International Leadership Conference
Wednesday, June 27th -
Saturday, June 30th, 2018
Dallas, TX
HOSA 101: ILC Edition

WHO, WHAT, WHEN, WHERE, WHY

WHO?

• Over 10,000 HOSA-Future Health Professional members, advisors, and guests from around the globe!

• Esteemed keynote speakers and conference attendees. Just to give you an idea, HOSA’s ILC has hosted guests such as Dr. Vivek Murthy, Brad Montague, Dr. Michio Kaku, Dr. Ben Carson, J.R. Martinez and many more!

• The Executive Council looks forward to meeting the HOSA members from around the globe as preparations are underway for the largest ILC in HOSA history!

WHEN?

Wednesday, June 27th - Saturday, June 30th, 2018

WHERE?

The 2018 HOSA International Leadership Conference will be held at the Kay Bailey Hutchinson Convention Center in Dallas, Texas! The last time the ILC was held in Dallas was in 2008!
The ILC is the hallmark event of the HOSA year full of educational events such as:

- **Competitive Events.** The Competitive Events Program provides members with 60 opportunities for recognition of achievement in individual or group competition.

- **Educational Symposium.** Over 75 leadership and career development workshops are conducted at the ILC with tours to a variety of health facilities in the host city.

- **HOSA Expo.** You will meet over 100 medical schools, allied health companies, colleges and other health organizations at the exposition area and be able to share career and institutional information with the members and advisors.

- **Special Activities.** At least two sessions are conducted in which all Voting Delegates are in attendance. New Executive Council Members are elected in the Business Sessions. Social and recreational activities are planned for delegates in an informal atmosphere. Local sightseeing and educational tours are encouraged.

- **General Sessions.** A motivating Opening Session, a Recognition Session that honors chartered associations and Individual Achievements, and the very elegant Awards Sessions are all part of the HOSA International Conference experience.

The ILC is hosted annually to celebrate the bright future of healthcare as those who have made it to the top of their competitive events showcase their skills. ILC is the perfect time for members to share their passion for being a future health professional and to make new memories!
Dear Postsecondary/Collegiate HOSA Members,

The International Leadership Conference (ILC) is rapidly approaching; there are just weeks left until we meet in Dallas, Texas. With over 11,000 members, advisors, and guests expected to be in attendance, there has never been a better time for you to maximize your postsecondary/collegiate HOSA experience. The following are a few opportunities at the ILC I highly recommend you take advantage of while in attendance:

1. **Networking with ARMY Health Professions Scholarship Program Recruiters**
   a. Understanding the requirements for the scholarship, which would cover all of your graduate school education, allows you to gain a competitive advantage over other applicants.
   b. Gain insight on the opportunities available to you through this program

2. **Health Literacy Certification by the National Library of Medicine**
   a. Earn a certification from the United States National Library of Medicine, an institute within the National Institutes of Health. You will sit for testing and receive certification on the first level of health literacy.

3. **The Health Science Certificate Lab by the National Consortium for Health Science Education**
   a. Earn industry-recognized certificates as you demonstrate your knowledge in fields such as Medical Anatomy and Physiology, Exercise Science and Sports Medicine, Dental Assisting, Food and Nutrition, Emergency Medical Technician, and more.
   b. Great opportunity to add meaningful certificates to your resume.

4. **Network with Admissions Representative from Graduate Healthcare Programs**
   a. The Educational Symposium will have many representatives present, who can offer unique advice on how to gain admission to their programs and more.

These opportunities plus competing against other postsecondary/collegiate members at the international level, obtaining scholarships, and learning about internships, are all great ways to maximize your experience at the ILC.

Good luck and have a great time! I look forward to seeing you soon at the ILC in Dallas, TX!

Sincerely,

Irfan A. Khan
HOSA Postsecondary/Collegiate Vice President
What You Need to Know About the ILC to Make Your Experience Even Better!

Words of wisdom from the Executive Council because we have each experienced what you are doing – we have each experienced the ILC “for the first time” and we want to ensure you have the best experience ever!

Challenge yourself to step out of your comfort zone! This is your chance to make new friends from around the globe and, most importantly, trade those pins!

--Sarah Fleishman

Don’t let anyone scare you when competing. It’s not about how many moments you’ve been there, it’s about what you do with that moment that counts.

--Irfan Khan

Enjoy every moment and take advantage of being surrounded by thousands of members who are passionate about the same things as you!

--Priya Rathakrishnan

Being surrounded by future health professionals presents an exemplary opportunity to network with many determined and accomplished students who will one day lead the way and pioneer the future; therefore, take your first steps to a successful career by ensuring you meet the people around you and make the acquaintance lasting.

--Joey Greenstein

Take everything new that comes your way with grit and a smile!

--LeAna Truong

Remember that the ILC is an opportunity to network with as many people as possible because you never know what opportunities will come your way or what the future holds in store for you!

--Olivia Datta

Attend the HOSA Expo! The Expo is a great opportunity to meet a variety of health professionals and major corporations. This may be one of the companies you work for in the future or one of the sponsors for a scholarship you win!

--Jeswin Vennatt

One of my favorite quotes is “You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You’re on your own. And you know what you know. And YOU are the one who’ll decide where to go...” Everyone on this planet has a purpose. It is important to embrace who you are and use what makes you unique to go forward. Work hard and play hard!

--Arjun Keshava
How to MAXIMIZE your ILC Experience!

The annual HOSA International Leadership Conference (ILC) is packed with events and opportunities created just for you! This conference which will attract over ten thousand HOSA members, from across the globe, combines learning, networking, competing, leadership and fun into one fantastic event! Navigating through all that the ILC has to offer may seem overwhelming, but do not worry. Here are some events and tips to maximize your HOSA experience and to make the most of this spectacular annual event!

■ HOE CONFERENCE APP
As soon as you arrive in Dallas for the 2018 ILC, download the ILC conference app! Yes, you heard right! The 2018 ILC HOSA Conference App will host a social media platform for you to connect with other HOSA members, the conference agenda, maps and so much more. There is even a function available for you to construct your own schedule -- workshops, expo and competitive events that you’d like to attend. The conference app will be available for apple and android users so that you can have the conference with you and all the latest updates with you at all times. Wherever you go, it will be right in your pocket.

■ TOURING DALLAS
While you are in Dallas, try to see all that you can! HOSA day allows just for this, where you can attend different tours, visit museums or go to Six Flags Over Texas! Check out the HOSA website to find what deals are available especially on HOSA Day in Dallas.

■ SOCIAL MEDIA
We are proud to have such a connected community of HOSA members! Throughout the conference, post to Facebook, Twitter and Instagram using the conference hashtag that will be shared at the Opening Session. An event snapchat story will be available as well for members to post. Social media is the best and fastest way to meet and connect with new friends. Throughout the conference, we will encourage you to greet your peers and, who knows, you could be meeting a new lifelong friend!

■ MORNING ZUMBA OR EXERCISE
Even if you think you can’t dance, that’s not a prerequisite at all for joining the morning zumba sessions. If you’d like to get a dose of exercise in a fun, exhilarating way, grab some friends and attend a morning zumba session! Or, if you prefer just to exercise, HOSA has an exercise class as well. These sessions will occur every morning and are great to help you get up bright and early for the day.

■ PIN TRADING
Each year, members scramble to collect all the pins for each chartered association in attendance. Pin trading allows you to break the ice with members from other states, territories and countries! Not only can you collect pins, you are able to make friends along the way. We challenge you to collect them all!
**HOSA UNIVERSITY**

If you feel nervous and unsure about the structure of HOSA, how to run a chapter meeting or how to be active in your chapter, then attending a HOSA university session is designed for your attendance. These highly recommended sessions are offered for middle school, local secondary, postsecondary/collegiate members seeking to become chapter officers, chapter officers and state officers. Here you can meet with other chapters, exchange ideas and learn valuable information for you to take back to help improve your chapter for the next year.

**EDUCATIONAL SYMPOSIA**

There will be approximately 75-100 workshops at this year’s ILC covering topics from leadership and applying to schools to pharmacy and other careers. It is just not a complete ILC experience without attending at least one symposium, so check out the conference schedule and one that is right for you! These symposiums allow you to not only take away information from a professional, but you will be able to network with healthcare professionals and your peers who share the same passion!

**COMPETITIVE EVENTS**

Competitive events are the hallmark events for members who excelled in their state competitions and now represent their association at the international level. Study hard and show us that you have been working hard all year long and you are ready for the gold! Support your peers, attend open competitive events, and visit display events. Absorb all that you can so that next year, you will be able to use that information and reach new heights. And if you are a senior, you can mentor those from your school.

**HOSA EXPO**

Universities, Awards Unlimited, organizations, companies, the U.S. Army, MRC, USPHS, and so many more gather here to meet you – the outstanding HOSA members! At the exhibit hall, there are many interactive booths, networking opportunities and freebies! You will be able to learn directly about colleges and universities and their programs, gain insight to different careers and make connections right! Great opportunities you will not want to miss.

**GENERAL SESSIONS**

Along with not attending a symposium, not attending a general session is just an incomplete ILC experience. At these marvelous sessions, you’ll be able to cheer for your chartered association, hear the keynote speaker, meet the Surgeon General, gain conference information and even walk across the stage yourself during the awards session! There is a lot to see and learn at these sessions – you will not want to miss!
Attending the International Leadership Conference as a Middle School HOSA member is quite the big deal! HOSA is proud to have the Middle School Division and is ecstatic about offering our members opportunities to get involved at such an early age. This conference offers many ways to learn, grow and explore as a leader and it is important to take advantage of every moment.

Here are 3 major tips to keep in mind for the Middle School members attending ILC:

**1. COMPETE TO LEARN, NOT TO WIN.**

Although you should always aim to do your best in anything you start, competitive events are a great way to learn more about topics that you are passionate about. We urge each and every single middle school competitor not to get caught up in the details of whether or not you placed in your event but rather focus on the journey. Focus on what new skills you are learning and acquiring from the competition itself. At the end of the day, these are competitions unique to HOSA and we want you to embrace the knowledge you gain from them.

**2. ATTEND THE WORKSHOPS.**

In your free time, attend the workshops being offered. HOSA has contacts with various presenters who dedicate their time to networking with students like you! You are never too young to put yourself out there and to talk to industry professionals. What better place other than the International Leadership Conference to do so? Learn about the different topics there are in the health field that may interest you and ask good questions! At the end, make sure to note down contact information to stay in touch with these industry professionals and learn more about what they presented.

**3. NETWORK WITH THOSE AROUND YOU.**

The great part about being at ILC is that you are surrounded by over 11,000 future health professionals just like you. They might all be different ages; however, fostering conversations with them is extremely important. Never hesitate to meet new people and learn more about their backgrounds. HOSA offers this conference as an opportunity to unite these members that come from all corners of the world, so take advantage of these moments and learn from one another.

We hope that your preparations for ILC are going well and we cannot wait to see you in Dallas very soon. Good luck studying for your competitive events and just remember – the best is yet to be!
We are proud and humbled to say that within the past few years, HOSA has gone from a national to an international organization. There are a handful of countries that have been affiliated with HOSA, and apart from the 50 states, Puerto Rico has established a chapter as well. We even had an officer from Puerto Rico attend the 2017 Washington Leadership Academy.

However, soon after that conference, Hurricane Maria hit, which included one area in specific, Puerto Rico. This was a powerful Category 4 hurricane with 150 mph winds — making direct landfall on Puerto Rico, bisecting the entire island and drenching it with 40 inches of rain and killing 15 in Dominica.

During that time, thousands of people were lacking food, clean water, and shelter. Much of the infrastructure had to be redone.

There are hundreds of countries worldwide who struggle with living a healthy lifestyle with healthcare constantly available to them due to reasons like natural disasters. Therefore, it is important to share information about these incidents with HOSA members. With HOSA-Future Health Professionals having so many workshops regarding global health, public health, telemedicine, epidemiology, and how to spread awareness properly, some of which may be present at this year’s ILC, there are many great opportunities available for members to learn new experiences and expose themselves to learn about ways to better the lives of those in need globally.
Many events now require materials be uploaded to STEM Premier. Be sure to check your event guidelines for what is required—a copy of your portfolio? a copy of your photos? a copy of your research paper? All materials must be uploaded to STEM Premier by May 15, 2018 to receive the applicable points on the rating sheet. For more information, read your event guidelines and visit http://www.hosa.org/sites/default/files/STEM%20Premier%20CE%20InstructionsAug30.pdf

Competitive Event Reminders and Helpful Hints

✓ **Competitor Orientations** will take place directly before the round 1 event. This means there will not be time between the Orientation and the start of the event to go back to your hotel room.

  o If you are in an event with appointment times, this means the first appointment times will be directly following the conclusion of orientation. You may be the first to report, or you may be two hours later, depending on your random appointment assignment. You should prepare for both possibilities.

✓ **Event Personnel Meetings** are scheduled to take place directly before each round. One is scheduled before round one, and one is schedules before round two. In some cases, we understand that state event personnel are different between round one and round two, so we have provided an opportunity for event personnel to meet before each round.

✓ **Round Two Information Sheets** have been created for competitors who advance to round two. These Round Two Information Sheets are one-page documents that explain all the details of round two, what to expect, where to go, and any special notes you may need as a competitor. These will be posted on the HOSA app, at CE Headquarters, and made available online when round two names are posted.

✓ **Tests** – Due to conference room availability, there are some tests that will take place in the same room. Please be prepared to share testing rooms with other events and be prepared to follow event personnel instructions for how to check-in appropriately.

✓ **DART system** (Dallas Area Rapid Transit) – Some of the round two skills will take place at partner facilities that are nearby the Convention Center. Competitors may be asked to take the DART to these round two locations. More information will be posted on the HOSA website as the conference approaches, but please be prepared that some round two skill events will require competitors to ride the DART. More information on DART can be found here: [http://www.dart.org/](http://www.dart.org/)

✓ **Judging Appointment Times** – Competitors should arrive to the listed “Report room” in the program 15 minutes prior to their given appointment time, not at the beginning of overall judging time for that event. Appointment times help manage the flow of the competitive events so competitors are not waiting hours for their presentation time with the judges.
ILC 2018 - Appointment Times
Process Change

In the past, appointment report times for Competitive Events were distributed in hard copy to each competitor at each applicable event orientation. This year, hard copy appointment times WILL NOT be distributed in hard copy to each competitor. Instead, appointment times for all applicable events will be posted to the HOSA website on Wednesday morning, June 27th. A push notification will also be sent to the HOSA ILC app when times are posted.

Competitors should check the listing online to see what time they are scheduled to report for their given event. If a competitor does not have access to the internet, a hard copy listing will be available at the event orientation and also in Competitive Events Headquarters.

Round Two finalists will still be posted to the HOSA website, the HOSA app, and in hard copy form at CE Headquarters as has been done in the past.

Events this applies to:

- Clinical Specialty
- Community Awareness
- Health Education
- Interviewing Skills
- Job Seeking Skills
- Life Support Skills
- Medical Innovation Original
- Medical Innovation Existing
- MRC Partnership
- Personal Care
- Prepared Speaking
- Public Health Round One
- Public Service Announcement Round One
- Speaking Skills
Dallas Digital Tour Guide!

For many members at the International Leadership Conference, Dallas is not your home. Here are some great spots you should be sure to check out!

The Dallas World Aquarium
1801 N Griffin St, Dallas, TX 75202

The Dallas World Aquarium is a fantastic opportunity to see the breadth of life under the sea! The Aquarium is conveniently located about 15 minutes walking from the Dallas Convention Center. Be sure to catch a viewing of the feedings!

Dallas Museum of Art
1717 N Harwood Street, Dallas, Texas

The Dallas Museum of Art is one of the ten largest museums in the United States; everything really is bigger in Texas! There are thousands of pieces of art to enjoy from all around the world. Be sure to check out this extraordinary opportunity.

Reunion Tower
300 Reunion Blvd E, Dallas, TX 75207

Reunion Tower presents an extremely unique view of Dallas, Texas. At the top of the globe, you get a 360-degree panoramic view of Dallas Texas at the observation deck. Be sure to check out this awesome view!
Perot Museum of Nature and Science Dallas
2201 N. Field Street, Dallas, TX 75201

Perot Museum of Nature and Science is home to 11 permanent exhibit halls filled with interactive activities, multimedia displays, and artifacts. Start by taking the continuous-flow escalator to the top of the museum, then work your way down to ensure you don’t miss a thing. You’ll be able to experience an earthquake, launch a ping pong ball using your brain waves, create your own virtual species of bird, and much more. The onsite 3-D theater provides an immersive, educational film experience.

The Sixth Floor Museum and Dealey Plaza
John F. Kennedy
411 Elm Street, Dallas, TX 75202

Learn about the lasting global impact of President John F. Kennedy's assassination in 1963. Explore the legacy of the youngest elected president in American history at the site of the former Texas School Book Depository, where evidence of a sniper was found.

Hard Rock Café Dallas
2211 North Houston Street, Dallas, TX 75219

Hard Rock Cafe Dallas has a reputation for creating tempting flavors. Choose from classic American staples, like our world famous Legendary® Burger or try something new with our locally-inspired entrees. Whatever you choose, flavor always takes center stage at Hard Rock Cafe Dallas. Also, a Rock Shop® full of authentic merchandise to memorialize your visit, the Hard Rock Cafe Dallas is one trip you just have to make.
National Alliance on Mental Illness

We have had an excellent year fundraising so far this year! Let us end with a BANG as we approach ILC!

Remember to use #freezethestigma and #popthestigma and tag National HOSA!

There will be several ways that you can help support NAMI at ILC! Please attend the symposiums and support at the challenge booths!