

Life Support Skills

New for 2019 -2020

The Student Eligibility form must be uploaded to Tallo. Competitors are no longer required to show event guidelines at ILC. Editorial updates and clarifications have been made to guidelines. Scholarship information has been added to the guidelines.

- Purpose** To provide HOSA members with an opportunity to develop and demonstrate knowledge and skills in basic life support for health care providers.
- Description** The competitive event will consist of an evaluation of student performance of selected skill(s) identified in a written scenario. The scenario will require the use of critical thinking skills. The performance will be timed and evaluated according to the event guidelines.
- Dress Code** Competitors shall wear proper business attire or official HOSA uniform, or attire appropriate to the occupational area, during the orientation and skill(s)– jeans and shorts are not acceptable. Bonus points will be awarded for [proper dress](#).
- Rules and Procedures**
1. Competitors in this event must be active members of HOSA in good standing in the Secondary division.
- Eligibility.** In order to participate in this event, the competitor must meet all the following requirements:
- MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA).
 - Submit a completed STUDENT ELIGIBILITY AND ACCOMODATION FORM found on page 16 of the guidelines by the state-published deadline.
2. Competitors must be familiar with and adhere to the [“General Rules and Regulations of the HOSA Competitive Events Program \(GRR\).”](#)
 3. The specific reference selected for each skill is listed in the Facilities, Equipment and Materials section of these guidelines.
 - [American Heart Association, BLS., 2015.](#)
 - [American Heart Association, Heartsaver First Aid/CPR/AED, 2015.](#)
 - [Simmers, L., Simmers-Narker, Simmers-Kobelak. DHO: Health Science. Cengage Learning. Latest edition.](#)
 4. Each competitor will be evaluated on his/her performance on selected skill(s). All competitors will be evaluated on Skill I: Adult BLS/CPR or Skill II: Infant BLS/CPR and one of the first aid skills. The skills will not be combined.

The skills approved for this event are:

Skill I:	Adult BLS/CPR	(6 minutes)
Skill II:	Infant BLS/CPR	(6 minutes)
<i>First Aid Skills</i>		
Skill III:	Severe Bleeding	(5 minutes)
Skill IV:	Choking	(3 minutes)
Skill V:	Broken Bone/Sprain and Splinting	(5 minutes)
Skill VI:	Heat-Related Emergency	(5 minutes)

5. HOSA Management and event personnel have the option of providing one additional minute to the skill event interval prior to the scenario for competitors to preview the equipment that is provided for the event. If given, the one minute allowed for equipment preview will be added to the overall skill interval and competitors will be told they have an extra minute to review the equipment.
6. The selected skill(s) in the form of a written scenario will be read to the competitor at the start of the skill to be performed. The timing for the skill will begin when the section leader finishes reading the scenario to the competitor. Competitors will be stopped when the allotted time is up. A sample scenario can be found [here](#).
7. The scenario is a secret topic. Professional ethics demand that competitors DO NOT discuss or reveal the secret topic until after the event has concluded. Violation of the ethics rules will be severely penalized per [the GRRs](#).
8. At ILC, [photo ID](#) must be presented prior to competing in each round.
9. Should a tie occur in the ranking of competitors, the selected skill with the highest possible point value will be used as the tie breaker; others as necessary in descending order of total point value.
10. Competitors must complete all steps of the skill listed in the guidelines even if the steps must be simulated/verbalized. Steps may NOT be simulated/verbalized when the equipment/materials are available.
11. The competitor will be stopped at the end of the time allowed for a selected skill(s) and will not earn the points for the parts of the skill he/she did not complete.
12. The competitor must earn a score of 70% or higher on the combined skill(s) of the event in order to be recognized as an award winner at the ILC.
13. HOSA offers numerous scholarships every year to its members interested in pursuing a variety of health careers. As you consider participating in this competitive event, please keep in mind there may be a HOSA Scholarship offered that fits your interests! For more information on the HOSA Scholarship program, please visit <http://www.hosa.org/scholarships>.

Uploading to Tallo

Each competitor must create a profile on Tallo, an online platform that showcases talent and skills and brings students, colleges, companies, and possibilities together. Competitors will create their online profile by visiting – <https://hello.tallo.com/hosa>.

Uploading your materials to Tallo is a requirement for most states and for ILC. Failing to upload the required materials will result in significant point loss at competition. Check the event rating sheet for details on how points are awarded.

- a) The main purpose for the partnership with Tallo is two-fold: (1) to provide the HOSA member with a permanent, professional online portfolio to share with universities and future employers and (2) to obtain valuable analytical membership data for HOSA, including demographic, academic, and career interest information. Entities, outside of Tallo, CANNOT access this information without explicit member permission.
- b) Every competitor must create a profile and upload a .pdf of their Student Eligibility form to the **Life Support Skills** competitive event opportunity on Tallo. **Detailed instructions** for doing this are in “step g” below and also available at <http://www.hosa.org/tallo> as both a .pdf handout and web tutorial video.
- c) The size limit for any files uploaded to Tallo is 2.5 MB. To avoid an upload error, please be sure to save your .pdf as a compressed file or reduce the size of your embedded images. For instructions on how to do this, please visit: <http://www.hosa.org/filesize>.
- d) Regional and State Process:
 1. Competitors should check with their state advisor to see if Tallo is being used at the state level. If so, competitors should find out the deadlines for any regional or state conferences. State Advisor Contact information can be found here - <http://hosa.org/associations>
 2. The .pdf of the Student Eligibility form must be uploaded prior to the state published deadlines.
 3. States will verify the material has been uploaded prior to any regional or state conferences.
- e) ILC Process:
 1. For those who advance to the ILC, the .pdf of the Student Eligibility form must be uploaded to Tallo by midnight PST May 15, 2020.
 2. HOSA-Future Health Professionals will verify the material has been uploaded prior to the International Leadership Conference.
- f) Changing Content:
 1. If a competitor uploads the .pdf of the Student Eligibility form for the regional and/or state level, it does not need to be resubmitted for ILC. Uploading the .pdf of the Student Eligibility form ONCE is sufficient for all three levels of competition (regional, state, ILC).
 2. **However**, competitors ARE allowed to change the content of their Student Eligibility form between conferences. IF such content changes are made, competitors should replace their original upload on Tallo with the most current version.
 3. The .pdf of the Student Eligibility form that is in Tallo on May 15, 2020 is considered final and may be used for judging at ILC 2020.
- g) Tallo Instructions
 1. Join Tallo-
 - a. Go to <http://www.hosa.org/tallo>.
 - b. Click the “Create Your Profile” button and create your account.
 - c. Add HOSA to your profile-
 - i. Click the blue “Profile” tab at the top left of the screen.
 - ii. Click the blue “Edit Profile” button at the top right of the screen (underneath the account dropdown menu).
 - iii. Select “Associations” from the bar on the left side of the screen.

- iv. Type in "HOSA-Future Health Professionals" and select from the dropdown menu.
2. Search for HOSA Competitive Event-
 - a. Select "Opportunities" at the top of your screen when logged in.
 - b. In the "Organization Name" search box type in "HOSA"; wait for the list of pre-populated organizations to appear, and then select your state association from the drop-down box (Example: HOSA-Future Health Professionals | California). Click the blue "Search" box.
 - c. Select your competitive event from the list that appears to the right (Make sure that you have selected the proper state!).
3. Submit Materials and Apply for Competitive Event-
 - a. Follow the steps and provide required information for your event.
 - b. Click "Apply Now" when ready to submit.
 - c. You have until the state deadline (contact state advisor) or ILC deadline (May 15, 2020) to change any content and re-upload your submissions. The material in Tallo as of May 15, 2020 is considered final for ILC.
 - d. To edit your submission-
 - i. Click the dropdown menu on the top right of your screen in Tallo.
 - ii. Click "My Opportunities" and select your event.
 - i. Follow the instructions for editing your submission.

Competitor Must Provide:

- Watch with second hand (optional)
- Eligibility form (submitted to Tallo by state deadline)
- [Photo ID](#)

General Equipment to be provided by competitors in a first aid kit or bag:

- Cravats (5-10) (Defined as strips of cloth, triangular bandages folded into strips, roller gauze, or other similar material to tie or anchor splints in place.)
- Sterile Gauze Squares, 4" X 4", 6-10 total (may be packaged as singles, doubles, or multiples)
- Any size roller bandages (Kling/similar) 4-6 total
- One trauma dressing (ABD)
- Non-stick sterile dressing(s)
- Mouth-to-mask device (adult and infant)
- Biohazard bag
- Hand sanitizer
- Cell phone (for simulating 911 call)
- One pair of scissors
- Adhesive tape
- PPE: 4 pair of non-latex gloves, 1 set of goggles or safety glasses

FOR SPECIFICS ON EVENT MANAGEMENT SEE [MANAGING COMPETITIVE EVENTS](#)

Required Personnel:

- One Event Manager
- One Judge Manager (JM) to provide quality assurance for the event by ensuring that the guidelines are followed and all event documents are complete.

- One Section Leader per section
- One judge per skill
- Event assistants per section
- One patient as required by the scenario (per section)
- Timekeepers (if necessary)
- Moulage Specialist (if necessary)

Facilities, Equipment and Materials (Per Section):

General

- Clinical and/or laboratory stations for selected skills (see [HOSA Room Set](#))
- List of competitors for check-in
- Assorted props, which may include pillows and/or blankets
- Written Scenario-copies for judges, section leaders
- Patient and judge scripts as needed
- Calculators, note pads, and pencils for judges
- Stopwatches
- Moulage supplies (as required by the scenario)
- Rating sheets – one per judge per competitor
- Evaluation Forms – competitor, judge, and personnel
- #2 lead pencils with eraser to complete evaluations
- List of competitors who have uploaded materials to Tallo by deadline
- Copy of guidelines for judges
- Hand sanitizer (alcohol based handrub)

Facilities, Equipment and Materials (Per Section) Continued

Skill I Adult BLS/CPR (BLS, AHA 2015)

- CPR Adult Training Manikin

Skill II Infant BLS/CPR (BLS, AHA 2015)

- CPR Infant Training Manikin

Skill III Severe Bleeding (DHO)

- One patient (check the scenario for particulars)
- Moulage or artificial bleeding wound
- T-shirt for patient using moulage
- Medical Jewelry as indicated by scenario

Skill IV Choking (BLS, AHA 2015)

- One patient (check the scenario for particulars)
- Pillow for patient – the person playing the role of the patient should wear an extra large, loose fitting shirt so that a pillow can be placed under his/her shirt for protection, in the unlikely event that the competitor actually performs an abdominal thrust. It should be made clear to the competitor that the patient is NOT obese or pregnant.

Skill V Broken Bone/Sprain and Splinting (Heartsaver First Aid CPR AED, AHA 2015)

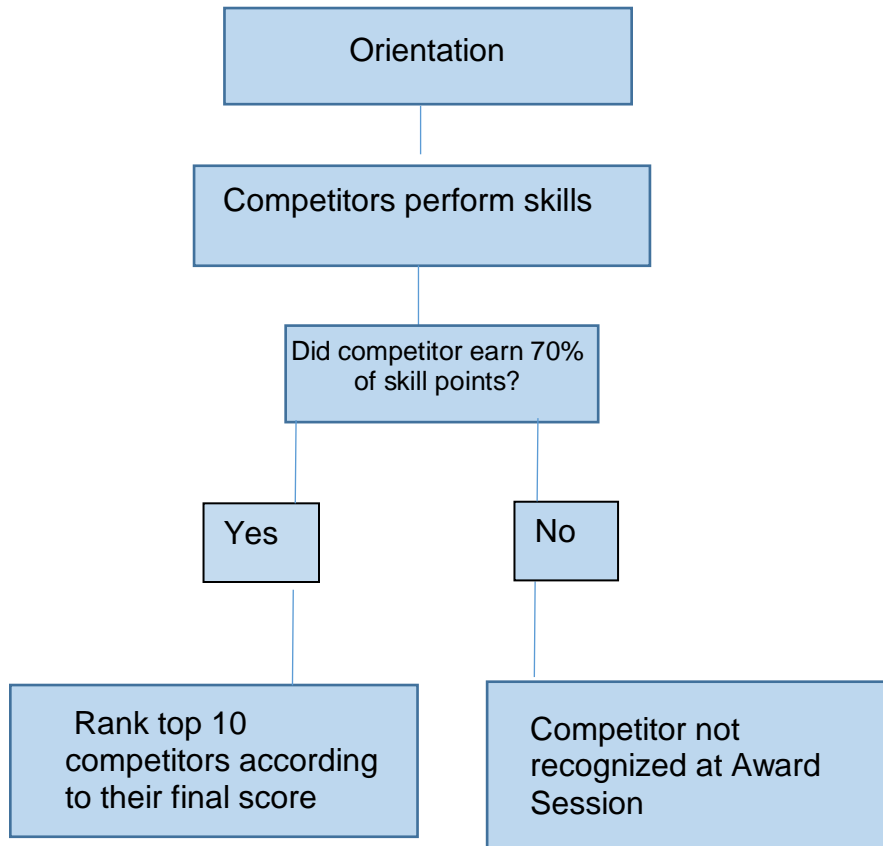
- One patient (check the scenario for particulars)
- Ice or Cold pack
- Towel
- Props or devices that can be used for splinting such as magazines, textbooks, boards, or cardboard
- Medical Jewelry as indicated by scenario

Skill VI: Heat-Related Emergency (DHO)

- One patient (check the scenario for particulars)
- HOSA Life Support Skills Guidelines

- Washcloth
- Water
- Juice or sport drink
- Ice or cold packs
- Medical Jewelry as indicated by scenario

Event Flow Chart



Life Support Skills

Competitor ID #: _____

Judge's Signature: _____

* This skill involves a single health provider in a remote location. The rescuer has access to his/her first aid kit and cell phone, but there is no AED available.

Skill I: Adult BLS/CPR (Time: 6 minutes)		Possible		Awarded
1.	Verified scene safety.	2	0	
2.	Opened first aid kit and put on PPE.	2	0	
3.	Determined unresponsiveness: tapped or gently shook shoulder, shouted "Are you OK?"	2	0	
4.	Shout for nearby help to activate the emergency response system. <i>* Judge states, "No response and AED is not available."</i>	1	0	
5.	Called emergency response system and stated:			
	a. Caller's name, location and phone number.	1	0	
	b. Situation, number and condition of patient(s).	1	0	
	c. Hung up when instructed by dispatcher to do so. (Verbalized that dispatcher told him/her it was ok to hang up).	1	0	
6.	Checked to see if the patient has normal breathing and a pulse for no less than 5 and no more than 10 seconds.			
	a. Check for breathing by scanning the patient's chest for rise and fall.	2	0	
	b. Performed a pulse check by feeling for a carotid pulse (located trachea using 2 or 3 fingers and slid into groove between trachea and neck muscle).	2	0	
	<i>* Judge states, "Not breathing." or "Not breathing normally" and no pulse.</i>			
7.	Initial Chest Compressions (30)			
	a. Positioned self at the patient's side.	1	0	
	b. Made sure patient is lying face up on a firm, flat surface.	1	0	
	c. Put the heel of one hand on the center of the patient's chest on the lower half of the breastbone.	1	0	
	d. Put the heel of the other hand on top of the first hand.	1	0	
	e. With arms straight, positioned shoulders directly over his/her hands.	1	0	
	f. Pushed hard and fast (compressions at least 2", rate of 100-120/min)	2	0	
	g. At the end of each compression, allowed the chest to recoil completely.	1	0	

Items Evaluated		Possible	Awarded
h.	30 compressions in no less than 15 and no more than 18 seconds	2 0	
8.	Initial Breaths (2)		
a.	Placed the mouth-to-mask device on the patient's face, using the bridge of the nose as a guide for correct position.	1 0	
b.	Sealed the mask on the patient's face. <ul style="list-style-type: none"> Used the hand that is closer to the top of the patient's head and placed index finger and thumb along the edge of the mask. Placed the thumb of his/her second hand along the bottom edge of the mask. 	1 0 1 0	
c.	Placed the remaining fingers of the second hand along the bony margin of the jaw and lifted the jaw.	1 0	
d.	Pushed with the hand on the patient's forehead (the heel part of the hand) to tilt the head back.	1 0	
e.	While lifting the jaw, pressed firmly and completely around the outside edge of the mask (with the fingers) to seal the mask against the face.	1 0	
f.	Delivered two breaths over 1 second each to make the chest rise.	1 0	
9.	Completed 5 cycles (about 2 minutes) of 30 compressions and 2 breaths with minimal interruptions. <i>* Judge states, "EMS has arrived"</i>	2 0	
10.	Appropriate verbal and nonverbal communication with patient and other personnel.	2 0	
11.	Gave information about patient to EMS rescuers.	2 0	
12.	Removed gloves properly without touching the outside of the gloves with bare hands.	2 0	
13.	Placed disposable PPE in a biohazard receptacle.	2 0	
14.	Used hand sanitizer.	1 0	
TOTAL POINTS - SKILL I		42	
70% Mastery for Skill I = 29.4			

***If a student jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*

If the competitor does not get the Student Eligibility and Accommodation Form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.

Life Support Skills

Competitor ID #: _____

Judge's Signature: _____

* This skill involves a single health provider in a remote location. The rescuer has access to his/her first aid kit and cell phone, but there is no AED available.

Skill II: Infant BLS/CPR (Time: 6 minutes)		Possible		Awarded
1.	Verified scene safety.	2	0	
2.	Opened first aid kit and put on PPE.	2	0	
3.	Determined unresponsiveness: tapping on foot and shouting for help	2	0	
4.	Shouted for help. <i>* Judge states, "There is no response and AED is not available."</i>	1	0	
5.	Checked to see if the patient has a normal breathing and a pulse for no less than 5 and no more than 10 seconds.			
	a. Checked for breathing by scanning the patient's chest for rise and fall.	2	0	
	b. Performed a pulse check by feeling for brachial pulse (place 2 or 3 fingers on the inside of the upper arm, between the infant's elbow & shoulder). <i>*Judge state, "Not breathing" or "Not breathing normally" and "no pulse".</i>	2	0	
6.	Initial Chest Compressions (30)			
	a. Positioned self at the patient's side.	1	0	
	b. Made sure patient is lying faceup on a firm, flat surface.	1	0	
	c. Place 2 fingers in the center of the infant's chest just below the nipple line.	1	0	
	d. Push hard and fast (compressions at least 1/3 the depth of the chest or 1 ½ inches at a rate of 100-120/min).	2	0	
	e. At the end of each compression, allowed the chest to recoil completely.	1	0	
	f. 30 compressions in no less than 15 and no more than 18 seconds.	2	0	
7.	Initial Breaths (2)			
	a. Placed the mouth-to-mask device on the patient's face, using the bridge of the nose as a guide for correct position.	1	0	
	b. Opens airway adequately by placing the infants head in a neutral position.	1	0	
	c. Delivered two breathes over 1 second each to make the chest rise.	1	0	

Items Evaluated		Possible	Awarded
8.	Continued cycles of 30 compressions and 2 breaths with minimal interruptions for two minutes * Judge states, "no response after two minutes"	2 0	
9.	Called emergency response system and stated:		
	a. Caller's name, location and phone number.	1 0	
	b. Situation, number and condition of patient(s).	1 0	
	c. Hung up when instructed by dispatcher to do so. (Verbalized that dispatcher told him/her it was ok to hang up).	1 0	
10.	Resumed and continued cycles of 30 chest compressions and 2 breaths with minimal interruptions until EMS arrives. * Judge states, "EMS has arrived and has taken over care of the patient".	2 0	
11.	Appropriate verbal and nonverbal communication with patient and other personnel.	2 0	
12.	Gave information about the patient to EMS rescuers.	2 0	
13.	Removed gloves properly without touching the outside of the gloves with bare hands.	2 0	
14.	Placed disposable PPE in a biohazard receptacle.	2 0	
15.	Used hand sanitizer.	2 0	
TOTAL POINTS – SKILL II		39	
70% Mastery for Skill II = 27.3			

****If a student jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.**

If the competitor does not get the Student Eligibility and Accommodation Form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.

LIFE SUPPORT SKILLS

Competitor ID #: _____

Judge's Signature: _____

* *This skill involves a single healthcare provider in a remote location. The rescuer has access to his/her first aid kit and cell phone.*

Skill III: Severe Bleeding (Time: 5 minutes)		Possible		Awarded
1.	Verified scene safety.	2	0	
2.	Opened first aid kit and put on PPE.	2	0	
3.	Checked for responsiveness and breathing.	2	0	
4.	Introduced self and asked for permission to help. <i>* Patient consents to treatment.</i>	2	0	
5.	Quickly assessed the situation. (Asked what happened, noted bleeding.)	2	0	
6.	Looked for medical information jewelry.	2	0	
7.	Called Emergency Medical Services and stated:			
	a. Caller's name, location and phone number.	1	0	
	b. Situation, number and condition of patient(s).	1	0	
	c. Hung up when instructed to by dispatcher. (Verbalized that dispatcher told him/her it is OK to hang up.)	1	0	
8.	Put a dressing on the wound and applied direct pressure. (Verbalized that direct pressure was maintained for at least one minute.)	2	0	
9.	Slowly released direct pressure. <i>* Judge states, "Bleeding has not stopped."</i>	1	0	
10.	Added more dressings and pressed harder. (Verbalized that direct pressure was maintained for at least one minute.)	2	0	
11.	Slowly released direct pressure. <i>* Judge states, "No further bleeding."</i>	1	0	
12.	Wrapped a bandage firmly over the dressing to hold the dressing in place. <i>* Judge states, "EMS has arrived."</i>	2	0	
13.	Communicated with and reassured patient throughout the scenario.	2	0	
14.	Appropriate verbal and nonverbal communication with patient and other personnel.	2	0	
15.	Gave information about patient to EMS rescuers.	2	0	
16.	Removed gloves properly without touching the outside of the gloves with bare hands.	2	0	
17.	Placed disposable PPE in a biohazard receptacle.	2	0	
18.	Used hand sanitizer.	1	0	
TOTAL POINTS - SKILL III		34		
70% Mastery for Skill III = 23.8				

****If a student jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.**

If the competitor does not get the Student Eligibility and Accommodation Form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.

LIFE SUPPORT SKILLS

Competitor ID #: _____

Judge's Signature: _____

* *The patient will be sitting or standing and is NOT pregnant or obese.*

* *Note this patient will not require EMS treatment or transport.*

Skill IV: Choking (Time: 3 minutes)		Possible	Awarded
1.	Observed a patient with signs of severe airway obstruction. (Verbalized, for the judges, the signs of severe airway obstruction that were observed.)	2 0	
2.	Asked the patient if he or she is choking. <i>* Patient nods head yes and cannot talk.</i>	2 0	
3.	Introduced self and asked for permission to help. <i>* Patient nods head yes and cannot talk.</i>	2 0	
4.	Stood behind the patient and wrapped arms around the patient's waist.	2 0	
5.	Made a fist with one hand.	1 0	
6.	Placed the thumb side of fist against the patient's abdomen, in the midline, slightly above the navel and well below the breastbone.	2 0	
7.	Grasped fist with other hand and SIMULATED pressing fist into the patient's abdomen with a quick, forceful upward thrust. (DO NOT actually perform an abdominal thrust on the patient for this scenario.)	2 0	
8.	Repeated thrusts (SIMULATED) until object is expelled from the airway, giving each new thrust with a separate, distinct movement to relieve the obstruction. <i>* Judge states, "Object is expelled."</i>	2 0	
9.	Called Emergency Medical Services and stated:		
a.	Caller's name, location and phone number.	1 0	
b.	Situation, number and condition of both patient(s)	1 0	
c.	Hung up when instructed to by dispatcher. (Verbalized that dispatcher told him/her it is OK to hang up.)	1 0	
Summary Steps			
10.	Communicated with and reassured patient throughout the scenario.	2 0	
11.	Appropriate verbal and nonverbal communication with patient and other personnel.	2 0	
12.	Used hand sanitizer.	2 0	
TOTAL POINTS - SKILL IV		24	
70% Mastery for Skill IV= 16.8			

***If a student jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*

If the competitor does not get the Student Eligibility and Accommodation Form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.

LIFE SUPPORT SKILLS

Competitor ID #: _____

Judge's Signature: _____

* *This skill involves a single healthcare provider in a remote location. The rescuer has access to his/her first aid kit and cell phone.*

Skill V: Broken Bone/Sprain and Splinting (5 minutes)		Possible	Awarded
1.	Verified scene safety.	2	0
2.	Opened first aid kit and put on PPE.	2	0
3.	Checked for responsiveness and breathing.	2	0
4.	Introduced self and asked for permission to help. <i>* Patient consents to treatment.</i>	2	0
5.	Quickly assessed the situation (asked the patient what happened), noting that the injured part is abnormally bent.	2	0
6.	Looked for medical information jewelry.	2	0
7.	Put a plastic bag filled with ice and water, or a cold pack, on the injured area with a towel between the ice bag and the skin.	2	0
8.	Called Emergency Medical Services and stated:		
a.	Caller's name, location and phone number.	1	0
b.	Situation, number and condition of patient(s) noting that ice has been applied and that the injured part is abnormally bent. * Judge states, "Remove the ice pack and splint the injured part."	1	0
c.	Hung up when instructed to by dispatcher. (Verbalized that dispatcher told him/her it is OK to hang up.)	1	0
9.	Made a splint from appropriate available materials in the room that limits movement of the injury.	2	0
10.	Placed the splint so that it supported the joints above and below the injury (as appropriate to the location of the injury).	1	0
11.	Secured the splint to the injured body part so that it supported the injured area using tape, gauze or cloth to secure it.	2	0
12.	Checked to be sure the splint was not too tight by putting two fingers between the splint and injured body part. * Judge states, "The EMS has arrived."	1	0
13.	Communicated with and reassured patient throughout the scenario.	2	0
14..	Appropriate verbal and nonverbal communication with patient and other personnel.	2	0
15.	Gave information about patient to EMS rescuers.	2	0
16.	Removed gloves properly without touching the outside of the gloves with bare hands.	2	0

Items Evaluated	Possible	Awarded
17. Placed disposable PPE in a biohazard receptacle.	2 0	
18. Used hand sanitizer.	1 0	
TOTAL POINTS – SKILL V 70% Mastery for Skill V = 23.8	34	

***If a student jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*

If the competitor does not get the Student Eligibility and Accommodation Form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.

LIFE SUPPORT SKILLS

Competitor ID #: _____

Judge's Signature: _____

Skill VI: Heat-Related Emergency (5 minutes)		Possible		Awarded
1.	Verified scene safety.	2	0	
2.	Opened first aid kit and put on PPE.	2	0	
3.	Checked for responsiveness and breathing.	2	0	
4.	Introduced self and asked for permission to help. <i>* Patient consents to treatment.</i>	2	0	
5.	Quickly assessed the situation. (Asked what happened.)	2	0	
6.	Looked for medical information jewelry.	2	0	
7.	Observed patient closely for signs and symptoms of heat exposure. Information may be obtained directly from patient or observers.	2	0	
8.	Correctly verbalized to judge if patient has heat exhaustion or heat stroke.	2	0	
9.	Called Emergency Medical Services and stated:			
	a. Caller's name, location and phone number.	1	0	
	b. Situation, number and condition of both patient(s)	1	0	
	c. Hung up when instructed to by dispatcher. (Verbalized that dispatcher told him/her it is OK to hang up.)	1	0	
10.	HEAT EXHAUSTION or HEAT STROKE:	2	0	
	a. Had the patient lie down in a cool area (if possible).			
	b. Loosened tight clothing & removed excessive clothing.	2	0	
	c. Applied cool, wet cloths to the patient's face. <i>* Judge states, "Patient is conscious."</i>	2	0	
	d. Gave small sips of juice, sports drink, or water (4 oz every 15 min)	2	0	
	e. If patient complained of nausea or vomiting, discontinued fluids.	2	0	
11.	Appropriate verbal and nonverbal communication with patient and other personnel.	2	0	
12.	Removed gloves properly without touching the outside of the gloves with your bare hands.	2	0	
13.	Placed disposable PPE in a biohazard receptacle.	2	0	
14.	Used hand sanitizer.	2	0	
TOTAL POINTS – SKILL VI		37		
70% Mastery for Skill VI = 25.9				

***If a student jeopardizes the patient's or his/her own safety and does not take immediate action to correct the error, the total points for the skill or specific subpart(s) of the skill will be deducted.*

If the competitor does not get the Student Eligibility and Accommodation Form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.

Life Support Skills
STUDENT ELIGIBILITY and ACCOMMODATION FORM REQUESTED
Completed by Competitor & Advisor

This form **MUST** be completed to provide student eligibility and accommodations for competition. **If the student competitor listed on this form does not get the form completed by the deadline (SLC conference due date), then the student competitor will be allowed to compete but will receive 35 penalty points. Points will be deducted in Tabulations.**

Please read this document in its entirety for instructions!

The purpose of this form is as follows:

- 1) to confirm a student's eligibility for this event
- 2) to allow the student to request accommodation in this event
- 3) The "Accommodations Provided at SLC" form (found on the following page) is to confirm what reasonable accommodation was provided at the state/chartered association level (if a student advances to the ILC, the accommodation provided at the state/chartered association level is what will be provided at ILC, within reason).

Student Name: _____

Chapter: _____ State _____

Competitor's Responsibility: The competitor is responsible for completing Sections 1 and 2 of this form and then uploading it to Tallo prior to the published deadline for SLC.

SECTION 1: Student Eligibility

- A School Official and Chapter Advisor **MUST** sign below to verify the named student on this form is classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA). (Students classified under Section 504 are NOT eligible to compete in this event.)
- DO NOT send the actual IEP or other documentation. For purposes of this competition, only this completed form is needed as verification of eligibility for this event.

School Official* Signature: _____

*Exceptional children (special education) teacher, guidance counselor, or principal (circle one)

Chapter Advisor Signature: _____

SECTION 2: Accommodation Requested

- A School Official or Chapter Advisor completes this section
- Based on the student's IEP, what, if any, accommodation is being requested for the student to compete in this event? If none, please write "none."
(As indicated by industry, additional time is NOT considered a reasonable accommodation for this event due to the life-saving standards of the skills.)

SUBMISSION PROCESS for Regional and State/Chartered Association Level:

Once Section 1 and Section 2 are completed, the Competitor must submit this form prior to the State Published Deadline. The form is submitted via Tallo by following the instructions found on page 3 of these Life Support Skills guidelines.

