friends affected by cancer.
The Young Oral Health Leadership Award is provided to exceptional young adults who have showcased their talents to help promote oral health to the people of their community. On June 3, 2015, it was announced that Ashe County High School HOSA member and 2015-2016 Chapter Historian, Anna Corley had received this award. Anna also received a $300 college scholarship and a letter of recommendation from the America’s ToothFairy Project. Anna completed this community service project by creating a dental health plan to help teach all 2nd, 3rd, and 4th graders at two local elementary schools how to properly brush and floss their teeth. Anna shared her experiences during the project completion process and her thoughts about this award.

America’s ToothFairy was founded in 2006 as a non-profit organization to promote oral health education and care to children throughout North America. In 2014, 1.9 million received oral health services from partnerships and programs provided by America’s ToothFairy. According to America’s ToothFairy, tooth decay is the number one chronic childhood illness in America and 17 million children lack access to quality dental care.

DO YOU HAVE ANY FUTURE PLANS FOR HOSA?
To offer more learning opportunities, instead of just helping out. To go more out there in the community.

WHAT ARE YOUR FUTURE PLANS IN HEALTH CARE?
I want to be an orthodontist.

WHAT DO YOU PLAN TO DO WITH THE SCHOLARSHIP?
Either take AP courses here at the high school or just save it for college.

ANY COLLEGES IN MIND?
I want to go to UNC Chapel Hill.

WHAT DID YOU HAVE TO DO?
I created a project to speak to 2nd, 3rd, and 4th graders at Mountain View and Westwood Elementary Schools about taking care of their teeth and the good things about taking care of your teeth and the bad things when you don’t take care of your teeth. Also, the presentation included the proper way to brush.

WHO ENCOURAGED YOU TO DO THIS?
Olivia Jenkins, my health science teacher and HOSA chapter advisor brought it up to me. After I read about it, I approached her. She definitely wanted me to do it.

WERE YOU NERVOUS ABOUT THIS?
I am not a good public speaker at all.

HAS THIS EXPERIENCE OPENED UP MORE OPPORTUNITIES?
Talking to all of the administrators just to set it up was new for me. That’s going to help me a lot. Everything helps in life.
At the beginning of my sophomore year, I attended the first HOSA Informational Meeting at my school. Although at first I went for the free cookies, my attention soon drifted away to HOSA and immediately I knew I wanted to join! Following the first meeting, my chapter attended the Regional Leadership Conference. While chatting with a few friends, I met my local State JUMP Advisor, as she talked about her local JUMP Chapter and what they did the past year. I stopped her in the middle of her sentence and said, “You have got to tell me how to start one at my local middle school.” And that’s where the journey started….

A few weeks later I held a JUMP Open House at my local middle school. Initially I was nervous if anyone would show up, but I was reaffirmed when 80 people showed up at the first Jump Open House. The room was filled with enthusiasm, and with the help of my Jump State Advisor, we were able to convince many interested students to sign up! The following few weeks, I meticulously created curriculum and mentored these students. Finally the day of the State Leadership Conference came and I had full confidence in my students and they proved me right! With just 1½ months of preparation, we achieved 1st place in Medical Terminology, 1st Place in Medical Math, and 3rd place in Health Career Display. After the awards ceremony, I was immensely proud. I could not imagine how far we’ve come from that rambunctious batch of kids I had first met - we were winners and we were prouder than ever!

I thoroughly enjoyed working through HOSA to give back to my community and inspiring young children to pursue health and HOSA in the future! I would encourage all students to take the initiative to learn what your local HOSA chapter can offer and to use your HOSA resources to make a difference in society. I wish you the best of luck on your wonderful HOSA journey and I hoped you enjoy mine!
“I am Oklahoma CareerTech.” This sentence epitomizes the purpose of the 48th Annual Oklahoma Career and Technology Education Summer Conference. Your Region I Vice President Santina Cherian and Secondary Board Representative Tammy Phillips had the pleasure of attending this event, which serves as the major professional development activity for Oklahoma CareerTech teachers, counselors, administrators, and state staff. This conference took place on August 3-5 at the Cox Business Center in Tulsa, Oklahoma.

While there, your national officers had the opportunity to see the passion that the Oklahoma CareerTech family possesses up close as they learned innovative technical and instructional skills and networked with participants from all over the state. In addition to the conference, the CareerTech Expo was also an invaluable resource to the educators in attendance, allowing them exposure to over 150 exhibiting companies that showcased cutting-edge products and services available in the career and technology education field. Simply being in the presence of such innovation, your national officers felt a renewed belief that the strength of the CareerTech system will continue to positively impact lives, especially those of HOSA members.

HOSA Middle School Division

We are beyond excited to welcome a new division into our National HOSA family: the middle school division. Starting in the 2015-2016 school year, the middle school division is a nationally recognized division meaning that the resources and opportunities offered to the secondary and postsecondary levels are now also available to middle schools around the nation. Middle schools are not new to HOSA as several state associations already have a well-established middle school division.

At the national level, middle school students are able to compete in a number of events such as Extemporaneous Health Poster, Healthy Lifestyle, and Prepared Speaking. These events will allow our middle school members to expand upon their health and leadership skills and provide avenues for them to network with their peers and future goal aspirations. Alongside competitive events, middle school members can also be recognized through the HOSA Recognition category such as Barbara James Service Award, HOSA Happenings, and the National Service Project.

To establish a middle school chapter, visit the publications section of resources on the National HOSA website to find the Middle School Handbook. This handbook is the essential toolbox to starting a chapter, as well as maintaining a chapter for the members to get the most out of their early HOSA experience. In the handbook, there are a range of topics organized in a manner that will effectively bring a middle school chapter to the next level in helping their members strive to be future health professionals.
MN HOSA is more than proud of Spring Lake Park HOSA Advisor Bill Neiss along with three HOSA members and alumni to be a part of training the first-ever Paramedic Education Program in San Juan de la Maguana this summer.

Bill became interested on his last mission trip to the Dominican Republic while talking to some of the town’s people that there was NO ambulance service and emergencies were taken to the hospital in the back of trucks. Being the kind of guy that Bill is with a strong Emergency background (Lead instructor at the Spring Lake Park OEC (Occupations of Emergency Care) and a heart of gold, he came back and started immediately to find a way to go back with training/trainers, supplies and getting an ambulance for them.

It all pulled together with a number of people including Solid Rock International and volunteer emergency medical professionals from all over the United States. It happened this summer!

The seven week program started on the first day with paramedic instructors distributing items that would be needed for the class: textbook, workbook, uniform, trauma scissors, and stethoscope. The class was filled with anatomy classes, quizzes, lifting, intubation, how to start an IV, and how to put on gloves. Following weeks were filled with all the skills of a paramedic including patient assessment while correcting threats to life and limb. At that point, they began working like paramedics, holding each other accountable to maintain high standards of their high-stakes profession, which is an expectation.

The students benefited from actual lungs and tracheas when training for endotracheal intubation. A paramedic Instructor taught cardiac physiology, EKG interpretation and treatment of cardiac emergencies. They also ended the training with a skills assessment complete with scenarios right in the main street.

At the end of the seven weeks of training, 24 students took the paramedic test and passed. There was a ceremony with standing ovations and very proud students and families. After the ceremony, it was learned that the Ministry of Health will certify the course and the students that passed.

There will more training in the future to stay current, but for now there is now a group of paramedics that are going to make a difference in San Juan de la Maguana.

As for Bill, he prepared to take another group of HOSA members back to the Dominican Republic in August, giving students a chance to work in medical conditions that they are not familiar with an experience that will help others now and the students as they work toward their Career goals as health professionals.
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At the end of the seven weeks of training, 24 students took the paramedic test and passed.
Perhaps no other phrase more accurately echoes the legacy of Jason Madachy. Although a first generation college student, Jason wanted to be a doctor from an early age.

As a pre-med graduate of Miami University in Oxford, Ohio, Jason was pursuing his aspirations of attending Marshall Medical School and becoming a doctor when he tragically lost his life in June of 2007 while on a family vacation in Nags Head, North Carolina. Despite his early passing, his inspired commitment to help others was felt; it was forever solidified when his parents created the Jason Madachy Foundation to honor his memory. Today, the phrase, “Excel In Leaving A Mark” is engraved on each and every stethoscope the foundation donates to first year medical students in hopes that recipients will impact the world with the same grace as Jason.

As the fraternity chair for Sigma Pi Fraternity in college, Jason organized events that raised money for numerous charities. He also participated in Relay for Life, Cleveland Sight Center, Special Olympics of Ohio, and Swim for Diabetes. He was also instrumental in bringing Phi Delta Epsilon, a medical fraternity to Miami University, where he was in charge of recruitment.

Jason’s parents, Joe and Dolly Madachy of Concord, Ohio wanted to fulfill Jason’s dream of making a difference and established the Jason Madachy Memorial Scholarship at Miami University. Since 2008, this scholarship has been given out every year to a junior or senior going into medicine with a GPA of at least 3.25 with a preference for Greek Life, but most importantly they needed to be involved in philanthropy.

Today, the phrase, “Excel In Leaving A Mark” is engraved on each and every stethoscope the foundation donates to first year medical students.
On August 9, 2007, Joe and Dolly Madachy along with their younger son, Jeff attended Marshall Medical School’s white coat ceremony. Ironically this would have been Jason’s 22nd birthday. All of Jason’s class members were presented with stethoscopes from two local physicians. Since there are no physicians in the Madachy family, they had not realized the impact of receiving stethoscopes prior to seeing the students’ reaction. Traveling back to Cleveland, they realized this would be the direction of the foundation. Contact was made with Marshall University; and the physicians who shared their passion for this this program have continued to provide stethoscopes.

The Madachy family has expanded the stethoscope program and continue embrace Jason’s love for philanthropy by engraving each of the stethoscopes with the phrase, “Excel In Leaving A Mark.” Initially people would ask Dolly Madachy why Jason’s name was not engraved on the stethoscope. Her reply, “This is much bigger than Jason. It just took someone of Jason’s stature to make it happen.”

Jason’s dream of giving back now lives through the young doctors sponsored by his foundation. To this day, over $300,000.00 has been raised and over 2000 stethoscopes have been given out to students across the United States. Over the years, stethoscopes have been provided to full classes at A.T. Still University Medical School, Kirksville Missouri, of which Jason’s younger brother Jeff was in the class of 2013. In addition, stethoscopes have been provided to first year medical students at Cleveland Clinic Lerner College of Medicine, Ohio University, Wright State, Emory University and Midwestern in both Phoenix, and Chicago. Their ultimate goal is to continue the work of this foundation nationwide, to make Jason’s dream a reality and share this gift with HOSA–Future Health Professionals who enter medical school and become the next generation of physicians. http://jasonmadachyfoundation.org/
5 Ways to Shadow a Health Professional: Making Your College Application Shine

By Gap Medics

As an aspiring health professional, you know better than anyone that highly selective college admissions committees expect you to go above and beyond to stand out. Of course, one of the best ways to achieve visibility in the ever-increasing applicant pool is by drawing from a wealth of experiences that demonstrate your passion and unique understanding of your prospective vocation.

That’s why Gap Medics, the world’s leading provider of pre-health shadowing programs abroad, is proud to partner with HOSA to offer you the opportunity to go behind the scenes of your future career and gain first-hand insight into global health.

But what exactly is pre-health shadowing?

Pre-health shadowing puts high school and undergraduate students under the mentorship of professionals in order to observe their day-to-day responsibilities, and to ask questions about the things they see. For instance, you can shadow a doctor, nurse, or dentist to gain an impressive awareness of your future role within the clinical environment—and to provide you with the confidence that you have chosen a career that is right for you.

So let’s get to it. Here are five ways that you, as a high school student, can secure some coveted shadowing experience for your college applications and interviews:

1. **Speak to your healthcare provider**
   
   Your doctor, nurse, or dentist knows you personally, and the care you received from him or her may well have influenced your decision to pursue a health career. Whether you chat over the phone or at your next appointment, ask if he or she would be willing to let you shadow for a certain amount of time.

2. **Volunteer at a local practice**
   
   Consider volunteering at a local practice or clinic. This will help you get your foot in the door, allowing you to establish a rapport with the staff. When the time is right, ask one of the practitioners about shadowing.

3. **Intern abroad**
   
   Some companies, like Gap Medics, offer pre-health internships abroad. Make sure you choose a reputable program that follows industry guidelines for students providing patient care. Programs should provide comprehensive safety and support services and focus on observation, not hands-on experience.

4. **Speak to your teacher, guidance counselor, or HOSA advisor**
   
   Your school may maintain a list of opportunities for shadowing. After all, the people responsible for your education have a vested interest in your success.

5. **Cold calls and emails**
   
   If all else fails, you can try calling and emailing nearby clinics and practices. Keep your contact professional and you may have some luck!
Pre-health shadowing puts high school and undergraduate students under the mentorship of professionals in order to observe their day-to-day responsibilities, and to ask questions about the things they see.

Consider volunteering at a local practice or clinic.
Nearing its 10-year anniversary, America’s ToothFairy: National Children’s Oral Health Foundation was created in 2006 to address the disease of childhood tooth decay, particularly of underserved children and youth. Through its comprehensive programs, America’s ToothFairy mobilizes the Nation’s youth and adult allies, as well as the dental profession in finding innovative ways to prevent tooth decay before it starts. One way America’s ToothFairy works to solve the issue of pediatric dental disease is through its #MySmileMatters Youth Movement. The organization recognizes the importance of mobilizing young people to solve the problems they face.

Today, America’s ToothFairy announces seven winners of the 2015-2016 #MySmileMatters mini-grants. This effort was designed to spark the development of local oral health projects through the #MySmileMatters National Youth Engagement Plan, while still allowing young people to incorporate their own creativity into local projects. This mini-grant seeks to recognize the efforts of youth-focused groups and their adult allies across the US who are working to raise the optics and conversation on children’s oral health. By providing mini-grants, America’s ToothFairy seeks to grow the #MySmileMatters Youth Movement at the local level to allow young people to become the voice of the importance of oral health literacy and access to oral healthcare for children.

We are proud to announce the winners of the #MySmileMatters mini-grant. Our two $3000 winners are SouthWest High School HOSA of El Centro, CA, and Rolla Technical Center HOSA of Rolla, MO. Also, for their efforts, one HOSA chapter was awarded $250: Chattahoochee High School HOSA in Johns Creek, GA.

Fern Ingber, CEO of America’s ToothFairy, expressed her pride in the applications received from across the US, and said, “I cannot wait to see the impact #MySmileMatters has on the Nation, and what these grantees do to increase oral health literacy in their own communities. Creating opportunities for youth to lead the conversation on oral health in our Nation is an invaluable asset and America’s ToothFairy is committed to growing this effort.”

America’s ToothFairy will continue to seek and provide mini-grant opportunities through its #MySmileMatters program. For more information on this initiative and how you can support it, contact Shannon Weatherly, National Director of Youth Programs at sweatherly@ncohf.org. Congratulations to these three HOSA chapters from California, Georgia and Missouri!
Easily learn and retain complicated medical terms with the Dean Vaughn Total Retention System™.

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- Learn without note-taking, repetition, or homework
- Learn without needing prior knowledge of medical terminology

HOSA members have access to our best savings of the year – save 70% on our $99.95 program and pay only $29.99 for a year’s worth of access.*

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*Offer valid through December 31, 2015

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